

PRAYER POINTS

FOR the Residents of Windermere Road
FOR THE LORD'S HEALING & PEACE for Mollie, Lottie, Muriel, Heather & those on our prayer tree.
FOR THOSE DEPARTED Peter Ford.
FOR Bishop Rob as he prepares for his new responsibilities.
FOR those appointing a new Archbishop of Canterbury.
FOR local railway workers, bus drivers and taxi drivers.
FOR the staff at Bishop's House in Keswick.
FOR The people of St. Martin Bowness. Rev. James Richards.

Sunday 10th August

8th Sunday after Trinity

Genesis 15:1-6 - Psalm 27

Hebrews 11: 1-3,8-16

Luke 12:32-40

QR code
for
donations
to the
church.



FOR REFLECTION: The Psalms

Most emphatically the Psalms must be read as poems; as lyrics, with all the licenses and all the formalities, the hyperboles, the emotional rather than logical connections, which are proper to lyric poetry. . . . Otherwise we shall miss what is in them and think we see what is not. C. S. Lewis

The psalms enable us to bring into our conversation with God feelings and thoughts most of us think we need to get rid of before God will be interested in hearing from us.

Ellen F. Davis

The Psalms make it possible "to say things that are otherwise unsayable. In church, they have the capacity to free us to talk about things that we cannot talk about anywhere else. John Goldingay

If the Psalms have been a source of spiritual instruction and consolation for many seekers, they also have filled others with discomfort and bewilderment. There is an untidiness, a turbulence, an undertow of mystery in these ancient prayers. John S. Mogabgab

For the psalmist there is no autonomous spirituality. There is only a faith that is lived in the company of God's people."

W. David O. Taylor

NOTICES

For your Diary:

- **"New Light Through Old Windows": Praying with the Psalms.** This Summer at St. Paul's we shall be reflecting on the importance of the Psalms for our life of faith. You will be very welcome.

-Sunday 3rd Aug 11am 'Where are you O God?' Psalm 22

-Sunday 10th Aug 11am 'The Lord is my light'. Psalm 27

-Sunday 17th Aug 11am 'Psalms for Cumbrians' Psalm 121

The Collect - Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Post Communion - Lord God, whose Son is the true vine and the source of life, ever giving himself that the world may live: may we so receive within ourselves the power of his death and passion that, in his saving cup, we may share his glory and be made perfect in his love; for he is alive and reigns, now and for ever. **Amen.**

Thursday, 7th August – 6.30pm Safeguarding Course in Church, see Judith Mitchell for details.

THE WORD.....THIS WEEK



The Church of St Paul
Grange-over-Sands

—in—

The Benefice of Grange over Sands



"Proclaiming the Good News of God and
Drawing everyone into a life-changing encounter with Jesus"

SUNDAY 3RD AUGUST 2025

Seventh Sunday after Trinity

9.30am - St Peter's Church

Field Broughton with Lindale

Holy Communion BCP

11.00am - St. Paul's Church, Grange

Holy Communion CW

"Where are you O God" Psalm 22

4.30pm - Praise on the Prom

We offer gluten-free wafers for the Eucharist - please make
your preference known to one of the sidespersons.

ENQUIRIES

Contact Linda in the Office (Tel: 015395 35560) or

David (07305 777 113) davidmwilmot@gmail.com

Some Sermons and Articles are available on

David's BLOG: davidmwilmot.wordpress.com

He is always happy to visit. His rest day is Friday.

THIS WEEK

Monday 4th August

8.30am - Morning Prayer in St. Paul's

Tuesday 5th

8.30am - Morning Prayer in St. Paul's

10.00am - Helpers in the Vestry Meeting, St Paul's Church

Wednesday 6th

10.00am - Holy Communion in St. Paul's.

2.30pm - Cuppa & Cake, St Paul's Church

Thursday 7th

6.30pm - Basic & Foundation Training St Paul's Church

Saturday 9th

11.00 am - 3.00pm - On the Move, Victoria Hall (PEAT)

SUNDAY 10th AUGUST 2025

Eighth Sunday after Trinity

9.30am - St Peter's Church

Field Broughton with Lindale

Holy Communion BCP & Baptism

9.30am - The Fell Church, Grange

Mattins BCP

11.00am - St. Paul's Church, Grange

Holy Communion CW

"The Lord is my Light" Psalm 27

4.30pm - Praise on the Prom

Carole Ford, Karen, Anita, Tanya and their families would like to thank everyone (especially the choir) who came to Peter's Thanksgiving Service and for all the cards and kind wishes. Your prayers, love and support have made such a difference. Thankyou

Further information about our services and parish life can be found at – www.grangepcc.co.uk