

The Parish Church
of St Paul
Grange over Sands



Easter
April 2025

£1

Benefice of Grange-over-Sands & Field Broughton with Lindale

THE PARISH OF ST PAUL, GRANGE-OVER-SANDS

MISSION STATEMENT

To proclaim the Good News of God
and to draw others into a life-changing encounter
with Jesus

Tel No

Vicar - The Rev'd David Wilmot (davidmwilmot@gmail.com) **07305777113**

The Rectory, Hampsfell Road, Grange-over-Sands, LA11 6BE

Associate Priest - Rev'd Annette Miller (miller3637@btinternet.com)

015395 33840 - Airton, Eden Park Rd, GOS, LA11 6BW

Normal services at The Parish Church

Sundays - 11 am - Parish Service

Wednesdays - 10 am - Holy Communion

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP)

9.30 am - Fourth Sunday - Holy Communion (BCP)



*****Saints Days and Holy Days - See Notice Board/Pew Sheet*****

Visit our website www.grangepcc.co.uk

Annual subscriptions for the Parish Magazine are now due!

Please pay (£12) Linda in the Office.

We hope you agree that this is good value for 12 issues.

From the Rectory

Christ is Risen!... I didn't see that coming!

I've been left with two memories of what is now called the 'Brexit' campaign. The first is the number of pundits and correspondents who have since graciously had to admit that they didn't see the result coming. The second is the strength of feeling the whole thing generated.

More than two thousand years later these are the two things we would also want to say about the first Easter. Firstly, nobody saw it coming. By all accounts the resurrection of Jesus took everyone completely by surprise. So, the Gospel accounts are full of skeptical and disbelieving people who are struggling to make sense of it all. To all intents and purposes their entire world view had been turned upside down. This was the day the world changed and, as our calendar illustrates, we've been living with the fallout for 2025 years. Secondly, from the earliest days, Christianity and Christians have been the centre of controversy. The claims we make have made us unpopular and liable to both persecution and death.

So, for example, our earliest slogan: "Jesus is Lord" was a direct challenge to the political and imperial authority of Rome, whose own chant was "Caesar is Lord". And with what resembles obstinacy and stubbornness Christians have always insisted that the events witnessed in the life, death and resurrection of Jesus were far more than a matter of opinion. They heralded an objective truth - that Jesus is who he claims to be. Of course, such claims to truth were frowned upon then and in many circles they are today. To be so categorical is a sure-fire way of causing irritation, isn't it? I mean, nowadays it's fashionable and more convenient to marginalize truth claims with counter-accusations of intolerance, bigotry and all the rest.

Sadly, since Christians have a track record of these things, it makes it even more important that we state our case with due humility. However, what's unavoidable is that, if Christians are to be true to their message, we have no choice but to engage in what may turn out to be somewhat heated debate.

My point is that surprise and continuing controversy are hallmarks of the Easter experience. The surprise is laced with joy that all the powers of death have been defeated; God's new creation has begun and we are caught up in it. But there is controversy because the claim that Christ is risen goes beyond the realm of personal piety and dreams and lays claim on the life and allegiance of us all. Again, to regard the first Easter as the time when all history changed will continue to sound absurd, foolish and irrelevant to many, but there is nothing new in any of this.

The call to every Christian is to go on proclaiming the truth that 'God was in Christ reconciling the world to himself' (2 Corinthians 5.19) – and revealing that truth by living equally surprising and, if needs be, controversial lives.

Christ is Risen! Happy Easter!

Every Blessing

Wednesday @ 11 am (2nd, 9th, 16th April)

Reading Mark's Gospel Together

The Vicar has prepared a simple sheet of daily readings to take us through Mark's Gospel in Lent. Copies are available in Church. You are welcome to follow this pattern of readings on your own but, if you would like to gather with friends once a week for encouragement, a small group will gather each Wednesday (following the morning worship) at 11 am in St. Paul's Church. You will be very welcome.

Sundays @ 11 am: "Introducing Jesus..."

You will be welcome at each Sunday morning of Lent at 11 am, when we will reflect on how each of the Gospel writers introduces us to Jesus:

6th April

John introduces me to Jesus

Wednesdays @ 7 pm "God for Beginners" (2nd, 9th April) at the Fell

You will be welcome to 'God for Beginners'. It's an opportunity, among friends, to ask all those things you never got around to asking about the life of faith. It's all very informal. NO question is too silly and no previous knowledge is presumed or expected!

- For some - it could be a refresher in the basics of our faith; even brush up on what it means to be a Godparent (!)
- For some - an occasion for friendship, discussion and encouragement
- For some - a chance to consider whether to take a particular step such as Confirmation

If any of these apply to you, do come along to all or as many of the sessions as you wish. To let us know you're coming and to help with catering and materials

Please email the Vicar:

davidmwilmot@gmail.com/Tel: 07305 777 113

A Quiet Day @ Field Broughton Parish Rooms

"Consider Him"- entering into Holy Week

Thursday 10th April, 9.30 am – 4 pm

**What was Jesus doing in Jerusalem during that first Holy Week
and what difference has it made?**

Arrivals and coffee at 9.30am. Four short addresses and space to reflect, concluding with a Eucharist. Bring a packed lunch. Drinks and biscuits provided. No charge.

Donations towards hire of the Hall will be welcome.

To book a place please email the Vicar:

davidmwilmot@gmail.com/Tel: 07305 777 113

or sign the list in St. Paul's Church

HOLY WEEK @ St. Paul's, The Fell Church and St. Peter's, Field Broughton

PALM SUNDAY

- 9.30 am Holy Communion (CW), St. Peter's, Field Broughton
- 9.30 am Mattins (BCP), Fell Church
- 11 am Holy Communion (CW), St. Paul's, Grange

14th Monday

- 9 am Morning Prayer, St. Paul's, Grange
- 7 pm Holy Communion (& Address), St. Paul's, Grange

15th Tuesday

- 9 am Morning Prayer, St. Paul's, Grange
- 7 pm Holy Communion (& Address), St. Paul's, Grange

16th Wednesday

- 9 am Morning Prayer, St. Paul's, Grange.
- 10 am Holy Communion (CW), St. Paul's, Grange
- 11 am Reading Mark for Lent, St. Paul's, Grange
- 7 pm Holy Communion (& Address), St. Paul's, Grange



MAUNDY THURSDAY

- 9 am Morning Prayer, St. Paul's, Grange.
- 7 pm Holy Communion (CW), St. Peter's, Field Broughton
- 7 pm Holy Communion (& Address), St. Paul's, Grange



GOOD FRIDAY

- 8 am Morning Prayer, St. Paul's, Grange.
- 9 am The Easter Road (Children`s Workshop in St. Paul's)
- 12 noon-1 pm Devotions at the Cross, St. Peter's, Field Broughton
- 12 noon-3 pm Devotions at the Cross, St. Paul's, Grange
- 19th Saturday
- 8 am Morning Prayer, St. Paul's, Grange.



EASTER DAY

- 6 am Son Rise Service, Hampsfell Road Car Park
- 9.30 am Holy Communion (CW), St. Peter's, Field Broughton
- 11 am Holy Communion (CW), St. Paul's, Grange





THE EASTER ROAD

**A telling of the Easter Story for Children
and those who care for them**

On Good Friday Morning (18th April)

9.00am to 11.30am

at St. Paul's Church, Grange-Over-Sands

Crafts–Songs–Prayers–Hot Cross buns–Lots of fun!

There is no charge but donations towards the cost of materials
will be welcome.

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To reserve your place, contact:

**St. Paul's Church Office. Church Hill. Grange over
Sands. LA11 6BD. Tel: 015395 35560 or 07305777113**

or E-mail: stpaulschurchgrange@gmail.com

by 14th April please.



Happy Easter!

www.grangepcc.co.uk Tel: 07305 777 113

Five Misconceptions that Hinder Prayer

Richard J. Foster

We yearn for prayer and hide from prayer. We believe we should do it - we even want to do it - but something stands between us and actually praying. What keeps us from enjoying prayer as a love relationship with God?

Misconception 1: Prayer means talking

This is perhaps the most basic misconception people have about prayer - that it means telling God what we want. Prayer, in fact, is interaction. You can find illustrations throughout the Bible, from Adam and Eve through the Book of Revelation, of the kind of interchange that goes on in prayer. Fénelon wrote about the need to silence and still all creaturely activity so that we can hear the Divine whisper. Prayer is being able to respond to the voice of God; primarily through the Bible, yes. Yet God speaks in many ways. Prayer is mainly listening. It is the interaction, the dialogue, the interchange between two individuals. It's talking with God and hearing from God about what God and I are doing together.

Misconception 2: Prayer cannot be learned

Some people think that prayer is a gift - you either have it or you don't. Look at the Christian colleges in our country and see how many of them have courses in prayer. This is because we don't believe prayer is something to learn. We also show that we think prayer cannot be learned when we're not willing to risk making mistakes. Yet that's the way you learn anything. That's the way little children learn how to walk - they fall down. That's the way Edison learned how to make the first lightbulb - through the many thousands of experiments that didn't work. Prayer is something to learn, "Lord, teach us to pray".

Misconception 3: Prayer is complicated

In one sense, prayer is complicated. How can a finite human spirit be in communion with the infinite Spirit of the universe? It would burn out the circuits of our minds to understand it. But in another sense, prayer is incredibly simple. God answers prayer because His children ask. Just as a little child cannot draw a bad picture, a child of God cannot utter a bad prayer. God is pleased with our desire to come to Him. The accuser might say, "That's a terrible prayer. The grammar is bad; it's egocentric. It's wrongheaded". But I think God says, "That's My child. He's chosen to come and be with Me. She's chosen to be in My presence. It's a beautiful prayer". God receives it. It's not complicated.

Misconception 4: Prayer is grim duty

Prayer can be hard work. But I also think that people need to see prayer as a delight, as joyful interaction with a loving God.

I remember one time when I was vacationing near a beach in Oregon. I got up early and went out on the beach just as it was beginning to get light. I remember saying really loud, "This is beautiful". And I sensed a response, as if God were saying, "I know; I made it". I thought, Whoa! And then I said, "Thank You, Lord". I sensed God saying, "You're welcome!" And I thought again, Whoa! God was there!

This unusually strong sense of a dialogue lasted about an hour and a half. I decided to ask God some questions I'd always had. I was very intense in those days, and I was really worried about what I wore as a sign of witness to gospel truth. I wondered whether a white-shirt-and-tie mentality contradicted the concept of Christian simplicity. So, I asked God what I should wear. And it was like God laughed and said, "Oh, quit trying to be so blasted religious and wear whatever you want!" That gave me great freedom.

We have a heritage that labels a person as deeply spiritual if he says, "For the first hour I struggled, and the second hour nothing happened, but the third hour I broke through.

Misconception 5: God is remote and inaccessible

On a practical level, many people are deists. That is, to them, God is far away. Yet, the gospel teaches very clearly that God is near. When Jesus said, "Repent, for the Kingdom of Heaven is at hand," it was not a way of saying, "Repent, for the Kingdom of Heaven has almost come, but it didn't quite make it." Instead, His meaning was the same as if I were to say to you as we're walking down the Street, "Behold, the restaurant is at hand. Let's eat." That's the idea. "It's drawn near to you; it's come nigh," He said. "It's even in your midst. It's right here."

God is near; the Kingdom of the heavenlies has come. Jesus' miracles demonstrated the presence of the Kingdom; the nearness of God. God is no longer remote; God is right among His people. What does Immanuel mean? God is with us. He is still present. And we can rejoice in the presence of God.

David

Ecumenical Lent Lunches, every Friday

On Fridays during Lent, from **12 noon – 1.15 pm**, ecumenical lunches are provided followed by a short time of worship 1-1.15pm.

Donations in aid of the work of the Leprosy Mission.

The remaining dates and venues are:

Friday 4th April: St Paul's Church, Grange

Friday 11th April: St John's Church, Flookburgh



NEWS FROM THE DIOCESE

Safeguarding

An independent audit of safeguarding in the Diocese of Carlisle and at Carlisle Cathedral has praised a “strong commitment” to ensuring our worshipping communities are safer places for all.

In January a team from safeguarding specialists INEQE – commissioned by the Archbishop’s Council to complete audits of all dioceses and cathedrals in England-visited Cumbria to conduct the audit.

Their newly published report has found that a “strong sense of safety and a positive safeguarding culture are evident across the Diocese and its parishes”. Meanwhile, the Cathedral’s staff and worshipping community recognise a “robust safeguarding culture” which has been embedded.

The commitment and hard work of Parish Safeguarding Officers and volunteers is also highlighted alongside that of the Diocesan Safeguarding Officer. A commitment to safeguarding from the Diocese and Cathedral’s senior leaders is highlighted. The Cathedral’s annual Safeguarding Season is also praised, through which we are encouraged to listen, learn and lament from the Church’s past failings around sexual abuse.

In total the report contains 39 recommendations which the Diocese and Cathedral are committed to engage with to further enhance safeguarding practices.

£6.8 Million Awarded to our Diocese

The Carlisle Diocese has been awarded £6.8 million by the national Church of England to help Cumbrian churches grow missional, younger and more diverse faith communities.

Over the next five years the funding will support the creation of nearly 90 new Christian communities across the county. There will be a particular focus on helping local established churches to plant new Christian congregations in Barrow, Carlisle and in rural Derwent Deanery and there will be investment to help train over 200 new leaders. Collaborative working and extra support will also be offered to young Christians (from babies to 25-year-olds) to help them spiritually flourish, grow in faith and become adult disciples. Bishop Rob writes: “Let us pray that God will bless and grow this work so that people will come to know the love and hope of Jesus and so that we can do more to bless the communities we are called to serve.”



FUN AND FRIENDSHIP

Another successful afternoon of 'Fun and Friendship' at the Primary School for 27 youngsters. The theme was 'All Creatures Great and Small' and Annette explained the creation story with a collection of soft toys and hand puppets. The four craft activities reflected the theme, and each child went home with a bag of goodies.



SCHOOL NOTICEBOARD

Last month the PCC decided to purchase a church noticeboard for the school so that parents and carers passing by can see what sort of things might be advertised as going on in our church. The new noticeboard has replaced an old damaged one on the external classroom wall facing Fell Drive and was erected by Colin and Denis Whalley.



Two old photographs have come to light showing the outline of St Paul's Parish Church as it was in the early part of the 20th century. The first one shows the building from the bottom of Sea View Road in 1914 just before the start of the First World War and just after the completion of the clock tower nearby. Note the main entrance to the church through what is now the kitchen area and how other things might have changed. The stained glass window in the left of the picture, erected in 1888 to commemorate the 30 years of ministry of Canon H R Smith, was moved in 1933 to the new Lady Chapel and the new entrance to the church was added.

The second photograph was supposedly taken from a bi-plane and although in rather poor condition it does reveal what the building looked like prior to the Lady Chapel extension.

Colin



NEWS FROM ST PETER'S, FIELD BROUGHTON

Dates for your diaries, further details will be posted nearer to the events.
All events in Field Broughton Parish Rooms unless otherwise stated.

Friday 4 April 2025	Social Evening	6.30 pm - 9.30 pm	Drop in, donations welcome for wine, beers, nibbles etc. Everyone welcome
Wednesday 23 April 2025	St George's Night	6.45 pm £15	A feast of traditional food please book via fieldbroughtonsocial@gmail.com
Wednesday 30 April 2025	Take better photos with your mobile phone workshop	10 am to 1 pm £10.00	Includes light lunch, please book with nicky.beeson@me.com
Monday 28 April 2025	Broughton East Parish Council meeting	6.30pm	Public welcome to attend, let the clerk know if you are coming along, clerk@broughtoneastpc.org.uk
Monday 5 May 2025	VE Day Celebration	12.30 pm £10	Two course lunch, nibbles & glass of wine, please book with louiseshrapnel@gmail.com
Tuesday 13 May 2025	Wild West Night	6.45 pm £15.00	A cowboy-themed menu, please book via fieldbroughtonsocial@gmail.com
Thursday 19 June 2025	Ladies Night (with their Lords)	6.45 pm £15.00	An elegant grazing buffet at the end of Gold Cup Day, please book via fieldbroughtonsocial@gmail.com

With all events, let us know of any dietary requirements as we are happy to accommodate them - please let us know when booking.

The committee is using fieldbroughtonsocial@gmail.com for the majority of bookings and enquiries.

You can receive communications, updates, news, etc, from this email address.

Let us know if you would like adding to the email distribution list.

We also post this information on the Field Broughton & Surrounding Communities Facebook page.

Please let us know.....

...if you are interested in coming together to celebrate VE Day on Bank Holiday Monday, 5 May. VE Day is actually on Thursday 8 May but the nation is being encouraged to celebrate it on the Bank Holiday. As the weather can be unpredictable in early May, an afternoon tea might be a good option, in FB Parish Rooms.....??

Louise Shrapnel

Chairman, Friends of St Peter's Social Committee

Committee Member, Field Broughton Parish Rooms Committee

SOLO LUNCH 13th April

Our next lunch will be at the Cumbria Grand Hotel on 13th April at 1 pm. We will need to pre-book, so the list will be in St Paul's from 3rd April.

The cost of the 3-course lunch will be £22.95 and includes a cup of tea or coffee.

As usual, lifts will be available for those who no longer drive.

If you normally dine alone, why not join us?

Sue Fleetwood

**CHURCH OF ENGLAND MARKS FIVE YEARS
OF NATIONAL ONLINE SERVICES**

FIVE years ago, on Mothering Sunday, the first national online service was broadcast on the Church of England's media channels in response to lockdowns mandated by the Government to slow the spread of coronavirus. Last year, 59 weekly services were produced which accrued 21 million views. An average of 4000 people a week watch the service from start to finish.

This week's broadcast, for the 3rd Sunday of Lent, featured highlights from previous services, including the Revd Richard Allen leading the confession from a lifeboat in the Trelawny Benefice, in Cornwall, and hymns from St Martin's Voices, on locations in Holy Island and in a stable, where Clover the donkey interrupted filming with her own chorus of braying.

Church House reports that, in 2023, 31% of the C of E's 16,000 churches were offering some form of online worship, down from 71% during the peak of the pandemic. This percentage has stabilised: about 30% of churches continue to offer a regular online service. More than 33,000 online services have been added to the church-finding website AChurchNearYou.com.

The services are broadcast weekly on YouTube and Facebook

(Extract from the Church Times)

DATES FOR YOUR DIARY - APRIL 2025

Tuesday 1st	9 am	Morning Prayer, St Paul's
	9.30 am	Church Spring Walk (<i>see page 13</i>)
	9.45 am	David at Priory School Assembly
Wednesday 2nd	9 am	Morning Prayer , St Paul's
	10 am	Holy Communion (CW), St Paul's
	11 am	Reading Mark for Lent, St Paul's
	2.30 pm	Cake & Cuppa , St Paul's
	7 pm	"God for beginners", Fell Church
Thursday 3rd	7 pm	Bay Community Singers Concert in St Paul's
Friday 4th	12 noon	Lent Lunch at St Paul's
	2.30 pm	Grange School Easter Service
Sunday 6th	12.15 pm	APCM after Service in Church
Monday 7th	9 am	Morning Prayer, St Paul's
	7 pm	Field Broughton AGM
Tuesday 8th	9 am	Morning Prayer, St Paul's
	12 noon	Meeting about Good Friday workshop
Wednesday 9th	9 am	Morning Prayer, St Paul's
	10 am	Holy Communion CW, St Paul's
	11 am	Reading Mark for Lent, St Paul's
	12 noon	Haverthwaite Lunch Club (please book, 31338)
	7 pm	"God for beginners", Fell Church
Thursday 10th	9.30 am-4 pm	Quite Day - Field Broughton Parish Rooms
Friday 11th	12 noon	Lent Lunch, St John's Flookburgh
Sunday 13th	1 pm	Solo Diners at the Grand Hotel
	6-7 pm	'Stillness and Song', Grange Methodist Church
HOLY WEEK		
Monday 14th	9 am	Morning Prayer
	7 pm	Holy Communion & Address, St Paul's
Tuesday 15th	9 am	Morning Prayer, St Paul's
	7 pm	Holy Communion & Address, St Paul's
Wednesday 16th	9 am	Morning Prayer, St Paul's
	10 am	Holy Communion (CW), St Paul's
	11 am	Reading Mark for Lent, St Paul's
	12 noon	Age UK Lunch - Thornleigh Hotel (book 01539728118)
	7 pm	St Paul's Grange - Holy Communion & Address
Thursday 17th - Maundy Thursday		
	9 am	Morning Prayer, St Paul's
	7 pm	Holy Communion CW, St Peter's Field Broughton
	7 pm	Holy Communion & Address, St Paul's

Friday 18th - Good Friday

8 am

Morning Prayer, St Paul'

9 am

The Easter Road (*Children's Workshop*)

12 noon-1 pm

Devotions at the Cross, St Peter's, Field Broughton

12 noon-3 pm

Devotions at the Cross, St Paul's

Saturday 19th - Holy Saturday

8.30 am

Morning Prayer, St Paul's

Sunday 20th - Easter Day

6 am

Sunrise Service, Hampsfell Car Park, CTiG

Hot Cross buns at St Paul's Church after service

9.30 am

Holy Communion (CW), St. Peter's

11 am

Holy Communion (CW), St. Paul's

Monday 21st - Bank Holiday

Tuesday 22nd 7 pm

Standing Committee, St Paul's

Wednesday 23rd 10 am

Holy Communion (CW), St Paul's

11 am

Meeting of the Eco-church group, St Paul's

Friday 25th 10.30 am

Prayers at Quaker Meeting House, Cartmel

Sunday 27th 1 pm - 3 pm

Foodbank - St Charles' RC Church

Monday 28th 4 pm

Mother Teresa - St Charles' RC Church Grange

Tuesday 29th 9 am

Morning Prayer, St Paul's

Wednesday 30th 9 am

Morning Prayer, St Paul's

Wednesday, 7th May, 2.30 pm

An Invitation to the Fell Church to celebrate

The Merrie Month of May

A selection of songs and tunes to welcome in the summer
presented by The Sands Band.

The Cake & Cuppa will be here !

FROM THE REGISTERS

APRIL 2025

YEAR'S MIND

Jean Marsden

29/04/2022

Lloyd Saunders

08/04/2024



***"In sure and certain hope of the resurrection to
eternal life through our Lord Jesus Christ"***

*Deaths in the previous five years are included in the magazine,
but each name in our remembrance book for the last 10 years is read out in
the intercessions at St Paul's Sunday morning service.*



PEAT Annual General Meeting Extract from the Address by Annette Hennessy, Chair

"The AGM of any organisation is a chance to look back as well as forward. In these particularly turbulent times it's so important to take a moment to reflect and try to see beyond all the noise and disruption in the world. We will all be called to respond to the breakdown in our environmental, climate, and biodiversity systems.

But doing what we can, where we are, with what we have, is what we believe in Peninsula Environmental Action Together.

Like an iceberg, for as long as they continue to exist, much of our work is invisible, and away from the public eye, yet it is just as important. We believe in building strong communities, being part of influencing change for a better, greener future, and that means doing it together. We have built close relationships with other environmental groups within Cumbria and we are part of the Cumbria Action for Sustainability/Zero Carbon Cumbria wider partnership. We know this work can only be done with others, and we are proud of our links to other organisations such as the Civic Society, the Soroptimists, local councils, schools, etc, to name but a few.

As the saying goes 'if you want to go fast go alone, if you want to go far go together'. We continue to grow and we welcome ideas and energy. We are as relevant and as effective as our community of volunteers, helpers, committee members, speakers, partners. Rupert Read in his *Climate Majority* project says that *'Most of us now sense that we are in deep trouble with climate, but it can often seem like we are alone in these worries and, when we feel alone, we feel powerless. But once we realise that a majority feels the same way then we know that we are part of something very powerful'*.

We want to encourage and build the widest participation as possible, wherever you are and with whatever you have. Plans for the next 12 months include talks such as 'Decarbonisation of beer', another Craft Destash event, and regular events such as the Repair Café. We are about to embark on our biggest project to date, reimagining transport and travel on the Cartmel peninsula. The biggest concern that residents identify is transport: too much traffic, transport in the wrong places, damage to the roads and pavements, notwithstanding the pollution."

Annette outlined the events that PEAT had arranged during the year, most of which were really well attended which signified how important the environment is to people. She then introduced the guest speaker, Alistair Kirkbride, who spoke about 'Reimagining transport and travel locally'. He is the Founder of 'Low Carbon Destinations', and has worked for the National Park and has extensive experience of visitor and resident travel in Cumbria and other rural areas. He compared the transport situation in other parts of the world with our own, and offered some interesting suggestions for improvement. He will be working with the PEAT project on the Cartmel Peninsula, and we are challenged to take part in this 'big conversation' using our imagination for building a better community.

Climate Change ?

It was surprising to see snow on Mount Teide on Tenerife when we visited in early March. London was as hot as Ibiza for a time at 19°C and floods happened in the Northern Canaries, just all rather strange and worrying !

Judith



Eco-church

This group will meet on **Wednesday, 23rd April**, at 11 am in St Paul's to discuss our progress towards a Gold Award. We would welcome more people to join us!

MEETING THE ECO CLUB AT GRANGE SCHOOL

As part of developing eco links with children at school, I met with the Eco Committee led by Helen Hill, Nursery teacher on March 20th 2025. The children have been asked to design a 'bug hotel' that can be placed in the garden at church. The designs will then be displayed in church and the PCC will decide on the winning design.

We look forward to seeing the designs and having a visit from the Eco Club.

Judith Mitchell



APRIL - WEDNESDAY & SUNDAY SERVICES 2025

	ST PAUL'S GRANGE-OVER- SANDS	GRANGE FELL	ST PETER'S FIELD BROUGHTON & LINDALE
2nd APRIL WEDNESDAY	10 am Holy Communion Rev'd Annette Miller		
6th APRIL Fifth Sunday of Lent PASSION SUNDAY	11 am Holy Communion CW Rev'd David Wilmot		9.30 am Holy CommunionBCP Rev'd David Wilmot
9th APRIL WEDNESDAY	10 am Holy Communion Rev'd David Wilmot		
13th APRIL PALM SUNDAY	11.00 am Holy Communion CW Rev'd David Wilmot	9.30 am Mattins BCP Rev'd Annette Miller	9.30 am Holy CommunionBCP Rev'd David Wilmot
14th APRIL MONDAY	7 pm Holy Communion CW & Address Rev'd David Wilmot		
15th APRIL TUESDAY	7 pm Holy Communion CW & Address Rev'd David Wilmot		
16th APRIL WEDNESDAY	10 am Holy Communion CW & Address Rev'd David Wilmot 7 pm Holy Communion CW & Address Rev'd David Wilmot		
17th APRIL MAUNDY THURS- DAY	7 pm Holy Communion CW & Address Rev'd David Wilmot		7.00 pm Holy Communion CW Rev'd Annette Miller
18th APRIL GOOD FRIDAY	8 am Morning Prayer Rev'd David Wilmot 9.30 - 11 am Good Friday Workshop Rev'd David Wilmot 12 noon - 3 pm Devotions at the Cross Rev'd David Wilmot		12 noon - 1 pm Devotions at the Cross Rev'd Annette Miller

	ST PAUL'S GRANGE-OVER- SANDS	GRANGE FELL	ST PETER'S FIELD BROUGHTON & LINDALE
19th APRIL HOLY SATURDAY	8.30 am Morning Prayer Rev'd David Wilmot		
20th APRIL EASTER SUNDAY	6 am - CTiG Easter Sunrise Service Hampsfell car park 11 am Holy Communion CW Rev'd David Wilmot		9.30 am Holy Communion CW Rev'ds Annette Miller & David Wilmot
23rd APRIL WEDNESDAY	10 am Holy Communion CW Rev'd David Wilmot		
27th APRIL SECOND SUNDAY OF EASTER	11 am Holy Communion CW Rev'd Annette Miller	9.30 am Holy Communion BCP Rev'd Annette Miller	9.30 am Mattins BCP Biddy Hibbert
30TH APRIL WEDNESDAY	10 am Holy Communion CW Rev'd Annette Miller		

**The Annual Report and Financial Statements of the
Parochial Church Council of St Paul's for the year ended
31st December 2024 have now been prepared for
approval at the Annual Parochial Church Meeting
on 6th April.**

Copies are available at St Paul's.

The Top 100 Most Read Bible Verses (Part 1)

(All verses are quoted from the New International Version)

1. **John 3:16:** For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.
2. **Jeremiah 29:11:** For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.
3. **Romans 8:28:** And we know that in all things God works for the good of those who love him, who have been called according to his purpose.
4. **Philippians 4:13:** I can do everything through him who gives me strength.
5. **Genesis 1:1:** In the beginning God created the heavens and the earth.
6. **Proverbs 3:5:** Trust in the LORD with all your heart and lean not on your own understanding.
7. **Proverbs 3:6:** in all your ways acknowledge him, and he will make your paths straight.
8. **Romans 12:2:** Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.
9. **Philippians 4:6:** Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.
10. **Matthew 28:19:** Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.
11. **Ephesians 2:8:** For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—
12. **Galatians 5:22:** But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,
13. **Romans 12:1:** Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship.
14. **John 10:10:** The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.
15. **Acts 18:10:** For I am with you, and no one is going to attack and harm you, because I have many people in this city.”
16. **Acts 18:9:** One night the Lord spoke to Paul in a vision: “Do not be afraid; keep on speaking, do not be silent.
17. **Acts 18:11:** So Paul stayed for a year and a half, teaching them the word of God.
18. **Galatians 2:20:** I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.
19. **1 John 1:9:** If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.
20. **Romans 3:23:** for all have sinned and fall short of the glory of God.



St Paul's Church Spring Fair

All the usual stalls

Cake - Bric-a-Brac - Plants - Books

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also unwanted tools - in good condition

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Sue's Café

with bacon butties

Saturday, 17th May

10 am - 1 pm

Admission Free



A SPRING SING WITH BAY COMMUNITY SINGERS

Bay Community Singers invite you to join them for a 'Spring Sing' at St Paul's Church, on **Thursday, 3rd April, at 7 pm**. There will be opportunity for you to raise your voice in song and join in some lively singalongs, as well as to listen to the choir perform a range of popular songs from their repertoire, including a new piece 'Loveliest of Trees' composed by Karen Kirkland (who wrote 'Across the hills to the Bay' for the group's 10th anniversary last year).



All are welcome, whether you want to sing or just listen – it will be a lovely evening. Tickets are available to purchase in advance from choir and St Paul's church members and cost £10 (under 16's free). You can also pay on the door. This includes tea and cake in the interval and there will also be a raffle. Proceeds from the evening will be shared between Grange Pre-School and St Paul's Church Building Fund. Rehearsals are going very well and we hope you can support this event and come to hear Grange's very own Community Choir .

MORE STRANGE WORDS THAT YOU MAY NEVER HAVE HEARD OF !

1. The weird cage that holds the cork in a bottle of champagne - **Agraffe**
2. The 'na na na' and 'la la la' which don't really have any meaning in the lyrics of a song - **Vocables**
3. When an exclamation mark and a question mark are combined (ie ?!) -**Interrobang**
4. The space between the nostrils - **Columella nasi**
5. The armhole in cloths where the sleeves are sewn - **Armscye**
6. Condition of finding it difficult to get out of bed in the morning - **Dysania**
7. Illegible handwriting - **Griffonage**
8. The dot over an "i" or a "j" - **Tittle**
9. The utterly sick feeling you get after eating or drinking too much - **Crapulance**
10. The metallic device for measuring your feet at the shoe store - **Bannock device**

SPRING WALK - TUESDAY APRIL 1st 2025 - 930 am

As the warmer weather returns, a walk for parishioners and friends plus 4-legged ones too is planned for **Tuesday 1st April**, starting at the church car park at 9.30 am. We will walk from the church to the Brown Robin Nature Reserve, approximately 2 miles, followed by coffee at Hazelmere cafe where dogs are welcome.

Hope to see you there

Judith Mitchell



GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

	2018	2019	2020	2021	2022	2023	2024	2025
January	142	73	107	186	58	174	229	151
February	69	99	263	139	171	42	161	52
March	60	182	75	134	48	173	134	15*
April	98	39	12	12	40	84	149	
May	37	52	26	101	68	34	110	
June	19	91	99	30	79	87	63	
July	33	134	169	70	80	226	111	
August	108	180	188	63	78	143	176	
September	133	177	66	62	112	189	154	
October	131	160	165	304	158	144	183	
November	62	85	114	71	177	227	64	
December	160	155	126	153	162	259	153	

Annual

Totals 1,052 1,433 1,408 1,325 1,231 1,782 1,687 218*

* = incomplete total till next month; bold = highest rainfall of that year

Stillness & Song

Sundays in 2025:

~~2nd Feb~~, 13th Apr, 1st Jun,
5th Oct, 7th Dec

6-7pm

at Grange Methodist Church

Quiet, reflection and song
in the style of the Taizé community
Music led by local musicians



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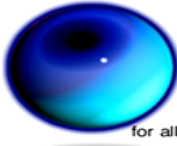
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Items no longer than 300 words, please.

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