

THE PARISH CHURCH OF
SAINT PAUL
GRANGE-OVER-SANDS



EASTER

April 2024

£1



Normal services at The Parish Church of Saint Paul

Sundays - 11 am - Parish Service

Wednesdays - 10 am - Holy Communion

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP)

9.30 am - Fourth Sunday - Holy Communion (BCP)



Fifth Sunday of the Month

United Service within the Benefice

ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ**
in the **heart of the community** through **prayer,**
worship and learning, in joy and practical service
to the wider world.

Tel No

Team Vicar - The Rev'd David Wilmot will be licensed on 30th April
The Rectory, Hampsfell Road, Grange-Over-Sands, LA11 6BE

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU 015395 36261

Rev'd Mark Houston - The Rectory, Flookburgh, LA11 7PY 07810655684
(houstonmark15@gmail.com)

Associate Priest (miller3637@btinternet.com)

Rev'd Annette Miller - Airton, Eden Park Road, GOS, LA11 6BW 015395 33840

Licensed Lay Readers in the Cartmel Peninsula Team Ministry

Steve Bell, Beckside Barn, Beckside, Cartmel, LA11 7SW 015395 36789

Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF 015395 35979

Diane Maguire, Cardrona Road, GOS, LA11 7EW 07951423789

Visit our website www.grangepcc.co.uk

I remember you when....

A prominent public figure who found himself serving time in prison has spoken of how sad he is that his name will always be associated with a pivotal moment when he let himself and his family down.

Such regret is an all too familiar tale and in (hopefully) a much more light-hearted sense, I suppose we all have to live with the way the past can, as we say, come back to haunt us. Just when we think we've escaped, it seems that there's always someone who comes along and says, "I remember you when...". No matter how much we pretend that it wasn't really me in that 1970's kipper tie and flairs our crimes against good taste will out!

The more serious point is that, to a greater or lesser degree, something in us wants to protest that this is not the whole story. Unfortunately, the 'accuser' of Christians is all too active, and in what can seem like a less than gracious world we want others to know that this one moment doesn't tell you everything about me and that people can and DO change and grow.

However, this, I believe, is where our faith in the resurrection of Christ is so important. In one of his letters, St Paul says: "So, if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died and your life is hidden with Christ in God" (Colossians 3:1-4).

"The grace of God", as one of the saints has it, "swallows us whole". In effect, when it comes to those things which we would rather forget, the old promise holds true. "Though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool" (Isaiah 1:18).

To say "I believe in the resurrection" means that all of my life, warts and all, is truly dealt with. To say that we have died and "our life is hidden with Christ in God" means that we don't have to pretend. We don't have to deny the past. What is past may indeed be true, part of us, perhaps regrettable and maybe we can see the scars. However, in a real sense it is all gone and no longer defines or has a hold over us. Importantly, it can no longer hold us back from becoming the fully alive person God calls us to be.

The one pivotal moment which does matter is the resurrection of Christ; and the love of God which forgives, embraces and transforms us. Whatever the skeletons in our closet, we are defined (and we gain our sense of who we are), not by those moments which others or our conscience will not allow us to forget. No, what matters is the pivotal moment when Christ died and rose again. To know that Jesus's death and resurrection is 'for us' is to know that we are His. No matter how unforgiving or un-forgetful others may be, we are His. We are baptised. This is all that matters and we are most definitely His, no matter how many times they say, "I remember you when...".

Happy Easter

David

Thank you so much for your prayers, cards and kindness since my appointment was announced. Just now, Margaret and I are in the midst of saying farewells, packing and preparing to move during the second week of April.

We look forward very much indeed to the Licensing and beginning to make new friends in our lovely new home.

Please be assured of our prayers and good wishes. David

**LICENSING AND INSTALLATION OF
THE REVD DAVID WILMOT
ON TUESDAY, 30TH APRIL AT 7 PM**

Below is the invitation which has been sent out over 100 addresses.

All of our congregation at St Paul's and the Fell Churches and also from St Peter's Field Broughton with Lindale are welcome to attend this long-awaited event when we see a Vicar once more installed in the Rectory in Grange after over seven years.

Obviously no need for us to RSVP!

We shall be providing refreshments after the service, and are planning 600 canapés. Please look at the list at the back of St Paul's and sign up if you feel you can help.



**The Parishes of Grange-over-Sands
and Field Broughton with Lindale**

**Invite ...
to the
Licensing
by the**

**Rt Revd Rob Saner-Haigh, Bishop of Penrith
(acting as Bishop of Carlisle)**

and the Installation

**by the Archdeacon of Westmorland and Furness
of**

the Revd David Wilmot

as

Team Vicar

Tuesday, 30th April, at 7 pm

Parish Church of St Paul's, Grange-over-Sands, LA11 6BD

Refreshments in the Church following the service

*RSVP to Team Office by Friday, 12th April (tel: 015395 35560, email:
stpaulschurchgrange@gmail.com)*



FROM THE REGISTERS - APRIL 2024

WEDDING

Matthew Creswell & Paris Thornton
01/03/2024

YEAR'S MIND

Jean Broadhead 15/04/2019
Jean Marsden 29/04/2022



***"In sure and certain
hope
of the resurrection to***

*Deaths in the previous five years are included in the magazine,
but each name in our remembrance book for the last 10 years is read out in
the intercessions at St Paul's Sunday morning service.*

Daffodowndilly

By A A Milne

She wore her yellow sun-bonnet
She wore her greenest gown;
She turned to the south wind
And curtsied up and down.
She turned to the sunlight
And shook her yellow head,
And whispered to her neighbour:
"Winter is dead".



If you ever need support, Age UK is here for you.

Our free Advice Line is open 7 days a week, 8am-7pm
on 0800 169 65 65. Or, if you're feeling lonely and want a friendly
chat, day or night, you can call **The Silver Line on 0800 47080 90.**

Age UK provides information and advice on every facet of later life, from helping
people find out benefits they are entitled to claim, to discussing options to help
make later life at home more manageable. Our aim is to be the first port of call –
the first place that people turn to when they have an age-related need.

Another number to ring - **HELPLINE 03030030003**

Website: www.ageuk.org.uk/campaigns Twitter: [@ageukcampaigns](https://twitter.com/ageukcampaigns)

AGEUK LUNCH

**A new initiative starts on 17th April and then the third Wednesday of each
month at Thornleigh - £14.**

Book your place at the hotel - 01539728118.

DATES FOR YOUR DIARY

1ST APRIL - EASTER MONDAY BANK HOLIDAY

CAKE & CUPPA - Wednesday, 3rd April, 2.30-4 pm - St Paul's

CHOIR REHEARSAL with Charles - Friday, 5th April, 3 pm - St Paul's

TAIZE SERVICE - Sunday, 7th April, 6 pm - Methodist Church

ORGAN & PIANO CONCERT - Tuesday, 9th April, 11 am - St Paul's

ECOCURCH MEETING - Friday, 12th April, 2 pm - St Paul's

AGEUK LUNCH - Wednesday, 17th April, noon - Thornleigh Christian Hotel
(see p5)

ANNUAL PAROCHIAL CHURCH MEETING - Wednesday, 17th April, 7 pm
- St Paul's

FUNERAL OF JEAN COTTAM - Thursday, 18th April, 12 noon - St Paul's

CRAFTING WITH PIP - Thursday, 18th April, 12 noon - St Paul's

CHOIR REHEARSAL with Charles - Sunday, 21st April, 12.45 pm - St Paul's

MOTHER TERESA CO-WORKERS - Monday, 22nd April, 5 pm

Prayer meeting in the chapel at St Charles Church. Anyone welcome.

REHEARSAL FOR LICENSING - Tuesday, 23rd April, 7 pm - St Paul's

HOLY BAPTISM - Sunday, 28th April, 11 am - St Paul's

CHOIR REHEARSAL with Charles - Sunday, 28th April, 12.45 pm - St Paul's

TUESDAY, 30TH APRIL - 7 PM

LICENSING OF REV'D DAVID WILMOT

ST PAUL'S CHURCH, GRANGE OVER SANDS

Refreshments will be served after the service

CAKE & CUPPA - Wednesday, 1st May, 2.30-4 pm - St Paul's



OUR FUN AND FRIENDSHIP DAY AT GRANGE PRIMARY SCHOOL

Fourteen youngsters stayed on after school one Tuesday afternoon for a time of fun and friendship. The Rev'd Annette Miller introduced the theme of 'Spring-time' and led a short of act of worship involving singing and dancing. Four tables of craft had been set up, and the children enjoyed making bookmarks decorated with sheep, icing biscuits, designing cards, and growing broad beans, all of which they proudly took home with them at the end.

This is the third time that St Paul's has organised an after-school activity, and we plan to do a similar session each school term.



SERVICES AT ST PAUL'S & THE FELL CHURCH

APRIL 2024



WEDNESDAY, 3RD APRIL

10 am - St Paul's Church, Grange

Holy Communion - Rev'd George Wilson

SUNDAY, 7TH APRIL - 2ND OF EASTER

11 am - St Paul's Church, Grange

Holy Communion - Rev'd Annette Miller

WEDNESDAY, 10TH APRIL

10 am - St Paul's Church, Grange

Holy Communion - Rev'd Annette Miller

SUNDAY, 14TH APRIL - 3RD OF EASTER

9.30 am - The Fell Church, Grange

Matins - Lay-led

11 am - St Paul's Church, Grange

Holy Communion - Venerable Penny Driver

WEDNESDAY, 17TH APRIL

10 am - Service at the Methodist Church

No service at St Paul's

SUNDAY, 21ST APRIL - 4TH OF EASTER

11 am - St Paul's Church, Grange

Morning Worship - Lay-led

Brian McCann & Meg Hill (Society of Friends)

WEDNESDAY, 24TH APRIL

10 am - St Paul's Church, Grange

Lay-led - Mrs Audrey Gorman

SUNDAY 28TH APRIL - 5TH OF EASTER

9.30 am - The Fell Church, Grange

Holy Communion - Rev'd Annette Miller

11 am - St Paul's Church, Grange

Holy Baptism - Rev'd Annette Miller





NEWS FROM THE DIOCESE OF CARLISLE

The **Revd Ruth Newton** has been appointed **the next Archdeacon of Carlisle**. She will take up her post in August, with responsibility for the Deaneries of Carlisle, Brampton, Penrith and Appleby.

For Ruth it means a return to her home county, having been brought up in Carlisle, later working in the city and - following her ordination in 2002 - serving the parishes of Caldbeck, Castle Sowerby

and Sebergham. Ruth is currently serving as a Vicar near Ripon.

Read more : <https://www.carlislediocese.org.uk/news/2024/03/25/new-archdeacon-carlisle-appointed/>

In his Easter message, **the Bishop of Penrith** reflects on how God breathes new life into dust and dirt, making it glorious again.

In opening his Easter message, the Rt Rev Rob Saner-Haigh, who is also the Acting Bishop of Carlisle, references the poem *Ash Wednesday* by Jan Richardson. Bishop Rob says: 'In it she talks about how things and people, which can feel like dust and dirt, are made glorious and beautiful by what God does with them. God does amazing things with dust.' He goes on to focus on the despair that would have been felt following Jesus' crucifixion – a despair which turned to joy and hope on Jesus' resurrection.

Bishop Rob concludes: 'In a world which is hurting, anxious and weary, which can sometimes feel as dirty as dust, we can say that God breathes new life into dust, making it glorious and beautiful. Even the bleakest and darkest situations cannot overcome him. Even in his own death, God defeats death and saves us. So, we need never lose hope.

'Whoever we are - wherever we have come from - there is no entrance exam or qualifying test to God's hope and invitation. Whatever the challenges of today, God is good and can transform even the most difficult situation that we face.

'This Easter, may we know that hope of God in Jesus Christ. May we know again what God can do with dust, as today we join with the defiant and hopeful song of the church through all ages - "Christ is risen! He is risen indeed! Alleluia!"'

THE WAY - The Easter 2024 digital edition of *The Way* is available on the Diocesan website, and in the eNews—www.carlislediocese.org.uk/communications/enews/

Occasionals...Another of Colin's collection of country churches (CCCC)

ST MICHAEL AND ALL ANGELS, HAWKSHEAD

The old church in Hawkshead high up on a hill above the village is really worth a visit! If you do choose to go, then I suggest you travel on a day when the schools are closed so you can park your vehicle in the village school playground and leave them a donation in the box by the vehicular entrance. Much cheaper than “*fighting to get in*” the LDNP car park just round the corner! From the church, the village of Hawkshead is very close by and seems to surround the place.

It was built round about the end of the 15th century, although evidence suggests that older places of worship were probably sited on this very spot. Just down from the rear of the church is the former Hawkshead Grammar School, where its most famous pupil once carved his initials on a scholar's desk. It is now a museum. That pupil, William Wordsworth, was a frequent visitor to the church during his school-days in the village, and its surroundings and interior even inspired him to write some of his early poetry, including references made within his long poem, “*The Prelude*”.

Inside the building looks very historic and is most welcoming with all sorts of interesting displays and things at the back. The light chandeliers certainly add to its character whilst it is obvious that this is a very ancient and much-loved village church. Interesting it was to observe the three marvellous stained-glass windows that depict the magi visiting the newborn Christ-child after they had arrived at the stable in Bethlehem to present their gifts.

At the far end of the building is a charming small chapel dedicated to the Sandys family of nearby Graythwaite Hall, one of whom became a former Archbishop of York. Various descendants of this family still worship at the church, and with their long

history as gracious benefactors there are many references inside to additions and alterations made over the years to preserve the fabric of this much-cherished place.

There is even another little side chapel of great interest, this one dedicated to St James the Great. At different times in the church year these small places of worship are still occasionally used. The oak carvings and dressed stone work surrounding these little chapels are certainly interesting and it is well worth thinking about the lengthy periods of time that the 15th century woodworkers and stone masons must have laboured to produce such wonderful results.





Outside the graveyard is extensive and seems to be portioned into several different plots or spaces. These are all well worth visiting. What really took my fancy was the so-called cordoned off “*Church Conservation Area*”. Here faithful members of the community have allowed nature to take over with a few bulbs and plants positioned around on a slight hillside. This part of the graveyard really is wild, and

such an ecological feature does quite honestly attract wildlife, even though I spotted that a few very old gravestones are still left standing. I was led to believe that the local primary school had contributed some bird and bat boxes and sometimes the pupils join with villagers to tend this area to ensure it remains truly wild, but also managed in a manner to keep it this way. I thought this was a lovely use of a very old part of the church’s land.

The village of Hawkshead is just down the mound from where the Parish Church of St Michael and All Angels proudly stands. I believe it to be “a must” to explore this lovely community. It still retains much of its old character from the time when William Wordsworth lodged here as a school-boy in Ann Tyson’s cottage - see the last photograph. There are plenty of tea rooms and public houses, as well as a number of shops of character, to attract those who throng amongst the attractive but compact village centre. Wherever you seem to be in Hawkshead, the church always appears to be in sight and never far away. In true fitting, within the 21st century, most cars and other vehicles are no longer allowed amongst these narrow streets - perhaps not too dissimilar from those long-gone days when its most famous grammar school-boy once roamed about this place.



A perfect afternoon out is awaiting you.....? Colin M.

PS While in Hawkshead it is also worth visiting the Methodist Chapel tucked away in a corner of the square. Converted from a 15th century cottage in 1862, it was given to the non-conformists in the area by a Mrs Satterthwaite and left to the Methodist Church after her husband’s death, making it the oldest building used for Methodist worship in the world. It remains very much as it was in the early 1900s, with spectacular stained-glass and a gallery. In 1926 the chapel was passed to the Wesleyan Methodist Conference, and today it still looks much as it did then, and the American harmonium built in Boston probably in the 1880s is still played.

The chapel is open every day 9 am-5 pm for prayer and quiet meditation, and during Eastertide there is an exhibition of **‘THE THINGS HE CARRIED’** - follow Jesus to the cross - a chance to slow down for a while and think about the Easter Story. Penny

Sunday Services around the Benefice

April 2024	ALLITHWAITE ALLITHWAITE	FLOOKEBURGH FLOOKEBURGH	GRANGE-OVER- SANDS	GRANGE FELL	FINSTHWAITE FINSTHWAITE	HAVERTHWAITE HAVERTHWAITE	STAVELEY IN CARTMEL	FIELD BROUGHTON & LINDALE
Sunday 7 th April 2 nd Sunday of Easter	10.00 am Holy Communion Canon Antiel O'Sullivan	10.00 am Holy Baptism Rev'd George Wilson	11.00 am Holy Communion Rev'd Annette Miller	9.30 am Holy Communion Rev'd Annette Miller	9.30 am Communion by Extension Dianne Maguire	11.00 am Communion by Extension Dianne Maguire	11.00 am Holy Communion Fr John Hall	9.30 am Holy Communion Rev'd Annette Miller
Sunday 14 th April 3 rd Sunday of Easter	4.00 pm Service of the Word Jenny Leahy	10.00 am Holy Communion Rev'd George Wilson	11.00 am Holy Communion The Ven Penny Driver	9.30 am Matins Lay-led	9.30 am Holy Communion Rev'd Annette Miller	11.00 am David Birchall & Simon Hodgson Lay-led	11.00 am Holy Communion Rev'd Annette Miller	9.30 am Morning Worship Biddy Hibbert
Sunday 21 st April 4 th Sunday of Easter	10.00 am Service of the Word Janice & John Tindale	4.00 pm Café Style Lay-led	11.00am Morning Worship Lay-led		9.30 am Tba	11.00 am Holy Communion Archdeacon Vernon Ross	11.00 am Communion by Extension Richard Rhodes	9.30 am Holy Communion Archdeacon Vernon Ross
Sunday 28 th April 5 th Sunday of Easter	Joint service at St John's Flookburgh	10.00 am Holy Communion Joint Service with St Mary's Allithwaite Rev'd George Wilson	11.00 am Holy Baptism Rev'd Annette Miller	9.30 am Holy Communion Rev'd Annette Miller	6.00 pm Evensong The Ven Penny Driver	11.00 am David Birchall & Simon Hodgson Lay-led	11.00 am Tba	9.30 am Tba



Wednesday Clergy Rota - April 2024 - 10 am - Holy Communion

3 rd April	Holy Communion - Rev'd George Wilson
10 th April	Holy Communion - Rev'd Annette Miller
17 th April	Joint Holy Communion service at Methodist Church
24 th April	Lay-led - Mrs Audrey Gorman

HOW I CAME TO GRANGE – NO. 20

Mike and I came to live in Grange in the summer of 1987, so in July we will have been here for 37 years.

Mike was born and bred in Yorkshire and I was from Co. Durham. We met at college in Durham, where Mike was at University College and I was at Neville's Cross Teacher Training College. We married in Durham while Mike was finishing his PhD, and a year later he was offered a job as a Soil Scientist in the Nature Conservancy in Bangor, North Wales. Off we went in 1967, with a young baby, to start our life in Wales. We lived there for 20 years, our children were educated there, and, of course, learnt to speak Welsh. We had a very happy time living in Wales and made lots of friends, many of whom we still see regularly.

Now scientific research stations keep changing their names and the Nature Conservancy was eventually split into two – the Nature Conservancy Council for conservation and the Institute of Terrestrial Ecology (ITE) for scientific research, so before we came to Grange Mike was working for ITE. He absolutely loved his work, and I remember him saying to me, “I can't believe someone is paying me to do this job”! One particular project took him to the Farne Islands to study the problems of soil erosion caused by puffins making their nests in burrows.

I, of course, was a primary school teacher and the schools in Bangor taught through the medium of Welsh for half of the day, so that excluded me! However, I was perfectly happy playing tennis and squash every day.

We arrived in Grange when Mike was appointed Head of Station at Merlewood, one of the six research stations in ITE, which later became the Centre for Ecology and Hydrology. We were made very welcome by all the lovely people who worked there.

1987 seemed to be a difficult time to buy a house in Grange, so we were in a rented apartment for over a year before moving to Sunnymead. I started playing tennis and squash in Grange and one of my partners was a teacher in Ulverston. Her school needed someone to cover a maternity leave, and so I started teaching again.

Coming to Grange in 1987 was perfect timing for us, as our elder son was in his third year at university and our younger son was about to start at Birmingham.

I think Grange is a lovely place to live and I have lived here longer than I have lived anywhere else. How lucky I have been!

Dorothy Hornung

(Sadly Mike passed away in 2021, but before that he was a valued member of the PCC)

DEREK AND JOAN JACKSON ON THE MOVE

In 2010 we retired to our ready prepared home at Flookburgh, and have much enjoyed living here. After 25 years in this Diocese we had been 10 years in Bradford but were very pleased to return to South Cumbria. Derek had been Rural Dean here prior to our time away and we both quickly found ourselves exercising our priestly ministry, covering vacancies, holidays and services all over the Archdeaconry. At St Paul's we supported Andrew Norman, and very much valued his friendship. Knowing over many years retired clergy we also worked hard to build up the pastoral care of the retired in the Diocese.



After 10 years came Covid in 2020, and in 2022 we felt the time was right to give up our Permissions to Officiate and settle into being members of the congregation here at St Paul's.

Deciding to move has not been easy but the lack of public transport in the event of not being able to drive has been the prime reason for us looking to move over the last 18 months. We are returning to Kendal and our retirement apartment is just 200 yards from where Derek was Vicar at St George's for 11 years and where we lived and brought up our two sons in the 80s and 90s. We are sure to feel quickly at home. We still have friends there and we will be able to walk for everything we need.

We very much appreciate the way in which St Paul's welcomed us into the community and there will be many things we shall miss, but we will not be far away and we will always welcome visitors. We begin a new chapter in our lives and you begin a new chapter at St Paul's. Thank you for your fellowship.

With our love and prayers and every blessing,

Derek and Joan



WHAT IS LOVE?

A group of professional people posed this question to a group of 4-8 year-olds. The answers they got were broader, deeper, and more profound than anyone could have ever imagined!

'When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore... So my grandfather does it for her all the time, even when his hands got arthritis too. That's love.'

Rebecca - age 8

'When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth.' Billy - age 4

'Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other.' Karl - age 5

'Love is what makes you smile when you're tired.' Terri - age 4

'Love is when my Mummy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is OK.' Danny - age 8

'Love is what's in the room with you at Christmas if you stop opening presents and just listen.' Bobby - age 7 (*Wow!*)

'If you want to learn to love better, you should start with a friend who you hate.' Nikka - age 6 (*We need a few million more Nikka's on this planet*)

'During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn't scared anymore.' Cindy - age 8

'Love is when Mummy gives Daddy the best piece of chicken.' Elaine - age 5

'Love is when Mummy sees Daddy smelly and sweaty and still says he is handsomer than Robert Redford.' Chris - age 7

'Love is when your puppy licks your face even after you left him alone all day.' Mary Ann - age 4

'I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones.' Lauren - age 4

'When you love somebody, your eyelashes go up and down and little stars come out of you.' Karen - age 7 (*What an image!*)

'You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget.' Jessica - age 8

And the final one: The winner was a four-year-old child whose next door neighbour was an elderly gentleman who had recently lost his wife. Seeing the man cry, the little boy went into the old gentleman's yard, climbed on to his lap, and just sat there. When his mother asked what he had said to the neighbour, the little boy said, 'Nothing, I just helped him cry'.



GOOD FRIDAY

by Christine Rossetti

Am I a stone, and not a sheep,
That I can stand, O Christ, beneath Thy cross,
To number drop by drop Thy blood's slow loss,
And yet not weep?

Not so those women loved
Who with exceeding grief lamented Thee;
Not so fallen Peter, weeping bitterly;
Not so the thief was moved;

Not so the Sun and Moon
Which hid their faces in a starless sky,
A horror of great darkness at broad noon –
I, only I.

Yet give not o'er,
But seek Thy sheep, true Shepherd of the flock;
Greater than Moses, turn and look once more
And smite a rock.



EASTER WEEK

"See the land, her Easter keeping,
Rises as her Maker rose.
Seeds, so long in darkness sleeping,
Burst at last from winter snows.
Earth with heaven above rejoices;
Fields and gardens hail the spring;
Shaughs and woodlands ring with voices,
While the wild birds build and sing.
You, to whom your Maker granted
Powers to those sweet birds unknown,
Use the craft by God implanted;
Use the reason not your own.
Here, while heaven and earth rejoices,
Each his Easter tribute bring—
Work of fingers, chant of voices,
Like the birds who build and sing."

Charles Kingsley

THE BIG PLASTIC COUNT

What an eye-opening exercise this turned out to be! After submitting my results, I received my plastic footprint.

Over one week I used **47 pieces of plastic**, of which 96% was related to food and drink and 4% toiletries.

Comment: Most plastic packaging is single-use - designed to be used once and then thrown away. For a lot of people, plastic packaging from food and drink will be the highest percentage. If supermarkets reduced the amount of fruit and vegetable wrapping, it would significantly cut single-use plastic waste.

51% was hard plastics and 49% soft

Comment: Hard plastic is a lot easier to recycle than soft plastic. While hard plastic is recyclable, there are still many items that are less likely to be recycled, such as soap bottle pumps, polystyrene chips and toothpaste tubes. Just 12% of local councils in the UK collect soft plastic, like plastic bags, and wrappers. We can recycle ours in the Co-op in the special bin provided by the window to the right of the entrance.

The prediction of what will happen to my waste was also given.

19% will be recycled - sorted and reprocessed in the UK and then turned into new materials. Since The Big Plastic Count in 2022, the UK is reported to be recycling more domestically.

16% will be exported The UK sends tonnes of rubbish to other countries every day, with Turkey the main destination. Since Count 2022, the UK is reported to be exporting less. However, lots of UK waste is still being found abroad, so this figure is likely to be an underestimate.

10% will be land-filled When plastic is buried in the ground at a landfill site, it releases harmful gases into the atmosphere, while wind and rain carry microplastics into surrounding areas. The UK is now sending less to landfill than in 2022, as landfill sites are running out of space.

55% will be incinerated Burning or incinerating plastic releases carbon, toxins and pollutants into the air, presenting numerous health risks for local communities and contributing to climate change. More plastic waste is being burnt than ever, as a means to manage the sheer amount of plastic in our system.

My 47 pieces is equivalent to 2,444 pieces over a year and, if all households were the same as mine (and there is only me in my household!), the UK would use 68,676,400,000 bits of plastic every year. Just imagine the volume of plastic being created globally, over years and years. That's why we need the governments across the world to agree to a Global Plastic Treaty which cuts plastic production. This would mean less plastic litter in our parks and green spaces, fewer incinerators polluting our air, and less of our waste being dumped abroad.

The exercise certainly opened my eyes as to just how much plastic I use.

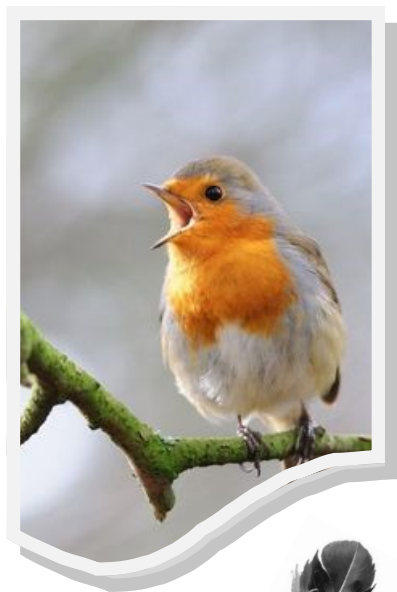
How did you fare?

A handbook is downloadable from the web site with tips on how to refill, reuse, reduce. There is also a draft letter, which I copied and sent to Tim Farron MP. The following is an extract from his reply.

“Dear Penny

Thank you very much for your recent email with regard to the lack of progress towards minimising the immense harm to our society and environment from the over-use and ineffective recycling of plastic. I am in full agreement with you on these sentiments. This is a critical issue which demands concerted action which in turn requires stronger action right across Government Departments.

Finally I am pleased to confirm that I have written to the Secretary of State to urge him to commit the Government to a clear strategy to cut the amount of plastic being produced in the first place, to eliminate single-use plastic, and to maximise this objective in the Global Treaty negotiations.”



The Spring fair originally pencilled in the church calendar for Saturday, 20th April, has been cancelled. A summer event is now being considered.
To be confirmed ...

Hope is the thing with feathers by Emily Dickinson

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all.

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I've heard it in the chilliest land.
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

Churches Together Youth Trust

Extracts from the Spring Newsletter

Please give thanks for:

- the year 7 & 8 Chill Out Club at Cartmel Priory School, especially for the young people that come every week to eat their lunch and play games
- Soul Fuel at the Methodist Church; for pizza, fun and discussion on building our lives on a firm foundation of Jesus
- the welcome that Andrea has received from all the primary schools in the area.
- the unity in sharing the love of Jesus with young people across the peninsula

And pray for:

- Soul Fuel Explorers due to start at St Mary's Church, Allithwaite, after Easter
- the plans for the spring/summer term, including transition which usually takes place in June/July
- God's wisdom for Andrea as she prepares each Collective Worship

JAM Clubs

Since the last newsletter Andrea has been running '**Jesus And Me Clubs**' in several primary schools. These are short-term clubs that run for half a term aimed at years 5 & 6 and encouraging young people to discover more about Jesus and make crafts.

The first club was at Cartmel Primary School when 6 young people came. The second club ran in Flookburgh and finished in the middle of February, and the third was held in Grange.

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Chris Mason, Network Youth Church Leader 07770099260
chris.mason@carlisle-diocese.org.uk

Support Our Work For The Price of A Coffee

It is great to see the work beginning to flourish under the leadership of Andrea Mason with support and partnership from Network Youth Church.

The Churches Together Youth Trust survives on the generosity of local churches and we thank you for your support over the years!

We are also reliant on the generosity of individuals. We thank those who give regularly and those who have given a one off donation!

If one hundred people set up a weekly standing order for the price of a coffee, currently £3.50 in a popular Lake District café chain, it would mean that the Youth Trust would be on a more financially secure footing for the longer term.

If you would like to give any amount please email Charles, our treasurer.

priorsyeat@hotmail.com

WHAT IS BRITISH SUMMER TIME (BST)



British Summer Time is a mechanism to make the most of increased summer daylight hours in the northern hemisphere. The idea of summer time or daylight saving time (DST) was first mentioned in 1784 by Benjamin Franklin, the American inventor, scientist

and statesman. However, it wasn't until 1907 that a serious proposal for daylight saving time was made in Britain by a builder, William Willett. Angry at the waste of daylight during summer mornings, he self-published a pamphlet called *"The Waste of Daylight"*.

In 1916, a year after Willett's death, Germany became the first country to adopt daylight saving time. The UK did the same a few weeks later, along with many other nations involved in the First World War (1914-18). Within a few years of its introduction, many countries across the world adopted Daylight Saving Time. However, the benefits of it have been an ongoing debate since it was first introduced.

The Second World War and 'British Double Summer Time'

During the Second World War (1939-45), British Double Summer Time - two hours in advance of Greenwich Mean Time (GMT) - was temporarily introduced for the period when ordinary daylight saving would be in force. During the winter, clocks were kept one hour in advance of GMT to increase productivity.

Has British Summer Time ever been changed since?

With the war over, Britain returned to British Summer Time except for an experiment between 1968 and 1971 when the clocks went forward but were not put back. The experiment was discontinued as it was found impossible to assess the advantages and disadvantages of British Summer Time.

Should we change British Summer Time?

Campaigners have sought a return to British Double Summer Time or a permanent British Summer Time to save energy and increase the time available in the evenings. An attempt was made by backbench MPs to change BST but the Daylight Saving Bill 2010-12 was not passed by the House of Commons. Opponents pointed out that in the north it would create social disadvantages: for instance, in the far north-west of Scotland sunrise would occur at about 10 am in winter, and over much of the north children would have to travel to and from school in darkness.

Many scientists, academics and campaigners have called for daylight saving time to be retained year round, citing improvements to mental and physical health, public safety and wellbeing. The Royal Society for the Prevention of Accidents argues that daylight saving time reduces the risk of road accidents, due to lighter nights, and has called on the UK government to adopt BST on a permanent basis.

Elsewhere, Professor Aoife Foley from Queen's University Belfast calculated that household consumers could save more than £400 per year from their electricity bill, depending on their tariff, if the government continued with daylight saving time. Professor Foley estimates that we could save £1.20 a day and dramatically reduce demand on the National Grid. "By simply foregoing the winter DST in October, we save energy because it is brighter in the evening during winter, so we reduce commercial and residential electrical demand as people leave work earlier, and go home earlier, meaning less lighting and heating is needed," she told *The Independent*.

British Summer Time and the European Union

The British Summer Time Act was created in 1972 which started the tradition of changing the clocks in late March (subject to the date of Easter) and late October. Twenty years later, the changing of the clocks in Britain was aligned with other European countries and, from 2002 onwards, the EU stipulated that all member states should adjust their clocks on the last Sunday in March and October. Iceland is exempt from this directive, due to its northerly latitude and extreme variations in daylight and darkness throughout the year.

In March 2019 the European Parliament backed a proposal to end the practice of changing the clocks in EU states. Initially the plan was for EU nations to change their clocks for the last time in 2021, but the legislation has stalled in recent years. For the time being, EU nations continue to implement seasonal time changes.

Daylight saving time around the world

Currently, about 70 countries worldwide adopt some form of daylight saving, mainly in Europe and North America. For countries in the equatorial regions, there is little variation in the length of daylight across the year, with roughly 10-12 hours of daylight and 10-12 hours of darkness each day, so daylight saving offers no benefit.

Interesting facts about the clocks changing

Curator of the Royal Observatory, Louise Devoy, shares her favourite facts about the day the clocks change...

"When the clocks first changed in 1916, there were concerns that delicate striking clocks could be damaged by people trying to force the hands back an hour. Official warnings and guidelines were printed in newspapers and magazines to reduce the number of clock 'casualties'.

"For others, changing the clocks was a well-established practice. My favourite example is King Edward VII who enjoyed hunting at his country estate in Sandringham, Norfolk. He wanted to make the most of the daylight and so, in 1901, he stipulated that all clocks on the estate should run 30 minutes fast, thus creating his own 'Sandringham Time'. It must have been very confusing for guests!"

CONCERTS

The first of four concerts to open the twelfth season of mid-week concerts at St Paul's Church, Grange-over-Sands, will take place on Tuesday, 9 April, at 11 am.

This year the concerts will be on Tuesdays and not Thursdays as was the case in previous years.



Charles Edmondson will be performing at this concert of music for the piano entitled ***“An Anthology of Dance Pieces”***. The programme comprises dances written for (or in some cases, arranged for) piano, ranging from dances from the early 17th Century to modern-day. The dances originate from different countries in the northern hemisphere. These include works by well-known composers such as Handel, Chopin, Fauré, Mancini and Bernstein.

This concert promises to contain something for everyone and will include many familiar tunes along with less well-known ones.

Why not bring along a friend with you? Tea, coffee and biscuits will be available from 10.30 onwards.

Admission is free and donations are welcome (*See opposite*)

Services in our Care Homes

Cartmel Peninsula Churches Together lead ecumenical worship each month:

- the **Old Vicarage, Allithwaite**, at 2:30 p.m. on the last Sunday of each month
- **Cartmel Grange** at 2:30 p.m. on the last Tuesday of each month

We are invited to join in and help chat to the residents.

Some hymns are sung with prayers, etc, which take around 25 minutes.

Contact Revd David Edmondson (edmola11@yahoo.co.uk or 015395 36213) or just show up at the front door of the Care Home at 2:15 pm!

COME AND JOIN US!

A message for all those crafty – or who would like to be crafty – people out there.



We will be restarting these monthly 2-hour sessions in St Paul's on Thursday, 18th April, 2-4 pm. No experience necessary, just lots of enthusiasm. If you have scissors, pencil, ruler and a glue stick that often helps too, but not essential.

Please pop along if you are interested and have a look.

A cuppa and the chance to have a natter will be waiting.

Pip

The Parish Church of St Paul
Grange-over-Sands
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Tuesday, 9th April 2024



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St Paul's Easter Garden

I hope you have had a look
at our beautiful Easter
garden.

Many thanks to Helen, Pat
and Chris who have
planted it and will tend it
through the Easter period.

Gardening God's Way

Plant three rows of peas:
Peace of mind
Peace of heart
Peace of soul

Plant four rows of squash:
Squash gossip
Squash indifference
Squash grumbling
Squash selfishness

Plant four rows of lettuce:
Lettuce be faithful
Lettuce be kind
Lettuce be obedient
Lettuce really love one another

No garden without turnips:
Turnip for meetings
Turnip for service
Turnip to help one another

Water freely with patience and
Cultivate with love.
There is much fruit in your garden
Because you reap what you sow

To conclude our garden
We must have thyme
Thyme for God
Thyme for study
Thyme for prayer



Stillness & Song

Sundays in 2024:

4th Feb, 7th Apr, 2nd Jun,

6th Oct, 24th Nov

6-7pm

at Grange Methodist Church

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Music led by local musicians



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GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

	2017	2018	2019	2020	2021	2022	2023	2024
January	98	142	73	107	186	58	174	229
February	91	69	99	263	139	171	42	161
March	162	60	182	75	134	48	173	65*
April	15	98	39	12	12	40	84	
May	75	37	52	26	101	68	34	
June	135	19	91	99	30	79	87	
July	126	33	134	169	70	80	226	
August	86	108	180	188	63	78	143	
September	177	133	177	66	62	112	189	
October	172	131	160	165	304	158	144	
November	189	62	85	114	71	177	227	
December	109	160	155	126	153	162	259	
Annual								
Totals	1,435	1,052	1,433	1,408	1,325	1,231	1,782	455*

* = incomplete total till next month; bold = highest rainfall of that year

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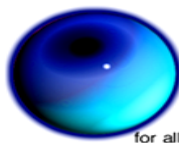
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Don't forget to use easyfundraising when booking holidays, buying white goods, TVs, etc – it all raises money for St Paul's, at no cost to yourself other than what you are going to spend on your items.

The link - <https://www.easyfundraising.org.uk/donation-reminder/>

Our donation page is St Paul's Church - Grange over Sands

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