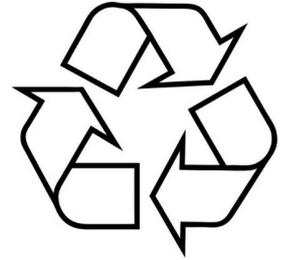


## WHERE CAN I RECYCLE?

Grange Soroptimists and PEAT have compiled a list of where to recycle items that cannot be placed in the regular Council waste and recycling kerbside collections. Given below is a list of where items can be collected, in the hope that it may encourage us to reduce, re-use and recycle products that would otherwise go to landfill.



Asthma inhalers	Cohen's Chemists, Ulverston
Batteries	Spar, Grange library, House Waste Recycling Centre (HWRC) (Guides Lot), M&S, Aldi – box also available at the Repair Café in Methodist Hall – 1st Friday of each month, 5-7 pm
Beauty products (plastic tubes/bottles/compacts/palettes, mascaras, eyeliners)	- Sainsbury's
Blister packs	Boots in Kendal & Ulverston, Superdrug Pharmacies
Chemicals	HWRC
Clothes	Charity shops, Salvation Army (RC church carpark), HWRC
Contact lenses + packaging	Specsavers and most opticians
Electrical items	HWRC, Curry's, B&Q
Light bulbs and broken tools	B&Q
Medication	Grange Pharmacies
Pens	Rymans, Westmorland Shopping Centre, Kendal
Rags (textiles unsuitable for resale)	Bay Search & Rescue (in bags marked clearly 'rags')
Shoes (not slippers)	Any Clarks store for their ShoeBiz project
Soft plastics	Grange Co-op, Aldi
Spectacles	Grange library, St Paul's Church, Lakeland Optical
Stamps	Grange library, St Paul's Church, Flookburgh Church
Tetrapacks (pasticized cardboard cartons for milk & other drinks)	Blue HWRC recycling bags
Textiles (curtains, towels, etc)	Bay Search and Rescue, Dunelm Mill NB Duvets and Pillows must be brand new and in their original packaging
Tools	Tools for Self-Reliance (tfsr.org)
Toothpaste tubes	Blue HWRC recycling bags
Wool	Grange library

St John's Flookburgh are collecting phones, tablets, jewellery, stamps and videos – leave in church, and the Arnside Sustainability Group have a base for hard-to-recycle items such as pens at the Arnside Chip Shop.

Grange HWRC at Guides Lot is open Thursday-Saturday, 8 am-4 pm, and full details of items that can be taken are given on the web site – search for guides lot

Any items can be sold or given away on Facebook (Grange Buy and Sell), Cartmel Community page, or the Freecycle Network (freecycle.org)

Clean items of clothing and bedding can be taken to the Women's Centre—Nan Tait Centre, Abbey Road, Barrow, Cumbria, LA14 1LG ([www.womenscommunitymatters.org](http://www.womenscommunitymatters.org)) or to Love Barrow Families, Old Fire Station, Abbey Road, LA14 1XH ([www.lovebarrowfanmilies.co.uk](http://www.lovebarrowfanmilies.co.uk))

We aim to try and keep this list updated, so details of any other outlets will be welcomed  
<https://sigbi.org/grange-over-sands/contact-us/>