THE PARISH CHURCH OF SAINT PAUL GRANGE-OVER-SANDS





Normal services at The Parish Church of Saint Paul

Sundays - 11.00 am - Parish Service Wednesdays - 10.00 am - Holy Communion

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP)
9.30 am - Fourth Sunday - Holy Communion (BCP)
Fifth Sunday of the Month
Joint Service with St Paul's at 11.00 am in the Parish Church



ST PAUL'S MISSION STATEMENT

Our mission is to build confidence in Jesus Christ in the heart of the community through prayer, worship and learning, in joy and practical service to the wider world.

Team Rector	Tel No
Vacant	

Team Vicars

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU	36261
Rev'd Rachel Stavert - The Vicarage, Allithwaite, LA117QR	
The Revd Rachel Stavert is currently on an extended leave of absence	

Licensed Lay Readers in the Cartmel Peninsula Team Ministry

Licensed Lay Reducts in the Cartiflet Femilisota Team Millist	.i y
Steve Bell, Beckside Barn, Beckside, Cartmel, LA117SW	36789
Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF	35979
Elisabeth Arthurs, 14 Meadowbank Lane, GOS, LA11 6AT	35406
Diane McGuire, Cardrona Road, GOS	07951423789
Lay Reader Emeritus	
Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA11 7JA	35297

Visit our website www.grangepcc.co.uk www.facebook.com/StPaulsGo.S



SOME BACKGROUND INFORMATION ON OUR NEW APPOINTMENT



On the 13th September 2021 the Bishop announced that the Reverend Canon Jonathan Brewster had been appointed to a new role in the Diocese of Carlisle as Interim Mission Community Leader and Transitional Vicar in the Cartmel Peninsula Team Ministry, with responsibility for the parishes of Grange, Broughton, Finsthwaite, Haverthwaite and Staveley. provide strategic leadership to enable the churches to work together in mission across the peninsula and to work with ecumenical colleagues in developing the vision.

Prior to ordination Jonathan taught 7-14 year olds in Southern India and studied

for an HND in Business Management at University College Buckinghamshire, where he was also President of the Christian Union. He worked for an underwriting syndicate at Lloyd's of London. Ordained Deacon in 1994 after studying for a BA in Theology at Trinity College Bristol, he was a curate in the Diocese of Bradford, and between 1998 and 2003 he led an ecumenical chaplaincy team in the University of Westminster. He also served for three years as Assistant Director of Ordinands in the Diocese of London. In 2001 Jonathan completed an MA in Systematic Theology at Kings College London. He was the Vicar of Christ Church with St John and St Saviour in Highbury for 14 years. He also served as Area Dean of Islington since 2014 and was Acting Archdeacon of Hackney from 2015 to 2016, before moving to St Paul's Cathedral in 2017 as Residentiary Canon and Treasurer, an appointment involving oversight of the building and the commercial and financial aspects of its work, relating these to the Cathedral's spiritual mission of worship, prayer and service, as well as development, marketing and communications.

Jonathan said "I have been immensely privileged to be part of St Paul's Cathedral community since 2017 and to contribute to the valuable work of the Cathedral in my role as Canon Treasurer. While I will be very sad to say goodbye to my colleagues and friends here at the Cathedral, I am very much looking forward to joining the Diocese of Carlisle, and contributing to its ecumenical vision and the important work of the Cartmel Peninsula team working alongside colleagues helping the parishes develop and articulate their identity in a new and developing relationship with each other."

Jonathan is married to Sarah, and they have two adult and two younger children; the family will be living in Haverthwaite Vicarage. He enjoys playing and listening to jazz music, reading, and walking the dog.

Jonathan will be licensed to his new post on Thursday, 14th October, at 7 pm, in St Paul's Church by the Rt Revd James Newcome, Bishop of Carlisle. We very much look forward to working with Jonathan to further God's mission on the peninsula.

Licensed with him will be the Revd Jane Maycock, who has been appointed as Interim Associate Priest for Allithwaite and Flookburgh. Jane is the wife of the Revd James Richards, vicar of St Martin's, Bowness, and previously Rural Dean.



"Let's treasure our joys — but not bewail our sorrows. The glory of light cannot exist without its shadows. Life is a whole, and good and ill must be accepted together. The journey has been enjoyable and well worth making ... once."

Quotation by **Winston Churchill**, taken from *Thoughts on life to come*'

FOLLOWING ON FROM THE ARTICLE IN LAST MONTH'S MAGAZINE, HERE IS ANOTHER COINCIDENCE IN THE PARISH

In conversation with the Revd Graham Jones and his wife Aldwyn one morning after a Sunday service, Graham mentioned how often Aldwyn had travelled up the M6 from Liverpool each weekend to visit her parents in Grange in the 80's. I could relate with her as I too often travelled from Liverpool up the M6 to visit my sister and parents. I soon found out that Aldwyn lived in the same Merseyside town, Maghull, in the same road, just 200 yards away from me, and she taught RE in the primary school my children had attended!! Unfortunately they never met, because my younger child left St Andrew's Primary School 4-5 years before Aldwyn started. Unknowingly we remained neighbours for several years before we both moved to Grange. Now we are 'neighbours', worshipping together at St Paul's.

Sue Fleetwood

FROM THE REGISTERS FOR OCTOBER

BAPTISM

We were delighted to welcome Sadee Murphy into our Church family on 19th September 2021, when she was baptised during the morning service by Archdeacon Vernon Ross.

"Born of Water and the Spirit"

BAPTISM ANNIVERSARIES

1st October 2017 Mr Callum Robert Ramsay 8th October 2017 Evalina Grace Melling



CONGRATULATIONS TO BARBARA AND PETER RAMSDEN as they celebrate their diamond wedding

YEAR'S MIND

Malcom Higginson21st September 2016Ian Wilson28th September 2017Nancy Atkinson19th September 2019Robin Leaver21st September 2019

"In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ"

Only the deaths for the previous five years are included in the magazine, but each name in our remembrance book is read out during the intercessions at St Paul's in the Sunday service.

A DEFINITION

Does the collection of stuff that surrounds you make you into who you are? Or is who you are characterised by the souvenirs and memorabilia you have amassed in the place in which you live?

Do they determine your character or rather explain your personality?

Do they act as the illustrations of who you are, visual aids revealing a more complex you or is their presence a limiting factor cluttering your spirit?

Do they show off your sense of style or prevent you exploring a different approach to

Do they show off your sense of style or prevent you exploring a different approach to life?

Do they help you remember your past or muddle your future? Take a quick look around your rooms and ask yourself one question: Why do I keep this?

Then listen to your answers.
They may surprise you, even inspire you.

Pip

CHURCH DIARY - OCTOBER 2021

Sunday 3rd October - Trinity 18

11.00 am - Harvest Festival - The Venerable Penny Driver

Tuesday 5th October

6.00 pm - 7.00 pm - Drop in to meet Helen Hoyle, Youth Trust Worker at the Methodist Church, Grange

7.00 pm - Safeguarding Training at Grange Primary School

Wednesday 6th October

10.00 am - Holy Communion - Rev'd Nick Hallam

6 pm Supper at Freshers, pre-booked (leaving Grange at 5 pm)

Sunday 10th October-Trinity 19

9.30 am - Lay-led - The Fell church, Grange 11.00 am - St Paul's, Grange

Wednesday 13th August

10.00 am - Holy Communion - Rev'd Bryan Williams

Thursday 14th October

7.00 pm - Licensing of Rev'd Jonathan Brewster & Rev'd Jane Maycock at St Paul's Church, Grange

Sunday 17th October - Trinity 20

11.00 am - Holy Communion & Baptism, St Paul's, Grange Archdeacon Vernon Ross

Wednesday 20th October

10.00 am - Holy Communion - Rev'd George Wilson

Sunday 24th October - Last Sunday after Trinity - Bible Sunday

9.30 am - Lay-led - The Fell Church, Grange

11.00 am - Lay-led - St Paul's, Grange

1-3.00 pm Foodbank collection, Father Magner Room

Monday 25th October - Half Term Week

Wednesday 27th October

10.00 am - Lay-led Service

Sunday 31st October - 4th Sunday before Advent

11.00 am - Holy Communion - Rev'd Jonathan Brewster

1 pm SOLO dining, Woodlands Hotel

3.00 pm - All Souls' Service, St Paul's, Grange

CHRISTMAS TREE FESTIVAL

Gill, Christine and I are organising the Christmas Tree Festival once again this year, and we hope that everything will be almost back to normal. We have circulated the invitations to all previous entrants but, if anyone you know would like to enter a tree, please tell them to contact any of us or the church office with their email address and we will send them the information.



The theme for this year is "Believe there is good in the world". Our chosen Charities are The Red Cross, Growing Well and Light up Lives. The last two are local Mental Health Charities. Tim Farron MP has agreed to open the Festival on Thursday, December 2nd, at 7pm. He loves coming and puts the date in his diary for the following year before he leaves on the opening night!

Susan and Bill Jackson have kindly offered a suitable tree from their garden for the Church tree.

Margaret Ratcliffe

SIGNS OF A RETURN ONCE MORE TO 'NORMALITY'

Once again the Pastoral Team will be offering *Holy Communion at home* at the beginning of each month to those who are unable to get to church. If you, or anyone you know, would welcome this, please speak to one of our Pastoral Team – Mollie Bell, Margaret Caseley, Sue Fleetwood, Susan Jackson, Joyce Leach, Penny Ward.

Our *Wednesday 10 am services* have now resumed, with refreshments afterwards.

And for a new initiative – We are exploring joining with our Methodist friends who also have a Communion service on the third Wednesday of each month combined with a coffee morning in their church room. The suggestion is that we should join with them on a 3rd Wednesday, alternating the venue between St Paul's and the Methodist Church. On the occasions when we go to the Methodists there would be no service at St Paul's. We feel, and the PCC has agreed, that this is a good beginning for our Mission Community. We are waiting to hear from the Methodists, but watch this space ...

ALL SOULS - On the 31st October in the afternoon at 3 pm we will be observing All Souls' Day when we shall remember those we have loved and lost. Invitations will be sent to all those who have lost a relative during the last two years - we were unable to hold this service last year because of Covid restrictions. It is a simple reflective service when we can light a candle and say a prayer for those who have died. Many find the service helpful and uplifting, and afterwards we can share fellowship over a cuppa.

What's On!

SAFEGUARDING TRAINING—Tuesday, October 5th, Grange Primary School 7pm Safeguarding training covering the Basic awareness & Foundation modules presented by Judith Mitchell Safeguarding Officer on Oct 5th at 7 pm in Grange school.

AUTUMN CONCERT BY BAY COMMUNITY SINGERS AND FRIENDS (Reunited !!)

Please join us as we celebrate being back together again in person after 18 months absence at our forthcoming concert in St Paul's. The concert is on **THURSDAY**, **OCTOBER 21st at 7.30 pm** (doors open at 7 pm). There will be a retiring collection in aid of St Mary's Hospice and refreshments available to purchase on the evening; there will also be a raffle.

Our programme will be varied and include many of the Singers' favourite songs from our repertoire, and we look forward to welcoming some special guests to entertain you. We are grateful to St Paul's for allowing us to rehearse and perform in the Church. We hope you will enjoy this very special evening of music and singing.

SOLO LUNCH - Our next lunch is on October 31st after morning service at the Woodlands Hotel, Meathop. We will need to pre-book, so the list and choice of menu will be at the back of Church from 17th October. We looking forward to seeing you.

Sue Fleetwood

CELEBRATING 100 YEARS OF SOROPTIMIST INTERNATIONAL

October marks 100 years since the first Soroptimist Club was founded, and to mark the occasion Grange members will be planting a scarlet cloud hawthorn (*Crataegus laevigata*) in the library garden on **Saturday**, **9th October**. This native species has a Royal Horticultural Society award, and grows to around 8 m x 6 m spread in 20 years. It has been chosen for its colour and because it is one of the best for capturing carbon from the atmosphere, good for pollinators, and its haws provide fruit for the birds. The bed in front of the library has also recently been replanted.

£100 - £1 for each year of Soroptimism— is being donated to the Woodland Trust, a non-profit making charity dedicated to look after 1000 woods across the UK, managed to provide habitats for wildlife and for people to visit and enjoy.

And do take the opportunity to visit the sensory garden in Park Road Gardens which the Soroptimists are maintaining. A new noticeboard is being erected this month at the entrance, sponsored in memory of Vera Jones, a former resident of Grange, by her two sisters who also live in the town.

NEWS FROM THE DEANERY

WINDERMERE DEANERY SYNOD REPORT - SEPTEMBER 2021

This was the first face-to-face meeting since the pandemic began, held at St Mary's Church, Allithwaite. Those of you who knew Giles Wingate-Saul will be sad to hear of his recent death. Giles had been involved with Deanery Synod for many years, and latterly was the minuting secretary. David Thornton reported on the recent South Archdeaconry Mission, Pastoral and Parsonages Committee meeting. The proposal to use some of the land at Lindale Churchyard for housing has been dropped. It was noted that Parish Offer payments within the Windermere Deanery were on target for this point in the year.

A request was made that all Deanery Synod representatives receive the monthly Parish Offer figures for Windermere Deanery – this was noted, and arrangements will be made.

The Rural Dean, Revd John Dixon, proposed that the Parish Levy to the Windermere Deanery remain the same as the 2021 figure for next year. This was unanimously approved by those present.

The Parish Offer is going down in real terms and this will have implications for all deaneries.

Safeguarding training is to take place in Grange on 5th October 2021.

Reports from the Mission Communities

Central Lakes: Revd Beverley Lock reported that they have started Pilgrimage Walks around the Mission Community area, which have been very popular. There is a new Baptist Minister at Hawkshead Hill, Revd Matt Hirst.

South Lakes: A Mission Community Refresh event is to be held on 17 October. Congratulations were given to Revd Shanthi Thompson, who is to be Priest at Kendal Parish Church. Both Shanthi and Revd James Richards have been working on forming one team of the six parishes that they now manage between them: Bowness, Windermere, Troutbeck, Staveley, Kentmere and Ings. This Pastoral Measure is now with Church House, London.

Cartmel Peninsula: Two new interim appointments have been made; one full-time priest for Grange-over-Sands, Field Broughton and the Leven Valley parishes – The Revd Canon Jonathan Brewster, currently Canon Treasurer at St Paul's Cathedral, London. The second appointment is a part-time post for Allithwaite and Flookburgh and an announcement is imminent. A new Community Youth Leader has been appointed to work in the peninsula, our own Deanery Lay Chair, Helen Hoyle. The post is a Diocesan post, with funding coming from an amalgamation of the Grange and District Churches Together Youth Trust and St Mary's Church, Allithwaite. There will be a drop-in event at Grange Methodist Church from 6pm-7pm on Tuesday, 5th October for people to meet Helen.

Chris Mason the Deanery Network Youth Minister gave an update on his work. Groups are now able to meet face-to-face. There will be a Pizza Event on 8th October at St Mary's, Allithwaite and he is to start a Drop-In at St Mary's Windermere on Wednesday's at 3.00pm – two female volunteers are required to assist at the drop-in events.

The Venerable Vernon Ross, Archdeacon of Westmorland and Furness, was our speaker for the evening and covered four areas in his look at what the future of the church might be:

Culture Wars – the western church tends to belatedly follow the culture of the day – we need to challenge that culture if it is wrong.

Being Disciples in Exile – the Creeds we say regularly are public statements, not private prayers, and should be lived out. "Aim at Heaven and you'll get earth thrown in" (C S Lewis). Dare to evangelise.

Reclaiming the Institution – we need to aim at being a church that has an institution, not an institution that has a church. A counter-culture church that stands up for what is right and doesn't follow culture trends of the day – we need to be different.

He asked that we look at whether our churches are a mission to our community. Do we spend too much time trying to preserve our church building, rather than being disciples out in our community?

Should Mission and Discipleship be on every Deanery Synod Agenda to enable us to engage in more discussion on this topic?

Sandra Britton, the Windermere Deanery Secretary, wishes to step down. Sandra is also the Deanery Treasurer and wishes to step down from this role also. If anyone is interested in taking on either role, please speak to Helen Hoyle or Sandra. Thanks were expressed to Sandra, in her absence, for all that she has done for the Deanery over the years.

Rosemary Hoyle – Deanery Synod representative St Paul's Church, Grangeover-Sands



HELEN HOYLE STARTS AS "COMMUNITY AND YOUTH LEADER" exciting times!

Michael Jackson writes:

Wednesday 1st September marked the start of Helen Hoyle's role as "Community and Youth Leader", working jointly with St Mary's and the Churches Together Youth Trust. Helen has been appointed to help to develop St Mary's work within the community and schools, assisting with current church projects and developing new things across the Cartmel peninsula.

Please pray:

<u>for Helen</u> as she embarks on this new role. Pray that she feels welcomed, easily gets to know people, and feels welcomed into the church and community. Pray that God equips her with everything she needs (physically and spiritually) for the role.

for the work - that God makes clear to us all what he would like us to be doing; that he makes Helen's role clear. For open doors and open hearts.

for the management team (Jean, John T, Chris, Mervyn and I) as we figure out how to work together as CTYT and St Mary's, for an easy working relationship without conflicts of any kind, that we can provide the appropriate support and structure for Helen to flourish in the role.

for Jo Rand (Methodist minister in Grange) who will be providing mentor support for Helen - for wisdom to support Helen where she needs it.

for ongoing financial support - praise God for the support shown so far which puts us and CTYT in a strong financial position at the start. Pray that this continues, and that God provides the resources needed for the whole project. and that in everything we (Helen, the management group, St Mary's and CTYT) do brings glory to God and plants seeds in hearts within our communities - that

GRANGE & DISTRICT CHURCHES TOGETHER YOUTH TRUST

Dear friends and supporters,

This is just a brief up-date, on behalf of the Trustees, before we publish a more complete newsletter for wider circulation at the end of the summer.

We are pleased to tell you that after a long wait through the periods of Covid-19 restrictions, we have been able to appoint a Community & Youth Leader. This is a new and full-time post shared with St. Mary's Church, Allithwaite. The Community & Youth Leader will spend half of her time working, on behalf of the Youth Trust, with young people across the whole Cartmel peninsula area in partnership with all the churches and schools.

The new Community & Youth Leader is Helen Hoyle. She began on 1 September. Helen may well be known to some of you through her local ministry and voluntary work in the Windermere Deanery, where she is also Lay Chair.

You are invited to meet Helen at a drop-in event from 6-7 pm at the Methodist Church hall on Tuesday, 5th October. She is working closely and in partnership with Chris Mason (Network Youth Church Leader). This event will be an opportunity to find out more about her plans and to share ideas. It will also be an opportunity to meet and talk with the Trustees.

If you are unable to come but would like to contact Helen then her contact details are: helenhovlecyl@gmail.com or 07940 463792

We hope to see you then,

Mervyn Hull, Chair, CTYT.





An eight-year-old girl went to the office
with her father on
Take Your Child to Work Day.
Silversurfers
As they were walking around the office,
the young girl started crying. As the
staff gathered around, her
father asked her what was wrong.
"Daddy, where are all the clowns
you said you worked with?".

Or... C.C.C.C.C.C.C.

No.18 St Leonard's at Chapel le dale, North Yorkshire

Just 30 miles by road from Grange is another one of these magnificent country churches. St Leonard's at Chapel le dale lies about a third of the way between Ingleton and Hawes. The little church serves a limestone valley population of around 200 people, mainly on scattered farms and other isolated buildings. Evidence is written that a church was first recorded here in 1595, but in the 1850's it was altered greatly; a splendid vicarage was constructed the other



side of the River Doe, and a church school was built about a quarter of a mile away at the side of the main road. Since then it has little changed.

Inside the building is a place of great sanctity and solitude. The exposed roof timbers give it a sense of ancient times with enough seating to hold as many as 60 worshippers. It is also located at a most beautiful spot indeed, completely surrounded by dry limestone walls, undulations and splendid views through the trees towards Ingleborough. In fact, one of the south-facing windows deliberately has clear glass in it so all inside can admire this lovely view. But the place holds a dark and terrible past! Death and disease once dominated this area, and this is why the church gets so many visitors stopping off to learn something of why it has become famous.



The story starts in 1870 when the Midland Railway Company commenced work on a nearby line to link Leeds with Carlisle. The death of a child, known as five -year-old Annie Wall, in a railway carriage accident at close-by Blea Moor Incline prompted the then vicar, the Reverend Ebenezer Smith, to act quickly and offer a Christian burial for the child. By then over a thousand navvies and their families had come to live in the area close to the church. They resided in encampments of wooden huts, many of which formed small communities in the valley, with names like "Jericho", "Sebastopol", "Jerusalem" and "Batty Green". Reverend Smith was appalled at the conditions in the camps that he witnessed, with famine, drink-related problems, and illness caused by sporadic outbreaks of smallpox or typhoid.



The best he could do was to offer Christian support and just be ready to utilise his small churchyard for proper burials of those who suffered and died. Safety amongst the navvies and their families was non-existent! The railway had to be built at all costs, and this included two

great feats of Victorian engineering: the construction of the 'Ribblehead Viaduct' and the boring out of the close-by 'Blea Moor Tunnel'. For seven years death and injury were prevalent, and as many as 200 souls of all sorts of people were brought the three miles over the moorland from the railway construction sites, many dying by horrific industrial accidents, exhaustion or by prolonged illnesses. One by one they were brought to St Leonard's and, after a Christian funeral, they were interred into shallow unmarked graves between the building and the River Doe about 100 metres away

Today the magnificent structure of the Ribblehead Viaduct is always popular with walkers and tourists, but perhaps few ever stop to think of those terrible conditions endured by the navvies and their families who built it in the 1870's. Despite being exploited by the railway companies, the navvies achieved by hand alone some amazing aspects of engineering, like the viaduct pictured above, as well as embankments, tunnels, cuttings and river bridges.

During my visit to the church I did give some thought to the hardships of those seven years. Once the railway opened, the navvies moved on to other locations leaving this area as quiet as it had been before they arrived.

In the millennium year a memorial tablet was erected close to the burial site of those who died during the construction of the railway, and was dedicated by the Rt Revd Ian

Harland, a former Bishop of Carlisle. Rather odd, I thought, since this church is in fact part of the Diocese of Bradford. Nevertheless, the tablet in the graveyard is much sought after by visitors as this and a plaque inside the building are all that there is today to remind people of a terrible past. No such marked headstones were apparent. The area of the churchyard is deliberately kept wild, so tourists can stand and reflect on its past. A very worthwhile place to come and see, and there is a small church car park close by!





UN CLIMATE CHANGE CONFERENCE UK 2021

IN PARTNERSHIP WITH ITALY

THE WORLD WILL BE WATCHING

one of the most significant climate events of our time will be coming to Glasgow this year

WHAT IS COP 26?

The UK will host the 26th UN Climate Change Conference of the Parties (COP26) in Glasgow on 1 – 12 November 2021.

The COP26 summit will bring people - with representatives that include heads of state, climate experts and negotiators - from across the globe together to step up action towards tackling the climate crisis. As well as the

negotiations,
there will also be the
opportunity for
countries,
international
organisations and
other delegates to
share knowledge by
showcasing climate
action and highlight
the many diverse
issues caused by the
climate crisis.

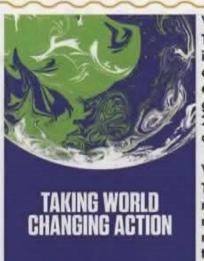


WHY IS IT IMPORTANT?

COP26 will be biggest summit the UK has ever hosted and is being described as the most significant climate event since the 2015 Paris Agreement.

Across the globe the Climate Crisis is having its dramatic effect on us all, with temperatures soaring, extreme weather and bio-diversity loss ever increasing. We cannot afford to wait to act and must work together to protect our planet and people and ensure a greener, more resilient future for us all.

All eyes will be on the world leaders in Glasgow during the COP 26 summit. With Cumbria just down road, a county that has had its fair share of the negative impacts of the climate crisis, we as a community must show our solidarity and speak up for what we believe is important for our futures. In 2015 world leaders came to Paris and committed to an agreement to tackle these issues. These must be upheld and adapted for the ever dissolving world that we live in.



What has been decided so far?
The Paris Agreement is a legally binding international treaty on climate change. It was adopted by 196 Parties at COP 21 in Paris, entered into force on 4 November 2016. Its goal is to limit global warming to well below 2, preferably to 1.5 degrees Celsius, compared to pre-industrial levels.

What will be discussed at COP26?
The key goals are; secure global net zero by mid-century and keep 1.5 degrees within reach, adapt to protect communities and natural habitats, mobilise finance, and work together to deliver. Check out www.ukcop26.org for more information.



A SUSTAINABLE CARLISLE PUBLICATION
We are a network of people and projects in Carlisle, that
want to make our city more sustainable for ourselves and for

following generations. Some of our activities are funded by a the National Lottery as part of the Zero Carbon Cumbria programme. Find out more at: www.sustainablecarlisle.org



CAROL'S GREAT NORTH RUN

Our daughter Carol would like to thank everyone who sponsored her in this year's Great North Run. In total she raised over £600 for Diabetes UK. Her aim was to complete the run in 3 hours but she didn't expect to achieve it. However, she surprised herself and did it in 2 hours and 40 minutes. As you will know, she is wheelchair-bound and was quite overweight. She made a determined effort to exercise, by doing longer and longer runs in her chair, and by dieting and swimming. She has now lost over 9 stones and, of course, feels much better. Her success has inspired her so much that she may even attempt a marathon.!



SYMBOLS OF CHURCH SEASONS & DAYS

All Saints 1st November

All Saints' Day is one of the major festivals of the year. The word "saint" in this designation is used in the scriptural sense of anyone who is a faithful believer. So this feast serves as a commemoration of all God's "servants departed this life in thy faith and fear."

A combination symbol of the *cross and crown* serves well for this day since it is a sign of the Christian's victory at death.





In Revelation 2: 10 John says, "Be faithful unto death, and I will give

you the crown of life." Another symbol of victory and triumph, which occurs in the catacombs, is the *palm leaf*. The palm leaves were sometimes combined with the monogram. Again we turn to Revelation (7:9) for this symbol: "Behold, a great multitude.... Standing before the Lamb, clothed in white robes, with palm branches in their hands." Still another figure for this day is the *hand of God* pointing downward with the thumb and two fingers

extended, surrounded by rays. This reminds us that "the souls of the righteous are in the hand of God, and no torment will ever touch them." (Wisdom of Solomon 3:1).



GREENING PEAT - Peninsula Environmental Action Together

The September meeting heard of the success of the Greening Campaign and the scarecrow competition; 301 cards were displayed, representing 182 tonnes of CO₂ saved over the course of a year. The seedlings initiative had reached 450 people and over 2400 seeds had been given out, together with bags of compost.

The David Attenborough film 'A life on the planet' had received a poor response but will be repeated and was recommended as being well worth watching. It traces his life

and the changes he has seen in his lifetime. The next film '2040' will be shown on the 17th October. It shows how the world could look by 2040 if we embrace the best solutions to the climate crisis and embed them in everyone's lives as quickly as we can.

On Saturday, 9th October, the PEAT group are planning a pop-up stall on Kents Bank Road opposite Lowther Gardens in front of the garages.

St Paul's is happy to support this group, and accepted their invitation to a Twilight Picnic at the Allithwaite Community Centre on Saturday, 25th September. The event was planned to mark the end of the *Great Big Green Week*, a nationwide celebration of action on climate change across the UK from the 18 - 26 September 2021. It also celebrated the end of the Greening Campaign and the scarecrow competition across the peninsula. Everyone was asked to bring their own picnic, chair or rug, plus tealight lanterns. After a miserable start to the day, the weather turned to a beautiful evening. Live music was provided by the Sands Band, and there were stalls, games and craft activities for children, photos of the scarecrows, and information about green issues, including the forthcoming summit COP26 in November (see pages 16-17).



A SUBTLE PAINTING

There is a reason for some prayer to be silent: a purpose in listening in our prayer time. This results in a desire only to do what is pleasing to God. Here's how. Mvdearly beloved husband began painting after the removal of a brain tumour; he chose to paint in the Mondrian tradition in bright colours, unusual shapes – good enough for selection to the exhibition at the Town Hall in Nerja in Spain. He loved allowing his art to emerge, silently, and I know that this work was healing to both of



us. 2020 was a hard year for Ian. I realise now that he suffered silently, quietly, and he carried on courageously.

In September for my birthday Ian bought me a printed card at the Kents Bank art gallery, where we picked up five of his paintings which had just been framed. I opened the signed card. "Thank you", I said, and carried on. He died in Advent and six weeks later, on putting away the Christmas cards in the season of Epiphany, I noticed the abstract art card given to me by my husband. I looked twice, and saw, by God's grace, what I had not seen before: hidden amongst the dark blue, black and white swatches of colour were the words:

Embrace the brave new world

That is what I am now doing: looking at the future anew. By an amazing miracle, Ian chose that card, whose artist Heather Davies lives on the Scottish side of the Solway Firth, opposite Ian's childhood home of Sellith, on the Cumbrian coast. I have learned from this subtle painting in a wonderful blessing.

Heather Morgan



Hate has 4 letters, so does Love.

Enemies has 7 letters, so does
Friends. Lying has 5 letters, so does
Truth. Negative has 8, so does Positive. Under has 5, so does above.
Cry has 3 letters, so does Joy. Anger has 5 letters, so does Happy. Right has 5 letters, so does wrong. Hurt has 4 letters, so does Heal. It means life is like double edged sword... so transform every negative side into an aura of positivity... We should choose the better side of the life.





If you ever need support, Age UK is here for you.

Our free Advice Line is open 7 days a week, 8am-7pm on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call

The Silver Line on 0800 4 70 80 90.

You can also find out information about coronavirus, lockdown rules and vaccinations on our <u>website</u>.

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

Another number to ring - HELPLINE 03030030003

Website: www.ageuk.org.uk/campaigns
Twitter: @ageukcampaigns

TEAM DIARY FOR OCTOBER

GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE								
	2014	2015	2016	2017	2018	2019	2020	2021
January	163	154	141	98	142	73	107	186
February	115	76	125	91	69	99	263	139
March	61	110	107	162	60	182	75	134
April	58	46	72	15	98	39	12	12
May	62	165	32	75	37	52	26	101
June	28	34	185	135	19	91	99	30
July	70	69	113	126	33	134	169	70
August	124	112	168	86	108	180	188	63
September	6	29	118	177	133	177	66	14*
October	156	60	31	172	131	160	165	
November	97	246	118	189	62	85	114	
December	103	352	65	109	160	155	126	
Annual								
Totals	1,043	1,453	1,275	1,435	1,052	2 1,433	1,408	749

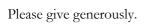
^{*} means incomplete total till next month



And if you shop with Amazon, don't forget to start via amazon smile, and claim your donation for Parish Church of Saint Paul Grange over Sands

NB Saint and not St

The next collection for the Foodbank is on Sunday, 24th October, between 1 and 3 pm in the Father Magner Room of St Charles Church. Items can also be left in church.





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USEFUL TELEPHONE NUMBERS

Churchwarden	
Mike Hill, Linden House, Linden Fold, GOS LA11 7AY Deputy Wardens	33511
Vacant	
Treasurer John Millican, Ruslands, Cat Tree Road, GOS LA11 7EB	32561
Parish Safeguarding Officer Judith Mitchell, Silverdale, Highfield Road, GOS LA11 7JB	35664
Fell Church Please contact the Churchwarden	Teres
Organist and Choir Vacant	1
Parochial Church Council Secretary Rosemary Hoyle, 8 The Croft, Flookburgh, LA11 7NF	58108
Team Office / Parish Administrator Linda Brown Tue, Wed & Thur - 10.00 am-12.30 pm Fri - 9.00 am - 1.00 pm E-mail - stpaulschurchgrange@gmail.com or cptmoffice@gmail.com	35560
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