

THE PARISH CHURCH OF
SAINT PAUL
GRANGE-OVER-SANDS



June 2024

£1



Normal services at The Parish Church of Saint Paul

Sundays - 11 am - Parish Service

Wednesdays - 10 am - Holy Communion

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP)

9.30 am - Fourth Sunday - Holy Communion (BCP)



*****Saints Days and Holy Days - See Notice Board/Pew Sheet*****

ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ**
in the **heart of the community** through **prayer,**
worship and learning, in joy and practical service
to the wider world.

Tel No

07305777113

Team Vicar - The Rev'd David Wilmot

The Rectory, Hampsfell Road, Grange-Over-Sands, LA11 6BE

(davidmwilmot@gmail.com)

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU **015395 36261**

Rev'd Mark Houston - The Rectory, Flookburgh, LA11 7PY

07810655684

(houstonmark15@gmail.com)

Associate Priest (miller3637@btinternet.com)

Rev'd Annette Miller - Airton, Eden Park Road, GOS, LA11 6BW

015395 33840

Licensed Lay Readers in the Cartmel Peninsula Team Ministry

Steve Bell, Becksides Barn, Becksides, Cartmel, LA11 7SW

015395 36789

Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF

015395 35979

Dianne Maguire, Cardrona Road, GOS, LA11 7EW

0795142378

Visit our website www.grangepcc.co.uk

www.facebook.com/StPaulsGoS

From the Rectory

A Late Developer

Dear Friends,

I've never been a great fan of slogans - especially religious ones! But I recall seeing someone wearing a T-shirt bearing the words, "Be patient; God isn't finished with me yet". This particular slogan has stayed with me and in recent years I've become aware of how, from earliest times, 'patience' (in particular the patience of God) has been valued and appreciated.



One person who believed himself to be on the receiving end of the Lord's patience was St Augustine, who was born in Roman North Africa in the fourth century. He had a devout Christian mother and a pagan father, was a notoriously rebellious teenager, and embarked on a fairly dissolute life. Remarkably, he became a priest, Bishop and world-renowned teacher of the faith.

Looking back on his life, he famously spoke of his frustration that so many of his life choices had, it seemed, led him away from the God who was so lovingly and patiently pursuing him. He wrote:

"Late have I loved you, beauty so old and so new: late have I loved you. And see, you were within and I was in the external world and sought you there, and in my unlovely state I plunged into those lovely created things which you made. You were with me, and I was not with you. The lovely things kept me far from you, though if they did not have their existence in you, they had no existence at all. You called and cried out loud and shattered my deafness. You were radiant and resplendent, you put to flight my blindness. You were fragrant, and I drew in my breath and now pant after you. I tasted you and I feel but hunger and thirst for you. You touched me and I am set on fire to attain the peace which is yours."

I frequently hear people say that they think of themselves as 'seekers', as people in search of God. However, just like Augustine, such people find themselves contradicted. That is, they eventually discover that it was not **they** who were searching for God but **God** who was patiently in search of them.

I wonder what YOUR experience is? Can you sense something of how God is in pursuit of you? As Augustine shows us: God can do great things through a 'late developer'.

Every Blessing,
David

A NEW START FOR THE PARISH

On Tuesday, 30th April, St Paul's was filled with clergy – active, retired, ecumenical, and lay readers, together with dignitaries, representatives from various parts of the community including our primary schools, and members of the congregations of St Paul's and The Fell, Grange-over-Sands, and St Peter's, Field Broughton.



It was a very happy occasion as the Rt Revd Rob Saner-Haigh (Bishop of Penrith, and Acting Bishop of Carlisle) licensed David Wilmot as Team Vicar of the Parishes of St Paul, Grange-over-Sands, and St Peter, Field Broughton with Lindale. David was then duly installed by the Venerable Vernon Ross (Archdeacon of Westmorland and Furness).

The service began with the Introit *'Fairest Lord Jesus'* arr. Martin How, followed with *Fanfare* by Richard Lloyd, before Carol Rhodes as Crucifer led in the clergy procession, followed by the Bishop.

During the service the Rural Dean, the Rev'd John Dixon, invited members of the wider community to greet the new Minister, and symbols of the different aspects of church life were presented to David by members from both Grange and Field Broughton, including two youngsters from the primary school. The choir sang the anthem *'Panis angelicus'* (Bread of heaven) by Cesar Franck, and also John Rutter's anthem *'The Lord bless you and keep you'*.

We were privileged to have the Deputy Lieutenant, Henry Bowring, with us (it happened to be his birthday and probably his last official appearance before retirement), and also Roger Handley, Mayor of Grange Town Council.

David was accompanied by his wife Margaret, and was supported by friends from his former parishes in Cumbria and further afield.

The service ended with an organ voluntary *'Postlude in C'* by Henry Smart, after which everyone stayed for the refreshments.

A very happy event and a long-awaited welcome for our new Priest.





St Paul's SUMMER FAIR

*Raffle
and
Tombola*

*Sue's café
With bacon
butties*

All the usual stalls

Cakes—Bric-a-Brac—Plants—Books—Scarves & jewellery

With one new stall

Unwanted tools—in good condition

Saturday, 1st June 2024

10 am—1 pm

St Paul's Church, Grange-over-Sands

ADMISSION FREE



FROM THE REGISTERS - JUNE 2024

BAPTISM ANNIVERSARIES

Olivia May Webster	12/06/2022
Ashton Steven Christie	26/06/2022

FUNERALS

Jean Elizabeth Mary Cottam	18/04/2024
John Charles Howson	23/04/2024
Lloyd Saunders	26/04/2024

YEAR'S MIND

Alan Conway Jones	20/06/2019
Hilda Boldy	13/06/2020
Michael Hornung	10/06/2021



***“In sure and certain
hope
of the resurrection to
eternal life through our
Lord Jesus Christ”***

*Deaths in the previous five years are included in the magazine,
but each name in our remembrance book for the last 10 years is read out in
the intercessions at St Paul's Sunday morning service.*

Proposed Improvements to Heating at St Paul's Church

As you may know, the heating of the main parts of St Paul's Church is by two gas boilers in the cellar and in February these boilers malfunctioned. After the boilers had been serviced they were restarted but it was clear that they were near the end of their asset lives. Replacement forms of heating were then considered.

- **Heat pumps** will not provide enough heat for a building of the design and shape of St Paul's and have been discarded as an option.
- **Infrared electrical heaters** fixed to the masonry just above the arches in the nave and aisles would provide warmth to the congregation and would only need to be switched on at the start of services, leading to savings in power costs. However, it is thought that they would not provide sufficient heat to the fabric of the church in the coldest periods in winter, leading to costly deterioration of the fabric and decor.

Therefore, the church architect has provided quotation documents which have been sent out to heating firms for them to provide St Paul's PCC with prices by mid-July for replacement gas boilers. When sufficient quotations have been received, the PCC will apply to the Diocese of Carlisle for a faculty to permit the boiler replacement to proceed. It is intended—and hoped—that more reliable heating will be installed by the winter.

The Boiler Team

CHRISTIAN MEDICAL FELLOWSHIP

What: Day of Prayer

**Where: South Cumbria Hospital
Chapels**

When: Saturday 1 June, 9am–3pm

Organised by Morecambe Bay Christian Medical Fellowship - a group of Christian doctors and healthcare workers - people are encouraged to join together for a Day of Prayer in hospital chapels in south Cumbria, particularly praying for the future of the NHS.

If unable to be present, we are invited to set aside some time that day at home to join in prayer for the NHS.

SERVICES IN OUR CARE HOMES

Cartmel Peninsula Churches Together lead ecumenical worship each month.

- The **Old Vicarage, Allithwaite**, at 2:30 pm on the last Sunday of each month
- **Cartmel Grange** at 2:30 pm on the last Tuesday of each month

We are invited to join in and help chat to the residents. Some hymns are sung with prayers, etc, which take around 25 minutes.

Contact: Rev'd David Edmondson (edmola11@yahoo.co.uk or 015395 36213)
or just show up at the front door of the Care Home at 2:15 pm!

Help needed !

If anyone is struggling to get items taken to Guides Lot, the council 'tip' - perhaps you are clearing a garage, cellar or whatever, help is at hand.

Have a word with Linda in the office who will direct you to the right contact!





Prayer for Healthcare

It has been said that the NHS is on its knees!

Join us for a Day of Prayer on Sat 1st June 2024 in our hospital chapels

Drop in - no need to book 9am -3pm

On the hour we will link up all the chapels on Zoom and read a passage from the Sermon on the Mount.
For the rest of the hour there will be space for reflection and prayer

Royal Lancaster Infirmary 9am-3pm
Royal Preston Hospital 9am-3pm
Furness General Hospital 9am-1pm
Westmorland General Hospital 9am-3pm
Manchester - please check local publicity

For more info email morecambebaycmf@gmail.com

CARING FOR DEMENTIA

Are you caring for someone with dementia? Changing Melody Carers Group can help!

Call 015395 33291 to find out more
(They are not a singing group!)

DATES FOR YOUR DIARY - JUNE 2024

SATURDAY, 1st JUNE

10 am - **ST PAUL'S SUMMER FAIR** in St Paul's

SUNDAY, 2nd JUNE

1 pm - **SOLO DINERS**, The Pheasant Inn, Allithwaite

6 pm - **TAIZÉ SERVICE** at Methodist Church, Grange

MONDAY, 3rd JUNE

9.15 am - **A WALK WITH SARAH**, contact Judith Mitchell for details
j.a.mitchell356@gmail.com

WEDNESDAY, 5th JUNE

2.30 pm - **CUPPA & CAKE**, St Paul's

4-5.30 pm - **SOUL FUEL EXPLORERS**, St Mary's Allithwaite

SATURDAY, 8th JUNE-SUNDAY, 16th JUNE - GREAT BIG GREEN WEEK (see p16)

The UK's biggest-ever celebration of community action to tackle climate change and protect nature

SATURDAY, 8TH JUNE - **PEAT STALL** on Kents Bank Road

MONDAY, 10th JUNE

2 pm - **MEETING DAVID AND MARGARET WILMOT**, St Paul's

TUESDAY, 11th JUNE

11 am - **CONCERT** given by David Edmondson accompanied by Charles Edmondson, St Paul's Church (see p20)

WEDNESDAY, 12th JUNE

Noon - **ST ANNE'S LUNCH CLUB**, Haverthwaite

7 pm - **STANDING COMMITTEE**, St Paul's

MONDAY, 17th JUNE

2 pm - **AN AFTERNOON WITH ARTIST MARGARET WILMOT**
in St Paul's, with tea & scones

WEDNESDAY, 19th JUNE

12 noon - **AGEUK LUNCH**, Thornleigh Hotel - *please book with hotel*

4-5.30 pm - **SOUL FUEL EXPLORERS**, St Mary's Allithwaite

SATURDAY, 22nd JUNE

COMMUNITY FUN DAY, St Mary's Allithwaite

MONDAY, 24th JUNE

5 pm - **MOTHER TERESA CO-WORKERS**, St Charles' RC Church, Grange

WEDNESDAY, 26th JUNE

3.15 pm - **FUN & FRIENDSHIP** at Grange Primary School

THURSDAY, 27th JUNE

2 pm - **SOCIAL MEETING**, St Paul's

SUNDAY, 30th JUNE

2.30 pm - **ECUMENICAL SERVICE**, The Old Vicarage, Allithwaite

6 pm - **ECUMENICAL SUMMER SONGS OF PRAISE**, St Paul's

CRAFTING WITH PIP

Thank you to all who generously donated Christmas cards they received last year. The response was overwhelming. With more bags of cards than I expected I had to research how I could use them, and on Thursday, 23rd May, we put them to good use in the Crafting afternoon.

We followed a couple of techniques and made cards.

- Cutting several into 3 cm squares, we made a mosaic-style design and embellished them with a greeting or heart.
- Taking 3 cards and cutting them into thirds we were able to make 3 unique designs by rearranging those thirds.

These new cards can be used for any occasion and are now on sale at St Paul's.

We have repurposed and recycled cards originally sent with Christmas blessings to help fundraise for the church. In doing so we have benefitted too. Cutting, rearranging and sticking help focus the mind on the present, allowing distracting thoughts to drift away.

A peaceful and mindful activity all made possible by kind donations of pre-loved cards.

Thank you
Pip



SERVICES AT ST PAUL'S, ST PETER'S & THE FELL CHURCH

JUNE 2024

SUNDAY, 2ND JUNE - TRINITY 1

9.30 am - St Peter's Church, Field Broughton

Holy Communion - Rev'd David Wilmot

11 am - St Paul's Church, Grange

Parish Communion - Rev'd Annette Miller

WEDNESDAY, 5TH JUNE - 10 am - St Paul's Church, Grange

Holy Communion - Rev'd David Wilmot

SUNDAY, 9TH JUNE - TRINITY 2

9.30 am - St Peter's Church, Field Broughton

Holy Communion - Rev'd Annette Miller

9.30 am - The Fell Church, Grange

Mattins - Rev'd David Wilmot

11 am - St Paul's Church, Grange

Parish Communion - Rev'd David Wilmot

WEDNESDAY, 12TH JUNE - 10 am - St Paul's Church, Grange

Holy Communion - Rev'd Annette Miller

SUNDAY, 16TH JUNE - TRINITY 3

9.30 am - St Peter's Church, Field Broughton

Holy Communion - Rev'd David Wilmot

11 am - St Paul's Church, Grange

Morning Worship - Alan Wheatley & Rev'd David Wilmot

WEDNESDAY, 19TH JUNE - No Service at St Paul's

Joint Service at Methodist Church, Grange

SUNDAY, 23RD JUNE - TRINITY 4

9.30 am - St Peter's Church, Field Broughton

Mattins - Biddy Hibbert

9.30 am - The Fell Church, Grange

Holy Communion - Rev'd David Wilmot

11 am - St Paul's Church, Grange

Parish Communion - Rev'd David Wilmot

WEDNESDAY, 26TH JUNE - 10 am - St Paul's Church, Grange

Holy Communion - Rev'd David Wilmot

SUNDAY, 30TH JUNE - TRINITY 5

9.30 am - United Patronal Service - Field Broughton with Lindale

Rev'd David Wilmot & Rev'd Annette Miller

NEWS FROM THE DIOCESE OF CARLISLE

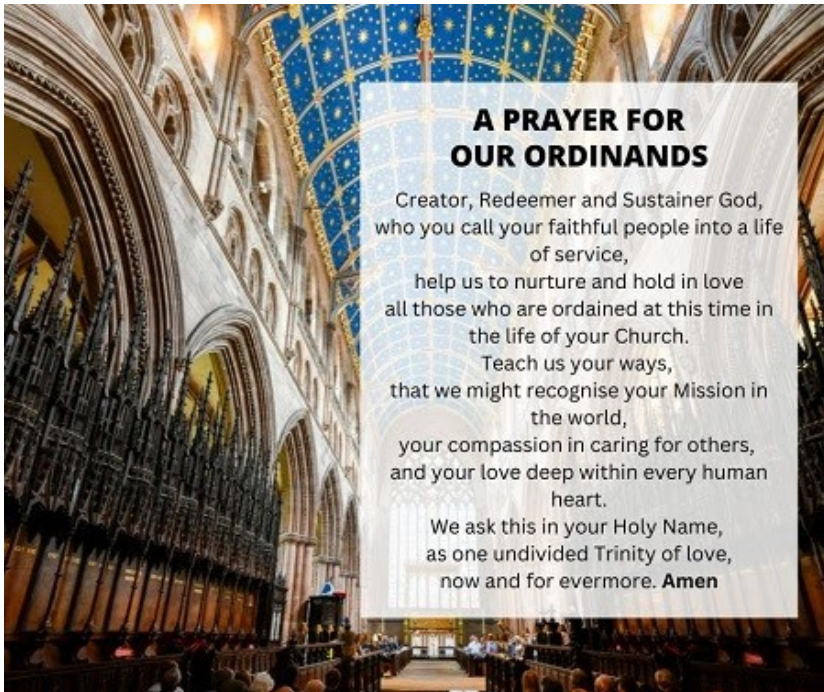
PRAYERS FOR PETERTIDE ORDINANDS

Please do pray for all those to be ordained Deacon or Priest in just over a month's time. And please remember to uphold their families in prayer also.

Seven people will be ordained Deacon at a service in Carlisle Cathedral on **Saturday 29th June at 11am**. They are:

- **Nick Cole** to serve Grasmoor Mission Community
- **Sue Cole** to serve Grasmoor Mission Community
- **Charlie Day** to serve Binsey Mission Community
- **Dave Flitcroft** to serve Coast to Fells Mission Community
- **Diane Gilmore** to serve Two Valleys Community
- **Ruth Illman** to serve Workington Mission Community
- **Derek Lacey** to serve Carlisle Rural Mission Community

The service will be livestreamed and simultaneously broadcast on the Diocese of Carlisle and Carlisle Cathedral Facebook pages. Please do support our ordinands by following the livestreams. Six others will be Priested by Bishop Rob in their home churches.



General Election - #PrayYourPart

An invitation to pray for the nation



The bishops of the Church of England have issued a call to put prayer and participation at the heart of the General Election campaign as the UK prepares to go to the polls. They also issue a plea to everyone to put “good grace and a commitment to truth and integrity” at the heart of the campaign, with respect and kindness in the heat of debate.

Speaking after the Prime Minister Rishi Sunak announced the dissolution of Parliament ahead of an election on 4 July, Archbishops Justin Welby and Stephen Cottrell urged people to set aside time amid the heat of the coming campaign to reflect and pray for our nation and our world.

A series of daily thematic reflections written by bishops, drawn from the Bible and exploring major themes, will be published shortly, covering the final three weeks up to polling day. They will be available as a booklet, in audio form for smart speakers, as free opt-in emails and through social media. Throughout the coming weeks, a range of Christian voters from across England will be invited to share what they are praying for for the nation, through a series of videos under the banner #PrayYourPart.

THE SYCAMORE GAP TREE

A precious seedling, grown from seeds collected from the Sycamore Gap tree after it was felled last September, was placed in The Octavia Hill Garden by Blue Diamond with the National Trust at the Chelsea Flower Show. The seedling is one of a collection of small seedlings and buds propagated at the conservation charity's Plant Conservation Centre in Devon and the first to be on show to the public.



It was planted on Monday, 20th May, prior to the show's public opening by Dame Judi Dench who is passionate about trees and was very concerned by the news of the felling of the Sycamore Gap tree last autumn. The much-loved tree had stood within a dip in Hadrian's Wall for around 200 years before it was felled in an act of vandalism last September, arousing unprecedented public reaction to the loss, in Northumberland and beyond.

Dame Judi was joined by 7-year-old Charlotte Crowe from Henshaw CofE Primary School in Northumberland, the closest school to Sycamore Gap. Charlotte won the opportunity to join Dame Judi in the Trust's Show Garden through a competition organised by the National Trust which invited children to draw a picture of the tree and write a short poem about what it meant to them.

This is her poem

I went to see Hadrian's Wall and I saw a tree.

It was a mindful tree.

It was a mindful, famous tree.

It was a mindful, famous, historical tree.

It was a mindful, famous, historical, magnificent tree.

It was a mindful, famous, historical, magnificent, welcoming tree.

I really hope sycamore gap grows back.

When I go and see the tree it brings back lots of memories.



The National Trust has been looking after seeds from the iconic tree for months at the Plant Conservation Centre, and the very first seedling was presented to King Charles on Monday, 27th May, which marked Celebration Day, an annual day to remember the lives of those who have died. The King will eventually plant the sapling in Windsor Great Park where it will be seen by many thousands each year and will be the first of many Sycamore Gap saplings planted at different places, in Northumberland and beyond.

HOW I CAME TO GRANGE – NO. 22

I was born on the Wirral. My Dad was in the Royal Navy, and Mum and I lived with my grandparents until I was 4, when Dad left the Navy and we moved to Bromborough on the Wirral. Dad became “The Man from the Pru” and worked for the Prudential until he retired.

My family were all churchgoers and I grew up firstly in Sunday School and then church and youth club. My sister, Denise, was born when I was nearly 10. She went to Madrid, Spain, when she was 19, and has lived there with her family for 51 years.

I wasn't very keen on school and at the age of 15 I went to work at Lever Brothers in Port Sunlight, in the sales department. We then moved to Neston on the Wirral where I became friends with members of a rock band. Along with other friends I travelled around to different venues enjoying listening to their music. When I was 18, I became the girlfriend of the bass player in the band, David Calveley. In 1963 the band played as support group for the “Beatles” in the Majestic Hall, Birkenhead, very exciting for the girlfriends too.

Dave was an apprentice draftsman with Cammell Laird Shipbuilders on Merseyside. He attended the Presbyterian Church in Bebington where he lived. After his apprenticeship he applied and was accepted for a job with Collingwood Shipyard in Ontario, Canada. We married and emigrated to Collingwood. Our two children, Tracy and Todd, were born there. After 6 years we came back to the Wirral. Dave went back to work at Cammell Laird, and I followed my Dad into the “Pru” as a clerk in the office.

In 1989, Dave was offered two jobs, one in Vickers, as it was then, and the other at Swan Hunter on Tyneside, in the north-east. We visited both areas. I remember going to Barrow - it was a wet, cold and dull day and first impressions weren't good, and so we chose Tyneside and the nearby Northumberland countryside, knowing nothing of the wonderful countryside of the Lake District. We enjoyed camping, and had lots of camping holidays in this country and abroad, until Tracy and Todd followed their dreams and left home.

It seems ironic that 11 years later, in 2000, Dave was offered a job with BAE Systems, Barrow, and we set up home in Staveley-in-Carmel and the beautiful countryside of the Lake District. Dave and I played an active part in St. Mary's Church, Staveley, but sadly Dave died 5 years later at the age of 62. I eventually came to Grange and to St Paul's Church. My children and their families are very supportive but live in Newcastle and Southampton, so my friends are very important to me. I have a busy and fulfilling life and wonderful friends to thank so much.

Carol Calveley

Sunday Services around the Peninsula

June 2024	ALLITHWAITE ST MARY'S	FLOOKBURGH ST JOHN'S	GRANGE-OVER- SANDS ST PAUL'S	GRANGE FELL	FIELD BROUGHTON & LINDALE ST PETER'S	FINSTHWAITE ST PETER	HAVERTHWAITE ST ANNE'S	STAVELEY IN CARTMEL ST MARY'S
Sunday 2 nd June 1 st Sunday after Trinity	10 am Holy Communion Canon Annie Osmaston	10 am Holy Communion Rev'd Mark Houston	11 am Parish Communion Rev'd Annette Miller		9.30 am Holy Communion Rev'd David Wilmot	9.30 am Communion by Extension Dianne Maguire	11 am HOLY Communion Rev'd Nick Hllam	11 am Communion by Extension Dianne Maguire
Sunday 9 th June 2 nd Sunday after Trinity	4 pm Service of the Word Rev'd Mark Houston	10 am Holy Communion Rev'd Mark Houston	11 am Parish Communion Rev'd David Wilmot	9.30 am Martins Rev'd David Wilmot	9.30 am Holy Communion Rev'd Annette Miller	9.30 am Morning Worship Lay-led	11 am Morning Worship Lay-led	11 am Morning Worship Lay-led
Sunday 16 th June 3 rd Sunday after Trinity	10 am Holy Communion Rev'd Mark Houston	3.30 pm Café Style Service of the Word Led by Anna Chaplain	11 am Morning Worship Team & Rev'd David Wilmot		9.30 am Holy Communion Rev'd David Wilmot	9.30 am Holy Communion Archdeacon Vernon Ross	11 am Holy Communion Rev'd Marcus Bragg	11 am Holy Communion Archdeacon Vernon Ross
Sunday 23 rd June 4 th Sunday after Trinity	10 am Service of the Word Steve Bell	10 am Holy Communion Rev'd Mark Houston	11 am Morning Worship Rev'd David Wilmot	9.30 am Holy Communion Rev'd David Wilmot	9.30 am Martins Biddy Hibbert	6 pm Evensong Joint Festival Rural Dean John Dixon	Joint Festival at Finsthwaite 6 pm	Joint Festival at Finsthwaite 6 pm
Sunday 30 th June 5 th Sunday of Trinity	Joint Service at St John's Flookburgh	10 am Joint Service Holy Communion Rev'd Mark Houston	United Service at Field Broughton		9.30 am United Patronal (Anniversary) Service Rev'd David Wilmot & Rev'd Annette Miller	9.30 am Morning Worship Lay-led	11 am Morning Worship Lay-led	11 am Morning Worship Lay-led

Wednesday Clergy Rota - June 2024 - 10 am - Holy Communion	
5th June	Holy Communion - Rev'd David Wilmot
12th June	Holy Communion - Rev'd Annette Miller
19th June	Joint Holy Communion service at Methodist Church No Service at St Paul's
26th June	Holy Communion - Rev'd David Wilmot

Peninsula Environmental Action Together

Great Big Green Week **8th-16th June**

'Let's Swap Together for Good'



**Top tips for reducing waste, cost, bills,
landfill, and impact on the environment.
Visit us at Grange Library 3rd-15th June and
at our stall on Kent's Bank Road on 8th June.**



ECO CHURCH

From Rags to Riches

The scale and impact of the textile industry on the environment is cause for concern at the highest levels, and the EU has set out why it wants to reduce waste and increase the life cycle and recycling of textiles towards achieving a circular economy by 2050.

According to the EU, one single cotton T-shirt uses 2,700 litres of fresh water in its production, enough to meet one person's drinking needs for two and a half years

The textile sector was the third biggest source of water degradation and land use globally in 2020, and textile production is estimated to be responsible for about 20% of global clean water pollution from dyeing and finishing products. The fashion industry is also estimated to be responsible for 10% of global carbon emissions, more than international flights and maritime shipping combined.

When it comes to waste clothing, only 1% in Europe is recycled into new clothes. According to the EU, 87% of used clothing is incinerated or goes into landfill.



- Reuse clothes in our wardrobes instead of buying new
- Make use of our charity shops for recycling
- Perhaps take up a new hobby – making rag rugs or patchwork hangings!

And when visiting Garden Centres

Who doesn't love a trip to the garden centre? Especially if it involves cake! Here are some reminders that will help you make better choices for the planet when you're buying plants.



- Use peat-free compost.
- Read the label. Was it grown in the British Isles or imported? Imported plants carry a greater risk of introducing pests and diseases.
- What is the pot made of? Is it plastic or something biodegradable?
- How long will it last? Is it worth buying annuals or could you fill your garden with perennials which last longer?

Celebrating 1,000 silver-awarded Eco Churches!

At the start of 2023, 500 Eco Churches had achieved a silver award. In just 18 months, this figure has doubled. This is evidence of churches deepening their engagement with caring for creation and embedding it in their church life.

2nd June—World Environment Day

Noah made sacrifice to the Lord God, and the Lord said in his heart 'I will never again curse the ground because of humankind'. (Genesis 8, 21)

Sunday, 2nd June, marks Environment Day and we shall be reflecting that in the intercessions at our morning service, and invited to say together the Act of Eco-Commitment.

Lord God,

We pledge ourselves to your service in caring for your creation, that your kingdom may grow from the seed of hope into a tree of righteousness and justice for the world, and that creation itself will be set free from its bondage to decay, and will obtain the freedom of the glory of the children of God, through Jesus Christ our Lord. Amen.

RUDOLF NUREYEV

According to his last wishes, Rudolf Nureyev, the great Russian dancer, was buried in the Russian cemetery at Sainte-Geneviève-des-bois, near Paris. The ceremony took place on the 12th January 12, 1993.

His memorial was unveiled on Monday 6th May 1996. It was designed to look like a rug, but it is entirely made of bronze and glass. Rudolf Xâmăt ulı Nuriev or Rudolf Nuréyev was born in the Soviet Union, considered, in fact, as one of the greatest dancers of the 20th century. It's not a canvas, it's not a mantle, it's not a rug - it's a spectacular mosaic of colours that resembles the kilim (hand-made rugs that covered the coffins of wanderers). The realism achieved in its shape, folds, colour and texture make it one of the main tourist attractions of this cemetery. It was designed by his friend Ezio Frigerio, whom he met after one of his performances in the ballet *Romeo and Juliet*.



I wonder if any of our readers has seen it ?

TWO APPLES

“Today in one of our classes I introduced the children to two apples (the children didn't know, but before the class I had repeatedly dropped one of the apples on the floor, you couldn't tell, both apples looked perfect). We talked about the apples and the children described how both apples looked the same; both were red, were of similar size, and looked juicy enough to eat.



I picked up the apple I'd dropped on the floor and started to tell the children how I disliked this apple, that I thought it was disgusting, it was a horrible colour and the stem was just too short. I told them that because I didn't like it I didn't want them to like it either, so they should call it names too.

Some children looked at me like I was insane, but we passed the apple around the circle calling it names, 'you're a smelly apple', 'I don't even know why you exist', 'you've probably got worms inside you', etc.

We really pulled this poor apple apart. I actually started to feel sorry for the little guy.

We then passed another apple around and started to say kind words to it, 'You're a lovely apple', 'Your skin is beautiful', 'What a beautiful colour you are', etc.

I then held up both apples, and again, we talked about the similarities and differences, there was no change, both apples still looked the same.

I then cut the apples open. The apple we'd been kind to was clear, fresh and juicy inside. The apple we'd said unkind words to was bruised and all mushy inside.

I think there was a lightbulb moment for the children immediately. They really got it! What we saw inside that apple - the bruises, the mush and the broken bits - is what is happening inside every one of us when someone mistreats us with their words or actions.

When people are bullied, especially children, they feel horrible inside and sometimes don't show or tell others how they are feeling. If we hadn't cut that apple open, we would never have known how much pain we had caused it.

I shared my own experience of suffering someone's unkind words last week. On the outside I looked OK, I was still smiling. But, on the inside someone had caused me a lot of pain with their words and I was hurting.

Unlike an apple, we have the ability to stop this from happening. We can teach children that it's not ok to say unkind things to each other, and discuss how it makes others feel. We can teach our children to stand up for each other and to stop any form of bullying, just as one little girl did today when she refused to say unkind words to the apple.

More and more hurt and damage happens inside if nobody does anything to stop the bullying. Let's create a generation of kind, caring children.

The tongue has no bones, but is strong enough to break a heart. So be careful with your words.”

(Taken from Facebook)

**The Parish Church of St Paul
Grange-over-Sands
invites you to a**



CONCERT
given by
DAVID EDMONDS



accompanied by
Charles Edmondson

Tuesday, 11th June 2024
at 11 am
in St Paul's Church

Admission free with a retiring collection



Charity Bike Ride in memory of Hairy Biker Dave Myers

The ‘Dave Day’ ride out on Saturday, 8th June, will bring together bikers from across the country, and friends and fans of Dave in a heartfelt tribute. Thousands of bikers are expected to travel from London to Barrow-in-Furness – Dave’s hometown. The ride is being organised by volunteers and will be led by Dave’s fellow Hairy

Biker, Si King, and Dave’s friend Jason ‘Woody’ Woodcock.

Dave Myers sadly died from cancer in February this year, aged 66. His widow has chosen The Institute of Cancer Research, which is both a research institute and a charity, as one of the recipients of the monies raised, alongside Childline.

‘Dave Day’ takes place on Saturday 8th June 2024, and it will see bikers from across the UK and beyond take part in a 300+ mile trek from North London to Barrow.

The ride starts at 7 am at Ace Café on London's North Circular road, and there will be four stops along the way in Oxford, Solihull, Knutsford, and Kendal, before the voyage finishes at Barrow Town Hall shortly before 4 pm. Riders can take part in the entire journey, or they can join or leave the convoy at any of the locations listed below. Non-riders can also attend each of the stops to show their support.

London Ace Café - Ace Corner, N Circular Rd, London NW10 7UD:

Arrive 7am / Depart 8am

Welcome Break Services Oxford - M40 Motorway, Junction 8a, Thame, Oxford OX33 1LJ:

Arrive 9am / Depart 9.30am

National Motorcycle Museum - Coventry Road, Bickenhill, Solihull B92 0EJ:

Arrive 10.45am / Depart 11.15am

Moto Services Northbound Knutsford – Between junctions 18 and 19, M6 Northbound, Knutsford WA16 0TL:

Arrive 12.30pm / Depart 1pm

Burton-in-Kendal Services, M6 Northbound, between Junctions 35 and 36, LA6 1JF:

Arrive 2.30pm / Depart 3pm

Barrow-in-Furness Town Hall - Duke St, Barrow-in-Furness, LA14 2LD:

Arrive 3.45pm via Abbey Road.

****All timings are approximate due to traffic and other factors, and subject to change***

It will certainly be a spectacle to see thousands of bikes streaming up the Lindale bypass!

The final location in Barrow will feature food stalls, events and afternoon speeches, plus a festival concert at the Barrow Raiders Rugby Club. “This is probably the biggest event in Barrow’s recent history, and a chance to showcase our town to thousands of visitors, demonstrate how friendly and welcoming we all are and give them a weekend to remember.”

THIS IS TOO GOOD NOT TO SHARE

I asked a friend who has crossed 70 and is heading towards 80 what sort of changes he is feeling in himself? He sent me the following:

1. After loving my parents, my siblings, my spouse, my children and my friends, I have now started loving myself.
2. I have realized that I am not "Atlas". The world does not rest on my shoulders.
3. I have stopped bargaining with vegetable and fruit vendors. A few pennies more is not going to break me, but it might help the poor fellow save for his daughter's school fees.
4. I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.
5. I stopped telling the elderly that they've already told that story many times. The story makes them walk down memory lane and relive their past.
6. I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
7. I give compliments freely and generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment, never, NEVER turn it down, just say "Thank you."
8. I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.
9. I walk away from people who don't value me. They might not know my worth, but I do.
10. I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat and neither am I in any race.
11. I am learning not to be embarrassed by my emotions. It's my emotions that make me human.
12. I have learned that it's better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships I will never be alone.
13. I have learned to live each day as if it's the last. After all, it might be the last.
14. I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be!

I decided to share this with all my friends. Why do we have to wait to be 60 or 70 or 80, why can't we practise this at any stage and age?

(Extracted from Google)

TECHNOLOGY !

I had spent an hour in the bank with my father, as he had to transfer some money. I couldn't resist myself and asked...

"Dad, why don't we activate your internet banking?"

"Why would I do that?" he asked...

"Well, then you won't have to spend an hour here for things like transfer.

You can even do your shopping online. Everything will be so easy!"

I was so excited about initiating him into the world of internet banking.

He asked "If I do that, I won't have to step out of the house".

"Yes, yes!" I said. I told him how even groceries can be delivered to the door now and how Amazon delivers everything!

His answer left me tongue-tied.

He said "Since I entered this bank today, I have met four of my friends, and I have chatted a while with the staff who know me very well by now.

You know I am alone...this is the company that I need. I like to get ready and come to the bank. I have enough time, it is the physical touch that I crave.

Two years back when I was ill, the store owner from whom I buy fruits came to see me and sat by my bedside and cried.

When your Mum fell down a few days back while on her morning walk, our local grocer saw her and immediately got his car to rush her home as he knows where I live.

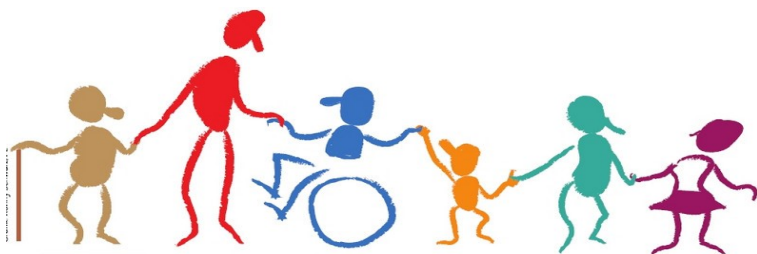
Would I have that 'human' touch if everything became online?

Why would I want everything delivered to me, forcing me to interact with just my computer?

I like to know the person that I'm dealing with and not just the 'seller'. It creates bonds of relationships.

Does Amazon deliver all this as well?"

**Technology isn't life.
Spend time with real people not with devices.**



Stillness & Song

Sundays in 2024:

~~4th Feb, 7th Apr, 2nd Jun,~~

6th Oct, 24th Nov

6-7pm

at Grange Methodist Church

Quiet, reflection and song
in the style of the Taizé community
Music led by local musicians



Holiday home in Porthmadog, North Wales

Panoramic views from house over
to Porthmadog Harbor
& Mountains of Snowdonia

Close to beaches, Snowdonia
& of course steam railways!

Available for a week or short breaks
for couples or families.

Sorry no pets

Website - Garthcraig.com



GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

	2017	2018	2019	2020	2021	2022	2023	2024
January	98	142	73	107	186	58	174	229
February	91	69	99	263	139	171	42	161
March	162	60	182	75	134	48	173	134
April	15	98	39	12	12	40	84	149
May	75	37	52	26	101	68	34	35*
June	135	19	91	99	30	79	87	
July	126	33	134	169	70	80	226	
August	86	108	180	188	63	78	143	
September	177	133	177	66	62	112	189	
October	172	131	160	165	304	158	144	
November	189	62	85	114	71	177	227	
December	109	160	155	126	153	162	259	
Annual								
Totals	1,435	1,052	1,433	1,408	1,325	1,231	1,782	708*

* = incomplete total till next month; bold = highest rainfall of that year

Em J's Hair Studio

Wishing you a Happy New Year

We are open

Monday to Saturday

For an appointment

Tel: 015395 34295

Kents Bank Road

Grange over Sands

J P Computers

FREE Consultation

Collect & return service

Based in South Lakes

Tel: 015395 35513 /

07964180021

www.johnparrycomputers.com

Branton Wild

WATCH & CLOCKMAKER

14 Church Street

LA7 7DX Milnthorpe

branton.wild@gmail.com

Mobile 07484 788495

Restoration - House calls - Buy & sell

Luxury watch repairs

Battery replacement



qr code
for on-line donations

GARY PORTER & SON

**PAINTERS &
DECORATORS**

Established 1997

Interior & Exterior work
to a high standard



FREE Estimates

Grange over Sands

Tel: 015395 32253

M: 07794167285

**Need a lift? Contact the Voluntary
Driver Service**

Co-ordinator Jan Maynard 01539742500

PLEASE NOTE

Any posters for display in St Paul's should
be passed to Gill Webster.

Please leave in Gill's tray opposite the
office. Thank you.

Thornleigh Christian Hotel Themed Breaks Conference Centre

We look forward to
seeing you soon.

Welcoming, Refreshments,
Fellowship, Peaceful Spaces
Friendship, Christian books
& gifts, Spiritual,
Sunday lunch
Inspirational Views,
Accommodation

Tel: 015395 32733



HIGGINSONS
of GRANGE

ONLINE
CLICK &
COLLECT
ORDERING

Supplying the finest fresh meats
& legendary, hand-made pies
to the people of Grange since 1983!

Seasonal Special

Saltmarsh Lamb
Reared on the shores of
Morecambe Bay
Full range of cuts & joints

We stock:

- * Hand made Pies
- * Award Winning Sausages
- * Home-cured Bacon
- * Heritage Beef
- * Rare Breed Pork

**NOW OFFERING BESPOKE
CELEBRATION &
TIERED WEDDING PIES!**



t: 015395 34367

w:higginsonsofgrange.co.uk

CHANCERY HOUSE
KENTS BANK ROAD
GRANGE-OVER SANDS
LA11 7HD

gedye
& SONS

TRADITIONAL SOLICITORS SINCE 1903



PROPERTY - WILLS - ESTATE PLANNING
PROBATE - LITIGATION - POWERS OF ATTORNEY
Tel: 015395 32313 Email : info@gedye.co.uk

**Wednesday 24th April 2024
then every other week**

SOUL FUEL YOUNG EXPLORERS



NETWORK
YOUTH CHURCH

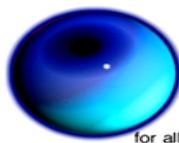


✦ Years 5 & 6

✦ St. Mary's Allithwaite

✦ 4:00pm - 5:30pm

For more information contact
andrea.mason@carlisediocese.org.uk
07377831808



MCS
millennium
computer
olutions

for all your computer needs

- **Computer Repair Specialist**
- **Onsite Repairs & Upgrades**
- **Fast Turn around on all Repairs**

Rapid Computer Support

For Home and Business ESTABLISHED 1998

- **Fixed Prices Repairs, No hourly charge**
- **New PCs, Laptops and Tablets**
- **Wired & Wireless Networks,**
- **Support / Repairs for PCs, Laptops, Macs, Ipads, Tablets**
- **Broadband Installation and Repairs**

Remote Support from £10 - Workshop Repairs - Onsite Repairs
Fixed Price Labour Charges No Hourly Charges

www.pcsupport-uk.com 127 Main St, Warton, Camforth
info@pcsupport-uk.com Open 9.00 - 6.00 Mon - Sat

01524 733970

Call in and see your local friendly electrical retailer

ROBINSONS ELECTRIC

SALES, SERVICE & REPAIR

Satellite, TV, Audio, Lighting, White Goods, Electrical Appliances

Both large & small

Birchleigh, Kents Bank Road, Grange-over-Sands

Tel: 015395 32077 - 33877

 **easyfundraising**

Help St Paul's Church - Grange over Sands get
paid by raising free donations with your online
shopping

Sign up today



£603 raised so far

19 supporters have joined

EASYFUNDRAISING REMINDER BUTTON

If you follow the link below it will take you to this page, where you can, as it says, with one click add a reminder button to your internet browser toolbar. A reminder drop-down box appears every time you shop online at one of the many stores/companies that support easyfundraising asking you if you want to receive a donation.

Don't forget to use easyfundraising when booking holidays, buying white goods, TVs, etc – it all raises money for St Paul's, at no cost to yourself other than what you are going to spend on your items.

The link - <https://www.easyfundraising.org.uk/donation-reminder/>

Our donation page is St Paul's Church - Grange over Sands

USEFUL CONTACT NUMBERS

Churchwarden

Brian McCann	brian_johnmccann@hotmail.com	34902
--------------	------------------------------	-------

Deanery Synod

Brian McCann	brian_johnmccann@hotmail.com	34902
Mike Hill	m.hill811@btinternet.com	33511

Treasurer

John Millican	johnmillican1980@btinternet.com	32561
---------------	---------------------------------	-------

Parish Safeguarding Officer

Judith Mitchell	j.a.mitchell356@gmail.com	35664
-----------------	---------------------------	-------

Fell Church

Please contact the Churchwarden

Parochial Church Council Secretary

Rosemary Hoyle	rosemary-hoyle@sky.com	58108
----------------	------------------------	-------

Team Office / Parish Administrator

Linda Brown	35560
-------------	-------

Tue, Wed & Thur - 10.00 am-12.30 pm Fri - 9.00 am - 1.00 pm

E-mail - stpaulschurchgrange@gmail.com or cptmoffice@gmail.com

Address, Team Office, St Paul's Church, Church Hill, Grange over Sands LA11 6BD

Magazine Co-ordinator

Penny Ward	pennyward01@gmail.com	33243
------------	-----------------------	-------

Children's Society Local Secretary

Judith Mitchell	j.a.mitchell356@gmail.com	35664
-----------------	---------------------------	-------

Bible Reading Fellowship Representative

Jose Baguley	35162
--------------	-------

Stewardship Secretary

Chris Brown	cjmbrown6@hotmail.com	015393 24015
-------------	-----------------------	--------------

Magazine Editor

Team Office	stpaulschurchgrange@gmail.com	35560
-------------	-------------------------------	-------

Missions Secretary

Rosemary Hoyle	rosemary-hoyle@sky.com	58108
----------------	------------------------	-------

Flowers

Kath Bush	32601
Audrey Gorman	peterandaudrey2@btinternet.com 35209