THE PARISH CHURCH OF SAINT PAUL GRANGE-OVER-SANDS



November 2022

£1

Normal services at The Parish Church of Saint Paul



Sundays - 11.00 am - Parish Service
Wednesdays - 10.00 am - Holy Communion
and at The Fell Church, Grange-over-Sands

CARLISLE DIOCESE

9.30 am Second Sunday - Matins (BCP)9.30 am - Fourth Sunday - Holy Communion (BCP)

Fifth Sunday of the Month United Service within the Benefice

ST PAUL'S MISSION STATEMENT

Our mission is to build confidence in Jesus Christ in the heart of the community through prayer, worship and learning, in joy and practical service to the wider world.

Team Rector (ivicar@btinternet.com)

Tel No 07977127244

Rev'd Canon Jonathan Brewster

Team Vicars

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU 36261
Rev'd Jane Maycock - The Rectory, Longlands Rd, Bowness, LA23 3AS 015394 4306

Assistant Vicar (miller3637@btinternet.com)

Rev'd Annette Miller - Airton, Eden Park Road, GOS, LA11 6BW

33840

Licensed Lay Readers in the Cartmel Peninsula Team Ministry

Steve Bell, Beckside Barn, Beckside, Cartmel, LA11 7SW36789Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF35979Dianne Maguire, Cardrona Road, GOS07951423789

Lay Reader Emeritus

Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA11 7JA

Visit our website www.grangepcc.co.uk www.facebook.com/StPaulsGoS

FROM THE VICARAGE

The season of Remembrance is a time not only to look back and remember the sacrifice made by so many for the safety and freedoms we enjoy today but to allow that memory to inform our present so that we learn from conflicts past and commit ourselves afresh to pursuing kindness, understanding and healing in our broken world.

When I served as one of the clergy at St Paul's Cathedral I used to give occasional tours to parishes and visitors. I would always stop at the plaque on the floor of the nave by the Great West Doors, a plaque that paid tribute to the men and women of the St Paul's Cathedral Watch who volunteered their time, and put themselves in danger, to protect the Cathedral during the Blitz. Their main role was to put out the fires by incendiaries and report any damage made to the Cathedral as they kept watch over it each night during the Blitz. They came from all walks of life; they were architects, civil servants, clergy and over 25 women, many of whom were First Aiders with St John's Ambulance. The members of the St Paul's watch had two things in common: their love for the Cathedral and their desire to do something to help. They were ordinary people doing extraordinary things in a time of crisis.

At St Paul's Grange-over-Sands, on Remembrance Sunday, we will see again the central Poppy created by the Grange-over-Sands Women's Institute to commemorate the fifty-one men of Grange who are remembered on the town War Memorial. We will also see two falls of poppies either side which are the result of many hours of knitting by so many in the wider community, and further afield. So during this season of Remembrance let us give thanks. Thanks to all who nurture children and who teach them, thanks to all who farm our lands and bring us food to eat, thanks to all who decorate churches for their celebrations, thanks to all who have touched our lives for good and whom we will remember, thanks to the many who fought for our freedoms, thanks to God who overcame anger, sadness and frustration by sending his Son into the world to offer a new start for humanity.

John Donne, Dean of St Paul's Cathedral 400 years ago, wrote 'Any man's death diminishes me, because I am involved in Mankind. Just as we share in one another's sorrow, so we give thanks for the gifts given to us by others living and departed, and commit ourselves to work and pray together for a hopeful and resilient future.'

Rev'd Jonathan Brewster

THE REV'D ANNETTE MILLER

We are delighted to welcome Annette as Associate Priest in our clergy team. Her time will be split between Grange and the four other churches, and she will be available each month across the benefice on 3 Sundays out of 4, with two sessions during the week which could be a Wednesday Communion service, evening meeting, etc.

Annette is well known to us in Grange, where she lives with her husband Jon. She was licensed here as a Lay Reader, before going on to Cranmer Hall at St John's College, Durham University, to train for ordination. She was ordained in 2013, and served her curacy at St John's



Church, Levens, with the Rev'd Ruth Crossley. Since then she has served as Associate Priest in the Kent Estuary Mission Community in the parishes of Levens, Heversham and Milnthorpe.

We look forward to working with her in spreading the Good News around this peninsula.

A note from Annette

Thank you to everyone for an emotional licensing service at St Paul's by Bishop Rob

and a lovely harvest lunch a n d



I've received a very warm welcome from all five churches, and look forward to sharing in worship, mission and fellowship with everyone.

A HARVEST CELEBRATION AT ST PAUL'S

On Sunday, 2nd October, St Paul's celebrated their Harvest Thanksgiving Festival at a special service which included the licensing of the Rev'd Annette Miller by the Rt Rev'd Rob Saner-Haigh, Bishop of Penrith.

The service was conducted by the Rev'd Jonathan Brewster, and Annette was licensed as Associate Priest to the proposed new benefice serving the parishes of Grange, Field Broughton, Finsthwaite, Haverthwaite and Staveley.

The church was beautifully decorated, and the Primary School had prepared their own special display. Over 68 people attended, and 56 stayed on to enjoy a Jacob's Join lunch .













FROM THE REGISTERS NOVEMBER 2022

MARRIAGES

Lauren Whinfield & Adam Harding - 1st October 2022

FUNERALS

Olga Batty Edwards 19th October 2022 John Maguire Harrison 24th October 2022 Allan James Howson 1st November 2022

YEAR'S MIND

Ian David Clark27th November 2018Margaret Wignall26th November 2019John Clayton Meadowcroft26th November 2019Douglas Mervin Wigfall11th November 2020Ian Kendrick Morgan30th November 2019

"In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ"

SOME 'THANK YOU'S

Thank you for all your prayers, cards, enquiries and good wishes. They lifted me up. Progress slow but steady.

Love BARBARA

HELEN thanks her friends for their kind cards and expressions of sympathy during her hospitalization. She is now convalescing at home and feeling much better.

Thank you for all the prayers, cards, messages and offers of help during the past few days. They are all much appreciated. I hope to be back among you soon.

MOLLIE

GEOFFREY, husband of Margaret Caseley, gives his 'most humble and hearty thanks' to the Church for remembering him in its prayers during his recent stay in hospital.

FROM PAT RYE

I would like to give a big 'thank you' to all concerned with the Harvest Festival last Sunday. A good service with the Bishop of Penrith and Jonathan, and the licensing and welcome to Annette, followed by a superb lunch provided by members of St Paul's. A 'thank you' to our flower team and to our kitchen 'staff' - setting out the lunch and all the washing up and clearing away afterwards.

We are fortunate in having such a good friendly team.

AND FROM ANGIE, THE SISTER OF SCOTT GARRY

Thank you so much for all your lovely messages. And thank you for all the visits and prayers for Scott and for us too. I never imagined when I emailed the church what a blessing and support you would be to all of us, thank you from all the family.

DATES FOR YOUR DIARY IN NOVEMBER 2022

Wednesday	2nd	2.30 pm	CUPPA & CAKE - St Paul's Church (see page 17)		
Thursday	3rd	2 pm	Social Committee, St Paul's Church		
Tuesday	8th	11.30 am	Churchwardens clergy rota meeting, Haverthwaite		
Wednesday Hall,	9th	12 noon 5 pm 7 pm	HAVERTHWAITE LUNCH CLUB, St Anne's Church Contact sarahbrew@btinternet.com (see page 17) Rehearsal for the Civic Remembrance Service, St Paul's PCC Meeting in St Paul's Church		
Thursday	10th	7 pm	BAY COMMUNITY SINGERS, St Paul's (see page 22)		
Friday	11th	11 am	REMEMBRANCE DAY, 2 minutes' silence observed at the War Memorial, Ornamental Gardens		
Saturday 12th 7 pm LAKES GOSPEL CHOIR, St Mary's, Allithwaite All welcome to this evening of music and testimony. For tickets (£5) email: contact@allithwaitechurch.org.uk, or pay on the door. The Choir performs all around the north-west and has recently returned from a second visit to Rinteln in Germany. It is a					

contact@allithwaitechurch.org.uk, or pay on the door. The Choir performs all around the north-west and has recently returned from a second visit to Rinteln in Germany. It is a non-profit community choir, who loves to share the common joy of singing and the power of the Gospel message. All proceeds from the concert will be donated to the Julius and Dora Children's Centre, Kenya.

Sunday 13th 2 pm CIVIC REMEMBRANCE SERVICE (see page 11)

St Paul's Church & War Memorial

Wednesday 23rd 7 pm Worship Committee, St Paul's Church

Saturday 26th 9.30 am-12 noon ADVENT 'QUIET' MORNING

The Revd Sue Nicol is leading this in the Methodist Church at the beginning of Advent. **'Let's go to Bethlehem'** Luke2, 15b

10.00 am Christmas Fair, St Paul's Church (see page 19)

Sunday 27th 3.30 pm Churches Together Advent Carol Service
A simpler service than in previous years, consisting mainly of lessons and carols – but with advent readings and carols rather than Christmas ones. Venue to be confirmed—Boarbank or St Mary's, Allithwaite

Thursday, 1st December, 7 pm CHRISTMAS TREE FESTIVAL OPENING



We are again planning to hold a Christmas Tree Festival this year with the theme of **Peace around the World**. The opening evening will be Thursday December 1st and the festival will be open every day in December with the exception of Christmas Day and Boxing Day. Gill has emailed previous contributors but if you know of any group who would like to join please contact one of us.

Gill, Christine and Margaret



Parish of Saint Paul, Grange-over-Sands

November 2022 Services at





Wednesday 2nd November

10.00 am - Holy Communion - St Paul's Church, Grange Rev'd Annette Miller

6th November - Third Sunday before Advent

11.00 am - Holy Communion - St Paul's Church, Grange Rev'd Annette Miller

Wednesday 9th November

10.00 am - Morning Worship - St Paul's Church, Grange Lav-led

13th November - Remembrance Sunday - Second before Advent

9.30 am - Mattins - Fell Church, Grange - Lay-led

11.00 am - Remembrance Service - St Paul's Church, Grange The Venerable Penny Driver

2.00 pm - Civic Remembrance Service - St Pauls Church & Cenotaph, Grange Rev'd Jonathan Brewster

Wednesday 16th November

10.00 am - Joint Holy Communion with Methodists at St Paul's Church, Grange The Venerable Penny Driver

20th November - Sunday - Christ the King

11.00 am - Morning Worship - Lay-led - St Paul's Church, Grange

Wednesday 23rd November

10.00 am - Holy Communion - St Paul's Church, Grange Rev'd Jonathan Brewster

27th November - Advent Sunday

9.30 am - Holy Communion - The Fell Church, Grange Rev'd Jonathan Brewster

11.00 am - Holy Baptism - St Paul's Church, Grange Rev'd Jonathan Brewster



Wednesday 30th November 10.00 am - Holy Communion St Paul's Church, Grange Rev'd Nick Hallam

OUR HARVEST OFFERING FOR THE FOODBANK

This year the PCC decided to support the Barrow Foodbank for our harvest thanksgiving, and what a bounty we received. In total, we sent the equivalent of 734 meals and £450 in cash to Barrow, for clients in Ulverston, Barrow and Millom.





The Primary schools

in Grange and Lindale contributed, as did the parishes of Field Broughton, Haverthwaite and Staveley, as well as the wider community in Grange. A very big thank-you to all who donated.





CHRISTMAS APPEAL

The Local Group of Co-Workers for Mother Teresa

is again appealing for goods for the Food Banks at Ulverston, Barrow and Millom

As you go about your Christmas shopping, please remember those who will be struggling to feed their families this holiday Christmas goodies

(cake, mince pies, puddings)
plus gravy granules and packets of stuffing,

as well as the usual items

UHT Milk & Juice

Biscuits

Toilet rolls

Toilet rolls Tinned spaghetti Tinned rice pudding & custard Jars of coffee

Father Magner Room, 1-3 pm behind St Charles Church, Kents Bank Road Sunday, 27th November 2022



"Giving a little gives a lot"

This December instead of (or as well as) opening the windows on your Advent Calendar to receive the chocolate, why not place one item of food or toiletries each day into a special box for the Foodbank?

St Paul's in Grange is inviting you to create

A Reverse Advent Calendar



On Christmas Eve the boxes will be taken to Church and blessed at the Christingle Service at 6.30 pm, before being delivered to Barrow once the foodbank is open after Christmas.

It's not Just the thought that counts ...



23.Tin of Baked Bea

A BUSY SUNDAY FOR ALL SAINTS AND SOULS

The doors of St Paul's were closed for the morning Sunday service on the 30th October as members from across the proposed new benefice journeyed to Finsthwaite for a joint Communion Service in St Peter's, led by the Rev'd Jonathan

Brewster. Some of us had enjoyed supporting their annual Big Breakfast in their village hall beforehand, while others stayed after the service for coffee and croissants.

Later in the day, at 4 pm, 32 of us gathered in St Paul's to celebrate All Souls' Day. The Rev'd Annette Miller led a very meaningful service, during which the names of those we have loved and lost were read out, and candles lit in their memory. Afterwards we were each given a

little bag containing rosemary and a painted cross, together with a copy of the final prayer that Annette had chosen.

After enjoying refreshments and the chance to share memories, we ventured home.

In the darkest night, when we feel most afraid, someone comes alongside us, a man walking in the darkness, as if darkness were day. In the storms of life when we feel buffeted, our dreams blown and torn, our trust stretched to its fullest, Jesus calls our name and calms the storms that assail us. In the trials of life when we feel overwhelmed by worry and apprehension, Jesus reaches out a hand, inviting us to trust, and we find that we can walk on water.

Gracious Father, in darkness and light, in trouble and in joy, help us to trust your love, to serve your purpose and to praise your name; through Jesus Christ our Lord. Amen





Pip assembling the gifts



Presented on the altar

Remember

Remembrance Day 11am on 11 Nov 2022 Service and 2 Minute Silence at the War Memorial, Ornamental Gardens, Grange over Sands, LA11 6ED

Remembrance

Sunday 13 Nov 2022

2pm: Civic Service and presentation of wreaths St Paul's Church, Crown Hill, LA11 6BD

3pm: Parade along Main Street from the church to the War Memorial in the Ornamental Gardens LA11 6ED

3.3opm: Refreshments Victoria Hall, Main Street LA11 6DP



Join The Royal British Legion,
St Paul's Church, Churches Together
in Grange over Sands and District and
Grange Town Council to remember
the service men and women, service
animals and civilians who lost their
lives in war, and those still
experiencing conflict.

READING AT SCHOOL-VOLUNTEERS NEEDED FOR A FEW HOURS EACH WEEK

Have you a few spare hours and would you like to encourage reading at school?

Joyce and I have been helping reading at school for a number of years and it has been really rewarding as you see the progress of the children; it is wonderful to encourage the joy of reading by working with children aged 6 to 11.

A DBS form would need to completed to comply with safeguarding.

If you are interested please see me in church or contact me on 35664 or 07949 427846.

Judith

CONGRATULATIONS

What lovely news to read in the November issue of Cumbria Life that Janet and Mike Davis have won the Readers' Choice Award as Independent Retailer of the Year. Janet is the elder daughter of Sandra and Derek Barton. Previously working for Bay Search & Rescue they moved across the bay six years ago when they bought a gift shop on the promenade at Arnside, renaming it The Coast Office (after its former use as the Post Office!)



GIFT AID

In trying to help the Foodbank claim Gift Aid on our donations last weekend, it turned out to be more complex than I had thought! It may help others if I jot down how I understand the system to work.

Obviously a donor has to be paying tax to permit a charity to claim the tax relief. Our blue envelopes duly completed are only sufficient for donations to St Paul's, but we now have different envelopes for different charities which can be sent to the named charity for them to claim.

Individual donations up to and including £30 can be added together to claim a 'top up' under GASDS (Gift Aid Small Donations Scheme) without the need for completing a declaration, but these donations must be anonymous, ie the giver is not named. According to HMRC rules, a charity (and St Paul's is a charity) can claim a 'top up' on up to £8000 of donations at its community buildings, or up to £8000 anywhere in the UK. A community building is where the charity carries out charitable activities, and St Paul's and the Fell Church are our two community buildings. Therefore, we can claim a 'top up' on donations made at St Paul's or the Fell Church for St Paul's.

If we have collection plates out with a name for another charity, ie Food Bank, WaterAid or the Disasters Relief Fund, a claim can only be made by those organisations, and not by us on their behalf. However, the Food Bank could claim GASDS on the non-Gift Aid part of a collection taken at St Paul's under the category of collections anywhere in the UK up to £,8000, and we have informed them of that.

A bit of a minefield, but hopefully this might help to explain the legalities. John Millican is the person to approach if you are still unclear! Penny

SMILE - AMAZON

Another problem I came across recently was trying to claim the donation for St Paul's when ordering something on Amazon. I eventually realised that I had been logging on to smile.amazon.com – the US site – rather than smile.amazon.co.uk. Once logged on to the correct site, you need to ensure that you name The Parish of Saint Paul Grange over Sands as your chosen charity. Once you have named that charity, then each time you shop 0.5% will be donated to church.





If you are shopping on the internet, do remember that **easyfundraising.org.uk** and **smile.amazon** are easy ways to help church funds. Every little bit helps. If you have problems, I am happy to help!

SEND 'EM, SWAP 'EM OR LOSE 'EM

Following a successful national trial, Royal Mail have begun adding unique barcodes to all regular 'everyday' definitive and Christmas stamps. But after 31st January 2023, the stamps without a barcode will no longer be valid. But do not fear, there are options if you have a stash of these sticky stamps in your wallet or purse featuring the profile of Her Late Majesty Queen Elizabeth II on a plain coloured background. You can:

- * send these stamps before the deadline
- * swap them for the new barcoded style
- or leave them in your purse or wallet

Non-barcoded stamps can be exchanged for the new barcoded version. Complete and return to Royal Mail a Post Office Stamp Swap Out form together with your non-barcoded stamps. These forms are not available at Post Offices but can be downloaded and printed from the Royal Mail's website, or you can contact Customer Experience and one will be sent to you. Special picture stamps or Christmas stamps without a barcode will still be valid beyond the end of January.

There's more to the new stamps than meets the eye. The barcodes will enable exciting new services by connecting physical stamps to the digital world via the Royal Mail app. Lots of smart phones have the capability to read barcodes which will provide customers with access to exclusive video content. The first of these videos features Shaun the sheep and his four-legged friends.

The long-term plan is that people will be able to watch videos, find out information, send birthday messages and add their own video content to send a message to the recipient through the barcodes, giving that someone special something extra to smile about. Remember, we are all better dressed with a smile.

Pip

THE 'KNOT PRAYER' reminds us that whatever the restriction, wherever we are at any given moment, there is a freedom in simply opening ourselves up before God and seeking the fullness of who he has made us to be, in companionship with him.

Please untie the knots in my mind, my heart and my life.

Remove the have nots, the can nots, and the do nots that I have in my mind.

Erase the will nots, may nots, might nots that may find a home in my heart.

Release me from the could nots, would nots and should nots that obstruct my life.

And most of all, dear God, I ask that you remove from my mind, my heart and my life all of the "am nots" that I have allowed to hold me back, especially the thought that I am not good enough.

Amen

OUR VISIT TO ROOKHOW MEETING HOUSE AND ST PAUL'S CHURCH AT RUSLAND

Friday morning, 7th October, started very wet and windy but our party of eight braved the narrow lanes to Rookhow and the sun came out as we arrived. We had an extremely enjoyable and informative three hours at the Meeting House and came away uplifted by the experience.



The welcome by our guides for the visit, Suan Marsden and Susie Bulman, was very warm and this set the positive tone for our visit. It quickly became clear that the open days at Rookhow, 10 am-4 pm on the 1st and 3rd Friday every month, are busy times. There are other guides, several happy volunteers, painting, tending the 12 acres of ancient woodland, cleaning the bunk house, and generally being helpful and equally welcoming to visitors.

Everyone appeared to join us for tea and coffee and delicious home-made cakes and biscuits. Suan gave our party an excellent introductory talk, clearly demonstrating her passion for her beliefs but delivered in a way which was not at all dictatorial but simply outlining the ethos of the Religious Society of Friends (Quakers).

The Meeting House, a Grade II* building, constructed in 1725, is set in the heart of the beautiful Rusland valley, to serve the rural community, isolated from the other Quaker Houses at Hawkshead, Cartmel, Kendal and Ulverston. The simple architecture has been sensitively restored – the heating under the stone slab floor, served by air source heat pumps, was appreciated on this cool day.

The Quaker ethos can perhaps be best summarised by using a few of the words and phrases Suan and Susie used. Friends have a direct relationship with God. There is no hierarchy – no bishop, dean, deacon or priest. There are committees to ensure the smooth running of Rookhow but everyone is equal, women and men. All decisions, whether about welcoming someone to membership or maintenance of the site, are based on discernment – a word emphasised a few times. The decision reflects the will of God that members have collectively discerned.



Meetings have no structure like the Anglican Church. There is no singing to distract members from their link to God. Sunday is no more important than any other day – every day is equal. One meeting is held on Friday and our party was privileged to be asked to join in a 30-minute meeting which was held in silence, apart from two short readings from Quaker literature and the words of their founder, George Fox.



We were then joined by Sue Nicholls, Joyce's daughter, who is Development Manager for the Society. She explained that Rookhow is run by a charitable Trust. Income comes from members, grants, letting charges and donations. She described one strand of their work which is clearly very important to members - a 'retreat away' fund, which is used to support people from deprived areas, anywhere from Barrow to Kendal and Maryport. They are particularly

enthusiastic about their work in social care for those with mental health issues.

Our guides took us outside to see the bunkhouse, which has beds for 16 people, where their visitors from deprived areas, schools, organisations and families can stay and enjoy the freedom of this wonderful site. They were keen to take us for a short walk in the ancient woodlands, a place they love for its quiet connection to nature and God and where they recharge in the peace and tranquility.



Our party thanked warmly all the Members who had made our visit so positive and uplifting. Our three hours seemed to be over very quickly, but it was time to go the short distance to Rusland Church. Colin has described the church in his booklet but had not been inside as it is often locked, but the churchwarden was there to open the door for us. Colin gave us a short introduction to the site and included the links to Arthur Ransome.

It is clear the church is loved by its small congregation, clean and well cared for. The stained glass at the east end is excellent. There is much to admire, from the pine stalls to the font and old oil lamps, now converted to electricity. Set on a prominent hill, the Lakeland stone structure is imposing and the graveyard well-tended. We visited the grave of Arthur Ransome and his wife, Evgenia, set under an ancient pine tree

where he wanted the cones to fall on him.

At the end of our visit to Rookhow and Rusland everyone felt their minds had been opened to a different approach to a relationship with God and to witness the strength of communion with God in this rural setting at two different sites.

Alan Wheatley

THE PASSION FLOWER

Passiflora, known also as the passion flower or passion vine, is a genus of about 550 species of flowering plants of the family Passifloraceae. They are mostly tendrilbearing vines, with some being shrubs or trees. They can be woody or herbaceous. (Wikipedia)

The name "passion flower" was given to this plant in the 16th century. Christian missionaries in South America encountered the flower while on their journey and discovered that many of the flower's physical features could be used as symbols of the last days of Jesus and especially his crucifixion. Thus, the "Passion of the Christ" reference has stuck ever since.

The plant naturally grows throughout South America and in Mexico, but can now be found all over the globe. I have the common purple variety (*Passiflora caerulea*) growing by the side of my front door, and this year it has been in flower since June. It will soon start producing small round yellow fruits which are referred to as 'maypops'.

- The passion flower has five petals and five sepals many refer to all ten of these pieces as petals and they are said to represent the ten apostles who were faithful to Jesus throughout the crucifixion, all but Judas, who betrayed Jesus, and St Peter, who denied Jesus three times on the night of his trial.
- The corona filaments grow in a ring right above the petals and are said to represent the crown of thorns that Jesus wore before his crucifixion.
- The five anthers are the parts of the flower where pollen is produced, and these are said to symbolize the five wounds that Jesus suffered when he was crucified.
- At the top of the flower, above the anthers, there are three stamens which
 receive pollen and initiate fertilization. They are said to represent the three nails
 that nailed Jesus to the cross. The ovule at the base of the stamens is said to
 represent the sponge soaked in vinegar that was offered to Christ.

• The fragrance of the flower represents the spices used by the women to anoint Christ's body.

 The maypop fruit produced by the flower is often symbolized as well. Its round shape represents our world that Jesus saved when he sacrificed himself.

So, if you are lucky enough to have a passion flower growing in your garden, think about its symbolism. If not, next time you come to see me have a look at mine!!

Penny



YOU ARE INVITED ...

Prior to Covid, the Levens Valley Lunch Club met regularly in St Anne's Church Hall, Haverthwaite, but lockdown ended that and it was thought unlikely to start again.

So, many thanks to Sarah for restoring the now-called Haverthwaite Lunch Club, and to Celia for being "back in harness".



The Lunch Club is held on the second Wednesday of each month, and an invitation is extended to all the churches on the Peninsula. Many of the old regulars attend, together with new faces, some of which are from St Paul's, with Jonathan joining whenever he can.

Once again, our thanks to Sarah for her kindness and encouragement of the community, not forgetting her delicious meals.

Susan and Eileen

PS Numbers could be limited so it is necessary to contact Sarah if you wish to join (sarahbrew@btinternet.com). The next date is 9th November, at noon.

AND ANOTHER INVITATION



YOU are invited for A CUPPA AND CAKE

Come and enjoy an opportunity to sit awhile and chat in the Social Area at St Paul's Church

The first Wednesday in each month 2nd November, 7th December

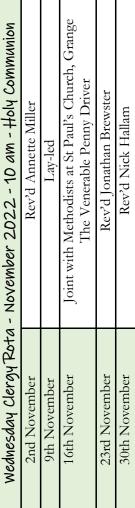
Please do bring a friend along, especially if you know someone who'd enjoy some food and company. All welcome.

2.30 pm

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Holy Communion Hope & Holy Communion Holy Communion Hope & Holy Communion Holy Sprism Holy Sprism Holy Sprism Holy Communion Holy Communion Holy Communion Holy Communion Holy Communion Holy Communion Holy Sprism Holy Communion Holy Communion Holy Communion Holy Communion Holy Sprism Holy	November	r ALLITHWAITE	FLOOKBURGH	GRANGE	GRANGE	FINSTHWAITE	HAVERTHWAITE	STAVELEY IN	FIELD
Holy Communion Remembrance Service of the Service	2022				FELL			CARTMEL	BROUGHTON & LINDALE
Canon Amel Remembrance Rev'd Jane Maycock Miller Dianne Maguire Dianne Maguire Dianne Maguire Brewster Brewster Dianne Maguire Dianne Maguire Brewster Brewster 10.30 am	Sunday 6th Novemb			11.00 am Holy Communion		9.30 am Communion by	11.00 am Communion by	11.00 am Holy	9.30 am Holy
10.30 am	3rd before Adv			Rev'd Annette Miller		extension Dianne Maguire	extension Dianne Maguire	Communion Rev'd Ionathan	Communion Rev'd Ionathan
Remembrance Service of the S						0	o	Brewster	Brewster
Service of the Sunday Service Lay-led Haverthwaite Service Lay-led Haverthwaite Service Lay-led Haverthwaite Service Lay-led Haverthwaite Sunday Service Lay-led Penny Driver Sunday Sunday Penny Driver Service Penny Driver Pe	Sunday		10.00 am	11.00 am	9.30 am	10.30 am	10.30 am	10.30 am	9.30 am
Word Rev'd Jane Maycock Venerable Penny Driver Steve Bell Rev'd Jane Hall Rev'd Father John Hall Rev'd John Hall John Hall John Hall Rev'd John Holy Holy Holy Holy Rev'd John Holy Holy Rev'd John Hall Rev'd John Hall Rev'd John Hall	13th Noveml 2nd before Adv		Kemembrance Sunday	Remembrance Service	Matins Lay-led	United at Haverthwaite	United Service for Remembrance	Kemembrance Service	IBC
Service Bell Rev'd Janette John Hall	Remembran	_	Rev'd Jane Maycock	Venerable			Sunday	Rev'd Father	
Service Reversite Revers	Sunday	Steve Bell		Penny Driver 2.00 pm Civic			Rev'd Annette Miller	John Hall	
10.00 am				Remembrance					
10.00 am 10.00 am 11.00 am 10.00 am 10.00 am 10.00 am 11.00 am				Rev'd Jonathan					
Service of the Evening Prayer Morning Worship Payer Communion Feed Christ the King Lay-led Communion The Archdeacon Brewster The Archdeacon The Archdeac		0.30	4 00	Brewster		0.30	11 00	11 00	0.30
Communion Rev'd Jane Maycock Rev'd Jonathan Lay-led Lay-	Sunday		Proping Proper	Mouning Wombin		Holy	Holy Commission	Holy Holy	Hole
Jenny Leahy Rev'd Jane Maycock The Archdeacon The Archdeacon The Archdeacon The Archdeacon 10.00 am 10.00 am 11.00 am 11.00 am 11.00 am 11.00 am Joint Holy Joint Holy Baptism Holy Baptism Holy Advent Carols TBC Holy Communion with St Mary's Brewster Brewster Jonathan TBC TBC Flookburgh Rev'd Jane Maycock Brewster Brewster Brewster TBC	Christ the Ki		Christ the King	Lav-led		Communion	Rev'd Ionathan	Communion	Communion
10.00 am 10.00 am 11.00 am			Rev'd Jane Maycock			The Archdeacon	Brewster	The	Rev'd Jonathan
10.00 am 10.00 am 11.00 am 11.00 am 11.00 am 11.00 am 11.00 am 11.00 am 10.00 am						Vernon Ross		Archdeacon Vorgon Rose	Brewster
Joint Holy Joint Holy Joint Holy Communion Holy Baptism Holy Baptism Holy Communion Rev'd Jonathan Communion Lay-led TBC Holy Communion at St John's with St Mary's Brewster Rev'd Rev'd TBC TBC Flookburgh Allithwaite Jonathan Brewster Brewster Brewster Brewster		10.00 am	10.00 am	11.00 am	9.30 am	6.00 pm	11.00 am	11.00 am	9.30 am
Communon Househores Alithwaite Rev'd Layed Communon Flookburgh Allithwaite Brewster Jonathan TJBC Rev'd Jane Maycock Brewster Brewster	Sunday		Joint	Holy Baptism	Holy	Advent Carols	TBC	Holy	Morning
Flookburgh Allithwaite Jonathan Brewster Brewster	Z/m Novemi		with St Mary's	Rev d Jonathan Brewster	Communion Rev'd	Lay-led		Communion	Worship Lav-led
		Flookburgh	Allithwaite		Jonathan				
			Kev'd Jane Maycock		Brewster				







St Paul's Church 10.00 am - 2.00 pm

Bric-a-Brac - Haberdashery Books - Plants - Cakes Crafts and more

Refreshments
Serving Coffee, Tea, Bacon Buns
& Mince Pies
FREE ENTRY

HOW WE CAME TO GRANGE - No. 3

In the late 1980s the vicar at our Church in Burnley bought a bungalow in Laneside Road in Kents Bank, and once he had pencilled in the dates he planned to use it anyone in our congregation was welcome to stay at no charge. I imagine most people gave a donation to cover electricity costs. We came to stay for Spring and Autumn half-terms for several years. In fact, in the October half-terms I baked the requisite five Christmas cakes.

We enjoyed visiting the Lakes and walking with Wainwright - look at us now! I had my one and only encounter with the Grange mite, which was a very uncomfortable experience.

During this time my mother was a frequent visitor at Abbot Hall with either a friend or one or two of her sisters.

Doug and I had decided that we would try to find somewhere as a second home. We searched the Yorkshire Dales and parts of Yorkshire, but nothing took our fancy. We did not look in Grange because I said "it is full of old people" - look at us now!

When my mother died in 2003 I was the only beneficiary so we decided that, as she loved Grange so much, perhaps we should find a second home here. Later that year we found our dream bungalow in Kilmidyke Drive. We took possession on the 14th February 2004. Some months later we found out from neighbours that we had bought it from the Rev'd Jack and Ann How, whom we sat close to in St Paul's whenever we visited. I can't believe I never recognised Ann from the day we looked round the bungalow!

From 2004 onwards we tried to spend as much time as possible in Grange. During term times we were on duty to collect grandchildren from school on Friday afternoons so we tended to be here from Monday to Friday.

In 2008 our daughter and her husband went their separate ways. This was just when Carol became disabled so it meant we often had to travel the 15 or so miles from our house to hers 2 or 3 times a day.

We decided that we needed to move closer together and, after months of trying to find suitable properties, we decided that we would all move to Grange. We found a bungalow for Carol in Fellside Court and enrolled the children in Year 5 at Grange School with Colin Milner. We sold our house in Simonstone and moved into the bungalow, and the rest, as they say, is history.

Margaret R

CHURCHES TOGETHER IN GRANGE & DISTRICT TWO EXTRACTS FROM THE LATEST MINUTES

'Nativity on the Move'

The suggested date and time (17^{th} December) for this event clashed with the $3^{rd}/4^{th}$ place play-off game of the World Cup, and the Victoria Hall will not be available for the final refreshments that day. So the event has been cancelled. We still feel it is a good idea, and will redouble our efforts next year. This year we will probably organise an hour's carol singing as a witness in town near Christmas, as we did last year – please watch out for a notice nearer the time.

The "Warm Spaces" initiative

You may have read about the nationwide "Warm Spaces" initiative, encouraging community groups to open buildings and heat them for people who have difficulty keeping their own homes comfortably warm all day. Our churches could be ideal venues for this, and would enable us to show God's care for people. As a minimum, seating and hot drinks would be provided, inviting but not insisting upon donations. Other facilities or activities could be offered depending on the circumstances.

The 'Churches Together' meeting felt that some of our churches would be in a good position to offer such warm spaces: an obvious possibility (keeping heating costs down) would be to stay open after a regular event for which the church space is already heated. We are encouraging churches to co-ordinate their response, so that we cover as much of the week as possible without having two churches close to each other open at the same time.

We have offered our 'Cuppa and Cake' event at St Paul's as our contribution.





THURSDAY 10TH NOVEMBER 7 pm

St Paul's Church, Grange-over-Sands

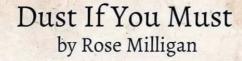
Featuring: The Lidos, Harps South Lakes Soloists: Susan Harrison, Ray Booth and uplifting singing from Grange's very own Community Choir

Raising funds for St Mary's Hospice

Refreshments on sale
Raffle
Entrance: £10 (under 18's free)



Autumn colours in the ornamental gardens *Photo by Amiel Osmaston*



Dust if you must, but wouldn't it be better To paint a picture, or write a letter, Bake a cake, or plant a seed; Ponder the difference between want and need?

Dust if you must, but there's not much time, With rivers to swim, and mountains to climb; Music to hear, and books to read; Friends to cherish, and life to lead.

Dust if you must, but the world's out there
With the sun in your eyes, and the wind in your hair;
A flutter of snow, a shower of rain,
This day will not come around again.

Dust if you must, but bear in mind, Old age will come and it's not kind. And when you go (and go you must) You, yourself, will make more dust.





The Magic of Christmas

Flower arranging by Joan Bentley

Sunday 20th November 2pm at Sports & Social Club, Priory Road, Ulverston LA12 9HT

Bar & raffles including Flower Arrangements

Proceeds to Soroptimist Charities Tickets £5.00 (including slice of cake)
Isabel Huggett (Grange) 015395 36378
Email huggett735@btinternet.com
Chris Butler (Ulverston) 07584162020
Email jcbutler1950@talktalk.net



If you ever need support, Age UK is here for you.

Our free Advice Line is open 7 days a week, 8am-7pm

on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call

The Silver Line on 0800 4 70 80 90.

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

Another number to ring - HELPLINE 03030030003

PLEA FOR A TREE

As Christmas is fast approaching I need to find a tree for the Church Tree. In the past Colin has kindly supplied us with several trees but we have exhausted his supply. Joyce donated one from her garden last year, as did Susan and Bill the previous year. If you have one that you can part with, please let me know sooner rather than later, and Colin will remove it during the last week in November.



Margaret R



	1		IGE OV ALL (M		IDS MO			
	2015	2016	2017	2018	2019	2020	2021	2022
January	154	141	98	142	73	107	186	58
February	76	125	91	69	99	263	139	171
March	110	107	162	60	182	75	134	48
April	46	72	15	98	39	12	12	40
May	165	32	75	37	52	26	101	68
June	34	185	135	19	91	99	30	79
July	69	113	126	33	134	169	70	80
August	112	168	86	108	180	188	63	78
September	29	118	177	133	177	66	62	112
October	60	31	172	131	160	165	304	119*
November	246	118	189	62	85	114	71	
December	352	65	109	160	155	126	153	
Annual								
Totals	1,453	1,275	1,435	1,052	1,433	1,408	1,325	853*
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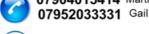
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John Millican,	johnmillican1980@btinternet.co	32561				
Parish Safeguarding Judith Mitchell	Officer <u>j.a.mitchell356@gmail.com</u>	35664				
Fell Church Please contact the	e Churchwarden					
Parochial Church Co Rosemary Hoyle	rosemary-hoyle@sky.com	58108				
-	r - 10.00 am-12.30 pm Fri - 9.00 am - 1.00 pm	35560				
	hurchgrange@gmail.com or cptmoffice@gma e, St Paul's Church, Church Hill, Grange over San					
Magazine Co-ordina Penny Ward	ator <u>pennyward01@gmail.com</u>	33243				
Children's Society Lo Judith Mitchell,	ocal Secretary j.a.mitchell356@gmail.com	35664				
Bible Reading Fellow Jose Baguley	wship Representative	35162				
Stewardship Secretar Chris Brown	ry <u>cjmbrown6@hotmail.com</u>	015393 24015				
Magazine Editor Team Office e-mail -	stpaulschurchgrange@gmail.com	35560				
Missions Secretary Rosemary Hoyle	rosemary-hoyle@sky.com	58108				
Flowers Kath Bush Audrey Gorman ((peterandaudrey2@btinternet.com)	32601 35209				