THE PARISH CHURCH OF SAINT PAUL GRANGE-OVER-SANDS



February 2022



Normal services at The Parish Church of Saint Paul

Sundays - 11.00 am - Parish Service Wednesdays - 10.00 am - Holy Communion

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP) 9.30 am - Fourth Sunday - Holy Communion (BCP) Fifth Sunday of the Month United Service within the Benefice



ST PAUL'S MISSION STATEMENT

Our mission is to build confidence in Jesus Christ in the heart of the community through prayer, worship and learning, in joy and practical service to the wider world.

Team Rector Rev'd Jonathan Brewster	Tel No 07977127244					
Team Vicars Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU Rev'd Jane Maycock - The Rectory, Longlands Rd, Bowness, LA23 3AS	36261 015394 4306					
Licensed Lay Readers in the Cartmel Peninsula Team Ministry						
Steve Bell, Beckside Barn, Beckside, Cartmel, LA117SW Jenny Leahy, Studio, Mill House, Lindale, LA116LF Dianne Maguire, Cardrona Road, GOS	36789 35979 07951423789					
<i>Lay Reader Emeritus</i> Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA117JA	35297					
Visit our website www.grangepcc.co.uk www.facebook.com/StPaulsGoS						

FROM THE VICARAGE

The Church, including the Church of England, is emerging from Covid in a very different shape from when we entered, and there are some very real and challenging uncertainties on the road ahead. Any attempt to simply return to 'the way things were' will meet with frustration and failure. But the God of pilgrimage will lead us forward if we will allow him to. Faithful prayer and good listening will lead us on the right paths.

It is in that spirit that the Revd Nick Devenish, the Revd Jane Maycock and myself are hosting a course during Lent to which all members of the Church of England across the Peninsula are welcome. *Difference* is a five-session course exploring the subject of reconciliation and what it means to be a follower of Jesus Christ in the face of conflict, seeing how transformation can happen in our everyday lives.

It is a resource put together by the Archbishop of Canterbury's reconciliation team and draws on the views and experiences of Christians from all sorts of viewpoints, recognising the challenges faced by those who have differing convictions. It encourages us to engage with people of difference, recognising that they are fellow Christians created in the image of God, and to wrestle with what that means. In the words of Archbishop Justin Welby: "Reconciliation is not the ending of all difference, but the transformation of how we deal with difference".

At the centre of the course are three habits. *Be Curious*: listen to the stories of others and see how the world looks through their eyes. *Be Present*: relate to others with authenticity and confidence. *Reimagine*: find hope and opportunity in the places where we long to see change.

We will soon be able to confirm a venue and times but the intention is to have a daytime and an evening group. Each session will last about an hour and a half and will include films, bible input, prayer, discussion and interactive exercises. The evening course will begin with a light supper and the morning will include tea / coffee.

If any of this makes you a bit nervous, I encourage you to remember the words of Jesus in John 14:6 "I am the way, the truth and the life". Our journey is not alone, but Christ is with us, a faithful companion and far better map reader than you or me. Let us ask him to help us find God's way and to walk in it.

May God bless you as we travel together,

Jonathan



"Discover the power of faith in a conflicted world

We live in a messy world full of division – from the level of global conflict right down to our own relationships. Difference equips followers of Jesus to cross divides, navigate disagreement and pursue a just and flourishing world.

In a divided and fractured world, it can be hard to know where to begin with the issues that surround us.

DATES FOR YOUR DIARY

21st February-6th March - Fairtrade Week

27th February—SOLO LUNCH - I am hoping that we will be able to enjoy our next meal together, Covid permitting, at a venue still to be decided. I look forward to seeing you. Sue

Friday 4th March - World Day of Prayer, 2pm, in the URC

Friday 11th March - First of the Churches Together Lent Lunches, 12 noon-1pm, at St Charles', with a short devotion time 1pm-1.15pm. Friday 25th March at St Paul's

Saturday 12th March - Lent Quiet Morning at 9.30 am-noon at the Methodist Church, led by the Revd Sue Nicol

Sunday 17th April - Easter Daybreak Service at Hampsfell Rd Car Park, 7am, followed by hot cross buns at St Paul's

15th–21st May - Christian Aid Week - Quiz some time in this week, possibly in the Victoria Hall

Tuesday 24th May, CTiGD AGM, 7pm, at St Paul's

Sundays in July & August CTiG Praise on the Prom tbc

FLO TRUDGILL

Flo has had a wonderful 101 birthday.

Heron hill have been busy opening her 300 birthday cards ! Asda gave her a birthday cake which was decorated with her photograph. Because of COVID in the home visitors are not allowed but a friend has been able to contact her on video. Her friends say that Flo is happily settled at Heron Hill Care Home and will be staying there permanently She sits in the lounge and enjoys chatting to the other residents . I phoned today and the staff will give her the message that we at her church send our good wishes The Westmorland Gazette have been in contact and have included an article about her in the 28th January issue (page 81). Joyce



AN END AND A BEGINNING

November 28th marked the final service conducted by the Revd Bryan Williams as a priest. Members of the Fell Church congregation were delighted to be able to celebrate this event with him as Bryan has been a popular priest at our Communion services, particularly during the interregnum. Earlier this year we were also fortunate to commemorate the 50th anniversary of his ministry since he became a Lay Reader.

Bryan and his wife Hilary settled in Allithwaite when he retired from priesthood in Tamworth in 2005 and attended various churches in the area. Their first visit to St Paul's was to an 8am service when I was on duty as Deputy Church Warden and Annette Miller was the server. It was lovely to hear them chatting in their Midland's accents, and surprising to learn that later Bryan had unexpectedly met Jon, Annette's husband, in Grange and that they'd worked together for the local town council before Bryan was ordained in 2000.

In his ministry within the Cartmel Peninsula Team Bryan has visited patients at Cartmel Grange and led services at all the churches. He particularly enjoys the smaller ones, Fell Church being a favourite because, like his former parish, it has a small congregation, uses the Book of Common Prayer, and its members are "of a certain age". He accomplished all this activity, on top of having replacement joints, Hilary's severe illness, regular climbs of the high Lakeland Fells, not to mention cheerful and memorable sermons.

To add to the celebrations we served refreshments after the service, the first use of our new kitchen, with delicious cakes produced by Alan and Ann who suggested we continue having coffee after our services. We repeated the exercise on Boxing Day and again in January, and now have a rota and plans to make this a regular monthly event.

After some discussion it was agreed that, until we can devise a different system, there is insufficient space in our side room to use it as both kitchen and vestry at the same time, so refreshments will be served on the 2nd Sunday when services are led by a member of our congregation. It's a treat for us to gather and chat.

You're all welcome to come and join us some time.

Barbara Ramsden



PATRONAL FESTIVAL

We celebrated our Patronal Festival at St Paul's on 23rd January with a service of Holy Communion led by the Revd Jonathan Brewster and followed by a most pleasant lunch organized by Susan and her team of accomplished ladies. Our congregation responded most generously and with great skill to the request for savoury or sweet dishes resulting in a magnificent array of tasty delights.

Prior to our lunch, we were treated to sherry or juice with splendid cakes by Celia and Nigel, in honour of Nigel's recent significant birthday and we sang "Happy Birthday" to this most distinguished member of our congregation. We give thanks for the support and pleasure that their presence gives us.

All in all, it was a most agreeable occasion and we give thanks to Our Lord for his generosity and goodness to us all. Mike



A SAYING BY FRIAR ANDRE MARIA

"When you plant lettuce, if it does not grow well, you don't blame the lettuce. You look for reasons it is not doing well. It may need fertilizer, or more water, or less sun. You never blame the lettuce. Yet if we have problems with our friends or family, we blame the other person. But if we know how to take care of them, they will grow well, like the lettuce. Blaming has no positive effect at all, nor does trying to persuade using reason and argument. That is my experience. No blame, no reasoning, no argument, just understanding. If you understand, and you show that you understand, you can love, and the situation will change."



A Franciscan Friar with the Capuchin Franciscans of the Ascension

CONGRATULATIONS, YOUR MAJESTY



On 6 February this year the Queen will become the first British Monarch to celebrate a Platinum Jubilee, marking 70 years of service to the people of the United Kingdom, the Realms and the Commonwealth.

Father,

We thank you that you have given Elizabeth our Queen the heart to serve her people, and have kept her devoted in this service beyond all who were before her: encourage us by her example to serve one another and to seek the common good, until you call us all to reign with Christ in your eternal kingdom.

Amen

PLATINUM JUBILEE CELEBRATIONS BEING PLANNED Saturday 4th June — an outdoor community event on St Charles' field – Methodist Church if wet Sunday 5th June — Ecumenical united service of celebration, 11am,

at St Paul's

FROM THE REGISTERS

BAPTISM ANNIVERSARIES

25th February 2018 24th February 2019

YEAR'S MIND

Elizabeth Foster John Barry Lord Robert Chadwick Frances Limbrey Robert Leach Colin Patterson Braxton Murphy Brodie Porter

14th February 20174th February 201824th February 201825th February 201827th February 20185th February 2019



"In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ"

Only the deaths for the previous five years are included in the magazine, but each name in our remembrance book is read out during the intercessions at St Paul's during the Sunday service.

2022 CHURCH CAR PARKING PERMITS

Application forms for 2022 Car Parking Permits are now available at the back of the Church. Prices are once again frozen at $f_{.45}$ for one car, and $f_{.65}$ for two cars.



MAGAZINE SUBSCRIPTIONS are due now for 2022. We are keeping the price at $\pounds 1.00$ per issue but are increasing the number of issues to 12 per year. We would appreciate annual subscriptions if possible. Please make payment in the Office. We hope you will feel the magazine provides good value for money.

RECYCLING AT THE CO-OP Soft plastics can now be recycled in the special blue bin close to the tills—pet food pouches, food wrappings, bags, cellophane, crisp packets, pasta bags, chocolate or biscuit wrappers, plastic fruit/veg net bags, lids on yoghurt pots, etc, as long as everything has been washed—not plastic bottles, tubs, pots, trays and caps. If you're not sure, a simple test is to scrunch it up and if it pings back, it's a useful indicator it's soft plastic.



Parish of Saint Paul Grange-over-Sands

FEBRUARY 2022 SERVICES AT ST PAUL'S & FELL CHURCH

WEDNESDAY 2nd FEBRUARY 10.00 am - Morning Worship - St Paul's Church, Grange Lay-led

SUNDAY 6TH FEBRUARY - 4th SUNDAY BEFORE LENT 11.00 am Holy Baptism - St Paul's Church, Grange Rev'd Jonathan Brewster

> WEDNESDAY 9th FEBRUARY 10.00 am - Morning Worship - St Paul's Church, Grange The Venerable Penny Driver

SUNDAY 13th FEBRUARY- 3rd SUNDAY BEFORE LENT 9.30 am - The Fell Church, Grange - Lay-led 11.00 am - Holy Communion St Paul's Church, Grange The Venerable Penny Driver

> WEDNESDAY 16th FEBRUARY 10.00 am - Joint Holy Communion with the Methodist church, Grange at St Paul's Church, Grange - Rev'd Nick Hallam

SUNDAY 20th FEBRUARY - 2nd SUNDAY BEFORE LENT 11.00 am - Morning Worship - St Paul's Church, Grange Lay-led

WEDNESDAY 23rd FEBRUARY

10.00 am - Holy Communion - Rev'd Jonathan Brewster

SUNDAY 27th FEBRUARY - SUNDAY NEXT BEFORE LENT 9.30 am - Holy Communion - The Fell Church, Grange - Rev'd Jonathan Brewster 11.00 am - Holy Communion - St Paul's Church, Grange - Rev'd Jonathan Brewster



FAIRTRADE FORTNIGHT 21 February to 6 March 2022 (taken from the Fairtrade web site)

"Fairtrade Fortnight is an annual promotional campaign which happens once every year, organized and funded by the Fairtrade Foundation to increase awareness of Fairtrade products. For two weeks each year at the end of February



and start of March, thousands of individuals, companies and groups across the UK come together to share the stories of the people who grow our food and drinks, mine our gold, and who grow the cotton in our clothes, people who are often exploited and underpaid.

In 2022, the Foundation's online *Choose the World you Want Festival* returns. Last year's festival saw campaigners, shoppers, students and businesses come together in a show of support for the farmers behind our food on the front line of the climate crisis. From online panels to bake-offs and coffee mornings, over 50 virtual events took place as part of this virtual festival, with supporters sharing the power of Fairtrade and what needs to happen next to ensure farmers and workers are put front and centre of conversations on how to tackle the climate crisis. The COVID-19 pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the very heart of the Fairtrade message. As individuals we have the power to drive long-term change, not only with our shopping choices but with our support in spreading the message.

Since last year's Fairtrade Fortnight the G7 and COP26 have taken place. Over 33,000 campaigners joined 1.8m Fairtrade farmers and workers in backing the **Be Fair With Your Climate Promise** challenge to world leaders at the UN COP26 summit. But the wealthiest nations failed to recognise the urgent need to invest in farmer expertise by delaying their promised \$100bn annual funding to the most climate-vulnerable countries until 2023.

Fairtrade is about social, economic and environmental justice. These are built into our standards and drive everything we do. A root cause of the inability to adapt to and mitigate climate change is poverty. More money in the hands of farmers is needed if they are to adapt and survive the climate crisis. Choosing Fairtrade fights for improvements in producers' livelihoods with collective strength through co-operatives and their bargaining power, the protection of a Minimum Price, and Fairtrade Premiums. "

In a small way we can all make a difference in the choices we make as we go about our everyday shopping. Look at the labels, and remember that the Co-op here in Grange has a wide range of Fairtrade goods. In December £16.23 was raised for our church by using the platform of Easyfundraising when ordering goods or services online, bringing the total raised so far to £562.94 by 18 members of

easyfundraising feel good shopping

our congregation. Do remember this easy and painless way of raising donations for our finances. The January newsletter from the organisation suggests some ways in which we can tap into this source.

"It seems that 2022 will be the year we can enjoy normality once more. So here are 7 things to invest your time in this January in preparation for the adventures to come.

1. HOME INSURANCE

You can shop for home insurance with Confused.com and save £115, plus you'll earn £12.50 for your cause.

2. CAR INSURANCE

If it is time to renew your car insurance, here are some of the top offers to help you save money and earn free donations:

- * Get a £20 donation and save up to £257 when you buy a new quote through Go Compare Car Insurance.
- * Go direct to Directline.com and see how much you can save, plus you'll earn \pounds 12.50 in donations for your cause.
- * Compare deals and raise £16.25 in donations with Money Supermarket.
- * AA Car insurance are offering 10% off for new customers and a $\pounds 20$ donation.
- * Swinton Car Insurance, the UK's biggest high-street broker, offer up to ± 27.50 in donations for your cause.
- * As well as Meerkat movies and meals you'll also earn \pounds 12.50 in donations when you take out car insurance with Compare the Market.

3. BREAKDOWN COVER

The days are getting longer and brighter which means now is a great time to get out and about. If you're taking the car, it's a good idea to check if you've got breakdown cover. If you're not already covered, the AA offers 24/7 roadside assistance, plus you'll earn up to £10 in donations for your cause.

4. MOBILE PHONE CONTRACT

There are so many deals; here are some of the best:

- * Earn f_{25} with Currys when you shop for monthly mobile phone contracts.
- * EE's winter sale is now on, with deals on a monthly contract plus up to £35 in donations.
- * Mobiles.co.uk offers free next-day delivery as standard and up to £12.50 in donations.
- * If you're happy with your current plan, but need a new phone check out Giff Gaff Handsets. There's up to $\frac{1}{2}$ 70 off refurbished phones and a $\frac{1}{2}$ 15 donation.

5. BROADBAND

It's a great time to check your current broadband speeds and upgrade to a better deal. There is a whole host of deals for the new year:

- * Compare the latest deals on the market with <u>USwitch</u> and earn \pounds 15 for your cause.
- * BT Broadband offers full fibre and delivers speeds up to 900Mbps on the UK's most reliable broadband technology plus you'll earn up to \pounds 42.50 in donations.
- * Enjoy award-winning broadband from Now Broadband, with unlimited downloads and earn up to $f_{22.50}$ in donations.
- * Plusnet Broadband are offering up to a $\pounds70$ Plusnet reward card as a thank you for signing up, along with a $\pounds22.50$ donation.

6. Upgrade your TV Package

There are some great deals for new TV packages this January and Sky is no exception. You can build your own bundles with Netflix, Sky Cinema or Sky Sports packages to make sure you keep the whole family entertained. Build your perfect bundle and raise up to $\pounds 55$ for your good cause at the same time.

7. SORT OUT YOUR SAVINGS

There is a plethora of deals on the market. We've highlighted some of the providers who offer donations too.

- * Start investing from just $\pounds 10$ a month with Scottish Friendly and raise up to $\pounds 150$.
- * Open a savings plan today with Foresters Friendly Society and get up to a £270 M&S gift card and up to £150 in donations for your cause.
- * Chose a tax-efficient, long-term plan to grow your money with Shepherds Friendly and you'll earn up to \pounds 150 in donations.
- This information does not constitute financial advice; always do your own research. Your use of the information is at your own risk and easyfundraising cannot accept liability if things go wrong. All rates correct as of 04/01/2022, but rates are subject to change. Check the retailers' pages on the easyfundraising website."

A THOUGHT FOR THE DAY

From Radio 4 - each weekday at 7.50 am

"We have wounds but we do not have to be stunted by them. Through lives of prayer and acts of forgiveness we allow God to heal our scars, create new life guide us into continual growth."

News from Emma Bennie, a former worshipper at the Fell Church and a member of our Worship Committee

Dear Penny,

I hope that you had a good Christmas. Thank you for the Christmas card.

Ours was very quiet, after Church we went for a walk on the beach at Bamburgh. We got blown along and fought our way back but it was very invigorating!

I came to the Christmas tree festival at St Paul's at the beginning of December. It was lovely. I read in the parish magazine that it had been very successful and raised a good sum of money for the chosen charities. I didn't recognise the lady who was stewarding though!

I spent the week between Christmas and New Year painting the upstairs bathrooms, which are now finished! When the plumbers started on the downstairs bathroom, they discovered some very poor workmanship which has led to them taking the floor up in both the bathroom and the corridor!

Nigel and I have managed to get outside for the last week. Nigel has finished cutting the beech hedge behind the house, and has started on the holly hedge at the front of the house. Unfortunately his hedge trimmer has had enough and has developed a fault. I think he may have to buy a new one as he seems to have taken it apart, put it back together, and it still cuts out! I've had fun and games trying to get wood for raised beds. Originally I was going to use the wood from the existing beds to create 3 new ones, but looking at what is salvageable we decided that I may as well buy new as most of the wood is rotten. I then contacted a local sawmill suggested by the garden centre but they only sell to trade and, unless I wanted an articulated lorry load, they weren't interested! However, they did suggest another local sawmill and they will supply and deliver. We have replanned the vegetable area as we will have to lift all the paving slabs because we have an amazing crop of weeds growing between the slabs. We have learnt that in this house nothing is straightforward!!

I seem to be settling into church here. It's nice to be able to walk there! I have now been put on the coffee rota and I have been invited to the lay-led service planning meeting next week. My plan to hide at the back of church for a few years hasn't worked! It might be that on a good Sunday the congregation just about gets into double figures and on a bad Sunday there are about 5 of us. There were 22 on Christmas Day. There are 4 churches in our cluster, looked after by Suzanne. We have one lay-led service a month and when there is a fifth Sunday there's a joint service at one of the churches.

We are very lucky with our organist; he is called John Casken and was a lecturer in music at Durham University. He has just won the inaugural Tippett medal. During the summer he organises concerts in the church too.

With love Emma

WHAT EVERYONE SHOULD KNOW ABOUT LENT

What is Lent?

- * 'Lent' is derived from the Middle English 'Lente' which means 'springtime'
- * It's the 40 days preceding Easter
- * It begins on Ash Wednesday and ends on Easter Sunday

Why is it important?

Lent gives us an opportunity to reflect on the meaning of the Easter story, setting aside time to examine and evaluate our lives. It is a special time for

- * Meditation, prayer and self discipline these help us to grow in our spiritual life
- * Repentance and inner change we can commit ourselves to living a Christian life
- * Public worship Lent and Holy Week services help us to renew our faith
- * Bible study this can help us to better understand Christ's sacrifice

The origins of Lent

Fasting and prayer have been important observances since biblical times.

- * Moses fasted and prayed for 40 days. During this time God gave him the Ten Commandments. Exodus 34, 27-28
- * Elijah fled for his life through the wilderness, fasting 40 days and nights until he came to Mt Horeb. There God appeared and instructed him on how to overcome his enemies. 1 Kings 19, 1-18
- * Jesus withdrew to the desert after his baptism to fast and pray for 40 days before beginning his public ministry. Matthew 4, 1-2, Luke 4, 1-2

The Lenten period and its emphasis on repentance and self-discipline evolved slowly over the centuries. In the early church, candidates prepared for Easter baptism during Lent. During the Middle Ages Christians fasted from meat and other foods and stayed away from festivities during Lent. Gradually these customs became less rigid. Today we have moved away from an emphasis on self-denial to prayer, meditation and reflection. Lent remains important as a time of preparation for baptism, and one of the main parts of the service on Easter Saturday is the renewal of our baptismal vows.

There will be two services on Ash Wednesday, 2nd March

* 10 am at St Paul's, Grange

* 7.30 pm at St Peter's, Finsthwaite Both with the Revd Jonathan Brewster presiding





Lent is a time of reconciliation with God

Today, as in the past, Lent prepares us so we may experience more fully the joyful Easter message.

Some practices to help us include the following:

- * Special commitments this means giving up something for a greater good, perhaps foregoing something for ourselves and giving that time or money to a charitable cause
- * Good deeds which consist of self-sacrifice for the benefit of others, perhaps visiting or helping a neighbour
- * Fasting eg attending the Lent lunches organised by Churches Together
- * Prayer and reflection setting aside time for prayer which means speaking with God, and time for examining our lives seriously and thoughtfully
- * Christian study perhaps choosing a book or a particular part of the bible to read, alone or with others in a study group
- * Church activities some of the special services during Holy Week
- But be realistic, begin only what you can accomplish, and be fair without making others feel uncomfortable or guilty. And above all, be loving toward others and open to God's will

GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE								
	2015	2016	2017	2018	2019	2020	2021	2022
January	154	141	98	142	73	107	186	48*
February	76	125	91	69	99	263	139	
March	110	107	162	60	182	75	134	
April	46	72	15	98	39	12	12	
May	165	32	75	37	52	26	101	
June	34	185	135	19	91	99	30	
July	69	113	126	33	134	169	70	
August	112	168	86	108	180	188	63	
September	29	118	177	133	177	66	62	
October	60	31	172	131	160	165	304	
November	246	118	189	62	85	114	71	
December	352	65	109	160	155	126	153	
Annual								
Totals	1,453	1,275	1,435	1,052	1,433	1,408	1,325	48*
* means incomplete total till next month								

Be doers of the word, and not hearers only.' James 1, 22 Observing Lent can help you experience the full joy of Easter

POOR PEGGY'S ONE JOURNEY TOO MANY

Found amongst some old local newspaper cuttings (written by A.L. Evans and copied verbatim)

More than 100 years ago Grange-over-Sands, though slowly becoming a place visited by more and more 'over sands' visitors, was vastly different from the town of today. A simple thing like getting meat for dinner meant a trip to Cartmel, the nearest place with a butcher's shop.



Peggy Keith, in the mid-19th century, was the local carrier often employed for such a task, but she brought provisions from far away Kendal. This marvellous old dame never wrote her customers' requirements down on paper, she carried them all in her head. Travelling the poor roads of that time, wearing a man's long overcoat against any inclement weather, she smoked a small blackened clay pipe continuously, the short stem bound with string for better grip and comfort. Hardworking and cheerful, poor Peggy fell off her cart on one of her journeys was badly crushed by the wheels, and killed.

Another character frequenting Grange and district was Betty Bell, who always wore an outfit complete with frilly cap or sunbonnet. She lived at a place called 'Draw Well' and both she and her brother Jimmy sold fish, Betty usually with arms on hips for balance, carrying the load in a wickerwork creel basket on her head. Salmon, fresh caught in the Bay, was often sold at a shilling a pound!

Betty also made and sold 'clap bread', the same as 'haver bread', thin oaten discs cooked over a fire of peat and wood. Often gorse or thin birch twigs, which blazed quickly with sudden heat, were used in this type of cooking, but peat was the mainstay amongst the fuels before coal began to arrive regularly.

At first the coal came by boat, a barge-like 'flatt', usually arriving from the Lancashire coalfields about St Helens via Preston/Lancaster/Kendal canal. Unloaded near Milnthorpe, it was finally trans-shipped from there across the Bay. Later on the coal arrived quickly and cheaply by way of the Furness Railway.

Betty Bell, ever a strong and selfwilled character, became fed up with married life. She left her husband abruptly, announcing to all and sundry that she would 'hae nae mair bairns', and went back to live with her brother. I have no record of what happened to either father or the unfortunate 'bairns'.



There was no piped water supply to Grange in those days. Water came from specially dug draw wells from which it was drawn laboriously by bucket and windlass. Betty and her brother had such a well in the orchard of their house, appropriately called 'Draw Well', and the water from it was renowned for its purity. Being in a limestone district, fresh water springs bubbled from the rock, and one of these became the main supply for the few houses of old Grange. This was a spring in the sands of the shore, which, despite being covered twice daily by the tide, produced a constant supply of sweet Those wanting water at tide-time fresh water. obviously had to wait for the tide to ebb, and then give the spring some time to become clear of any sea water as it bubbled upwards. The fresh water had then to be carried up the shore to the houses by buckets. That



same spring is under the ornamental pond in the rose garden of today.

Receiving a letter in those not-so-far-off days could be quite an event. It was even more so in Grange, for the post was carried on foot from Lindale, in the crown of an old man's hat! To any of the few strangers enquiring if there was any post for them, he would reply, simply: 'Naay, naay, ah canna tell. Yo mun e'en choose for yersels'. Nor was he being brusque or impertinent. The simple fact was that he told the truth. He certainly could not tell anyone if there was a letter for them, because this honest old man could neither read nor write.

DIOCESAN NEWS The launch of Kendal Debt Centre

More than 100 people gathered for the official launch of a new Christians Against Poverty (CAP) debt centre to serve people in Kendal and the surrounding area. The Kendal and District Debt Centre has come about through a collaboration of churches in the town, with the launch event held at St Thomas' in Kendal on Sunday night, 9th January.

Referrals will be made centrally by CAP and are open to everyone. The event saw the commissioning of the debt centre's new manager, Samantha Vyner-Brooks. The Revd Jonny Gios, chair of Trustees, paid tribute to the work of a previous debt centre in the town at Parr Street Evangelical Church, which closed in 2019 after helping 78 families go debt-free. He added: "We are passionate about seeing lives transformed, renewed and set free from debt right across the South Lakes area. After two years of hard work by many individuals and churches, now the work really begins with our first client due to be seen on Tuesday".

HAVE YOU SEEN THE "KNIFE ANGEL"?

Standing tall and proud but with a hint of sadness in its eyes, its head is tilted down slightly to the left, both hands held out in front, and with open wings shielding its body from behind. But look closely and you will see how this 27ft creation has been constructed: 100,000 knives - small kitchen paring knives, bread knives, cleavers, butchers' knives, even axes and the odd machete - have been welded to a steel frame and formed into an angel.

This stunning Knife Angel, now a little rusty, has been standing outside the Town Hall in Barrow, its 17th location on a tour of the country under the "Save a Life, Surrender your Knife" campaign, part of the National Youth Anti-Violence Education Programme.

The knives were not purchased or made especially for this project. They have all been voluntarily surrendered or seized from the streets of Britain by 43 police forces in amnesties across the UK, then blunted and sterilised at the British Ironwork Centre: 30% of them were covered



in bodily fluids. They face outwards and are a powerful reminder of the devastation knife crime brings to victims and their families.

Workshops and education initiatives have been held in Barrow while the Angel has been looking down on the town from its prominent position. Its hands are palm up in a gesture of openness and honesty, its head tilted down suggesting submission and a show of interest. Weapons can be surrendered – no questions asked - in the knife bank situated beside this poignant piece of art.

What it represents to you as the viewer remains personal, but to me it makes evident the contrast of good versus those who need to understand what goodness means. The striking image is quite scary, but it has a sense of submission and openness, humility and honesty, whilst trying to raise awareness of the need for social change. Change cannot be ignited by force alone but through awareness, understanding, trust and a building of relationships. I guess those who don't carry knives will never understand a need to do so, and those who do will never understand why others don't.

But through communication and discussion, understanding is realised and change can take place. Let's pray this Knife Angel will become a messenger of God's message to us in this world of increasing violence.

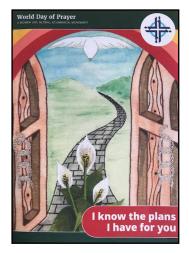
> "In a gentle way we can shake the world" - Mahatma Ghandi "Let your gentleness be evident to all" - Philippians 4, v5

WORLD DAY OF PRAYER

A women-led global ecumenical movement Friday, 4th March, 2 pm, at the United Reformed Church, Grange

"I know the plans I have for you"

An invitation is extended to everyone – men, women and children of all ages - to join this international Day of Prayer. Christian women of England, Wales and Northern Ireland have prepared this year's service, choosing as its theme the verse from Jeremiah. He was relaying God's promise to the exiled people of Israel, who were longing to return to their homeland. Three voices name some of the different forms of 'exile' in our own countries today: poverty, fear and isolation. They tell their personal stories of how



God's plans for them have worked out in unexpected ways – plans that have brought freedom, justice and God's peace. The service moves from 'darkness' to 'light' – from negative places to the positive hope we find in God and God's plans for us, using candles as a symbol of light shining through darkness and seeds as a symbol of God's hope. Seven candles are lit – one for each of the seven regions of the World Day of Prayer family.

The World Day of Prayer is an international, inter-church organisation which enables us to hear the thoughts of women from all parts of the world. This year URC is host and on Friday, 4th March, we shall be joining people in over 120 countries across the world. Please come along and be part of the celebration.

Next year the women of Taiwan will be devising the service, with the theme 'I have heard about your faith'.

THE OTHER

There are nights that are so still that I can hear the small owl calling far off and a fox barking miles way. It is then that I lie in the lean hours awake listening to the swell born somewhere in the Atlantic rising and falling, rising and falling, wave on wave on the long shore by the village, that is without light and companionless. And the thought comes of that other being who is awake too, letting our prayers break on him, not like this for a few hours, but for days, years, for eternity.

> R S Thomas Poet and Priest

February 2022Mutthwitts 203FLORMER CannueCanver FLUFLU FLURAVERTHWATTS CANNELSTAVELEND ROUGHTON & RAUDENRUDON ROUGHTON & ROUGHTON & ROUGHTON & ROUGHTON & ROUGHTON & ROUGHTON & Roughton Recid) and Marcicle Recid) and Ma	Sunday Ser	Sunday Services around the Team	d the Team						
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Readers Lay-led	Sunday 27 th February Sunday next before Lent	9.30 am Joint Holy Communion with St Johns <u>Rev'd Jane Maycock</u>	9.30 am Joint service at St Mary's <u>Allithwaite</u>	11.00 am Holy Communion <u>Rev'd</u> Jonathan Brewster	9.30 am Holy Communion <u>Rev'd</u> Jonathan Brewster	6.00 pm Evensong Lay-led	11.00 am Morning Worship Lay-led	11.00 am Morning Worship Lay-led	9.30 am Morning Worship Lay-led
	Cle	rgy	Reader	80	La	y-led	Note: R ev ² d Jonatha Tuesday 15 th till Mor	n Brewster will be c day 21⁴ February 2	ff on Holiday from 022





Wednesdays Clergy Rota – St Paul's Church, Grange		Lay-led	9 th February The Venerable Penny Driver	16 th February Joint with Methodists at St Paul's Church Rev'd Nick Hallam	Lay-led
Wednesdays Clergy	February 2022	2 nd February Lay-led	9 th February	16 th February	23 rd February Lay-led

LIVELENT 2022 **EMBRACING JUSTICE**

On Thursday 27 January the Church of England launched its Lent campaign for 2022 via YouTube This year the theme focuses on and Facebook. #LiveLent: Embracing Justice. Both the Archbishop of Canterbury's 2022 Lent Book, Embracing Jus-



tice (SPCK), and the daily reflections booklet for adults (CHP) have been written by Isabelle Hamley.

The campaignt invites us to examine our own lives truthfully, to see the world more deeply, and to pray - for the church and the world far and near - that 'justice may roll down like waters, and righteousness like an ever-flowing stream' (Amos 5.24).

Each week we follow a different thread through the many stories of justice in the Bible to explore how God works with humanity to bring justice, wholeness and salvation to all. As in recent years, the weekly themes of the Archbishop's Lent Book will also be explored in daily reflections from the Church of England. There is a daily Bible reading, a short reflection and a prayer, as well as a practical challenge linked to the week's theme. The book and booklets are accompanied by daily social media posts from Ash Wednesday (2 March) to Easter Day (17 April), together with a wide range of free digital resources for individuals, groups and churches.



If you ever need support, Age UK is here for you. Our free Advice Line is open 7 days a week, 8am-7pm ageuk on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call The Silver Line on 0800 4 70 80 90.

You can also find out information about coronavirus, lockdown rules and vaccinations on our website.

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need. Another number to ring - HELPLINE 03030030003 Website: www.ageuk.org.uk/campaigns Twitter: *ageukcampaigns*

Colin's collection of country churches to combat Covid 19 "collisolation"

Or... C.C.C.C.C.C.

No.22 - Newlands Church

Tucked away beneath the Derwent Fells, the Newlands Valley lies about half-way between Keswick and Buttermere. At its head is this tiny church, with whitewashed walls and attached former school room, almost looking out of place in this very scattered remote community. In fact the nearest hamlet is known as "Littletown" made famous by Beatrix Potter on one of her many visits to Crosthwaite Vicarage or perhaps Lingholm House, where she



would frequently stay, both on the outskirts of Keswick. She used this tiny community as the backdrop in her children's story "*The Tale of Mrs Tiggwinkle*", and dedicated it to "Lucie", the little girl who appears in it who was at the time the daughter of the Rev'd Carr once vicar here. The illustrations which Miss Potter drew and painted to accompany the narrative about the 'washerwoman hedgehog' are taken straight from this valley and reminiscent of what places here looked like in 1905.

Newlands church is completely surrounded by the wonderful Lakeland fells and valleys and uncharacteristically is whitewashed on its exterior. The local myth is that here in late Victorian times early climbers and fell wanderers could easily see this important landmark from afar and, in times of quickly changing weather, the white of the building showed a safe way down the mountainsides without getting into trouble.



Adjacent to the church is the marvellous school room where "Lucie" was a pupil, but sadly now long since closed. In by-gone days there were no more than ten pupils here at any one time, and the plaque on the wall reminds us of the esteem in which Miss Potts was held by the parishioners of this valley. Her dedicated service to both church and school lasted 19 years, and today where the sound of children is "no more", there is a real spiritual calm and quietness in the room, which invites you to venture further into this lovely building.

The origin of Newlands Church is far from clear, some estimates suggesting that a place of worship was here in this valley in the middle of the 16th century.



However, in 1731, The Rev'd Joseph Fisher was appointed as its first curate, and, being so tiny, it continued with curate incumbents only. Moreover, in 1840, records show that the then curate, John Monkhouse, was instrumental in raising enough funds to construct a new church, the building of which you see today. It appears that for a further £37 a small school room was added, but this only lasted for some 35 years. By 1877

the school room had been replaced by one of slightly larger dimensions and something that was more fitting to be part of this whitewashed structure. In addition, the use of curates in far-flung remote and rural churches had stopped by1882, when the church received its first vicar. Alas, today it is part of a shared ministry with about 5 or 6 other churches in this part of Cumbria.

Over the following years a number of interior upgrades took place or were installed, and one of the most striking additions was the singing gallery. Here the choir or musicians playing instruments could perform with great gusto; it also made space for other regular worshippers in the early part of the 20^{th} century when church attendances were far higher than today. Although a notice board inside the building did suggest a pattern of semi-regular worship takes place here, it has to be said that car parking in the Newlands Valley is extremely limited. Because of its closeness to *Catbells* and the other Derwent Fells, spaces seem to be snapped up by those seeking pleasure in exploring the surrounding countryside.

Long before cars were invented, William Wordsworth visited what was the old building in this valley with his sister Dorothy and daughter Dora. They were all so taken aback with the beauty of its setting that it is said it instigated the poet to write one of his famous poems entitled "To May". A copy of his poem was written in tablet form on a wall hanging. However, Wordsworth would have to wait until 1840 to witness the church of today. In grateful appreciation to the curate who made the

modernisation possible, a beautiful stained glass window was purchased and positioned in a direction looking outwards towards the splendid Lakeland Fells. Today this delightful place is still not dedicated to any particular saint, but certainly commands one of the most beautiful locations within our Diocese. If you do visit, be prepared though, for a full car park and some very narrow stonewalled and winding country lanes!



ANGLICAN SAINT - GEORGE HERBERT - 1593 - 1633

George Herbert was a Welsh born English poet, orator and Anglican priest.

Being born into an artistic and wealthy family, he received a good education that led to his holding prominent positions at Cambridge University and Parliament. As a student at Trinity College, Cambridge, Herbert excelled in languages and music. He went to college with the intention of becoming a priest, but his scholarship



attracted the attention of King James I/VI. Herbert served in Parliament for two years. After the death of King James and at the urging of a friend, Herbert's interest in ordained ministry was renewed.

In 1630, in his late thirties he gave up his secular ambitions and took holy orders in the Church of England, spending the rest of his life as a rector of the little parish of Fugglestone St Peter with Bemerton St Andrew, near Salisbury. He was noted for unfailing care for his parishioners, bringing the sacraments to them when they were ill, and providing food and clothing for those in need. Henry Vaughan said of him "a most glorious saint and seer".

Throughout his life, he wrote religious poems characterized by a precision of language, a metrical versatility, and an ingenious use of imagery or conceits that was favoured by the metaphysical school of poets. Charles Cotton described him as a "soul composed of harmonies". Herbert himself, in a letter to Nicholas Ferrar, said of his writings, "they are a picture of spiritual conflicts between God and my soul before I could subject my will to Jesus, my Master".

Some of Herbert's poems have endured as hymns, including "King of Glory, King of Peace" (Praise), "Let All the World in Every Corner Sing" (Antiphon) and "Teach me, my God and King" (The Elixir). His first biographer, Izaak Walton, described Herbert on his death-bed as "composing such hymns and anthems as he and the angels now sing in heaven".

He is commemorated on 27 February throughout the Anglican Communion.

Daily Hope, a free national telephone line, offers music, prayers and reflections as well as full worship services from the Church of England at the end of the phone —for those



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