

THE PARISH CHURCH OF  
SAINT PAUL  
GRANGE-OVER-SANDS



May 2023

£1



**Normal services at The Parish Church of Saint Paul**

**Sundays - 11.00 am - Parish Service**

**Wednesdays - 10.00 am - Holy Communion**

**and at The Fell Church, Grange-over-Sands**

**9.30 am Second Sunday - Matins (BCP)**

**9.30 am - Fourth Sunday - Holy Communion (BCP)**



**Fifth Sunday of the Month**

**United Service within the Benefice**

**ST PAUL'S MISSION STATEMENT**

Our mission is to **build confidence in Jesus Christ**  
in the **heart of the community** through **prayer,**  
**worship and learning, in joy and practical service**  
to the wider world.

**Team Rector** ([ivicar@btinternet.com](mailto:ivicar@btinternet.com))

Rev'd Canon Jonathan Brewster

**Tel No**

**07977127244**

**Team Vicars**

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU

**36261**

Rev'd Jane Maycock - The Rectory, Longlands Rd, Bowness, LA23 3AS

**015394 43063**

**Assistant Vicar** ([miller3637@btinternet.com](mailto:miller3637@btinternet.com))

Rev'd Annette Miller - Airton, Eden Park Road, GOS, LA11 6BW

**015395 33840**

**Licensed Lay Readers in the Cartmel Peninsula Team Ministry**

Steve Bell, Becksides Barn, Becksides, Cartmel, LA11 7SW

**015395 36789**

Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF

**015395 35979**

Dianne Maguire, Cardrona Road, GOS

**07951423789**

**Visit our website [www.grangepcc.co.uk](http://www.grangepcc.co.uk)  
[www.facebook.com/StPaulsGoS](https://www.facebook.com/StPaulsGoS)**

## FROM THE VICARAGE

On the fourth Sunday of this month the Church celebrates Pentecost, the coming of God's Spirit upon the early church. But the Spirit can seem the most obscure member of the Trinity.

God the Father, we know,  
*Almighty, creator of heaven and earth.*  
God the Son, similarly has history,  
*born of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, dead and buried...*  
The Spirit, however, can sound like the poor relation of the Trinity,  
*I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints...*



In my previous parish we installed new floodlights to illuminate the church and its surroundings. The result was stunning. When floodlighting is well done, the floodlights are so placed that you do not see them at all; you are not in fact supposed to see where the light is coming from; what you are meant to see is the building on which the floodlights are trained. This illustrates the Holy Spirit's role. He/she is, so to speak, the hidden floodlight shining on the Saviour to show us more of God. Like the floodlights you cannot see the Spirit but you can see where s(he) has been and who or what has been illuminated.

On the day of Pentecost, the disciples had been floodlit by the Holy Spirit, the Spirit of Jesus. This enabled them to experience God's presence in their lives and gave them greater clarity and confidence to communicate their faith. Speaking about our faith boldly is one of the four streams of our Diocesan strategy, but it is the Spirit that enables us to have the right kind of confidence as we live out our faith in words and action today.

Across our Peninsular churches, there is much diversity to be celebrated. God likes diversity! The Day of Pentecost is the day in which we celebrate the fact that God gives us variety and colour in abundance, gives us the church in all its different forms, and gives us the gifts, imagination, and languages to communicate God's love in action. The point about life in the Spirit is that it is rich and abundant, and we should learn to enjoy that.

There was also a very important message about unity amidst diversity on the Day of Pentecost. It was a diverse crowd of people that had gathered from different countries speaking different languages. The disciples were given the gift of being able to communicate across these divides and to bring people together. Pentecost urges Christians to work towards reconciliation and mutual understanding. In the Spirit we can forgive, explain, argue, and be reconciled, we can co-operate, sympathise, and love.

May the hidden floodlight of God's Spirit give us renewed energy as we follow daily, care deeply, speak boldly and tread gently.

Jonathan

## FROM THE DIOCESE

### VACANCY IN SEE

Thank you to all those of you who have taken part in our local consultations, both in person and online. These responses have been noted and collated and will inform the Statement of Needs which is being prepared.

Our local Vacancy in See committee has its final meeting in mid-May. At this, we must agree the final draft of our Statement of Needs and also elect six members of the committee to be part of the national Crown Nominations Commission which makes the actual nomination of a new Bishop of Carlisle. I will write again following this final meeting of the committee to let you know who has been elected and how you can continue to be involved.

Alongside our local work, a further consultation, run by the Archbishops' and Prime Minister's Appointments Secretaries, is taking place. They are meeting with several representatives from the diocese and county over the next few weeks, and there is a **public Zoom meeting** with them on **Thursday 11<sup>th</sup> May at 7.30pm**. This national consultation results in a separate document, prepared by the Appointments Secretaries, which goes alongside our own Statement of Needs to inform the selection process.

Therefore, even if you have already taken part in our local consultation, it is important to take part in this national consultation meeting and please encourage others to join too. Questions to be considered at the national consultation include:

- What fills you with joy and hope?
- What would you like to see change?
- What are the gifts, qualities, skills and experience you would like the person to bring?

To book your place, please register your details via the following link (the Zoom link will then be emailed to you on the day of the meeting):

<https://www.trybooking.co.uk/CIRW>

You can also keep up to date with any other developments and information on the diocesan website at <https://www.carlisediocese.org.uk/vacancy-in-see/>.

Thank you again to all those of you who have already taken part in some way.

Please continue to pray for God's discernment for all those involved in the appointment.

With every blessing,

Bishop Rob

## VACANCY IN SEE PRAYER

Everlasting God,

You have welcomed each one of us in Jesus and called us to be your people in this place.

Send us your Holy Spirit, and fill us with vision, energy, and faithfulness in prayer, that we may be true to our calling to follow daily, care deeply, speak boldly and tread gently.

Guide us as we seek to discern whom you are calling to be our new Bishop, that they may be a wise and gentle shepherd of your people, ready to serve us with joy, build us up in faith and be a herald of your son, Our Saviour Jesus Christ.

**Amen**

**The Rt Revd Rob Saner-Haigh, Bishop of Penrith has asked us to spread the word about this**

**From 4 May 2023, voters will need to show photo ID at polling stations.**

The UK Government has introduced a legal requirement for voters to present photo ID at a polling station in some elections. This will first apply in the local elections taking place in England on 4 May 2023, and in any election after this. Many people will not be aware of these changes and people may find themselves unable to vote, particularly those who do not already have acceptable forms of photo ID such as a passport or driving licence. Photo ID is available for those without it, but people need to apply for it and some may find it difficult to either complete the application form or provide a suitable photo.

We are asking all churches to share this information widely through church notices, magazines, social media and through other local community groups, and perhaps to provide help for people to apply for the 'Voter Authority Certificate', which is needed if you do not have an existing photo ID.

We want to do all we can to ensure that all those who want to vote can do so. Information, and posters, can be found via the Electoral Commission: <https://www.electoralcommission.org.uk/i-am-a/voter/voter-id?gclid=aw.ds> or on the Government web site.

### **Plans for a new full-time Vicar for Allithwaite and Flookburgh**

Bishop James and Bishop Rob have expressed a desire to come to the parishes of Flookburgh and Allithwaite as they begin to consider a way forward and look towards the appointment of a new full-time vicar for the two parishes. This meeting will take place on **Wednesday 24<sup>th</sup> May at 7 pm.**

Please pray for the people of these two parishes on this next step in their journey after an unsettling few years.

## FROM THE REGISTERS MAY 2023

### BAPTISM ANNIVERSARIES

|                         |                 |
|-------------------------|-----------------|
| Remi Davidson           | 24th April 2022 |
| Charlie Matthew Pateman | 24th April 2022 |

### YEAR'S MIND

|                         |                 |
|-------------------------|-----------------|
| Martin Blamire Stilling | 24th April 2018 |
| Dennis Arthur Marsden   | 19th May 2019   |
| Pauline Meriel Leigh    | 31st May 2019   |
| Victoria Marie Nock     | 1st May 2020    |
| Freda Burton            | 8th May 2020    |
| Margaret Jane Graveston | 25th May 2022   |

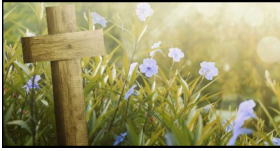


***“In sure and certain hope  
of the resurrection to  
eternal life through our  
Lord Jesus Christ”***

## DATES FOR YOUR DIARY IN MAY 2023

|                        |  |
|------------------------|--|
| <b>Monday, 1st</b>     | <b>Bank Holiday</b>  |
| <b>Wednesday, 3rd</b>  | <b>2.30 pm - Cuppa and Cake</b> , A Coronation Celebration                           |
| <b>Friday, 5th</b>     | <b>6-8 pm - Repair Café</b> , Methodist Church Hall                                  |
| <b>Saturday, 6th</b>   | <b>Coronation Day</b>  |
| <b>Sunday, 7th</b>     | <b>Cmmemorative Service for the Coronation</b>                                       |
| <b>Monday, 8th</b>     | <b>Bank Holiday</b>  |
|                        | <b>2.30 pm - Royal Cream Tea</b> - Vicarage garden ( <i>see page 11</i> )            |
| <b>Tuesday, 9th</b>    | <b>2 pm - Worship Committee</b> , St Paul's  |
| <b>Wednesday, 10th</b> | <b>12 noon</b> - Haverthwaite Lunch Club   |
|                        | <b>7 pm</b> - PCC meeting, preceded by a Communion Service                           |
| <b>Saturday, 13th</b>  | <b>10.30 am-4 pm - Open Garden</b> , Hollin Head Wood, Newby Bridge                  |
| <b>Sunday, 14th</b>    | <b>12.30-4 pm - Open Garden</b> , as above ( <i>see page 16</i> )                    |
|                        | <b>3 pm - Rossall Musicians</b> at St Paul's Church, Grange ( <i>see page 13</i> )   |
|                        | <b>6 pm - Evensong with Rossall Chapel Choir</b> at St Paul's                        |
| <b>Tuesday, 16th</b>   | <b>7 pm - CTiG AGM</b> at Methodist Church   |
| <b>Thursday, 18th</b>  | <b>2-4 pm - Craft afternoon</b> in St Paul's ( <i>see page 13</i> )                  |
|                        | <b>7 pm - Ascension Day Communion Service</b> at St Peter's, Finsthwaite             |
| <b>Friday, 19th</b>    | <b>7 pm - Youth Concert</b> , Methodist Church for Christian Aid                     |
| <b>Sunday, 21st</b>    | <b>1-3 pm - Foodbank</b> , St Charles' Father Magner Room                            |
| <b>Tuesday, 23rd</b>   | <b>CTiG - Holy Communion</b> - Cartmel Grange Nursing Home, 2.30 pm                  |
| <b>Sunday, 28th</b>    | <b>CTiG - Pentecost Celebration</b> on St Charles' field 1 pm ( <i>see page 15</i> ) |
| <b>Monday, 29th</b>    | <b>Bank Holiday</b> Schools break up for one week's half-term holiday                |

**SERVICES AT ST PAUL'S & FELL CHURCH  
FOR MAY 2023**



**WEDNESDAY 3RD MAY**

**10 am - St Paul's Church, Grange**  
Holy Communion – Rev'd Nick Hallam

**SUNDAY 7TH MAY - FIFTH SUNDAY OF EASTER**

**11 am - St Paul's Church, Grange**  
**Special Ecumenical Coronation Service**  
Rev'd Jonathan Brewster

**WEDNESDAY 10TH MAY**

**10 am - St Paul's Church, Grange**  
Holy Communion – Rev'd Annette Miller

**SUNDAY 14TH MAY - SIXTH SUNDAY OF EASTER**

**9.30 am – The Fell Church, Grange**  
Morning Worship - Lay-led  
**11 am – St Paul's Church, Grange**  
Holy Communion - The Venerable Penny Driver  
**6 pm - Evensong with Rossall Chapel Choir at St Paul's Church, Grange**  
Rev'd Jonathan Brewster

**WEDNESDAY 17TH MAY - ROGATION**

**10 am – St Paul's Church, Grange, with the Methodists**  
Holy Communion - Revd Jonathan Brewster



**THURSDAY - 18TH MAY - ASCENSION DAY**

**7 pm - United Benefice Service at St Peter's, Finsthwaite**  
Rev'd Jonathan Brewster

**SUNDAY 21ST MAY - SEVENTH SUNDAY OF EASTER**

**11 am – St Paul's Church, Grange**  
Morning Worship - Lay-led

**WEDNESDAY 24TH MAY**

**10 am - St Paul's Church, Grange**  
Holy Communion - The Venerable Penny Driver

**SUNDAY 28TH MAY - PENTECOST**

**9.30 am – The Fell Church, Grange - Holy Communion – Rev'd Jonathan Brewster**  
**11 am – St Paul's Church, Grange – Holy Baptism - Rev'd Jonathan Brewster**



**WEDNESDAY 31ST MAY**

**10 am - St Paul's Church, Grange**  
Holy Communion - Rev'd George Wilson

## *Sunday Services around the Benefice 2*

| May 2023  | ALLITHWAITE  | FLOOKBURGH   | GRANGE  | GRANGE FELL   | FINSTHWAITE   | HAVERTHWAITE  | STAVELEY IN CARTMEL  | FIELD BROUGHTON & LINDALE                            |
|---|--|--|---|---|---|---|--|--|
| Sunday 7 <sup>th</sup> May<br>5 <sup>th</sup> Sunday after Easter<br>Coronation | 10:00 am<br>Holy Communion<br>Canon Aniel Osmaston                                   | 10:00 am<br>Holy Communion<br>Rev'd Jane Maycock   | 11:00 am<br>Holy Communion<br>Rev'd Jonathan Brewster   | 11:00 am<br>Holy Communion<br>Rev'd Annette Miller      | 9:30 am<br>Holy Communion<br>Rev'd Annette Miller                       | 11:00 am<br>Holy Communion<br>?                       | 11:00 am<br>Holy Communion<br>Rev'd Annette Miller                   | 9:30 am<br>Holy Communion<br>Rev'd Jonathan Brewster |
| Sunday 14 <sup>th</sup> May<br>6 <sup>th</sup> Sunday after Easter              | 4:00 pm<br>Service of the Word<br>Jenny Lealy  | 10:00 am<br>Holy Communion<br>?                    | 11:00 am<br>Holy Communion<br>The Venerable Penny Driver<br><b>6 pm Evensong</b><br>Russell Choir<br>Rev'd J Brewster | 9:30 am<br>Holy Communion<br>The Venerable Penny Driver | 9:30 am<br>Holy Communion<br>Rev'd Jonathan Brewster                    | 11:00 am<br>Holy Communion<br>Rev'd Annette Miller    | 6 pm<br>Evensong at St Paul's<br>Grange<br>Russell Choir             | 9:30 am<br>Holy Communion<br>Rev'd Annette Miller    |
| Thursday 18 <sup>th</sup> May<br>Ascension Day<br>Communion                     |  |  |   |   | 7:00 pm<br>United Benefice<br>Holy Communion<br>Rev'd Jonathan Brewster |   |  |  |
| Sunday 21 <sup>st</sup> May<br>7 <sup>th</sup> Sunday after Easter              | 10:00 am<br>Service of the Word<br>Steve Bell<br>APCM                                | 4 pm<br>Café Style Service<br>All Welcome          | 11:00am<br>Morning Worship<br>Lay-led   |   | 9:30 am<br>Morning Worship<br>Lay-led                                   | 11:00 am<br>Holy Communion<br>Rev'd Jonathan Brewster | 11:00 am<br>Morning Worship<br>Lay-led                               | 9:30 am<br>Holy Communion<br>Rev'd J Brewster        |
| Sunday 28 <sup>th</sup> May<br>Pentecost  | Joint Holy Communion with St John's Flookburgh<br>At St Mary's<br>Rev'd Jane Maycock | 10:00 am<br>Joint Service at St Mary's Allithwaite | 11:00 am<br>Holy Baptism<br>Rev'd Jonathan Brewster   | 9:30 am<br>Holy Communion<br>Rev'd Jonathan Brewster    |   |   | 11:00 am<br>United Service<br>Holy Communion<br>Rev'd Annette Miller | 9:30 am<br>Holy Communion<br>Rev'd Annette Miller    |

|  |  |
|--|--|
| <b>Wednesday Clergy Rota - May 2023 - 10 am - Holy Communion</b> |  |
| 3 <sup>rd</sup> May  | Holy Communion - Rev'd Nick Hallam   |
| 10 <sup>th</sup> May   | Holy Communion - Rev'd Annette Miller  |
| 17 <sup>th</sup> May   | Joint service Holy Communion with Methodists<br>at St Paul's Church, Grange<br>Rev'd Jonathan Brewster |
| 24 <sup>th</sup> May   | Holy Communion - The Venerable Penny Driver  |
| 31 <sup>st</sup> May   | Holy Communion - Rev'd George Wilson   |



FOR THOSE OF US WHO HAVE NOT RECEIVED AN INVITATION  
You may like to see a copy and the inspiration behind its design



Buckingham Palace is pleased to share the invitation for the Coronation, which will be issued in due course to over 2,000 guests who will form the congregation in Westminster Abbey. It is also announced that eight Pages of Honour have been chosen to attend Their Majesties during the Coronation Service.

The invitation has been designed by Andrew Jamieson, a heraldic artist and manuscript illuminator whose work is inspired by the chivalric themes of Arthurian legend. Mr Jamieson is a Brother of the Art Workers' Guild, of which The King is an Honorary Member.

The original artwork for the invitation was hand-painted in watercolour and gouache, and the design will be reproduced and printed on recycled card, with gold foil detailing. Central to the design is the motif of the Green Man, an ancient figure from British folklore, symbolic of spring and rebirth, to celebrate the new reign. The shape of the Green Man, crowned in natural foliage, is formed of leaves of oak, ivy and hawthorn, and the emblematic flowers of the United Kingdom.



The British wildflower meadow bordering the invitation features lily of the valley, cornflowers, wild strawberries, dog roses, bluebells, and a sprig of rosemary for remembrance, together with wildlife including a bee, a butterfly, a ladybird, a wren and a robin. Flowers appear in groupings of three, signifying The King becoming the third monarch of his name.

A lion, a unicorn and a boar – taken from the coats of arms of the Monarch and Her Majesty's father, Major Bruce Shand – can be seen amongst the flowers. Her Majesty's arms are now enclosed by the Garter, following her installation as a Royal Lady of the Order of the Garter last summer.






### A Prayer for the King


Almighty God, the fountain of all goodness, bless our Sovereign Lord, King Charles, and all who are in authority under him; that they may order all things in wisdom and equity, righteousness and peace, to the honour of your name, and the good of your people; through Jesus Christ our Lord.  
Amen

### A Prayer for the Royal Family

Almighty God, the fountain of all goodness, bless, we pray, Camilla the Queen Consort, William Prince of Wales, the Princess of Wales, and all the Royal Family. Endue them with your Holy Spirit; enrich them with your heavenly grace; prosper them with all happiness; and bring them to your everlasting kingdom; through  
Amen



The Parish Church of St Paul, Grange-over-Sands,  
invites you to  
A SPECIAL COMMEMORATIVE SERVICE  
WITH  
HOLY COMMUNION  
to mark the  
**CORONATION**  
of  
**KING CHARLES III**  
Sunday, 7th May, 11 am  
St Paul's Church




JOIN US FOR THE CORONATION CELEBRATION



Monday 8<sup>th</sup> May  
2.30 pm – 4.30 pm

Join us for a Royal Cream Tea  
To Celebrate the Coronation of  
King Charles III  
**All Welcome**  
At The Vicarage Garden  
St Anne's Church  
Haverthwaite  
LA12 8AJ




Contact: sarahbrew@btinternet.com

Paul Rand from the Methodist Church is recording the service on YouTube, and it can be accessed via the following link: <https://youtube.com/live/la-UexqOiXg>  
Alternatively, people can find it by going to YouTube channel: [www.youtube.com/@grangemethodists](http://www.youtube.com/@grangemethodists)

After the service the recording will be posted on the Grange Methodist facebook page and on the 'What's On in Grange' and 'Community Hub at the Vic' facebook groups. We will also be sharing the link on our weekly email update.

## SPRING FAIR

Our fund-raising event on Saturday April 22nd for the defibrillator was well supported by the local community and parishioners, raising over £982 - a wonderful result.

A massive 'Thank you' to all the stall holders - the bric-a-brac, the cakes, scarves and jewellery, books, tombola, raffle, not forgetting Sue's Cafe where we sold over 70 bacon butties to hungry customers. We must also thank everybody else involved who set up the room, counted all the cash, donated goods, gave prizes for the raffle, and all the other things that just made the fair happen!

Although there was no plant stall, Alan Wilson is planning to sell plants outside church at some point over the next few months to raise £ for church funds - watch this space.

Our next fair will probably be in late November so please remember us when you are making jams, chutneys, etc, over the summer and when you're having a sort out for the bric-a-brac, the raffle and the tombola, as it all makes a difference.

Thank you again all for your support.

Judith



### Phyllis Ward's Recipe for Bara Brith (Welsh Bread)

1lb mixed dried fruit  
6 oz soft brown sugar  
8 fluid oz tea cooled  
Soak the above overnight

Next day

Add 1 beaten egg

8 oz SR flour

Mix all together well.

Put mixture into a large or 2 small loaf tins, and bake for 1 hour or 50 mins at 150°C.

The Parish Church of St Paul, Grange-over-Sands,  
are delighted to welcome

## The Rossall Musicians

and their Director of Music, Adam Dobson

for a

# CONCERT

## Sunday, 14th May

3 pm

with

## Choral Evensong

6 pm

by the Rossall Chapel Choir



### Rossall

INSPIRING EXCELLENCE

An Independent School  
on the Fylde Coast  
founded in 1844



*Admission free with a retiring collection*

### A VISIT BY ROSSALL SCHOOL

The Benefice is privileged to receive a visit by the scholars from Rossall School on Sunday, 14th May. They will be introduced by Richard Rhodes, a former head teacher at the school and Church-warden of St Mary's, Staveley. Their musicians will be performing in concert for us from 3 pm under their Director of Music.

At 6 pm, the Revd Jonathan Brewster will be presiding at Choral Evensong, sung by the Rossall Chapel Choir.

For all those of us who love the ancient service of Evensong, this will be a real treat.

*Another opportunity to listen to Evensong is on Radio 3  
each week at 3 pm on Sundays and 4 pm on Wednesdays.*

## ANNUAL PAROCHIAL CHURCH MEETING 2023

Our Church Annual Meeting took place on Wednesday, 19<sup>th</sup> April, in St Paul's, to elect our Churchwarden for 12 months. We also elected two Deanery Synod representatives and five Parochial Church Council (PCC) members for a term of 3 years, as follows:

Churchwarden: Brian McCann  
Deanery Synod: Brian McCann, Mike Hill  
PCC: Colin Milner  
Brian McCann  
Pauline Ramsbottom  
Doug Ratcliffe  
Judith Mitchell

Our Sides-persons for the next year will be: Kath Bush, Chris Brown, Pat Brown, Eileen Burke, Carol Calvey, Sue Fleetwood, Audrey Gorman, Mike Hill, Bill Jackson, Susan Jones-Darlington, Judith Mitchell, Margaret Ratcliffe, Tony Simpson, Penny Ward, Fiona Whalley and Alan Wheatley.

At this year's meeting, there were only 16 people present – there are 110 on our Electoral Roll! It would be lovely to see more people at our annual meetings; please do try to attend if you can. Copies of the Annual Report and Accounts, which give a lot of information about what has happened in our Church throughout 2022, can be sent to you electronically, or you can have a printed copy if you would prefer.

Many thanks to all those who give so much of their time to ensure that our Church looks clean and tidy, is welcoming, and runs smoothly week by week.

*Rosemary Hoyle*  
*Secretary to St Paul's Parochial Church Council (for the last 30 years!)*

## OUTLOOK IS SUNNY FOR BEES ...



The sunflower could save bumblebees from extinction, say scientists. Its pollen provides a natural medicine that protects the pollinators from disease. The spiny texture kills a gut bug called *Critibidia bombi* which is decimating bee numbers.

The common pathogen increases bee mortality under stressful conditions—reducing queens' success at establishing colonies by 40%. It can also reduce their mass, male production, and fitness.

St Paul's has presented a packet of sunflower seeds to each pupil at Grange Primary School as a gift to mark the Coronation.

## News from Churches Together in Grange & District from the President, the Revd David Edmondson

Many thanks to those who responded to my previous message about short services on Tuesday afternoons for the residents of Cartmel Grange. The first two will take place on May 23<sup>rd</sup> and June 27<sup>th</sup>, at 2:30 pm. There is a meeting at Grange Methodist Church at 2:30 pm on Tuesday May 9<sup>th</sup> to discuss the details of what we will do. Please come if you are interested; if you can't make it, please get in touch with me ([edmolal1@yahoo.co.uk](mailto:edmolal1@yahoo.co.uk), or phone 36213) to let me know of your interest.

I can also confirm that we will be celebrating Pentecost on St Charles' field, Kents Bank Rd, Grange, on the afternoon of Sunday May 28<sup>th</sup>. If it is wet, we will be in the Methodist Church across the road. We invite people to bring a picnic for 1 pm o'clock, to be followed by informal games (for those who like running around), plus (for those who don't) music from Ulverston Town Band – not a formal concert – at 2 pm, then 20 minutes or so worship at 3 finishing by 3:30 pm. Hopefully we'll get as good a day as last year, and we hope for a relaxed afternoon that you will enjoy and which will remind anyone passing by that it is an important day for the Church. All offers of additional activities or attractions will be gratefully received!

And finally, don't forget our AGM on May 16<sup>th</sup>, 7 pm at Grange Methodist Church.

With best wishes to all, David

**REPAIR CAFE – 5<sup>th</sup> May** - The next opportunity to bring along your broken items for mending, is Friday, 5<sup>th</sup> May, at the Methodist Church in Grange, 6-8 pm. It's a good way of benefitting our environment, by restoring items that would otherwise be useless or be thrown away. Also a chance to learn new repair skills, eat cake and chat! The next two Repair Café dates will be June 2<sup>nd</sup> and July 7<sup>th</sup> 2023.

**YOUTH CONCERT 19<sup>TH</sup> MAY** - There will be a concert for Christian Aid by the young people of Grange and District at the Grange Methodist Church on **Friday**,



**If you ever need support, Age UK is here for you.**

Our free Advice Line is open 7 days a week, 8am-7pm on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call

**The Silver Line on 0800 4 70 80 90.**

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

Another number to ring - **HELPLINE 03030030003**

Website: [www.ageuk.org.uk/campaigns](http://www.ageuk.org.uk/campaigns) Twitter: [@ageukcampaigns](https://twitter.com/ageukcampaigns)

## MESSAGE FROM GRANGE METHODIST CHURCH TO OUR FRIENDS IN OTHER CHURCHES

Dear Friends,

You may be aware that we are seeking funds in a variety of ways for our "Open for Community" building redevelopment project. This is to let you know that our hard-working grants applications team has managed to secure for us a 6-week window with the Aviva Community Fund scheme.

Between 23<sup>rd</sup> March and 3<sup>rd</sup> May 2023 donations can be **doubled** - at no extra cost to the donor or to our church. Aviva will match-fund **one donation per person**, of up to £250.

Go to our project page on the Aviva Community Fund website, at <https://www.avivacommunityfund.co.uk/p/open-for-community> Click on the yellow "Support" button to make your donation. You can gift aid it too.

Since 23<sup>rd</sup> March, we have been delighted that generous donations by 40 different individuals have attracted match-funding of £5,284.

We realise that you will all be committed to supporting your own churches in many different ways. We just wanted to point out that if you are considering giving to our project, before May 3<sup>rd</sup> would be an excellent time to do it!

More information about the project can be found at <https://www.slakesmethodist.org.uk/redevelopmentproject.htm>

Thank you for any help you can give.

**Fundraising Open Days!**  
**Proceeds to Grange Methodist Church**  
**Building Development Project**

### Open Garden

**Saturday 13<sup>th</sup> May 10.30am - 4pm**

**Sunday 14<sup>th</sup> May 12.30pm - 4pm**

You are invited to visit the home of Sue and Peter Nicol.  
We are hoping the rhododendrons will be out and it will be a sunny day!!

**Hollin Head Wood, Canny Hill, Newby Bridge LA12 8NT**

Tea/coffee/cake/cake stall and other stalls

**DONATIONS WELCOME!**





## HOW WE CAME TO GRANGE – NO. 9

I was born in the John Radcliffe Hospital in Oxford in 1949, not the new one up at Headington, but the original building just off Broad Street in the city centre. Sadly, it is no longer there. Still, my birthplace is something that I am proud of, and often tell people of my connections with Oxford! Scroll forward through half a lifetime to 1988 and by then I had been the head teacher of Patterdale CofE Primary School with no more than 30 pupils for about 4 years. An idyllic place to live and work perhaps, but after that time it was right to move and look for a bigger school to become involved in.

In those days, the Diocesan Church School's Advisor for the southern portion of the Carlisle Diocese was the Rev'd Alan Gibson who was also part-time vicar of Ings. It was he who encouraged me to apply for a head teacher vacancy in Grange-over-Sands, but he failed to tell me that he too was already on the move there to become vicar of the Parish Church of St Paul!

So, the day of the interviews eventually arrived. I believe that out of 47 applications for the headship I was quite fortunate to be shortlisted. Upon meeting the other four candidates in the staffroom at Grange School, I learned that they too were all head teachers of very small primaries just like me. It looked as though I had an even chance! There were various staff, children and governors to meet on that first day, including a nominated number of parents and some folk from the local parish church, and of course the Rev'd Alan Gibson.

The second day of the selection process was a serious matter. With a perfect blue sky on a clear and cold December day in 1988 I headed for Barrow and the education offices for the formal interview. When it was my turn, I was ushered into a room and positioned at the head of a very large table; looking around I could see a "forest" of dog-collared men and other folk from the Cumbria Education Offices, but only one woman. I think her job was to simply record minutes of procedures or something. How unbalanced and unrepresented I thought, considering that in the teaching profession women make up more than 80% nationally!

One by one the interviewers all asked their questions, to which I thoughtfully replied, trying of course to be succinct, accurate but not controversial, whilst evenly distributing my face-direction so all could see. After a gruelling 45 minutes the "ordeal" was over and later I was offered the job to work as head teacher at Grange. The Rev'd Gibson seemed delighted and shook my hand. I could start after the Easter break in 1989, and, coming away from Barrow, I looked up at the darkening clear sky and was pleased not to be coming to work in a place like this town. Grange would be different. Upon arriving back at Patterdale, I looked up at the stars once more, and then on television I heard some terrible news. An aircraft had come down near Lockerbie presumably blown up by a terrorist. It put a dampener on my achievement.

When I started working at Grange School we lived for a short while in the property known as “Sea View House” next door to St Paul’s\* for an interim period whilst I sold my former residence in Keswick, and arranged for the paperwork to be completed on our new place in Cardrona Road, where Dorothy and I still live to this day.

You see, unlike most folk who worship at St Paul’s, I didn’t come to retire to Grange. Nor did I come because I lived with elderly parents who came to retire here, nor did I marry someone who was already residing in the town. I simply came here for my new place of work. Did anyone else in the congregation do that?..I somehow doubt it?..But do you know, we’ve enjoyed it ever since.

Colin

*\* This house was originally owned by the church for use by the verger but later sold.*



## FAREWELL

We are sad to see Margaret Bargh leave St Paul's, and Grange, after so many years of faithful service amongst us, both with her late husband, the Revd Norman Bargh, and in the past few years on her own. We wish her well and every happiness in her new home in Bedford Court, Broadgate Lane, Horsforth, LS18 4SE, where she is moving to be nearer to her son. Margaret leaves on Monday, 8th May. Her apartment is on the first floor overlooking the garden.

There is a display in church of pictures taken by Colin on the occasion of her last service with us at St Paul's.



## BARROW FOODBANK

Foodbanks in the Trussell Trust network have seen the highest ever levels of need, even more than during the peak of the pandemic, as more people found their incomes did not cover the cost of essentials like heating and food. Between 1st April 2022 and 31st March 2023, foodbanks distributed close to 3 million emergency food parcels to people facing hardship, an increase of 37% from the previous 12 months. More than 1 million were distributed for children, and the number of people that used a foodbank for the first time was 760,000.

### Regional figures across the UK of numbers of food parcels distributed

|                    |                  |
|--------------------|------------------|
| London             | 384,477          |
| South-East         | 349,400          |
| North-West         | 347,976          |
| East Anglia        | 324,477          |
| West Midlands      | 278,230          |
| Scotland           | 259,744          |
| South-West         | 247,850          |
| Yorkshire & Humber | 200,562          |
| Wales              | 185,320          |
| East Midlands      | 172,680          |
| North-East         | 164,403          |
| Northern Ireland   | 81,084           |
| <b>Total</b>       | <b>2,996,203</b> |

The next collection for the Barrow, Millom and Ulverston foodbanks is on Sunday, 21st May, 1-3 pm, in the Father Magner Room, St Charles RC Church, Cash donations are always welcome and Gift Aid envelopes are available if appropriate.

## “EVERY-DAY HEALING” WORKSHOPS

The Diocesan Healing Adviser, Dr Alison Fleetwood (who is also a part-time GP and lecturer in medicine) is running a series of workshops on Christian Healing ministry via zoom on four consecutive Thursdays from 4<sup>th</sup> to 25<sup>th</sup> May.

A group ticket has been reserved for Grange, and five members have signed up.

Alison is coming to speak to us at our lay-led service on the 16th July, with a view to reinstating the healing services we used to run four times a year before the pandemic struck.

## TWO EVENTS IN THE FRATRY, CARLISLE CATHEDRAL

### **SACRED SPACE QUIET DAY—Saturday, 13th May 2023, at 10 am**

We live in a noisy world in all senses, and sometimes our religious life can seem equally voluminous. So much so that it can be hard to hear that 'still small voice' within and to simply have time to 'let God be God'. A quiet day enables us to drop out of our busy exterior and interior lives for a while and pay full attention to the needs of our souls - for deeper personal connection to and relationship in the One in whom 'we live and move and have our being.' This Quiet Day will offer just that, time to reflect deeply both in solitude and with short group gathering to share experiences. The day will encourage deep silence with the words of Jesus as our guide, an event that is inclusive and open to all.

This quiet day is led by Stephen Wright, a member of the Iona Community and the Anglican Church, and a Fellow and visiting professor at the University of Cumbria.

**Tickets: £17.50 which includes a soup/sandwich lunch, with tea and coffee**

### **RETHINK, REBUILD SOCIETY—TALK & FILM SCREENING— Saturday, 27th May 2023, at 4 pm**

There is a special event with Haytham Alhamwi and Mouaz El Sayed of Rethink, Rebuild Society, a Manchester-based charity that works to improve the lives of refugees, asylum seekers, and immigrants, in particular but not exclusively Syrians in the UK, helping them become positively established within British society. This event includes the screening of the documentary film *The Disappeared of Syria: An Invisible War*.

This event is accompanied by an exhibition of photographs in the Fraternity Undercroft: *Caesar: Inside Syria's Secret Prisons*.

**Entry to the exhibition is free. Tickets for the talk and film screening cost £10, with proceeds supporting both the Cathedral and Rethink Rebuild Society.**

#### **NEED A LIFT?**

#### **CONTACT THE**

#### **VOLUNTARY DRIVER SERVICE**

Co-ordinator Jan Maynard 01539742500 or 07825340226

Joyce has used this service for hospital visits and to the local surgery.

Requests should be made

before Thursday morning for the following week. The cost is 45p per mile.

However, be warned! They cannot guarantee a driver as there is a shortage of volunteers.

## A CELEBRATION CONCERT ON THURSDAY 13<sup>TH</sup> APRIL 2023 FOR IAN THOMPSON'S 80<sup>TH</sup> BIRTHDAY

A church full of an enthusiastic audience came together in St Paul's Church to celebrate the 80<sup>th</sup> birthday of one of our organists, Ian Thompson. Ian was born in Bradford and became Assistant Organist at the Cathedral Church of St Peter while still at school. He was an Organ Scholar at Queens' College, Cambridge, and later became a Vicar-Choral at St Paul's Cathedral, which included singing at the Queen's Silver Jubilee. He then went on to become an opera and oratorio singer, performing at Covent Garden, London, and La Scala, Milan, as well as opera houses in Paris, Lyons and Los Angeles. Recently retired from a busy and varied career as a professional musician, Ian and his wife have come to live in Grange.

To celebrate his special birthday Ian had brought with him friends, Julian Cann (violin) and Robert Bell and Alice Rosser (piano). His friend Christopher Steele (tenor) was ill unfortunately and unable to attend.

Ian began the concert with organ works by Sweelinck and Bach, followed by violin solos by Dvorak and Elgar, played by Julian Cann. Schubert's *Rondo in A* for piano duet formed the centrepiece of the programme, and was performed by Alice Rosser and Robert Bell. In the absence of Christopher Steele, Ian played two further organ solos, by John Stanley and George Thalben-Ball respectively. The concert ended with Liszt's superb *Paraphrase on Verdi's Rigoletto*.

The whole concert was brilliant and musicians in the congregation appreciated the awesome talent provided by Ian and his friends to mark such a happy occasion.

We were honoured to be able to share such music in our church.



Robert Bell,  
Alice Prosser,  
Ian Thompson  
and  
Julian Cann  
(from L to R)

**Grange Drama** presents Agatha Christie's Mystery Play  
**TOWARDS ZERO**, directed by Deborah Powell

**7.30 pm** at Lower Holker Village Hall on Wednesday-Saturday, 7-10 June 2023  
Adults : £10; 16 & under £5

Booking On Line (**from 8 May**) or pay at the door  
**Website : [grange-drama.org.uk](http://grange-drama.org.uk) / Facebook**

Termed a Christie Mystery by her publishers as well as ourselves, is in rehearsal. Preparations are underway for the society's forthcoming production in Cark in Cartmel. It is nothing new that our summer production is to be staged away from our Grange over Sands base of Victoria Hall. Over the years at this time of year Grange Drama has performed plays at a variety of venues, indoors & outdoors, throughout the wider area of South Lakeland – it being a pleasure to bring amateur theatre to both residents, those on holiday & sometimes in support of local charitable causes.

With thanks Margaret McDonagh (Grange Drama Member) ([mcdonaghm015@outlook.com](mailto:mcdonaghm015@outlook.com))

### CRAFTY OPEN WORKSHOPS

*Are you crafty, feeling creative  
or just fancy a chat?*



Come along to the free crafty workshops that are open to all. No crafty expertise is necessary but a pair of scissors, and generous bags of enthusiasm to experiment with crafting will be invaluable.

These workshops are not about the product but all about the process and the fun we have on the way.

Venue: St Paul's Church, Grange over Sands

Date: 18<sup>th</sup> May 2023

Time: 2-4 pm

Please email me before the end of April if you are interested:

[pipwoon14@gmail.com](mailto:pipwoon14@gmail.com) or call on 07786 902075

This will give me an idea of how many biscuits and other resources to bring !!!

### 'Crafty' Time

Do you remember when we met in groups to knit the red poppies? Well, we now have a new initiative starting in May which we hope will appeal!

Pip has offered to share some of her crafty ideas with us - you may remember the white paper lanterns that she made one Christmas, and the red poppies that she made for our front lawn.

Make a note to come and join us and enjoy some 'crafty' time together.



**WILLIAM SHAKESPEARE**, the renowned English poet, playwright, and actor was born in 1564 in Stratford-upon-Avon. His birthday is most commonly celebrated on 23rd April, which is also believed to be the date he died in 1616. On this day I found this list too fascinating not to share. You really do learn something new every day (and I don't know if The Bard said that, too, but would it surprise you?)

# THINGS WE SAY TODAY, WHICH WE OWE TO SHAKESPEARE:

"KNOCK, KNOCK! WHO'S THERE?"  
"IN A PICKLE" "SET YOUR TEETH ON EDGE" "HEART OF GOLD"  
"FAINT HEARTED" "SO-SO" "GOOD RIDDANCE"  
"LIE LOW" "FIGHT FIRE WITH FIRE" "BAITED BREATH" "SEND HIM PACKING"  
"COME WHAT MAY"  
"WEAR YOUR HEART ON YOUR SLEEVE"  
"NOT SLEPT ONE WINK" "FULL CIRCLE" "OUT OF THE JAWS OF DEATH"  
"WHAT'S DONE IS DONE" "NAKED TRUTH" "TOO MUCH OF A GOOD THING"  
"LAUGHING STOCK" "BREAthed HIS LAST" "BREAK THE ICE" "WILD GOOSE CHASE"  
"HEART OF HEARTS" "VANISH INTO THIN AIR"  
"SEEN BETTER DAYS" "MAKES YOUR HAIR STAND ON END"  
"DEAD AS A DOOR NAIL" "FOR GOODNESS' SAKE" "LOVE IS BLIND"  
"GREEN EYED MONSTER" "FAIR / FOUL PLAY / PLAY" "OFF WITH HIS HEAD"  
"THE WORLD IS MY OYSTER" "BRAVE NEW WORLD"  
"BE ALL / END ALL" "A SORRY SIGHT"

## A PRESENCE PRAYER

‘Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory.’  
(Isaiah 6:3, NIV)

**God of all,**

As the dawn colours the sky, and the birds call forth the new day

Open my heart to your presence.

As I go about my daily routine; as I eat, drink, work and play

Open my heart to your presence.

As I walk among the beauty of your world; as I take in its wonders

Open my heart to your presence.

As the clouds of grief, sorrow and worry surround me

Open my heart to your presence.

As I face doubt, uncertainty and the shaking of my beliefs

Open my heart to your presence.

As the sun lowers, darkness falls, and I lay down my head to sleep

Open my heart to your presence.

**Amen**

Gideon Heugh

### GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

|               | 2016         | 2017         | 2018         | 2019         | 2020         | 2021         | 2022        | 2023        |
|---------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|
| January       | 141          | 98           | 142          | 73           | 107          | 186          | 58          | 174         |
| February      | 125          | 91           | 69           | 99           | 263          | 139          | 171         | 42          |
| March         | 107          | 162          | 60           | 182          | 75           | 134          | 48          | 173         |
| April         | 72           | 15           | 98           | 39           | 12           | 12           | 40          | 70*         |
| May           | 32           | 75           | 37           | 52           | 26           | 101          | 68          |             |
| <b>June</b>   | <b>185</b>   | <b>135</b>   | <b>19</b>    | <b>91</b>    | <b>99</b>    | <b>30</b>    | <b>79</b>   |             |
| <b>July</b>   | <b>113</b>   | <b>126</b>   | <b>33</b>    | <b>134</b>   | <b>169</b>   | <b>70</b>    | <b>80</b>   |             |
| <b>August</b> | <b>168</b>   | <b>86</b>    | <b>108</b>   | <b>180</b>   | <b>188</b>   | <b>63</b>    | <b>78</b>   |             |
| September     | 118          | 177          | 133          | 177          | 66           | 62           | 112         |             |
| October       | 31           | 172          | 131          | 160          | 165          | 304          | 158         |             |
| November      | 118          | 189          | 62           | 85           | 114          | 71           | 177         |             |
| December      | 65           | 109          | 160          | 155          | 126          | 153          | 162         |             |
| <b>Annual</b> | <hr/>        |              |              |              |              |              |             |             |
| <b>Totals</b> | <b>1,275</b> | <b>1,435</b> | <b>1,052</b> | <b>1,433</b> | <b>1,408</b> | <b>1,325</b> | <b>1231</b> | <b>459*</b> |

\* means incomplete total till next month



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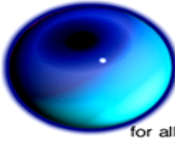
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## Stillness & Song

Sundays in 2023:

2nd April, 11th June,

1st October, 26th November

6-7pm

at Grange Methodist Church

Quiet, reflection and song  
in the style of the Taizé community  
Music led by local musicians

## USEFUL CONTACT NUMBERS

### Churchwarden

Brian McCann                      [brian\\_johnmccann@hotmail.com](mailto:brian_johnmccann@hotmail.com)                      34902

### Deputy Wardens

Mike Hill                              [m.hill811@btinternet.com](mailto:m.hill811@btinternet.com)                              33511

### Treasurer

John Millican,                      [johnmillican1980@btinternet.co](mailto:johnmillican1980@btinternet.co)                      32561

### Parish Safeguarding Officer

Judith Mitchell                      [j.a.mitchell356@gmail.com](mailto:j.a.mitchell356@gmail.com)                      35664

### Fell Church

Please contact the Churchwarden

### Parochial Church Council Secretary

Rosemary Hoyle                      [rosemary-hoyle@sky.com](mailto:rosemary-hoyle@sky.com)                      58108

### Team Office / Parish Administrator

Linda Brown                              35560

Tue, Wed & Thur - 10.00 am-12.30 pm Fri - 9.00 am - 1.00 pm

E-mail - [stpaulschurchgrange@gmail.com](mailto:stpaulschurchgrange@gmail.com) or [cptmoffice@gmail.com](mailto:cptmoffice@gmail.com)

Address, Team Office, St Paul's Church, Church Hill, Grange over Sands LA11 6BD

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### Children's Society Local Secretary

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### Bible Reading Fellowship Representative

Jose Baguley                              35162

### Stewardship Secretary

Chris Brown                              [cjmbrown6@hotmail.com](mailto:cjmbrown6@hotmail.com)                              015393 24015

### Magazine Editor

Team Office                              35560

e-mail - [stpaulschurchgrange@gmail.com](mailto:stpaulschurchgrange@gmail.com)

### Missions Secretary

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### Flowers

Kath Bush                              32601

Audrey Gorman ([peterandaudrey2@btinternet.com](mailto:peterandaudrey2@btinternet.com))                      35209