

THE PARISH CHURCH OF  
SAINT PAUL  
GRANGE-OVER-SANDS



REMEMBRANCE  
DAY

November 2021

£1



## **Normal services at The Parish Church of Saint Paul**

**Sundays - 11.00 am - Parish Service**

**Wednesdays - 10.00 am - Holy Communion**

## **and at The Fell Church, Grange-over-Sands**

**9.30 am Second Sunday - Matins (BCP)**

**9.30 am - Fourth Sunday - Holy Communion (BCP)**

**Fifth Sunday of the Month**

**Joint Service with St Paul's at 11.00 am in the Parish Church**



## **ST PAUL'S MISSION STATEMENT**

Our mission is to **build confidence in Jesus Christ**  
in the **heart of the community** through **prayer,**  
**worship and learning, in joy and practical service**  
to the wider world.

### **Team Rector**

**Rev'd Jonathan Brewster**

**Tel No**

**07977127244**

### **Team Vicars**

**Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU**

**36261**

**Rev'd Jane Maycock - The Rectory, Longlands Rd, Bowness, LA23 3AS**

**015394 4306**

**Rev'd Rachel Stavert - The Vicarage, Allithwaite, LA11 7QR**

**83187**

***The Revd Rachel Stavert is currently on an extended leave of absence.***

### ***Licensed Lay Readers in the Cartmel Peninsula Team Ministry***

**Steve Bell, Beckside Barn, Beckside, Cartmel, LA11 7SW**

**36789**

**Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF**

**35979**

**Elisabeth Arthurs, 14 Meadowbank Lane, GOS, LA11 6AT**

**35406**

**Dianne Maguire, Cardrona Road, GOS**

**07951423789**

### ***Lay Reader Emeritus***

**Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA11 7JA**

**35297**

**Visit our website** [www.grangepcc.co.uk](http://www.grangepcc.co.uk)  
[www.facebook.com/StPaulsGoS](https://www.facebook.com/StPaulsGoS)



## A MESSAGE FROM THE REVD JONATHAN BREWSTER

When I was a child, back in the late 1970's, I was mesmerised by the BBC broadcast of Remembrance Sunday from the Cenotaph. I was fascinated by the slow martial movement of old men and women, and the laying of the wreaths by the great and the good, as well as by the 'Two Minutes' Silence'. The curious choreographies and silences simply called me to stillness. To this day, I never cease to be moved by the rituals of Remembrance Sunday.

Remembrance Sunday lives in echoes of events which affected those gathered for the Armistice and Remembrance parades in the first years after the Great War. We often forget that back then communities negotiated multiple griefs: not only was the nation and Empire mourning the loss of a million dead in war, but countless others in the Spanish Flu pandemic which ripped through exhausted populations between 1918 and 1920. The trauma ran almost unimaginably deep.

The concept of 'remembrance' holds within it the notion of 're-membering'. That is, of 'bringing back together'; of taking the parts and fragments of a body and gathering it up so that it may be whole again. This season of remembrance is meaningless if it entails simply looking backwards. It invites us to gather up the fragments of loss and trauma and, slowly, surely, to begin to live as a body of people in a way which models hope, openness and promise.

In the Autumn season, as leaves fall from the trees, we hold the memory of loved ones who have departed from us – grandparents and great grandparents, brothers and sisters, and friends. It's a time to allow God to meet us in remembrance and draw us towards his way of reconciliation, so that, just as Autumn colours are vibrant with hope, we never let the horror of our memories or our grief cut us off from love's promise.

The coronavirus pandemic has made the past eighteen months the strangest time many of us have ever known: the unseen enemy insinuating its tentacles into our work, our social life, our family get-togethers, and our worship. And yet we hold fast to hope. As we mourn and remember we hold to the knowledge that neither death nor life, nor things present nor things to come will ever be able to separate us from the love of God exemplified in the person of Jesus Christ; and we hold on to the promise that death, crying and pain shall be no more in God's new heaven and new earth.



## LICENSING AND INSTALLATION OF THE REV'D JONATHAN BREWSTER

The service of Licensing and Installation of the Revd Jonathan Brewster as **Interim Team Vicar** of **Haverthwaite, Finsthwaite, and Staveley in Cartmel**, and **Associate Priest** of **Grange-over-Sands** and **Field Broughton with Lindale** took place in St Paul's on the evening of 14<sup>th</sup> October, with Bishop James presiding. At the same time, the Revd Jane Maycock was licensed and installed as **Interim Associate Priest** of **Allithwaite** and **Flookburgh**.

A large congregation of representatives of all the parishes involved welcomed the new priests, and many of the readers and retired clergy in the Team were there to support them. We also welcomed representatives of the schools, SLDC, town and parish councils, and from local organizations across the peninsula. It was wonderful that Jonathan's family also joined us.

Our choir sang the anthem "A Time for Healing", written and composed by Adrian Self, a good friend of St Paul's. A special feature of the service was that the new priests, instead of receiving the symbols of their office – water, oil, bible, prayer book, bread and wine - at the front of the church, symbolically walked around the church, receiving these at various points from representatives of the seven parishes. The bishop afterwards remarked that he would like to see this process adopted in other licensing services in the diocese.

Of course, we did not let the occasion pass without offering hospitality to our guests. Our thanks go to Susan Jones Darlington and her team for organizing these refreshments and libations so efficiently.

The evening – a marvellous and spectacular occasion - called for a concentrated effort by many individuals in our congregations and elsewhere. Our thanks go to everyone who gave their time and efforts to its organization. It all shows what a team may achieve if we all pull together.

Mike Hill





### ***CHURCHILL QUOTE***

In 1943 Winston Churchill sent Anthony Eden to Turkey to try to persuade them to come into the war. After no success, Eden sent this telegram:  
‘Progress slow. What more can I tell Turkey?’  
Reply: ‘Tell them Christmas is coming!’

## FROM THE REGISTERS FOR NOVEMBER

### BAPTISM

We were delighted to welcome Skyla-Rae Reardon into our church family on 17th October 2021, when she was baptised during our morning service, by Archdeacon Vernon Ross.

***“Born of Water  
and the Spirit”***

### BAPTISM ANNIVERSARIES

Tommy Roger Davidson 28th October 2018

### FUNERALS

Michael Towers Barber 15th October 2021

### YEAR’S MIND

Ian David Clarke 27th November 2018

Margaret Wignall 26th November 2019

John Clayton Meadowcroft 26th November 2019

Douglas Wigfall 11th November 2020

Brian Gladwin 28th November 2020

Ian Morgan 30th November 2020

***“In sure and certain hope  
of the resurrection to  
eternal life through our  
Lord Jesus Christ”***

*Only the deaths for the previous five years are included in the magazine, but each name in our remembrance book is read out during the intercessions at St Paul's in the Sunday service.*



We are invited to a **‘Quiet Morning for Advent’** on Saturday 27<sup>th</sup> November at the Methodist Church starting at 9.30 am, led by Sue Nicol, and everyone is welcome.



**If you ever need support, Age UK is here for you.**

Our free Advice Line is open 7 days a week, 8am-7pm on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call  
**The Silver Line on 0800 4 70 80 90.**

You can also find out information about coronavirus, lockdown rules and vaccinations on our [website](#).

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

Another number to ring - **HELPLINE 03030030003**

Website: [www.ageuk.org.uk/campaigns](http://www.ageuk.org.uk/campaigns)

Twitter: [@ageukcampaigns](https://twitter.com/ageukcampaigns)



## CHURCH DIARY - NOVEMBER 2021

### Wednesday 3rd November

10.00 am - Lay-led

7.30 pm - Worship Committee, St Paul's

### Sunday 7th November - 3rd before Advent

11.00 am - St Paul's, Grange - Lay-led

### Wednesday 10th November

10.00 am - Holy Communion - Rev'd Nick Hallam

5.00 pm - Remembrance Service rehearsal, St Paul's

### Thursday 11th November—Remembrance Day

10.30 am - **Rosevaad Duo** Concert at St Paul's Church, Grange

*(see page 22)*

### Sunday 14th November - 2nd before Advent

9.30 am - The Fell Church, Grange - Lay-led

10.50 am - Remembrance Service, St Paul's, Grange

Rev'd Jonathan Brewster

2.00 pm - Civic Remembrance Service at St Paul's, Grange

Rev'd Jonathan Brewster

### Wednesday 17th November

10.00 am - Service at Methodist Church, Grange—No service at St Paul's

### Sunday 21st November - Sunday next before Advent, Christ the King

11.00 am - Lay-led - St Paul's, Grange

### Wednesday 24th November

10.00 am - Holy Communion - Rev'd Jonathan Brewster

### Friday 26th November

4.00 pm - Christmas Fair set up

### Saturday 27th November

10.00 am - St Paul's Christmas Fair

### Sunday 28th November - Advent 1

11.00 am - Holy Communion - Archdeacon Vernon Ross



# REMEMBRANCE DAY

*Lest We Forget*

## NEWS OF MEMBERS

We have missed some of our familiar faces from church recently, so here is an update to let you know how they are.

**Sandra and Derek Barton** have now sold and moved out of their house in Kents Bank and are staying with their daughter in Hale until they find another property. Hope to be back in Grange soon. They had been to church in Beetham and were chatting to Andrew, who was quite surprised to see them there. He said he was at the licensing service on Thursday.

[sandrabarton98@gmail.com](mailto:sandrabarton98@gmail.com)

### Jean Cottam

Jean moved to Bridge House on Friday, 22nd. Heather, her daughter, is staying in Jean's house until she is settled. The delay in the move from Arnside was due to problems with the Infection Control Team twice failing to do a Covid test as had been arranged. She saw the specialist the day following her eye op for glaucoma and he was pleased with the result. Visits to Jean must be pre-booked, with a Covid test beforehand. It may be possible to have the test at Bridge House, and then wait 30 minutes.

### Penny Driver

"Thank you everyone for your kind wishes, flowers and prayers. My ankle joint has now being replaced (amazing surgery). The staples in my ankle and knee have now been removed and so the physio can begin. All has gone well as far as I know, so with some hard work at the physio I hope to be walking about in no time. My biggest challenge now is finding enough patience, I never did have that much!"

**Olwen and Graham Jones** are visiting Cheltenham, where Graham (a retired vicar) has a church house. They have gone to make sure everything is in order, but plan to be back with us soon.

**Sue Simpson** is going through a bad patch, suffering a setback since her operation last November. She is on a change of drugs, awaiting further tests, and Tony is providing care. They both miss the friendship in St Paul's family.

Daily Hope, a free national telephone line, offers music, prayers and reflections as well as full worship services from the Church of England at the end of the phone —for those



0800 804 8044

**DailyHOPE**

A free phone line of hymns, reflections and prayers



Team rota

## BAY COMMUNITY SINGERS CONCERT IN ST PAUL'S

To mix our metaphors more than a little, the Bay Singers emerged chrysalis-like from their Covid-imposed purdah and gave a superb concert in St Paul's last week which had the audience applauding in syncopation and acclamation. A full church, many without masks, gave the singers a warm welcome and were richly rewarded with medleys of popular songs (from popular musicals, romantic classics, Abba, "Mad about Mozart"), a trio of guitarists, solos by Sue Harrison (soprano), and solo piano pieces by their resident accompanist, Ray Booth.

These latter were the highlight of the show for this reviewer as they included a couple of Gershwin classic songs beautifully interpreted on the keyboard.

The proceeds, including a varied raffle, went to St Mary's Hospice, and it was good to see and hear the Singers back in action again after far too long a break. Jane Thedham led and conducted with her usual spirit and panache, and the whole ensemble backed her with enthusiasm and skill. Even those new tunes, learned over Zoom throughout the dreary months, were skillfully and caringly rendered. A good evening for music-lovers and we look forward to the next show.

Thank you, Bay Community Singers.

Mike



## SUPPER AT THE FRESHERS CAFÉ

After a beautiful day on Wednesday 6th October, sixteen church members set off from Grange for Freshers Cafe in Ambleside.

We were treated to a lovely glass of Prosecco followed by a fantastic meal of quiche, pasta, ham and salads. Desserts included pavlova, lemon meringue pie, and trifle. It was difficult to make a choice and more than one person said they wouldn't be eating anything the next day!!

The cafe is owned by the family of Doris, a former member of St Paul's Grange, who has now moved to Ambleside. What a lovely family they are and what a wonderful welcome they gave us. There was such a happy atmosphere in the cafe and to top it all off Doris' grandson Jacob treated us to a juggling display! What more can you ask?

A happy time was had by all and I think everyone is looking forward to the next visit.

Dorothy H



**RECYCLING AT THE CO-OP** Soft plastics can now be recycled in the special blue bin close to the tills—pet food pouches, food wrappings, bags, cellophane, crisp packets, pasta bags, chocolate or biscuit wrappers, plastic fruit/veg net bags, lids on yoghurt pots, etc, as long as everything has been washed—not plastic bottles, tubs, pots, trays and caps. If you're not sure, a simple test is to scrunch it up and if it pings back, it's a useful indicator it's soft plastic.

## OUR HOLIDAY BY RAIL – Two cathedrals and a cruise

Bibby's Coach took us to Settle for the mid-morning train to Carlisle. It was a lovely sunny day and we enjoyed the beautiful views of the Eden valley and beyond. As we went over the 24 arches of the Ribbleshead Viaduct we could see groups of people taking photographs of our train.

When we arrived in Carlisle we had time to walk to the cathedral for lunch in the splendid new refectory. We visited the cathedral and the shop, and we were given this prayer card which we found very meaningful.

We were surprised when we arrived in Durham. It was different; now there are modern buildings everywhere, but the centre of the city is still the same, full of character. However, it was very crowded with sightseers and students. We stayed in the Radisson Hotel for two nights.

Next morning we had a long walk through the city with its cobbles and hills to the River Wear for our cruise, which was very enjoyable with views of historical buildings, a dramatic view of the cathedral, and ducks and swans on the river.

Loving God,  
Draw us on the journey  
to the places of holiness,  
the places of peace,  
the places of fellowship,  
the places of encounter,  
the places of beauty,  
the places where faith has been lived,  
your love made known,  
your hope held out  
in the past,  
for the present  
into your future.  
**Amen**

When we arrived at the cathedral we thought there had been a fire because a fire engine was there, but it was only a practice. We watched the equipment going as high as the building. There was a queue waiting to enter the cathedral and an estimated 10-20 minute wait. Two kind people stood in for us. Three cathedral volunteer ladies controlled the queue, and kept everybody happy. Again, we had a very good lunch in another cathedral refectory.

We enjoyed looking round the cathedral but did not feel equal to walking up the spiral staircase to St Cuthbert's tomb. Joyce remembered walking St Cuthbert's Way from Melrose to Holy Island 20 years ago.

Our next project was getting from the cathedral back to our hotel. A kind young bus driver on the cathedral bus directed us to a bus, but it didn't stop. He said 'Get back on my bus and I'll take you to the station then back to the cathedral, then to a stop near your hotel'. What a kind young man!

The following morning we travelled to Whitby. We did not have the foot power to climb up to the Abbey but we did have a Whitby fish and chip lunch.

On our way back home we called at Thirsk, home of the vet James Herriot. We are his followers on TV. It was only a 40-minute stop. Everyone was advised to

go into town for a cup of tea. Instead we went to the James Herriot Centre to look around. We wanted a cup of tea but there was no time to go to town, so we went into the pub. It was full of loud music and men drinking. “No food”, they said, but one man shouted to the landlady “Jean, put the kettle on”, so we had a good mug of Yorkshire tea in the yard. People are so kind when you are over 90!

We arrived home tired but happy after our interesting three-day two-night holiday.

Margaret and Joyce

### CHRISTMAS TREE FESTIVAL

Gill, Christine and I are organising the Christmas Tree Festival once again this year, and we hope that everything will be almost back to normal. We have circulated the invitations to all previous entrants but, if anyone you know would like to enter a tree, please tell them to contact any of us or the church office with their email address and we will send them the information.

The theme for this year is "Believe there is good in the world". Our chosen Charities are The Red Cross, Growing Well and Light up Lives. The last two are local Mental Health Charities. Tim Farron MP has agreed to open the Festival on Thursday, December 2nd, at 7pm. He loves coming and puts the date in his diary for the following year before he leaves on the opening night!

Susan and Bill Jackson have kindly offered a suitable tree from their garden for the Church tree.

Margaret Ratcliffe



## THE ANNUAL CIVIC REMEMBRANCE SERVICE



This year the town will come together once again at St Paul's on Sunday, 14<sup>th</sup> November, at 2 pm to remember all those whose lives, in world wars and conflicts past and present, have been lost in the cause of justice and freedom – particularly those from, or with close family links to, our town and the communities of this Peninsula. And this year we also celebrate the centenary of the Grange War Memorial, as well as the 100 years since the start of the Legion and the Poppy.

The War Memorial was unveiled in the ornamental gardens on the 11<sup>th</sup> November 1921 by Lord Richard Frederick Cavendish, commemorating the 34 men killed or missing in World War 1. Following World War 2, the Memorial was unveiled again on the 12th October 1947 by Sir Ian Fraser, the local MP, to commemorate 17 additional names. The Cross is in the form of a 7th century Anglian cross and is made of Staintondale limestone. It was designed by Austin & Paley of Lancaster, made by Mr A O Thorp of Lancaster, and carved by Mr F Birch of Lancaster & Lindale. The ornamentation is stylistic.

**Front face:** The central spiral wheels typify 'Eternity'. The pomegranate signifies 'Glory' and the pomegranate seed 'The Resurrection'

**Rear face:** The vine signifies 'Life', and the bird plucking the fruit signifies 'The human soul feeding on eternal life'.

**The Monogram** of X and P (first two letters of the Name of Christ) is the 'labarum' or standard of Constantine, the 1st Christian Emperor. Carved upon the standard is the motto '*In hoc signo vinces*', which translates as 'In this sign you will conquer'.



This year the official party will include the great grand-daughter of Lord Frederick, the Hon Mrs Lucy McLaren, who will be accompanied by her husband and three children, Mrs Susie Bagot, Deputy Lieutenant, representing the Queen, and our local MP, Mr Tim Farron, all of whom will lay a wreath. The Union Flag and the Standard of The Royal British Legion will lead the procession, forming a guard of honour for the presentation of banners and colours of the various uniformed organisations of the town, followed by the various wreath bearers.

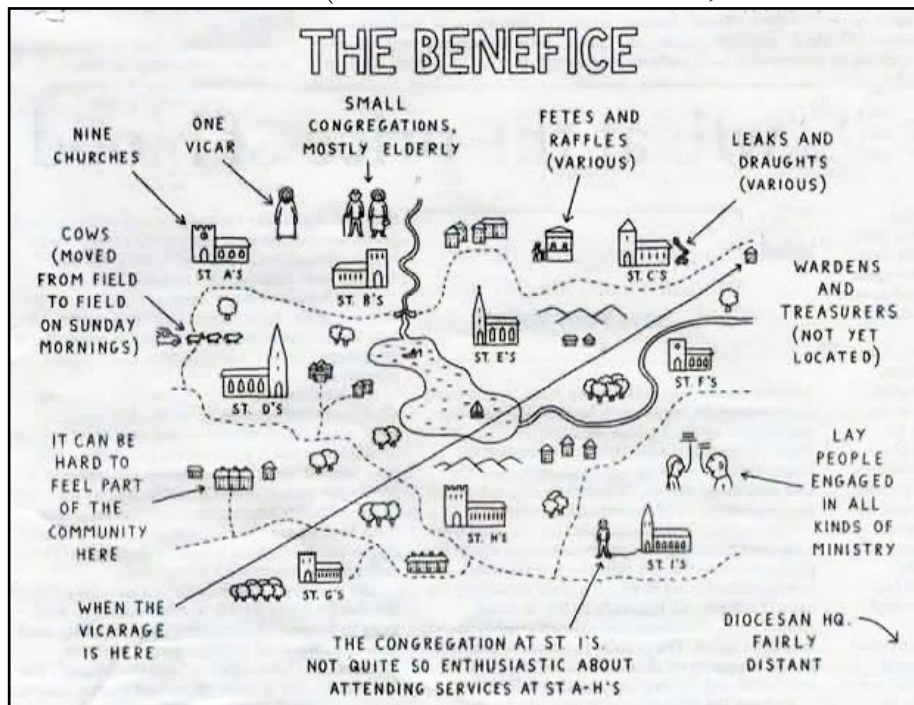
We are very fortunate in having in our congregation Bishop Nigel, former Chaplain to the British Legion, and he has devised the liturgy for the service, which will be led by our new Associate Priest, the Revd Jonathan Brewster.

Following the service, Flookburgh Silver Band will lead the procession down to the ornamental gardens for the final laying of the wreaths at the Memorial.

All are welcome at this service in church, and to join the procession afterwards down to the War Memorial for the laying of the wreaths. Afterwards we are invited to the Victoria Hall for refreshments.

Penny W

**Could this relate to us?!** (Extracted from Church Times, 22 October 2021)



Our church—a human connection of love, not just a building (seen on a URC noticeboard in Crosby)

*Colin's collection of country churches to combat Covid 19 "collisolation"*

**Or... C.C.C.C.C.C.C.**

## **No.19 - Torpenhow (St Michael's and All Angels)**



Older worshippers at St Paul's here in Grange may recall, like me, the Rev'd Bill Whitty. He regularly came to our 11am service but, by the time I was resident in the town, he had retired from preaching. In conversation with him, he often recalled *happy times* when he was vicar of Torpenhow. "*A most splendid church indeed*", he would chuckle! Bill Whitty must have had good memories of his tenure there, and often said to our parishioners, "*Do*

*go and pay a visit*"! However, it's taken me 30 years to do just that. But, I bet he is now looking down and smiling! My visit was in early September.

Torpenhow lies about 6 miles SW of Wigton and quite close to the larger village of Bothel. It is a very historic church and well worth the visit to mooch around. Upon arrival, it was a little confusing as to exactly how you enter the churchyard, and the gate seemed to give access to the vicarage very close by. However, no-one seemed to mind an adjacent footpath next to the clergy house and then through another gate into a quite heavenly well-maintained graveyard with the grey sandstone building at its centre.

There was evidence of the south church entrance being blocked up as the photograph illustrates, but a main door facing west is surrounded by a most magnificent Norman-styled carved arch. This piece of architecture was well worthy of a picture all of its own! Such entrance arches to ecclesiastical buildings in Cumbria are rare and generally only found in cathedrals or very large churches (Cartmel and Lanercost Priors, for example). It was befitting of something very old and going inside did not disappoint. Historic records state that this church was built in 1120 and much of the original building amazingly still stands. The



The sandstone to construct this church in late Norman times is believed to have been purloined from the Roman forts of "Old Carlisle" and "Birdoswald" which, of course, were integral parts of Hadrian's Wall. However, by the time of erecting this church, Hadrian's Wall had become disused and its stone was much in demand, making 12th century building projects relatively cheap (ie free stone for Norman masons to use!).

The interior was just as beautiful as I recall Rev'd Whitty often saying in the short time I actually knew him. Much of the late Norman-style architecture was clearly still evident, although the roof beams had been filled in by an elaborate lower level ceiling, with carved flowers, patterns and guildings. Along with the choir stalls and other wonderful oak carvings in the church, the place looked a haven of spirituality and peace. All this additional woodwork was probably installed in the 17<sup>th</sup> century, with the pews added in Victorian times. The interior arch through the chancel into the choir was just as magnificent as the one above the entrance to the building, as you can see in the internal photograph.



I learned that in 1913 much of the Norman stonework had to be repaired and re-pointed with a new floor area installed to ensure that Torpenhow Church could continue for safe and regular worship. Several beautiful stained glass windows probably from the late 19<sup>th</sup> century adorned the walls, the best being the one of Christ at the crucifixion, with Mary and one of the apostles looking on. Much of the stained glass was done by the accredited church window manufacturers of Victorian times, *Clayton & Bell*. No expense had been spared and clearly this church must have had a number of very generous benefactors at the time to enhance and beautify the sanctity of this place of worship.

Today, it is known as St Michael and All Angels and is part of the so-called “*Binsey Team Ministry*”. It overlooks the northern fells of the Lake District with a well-maintained graveyard and an additional newer burial ground just to its side.



It appeared that the team ministry incumbent still resides in the old adjacent vicarage, but clearly will have his or her work cut out having to deal with so many small village church buildings in this area. The former Church of England Primary School was evident now as a domestic dwelling, and I found out that children living here today have to travel by mini-bus to their area primary school a couple of miles away in the neighbouring village of Bothel.

An added attraction to visiting this place is, of course, the car journey from Grange traversing right through central Lakeland through some of the best sites our countryside has to offer. But do choose a nice sunny day!

Colin

(*Torpenhow actually pronounced Trupenna!*)

**PLEASE HELP !**  
**Barrow Women's Centre**  
**(Women's Community Matters)**  
**urgently needs:**

- Boots, shoes, slippers, bags, purses, handbags
- Coats for women & children
- Baby Items: Baby clothing, baby blankets, baby monitors, bottle sterilisers
- Bath towels & toiletries
- Electrical Items: kettles, toasters, table & floor lamps, hair dryers
- Battery alarm clocks

**If you can help, please bring your contributions to**  
**Father Magner Room, St Charles Church, Grange**  
**Sunday, 7th November, 1-3 pm**

**“WITH LOVE, CARE, COMPASSION AND KINDNESS WE BELIEVE TOGETHER  
WE CAN CHANGE THE WORLD”**

**Women's Community Matters (WCM)** has been working in the community since 2013. We offer a variety of one-to-one support, courses, activities, support groups and access to specialist services for vulnerable women and girls aged 13 and over, and to young men/boys aged 13-17. We offer a safe space in which women and young people can make their own decisions about changes they want to make in their own lives. We have always offered opportunities for women to come together to make changes in the local community for the benefit of all as part of our Changing the World Together project. In 2018 we launched a new social action project, #thefutureisme, led by young women and girls who developed a Young People's Charter for services who work with young people.

***Principles and ethos***

The most important aspect of what we do, and what we are known and respected for, is the way we do things, as opposed to what we do. The courses, activities and support we offer are important, but they can change over time. What does not change, and what we believe is the reason people trust us, is the way in which we deliver our services.

All of our services, are co-produced/co-created alongside those they seek to support. Women and young people make the decisions they want to make about their own lives. There are clear progression routes for people out of our service, including into volunteer and employment opportunities at the Centre.

Our Trustee Board and volunteer/staff teams reflect the communities we serve. There are those with visible (and invisible) disabilities, those with black and mixed heritage, those who openly identify with LGBTQI+ communities, and people with a range of academic and life experiences. Everyone is valued, loved, nurtured, and supported. As a team we model good behaviour, and the women and young people who access our services tell us this is one of the reasons the Centre feels safe.

**The variety of our courses/groups/activities are related to:**

Criminal Justice System, Domestic and Sexual issues, Health & Wellbeing  
Poverty, Employment, Training & Education, Social Action and Volunteering

**Contact details**

In person: Women’s Community Matters, Nan Tait Centre, Abbey Road, Barrow-in-Furness. LA14 1LG Reception opening times: Monday & Wednesday 9.30am-4pm; Tuesday & Thursday 9.30am-6pm; Friday 9.30am-1pm

Email: [reception@womenscommunitymatters.org](mailto:reception@womenscommunitymatters.org)

Website: [www.womenscommunitymatters.org](http://www.womenscommunitymatters.org) Phone: 01229 311102

We are also offering support 2 days a week in Kendal.

GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE								
	2014	2015	2016	2017	2018	2019	2020	2021
January	163	154	141	98	142	73	107	186
February	115	76	125	91	69	99	263	139
March	61	110	107	162	60	182	75	134
April	58	46	72	15	98	39	12	12
May	62	165	32	75	37	52	26	101
June	28	34	185	135	19	91	99	30
July	70	69	113	126	33	134	169	70
August	124	112	168	86	108	180	188	63
September	6	29	118	177	133	177	66	14*
October	156	60	31	172	131	160	165	
November	97	246	118	189	62	85	114	
December	103	352	65	109	160	155	126	
Annual								
Totals	1,043	1,453	1,275	1,435	1,052	1,433	1,408	749
* means incomplete total till next month								



## **STOP, HANG UP, CALL 159**

If you think someone is trying to trick you into handing over money or personal details ... Stop, hang up and call 159 to speak directly to your bank.

Last year criminals stole over £470M by pretending to be your bank or other service provider.

**159** is the memorable, secure number that connects you directly to your bank if you think you're being scammed.

**159** works in the same way as 101 for the police or 111 for the NHS. It's the number you can trust to get you through to your bank, every time.

**159** will **NEVER** call you. Only a fraudster will object to you calling 159.

### **When should I call 159?**

**If:** Someone contacts you saying they are from your bank

You receive a call asking you to transfer money or make a payment

You receive a call about a financial matter and it seems suspicious

Remember, 159 will never call you, but you can dial to get through to your bank.

### **Who is behind 159?**

159 has been set up by banks and telephone companies who want to fight fraud. It's a pilot scheme at the moment.

The following banks are part of it:

**Barclays, Lloyds** (including Halifax and Bank of Scotland), **NatWest** (including Royal Bank of Scotland and Ulster Bank), **Santander, Starling Bank**

That covers over 70% of UK primary current account holders. We want more banks to join us, and we hope they will over the course of the pilot.

### **Will it definitely work on my phone?**

Almost all major consumer telephone companies are participating, and almost all UK mobiles and landlines are able to use 159. The telephone companies are:

**BT**, including EE and Plusnet, **Gamma, O2**, including giffgaff

**TalkTalk, Three, Virgin Media, Sky, Vodafone**

### **What happens if 159 doesn't work, for any reason?**

You should contact your bank in the normal way, using the number on your bank card.

### **How much does it cost to call 159?**

Calling 159 will cost the same as a national rate call, usually part of the included minutes in most phone tariffs.

### **What's the idea behind the 159 pilot?**

159 is a pilot scheme – the idea is to collect evidence to show that calling 159 helps fight fraud. Then we want to make 159 a universal number – available on all phones and for all banks.

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## A LOVELY SURPRISE

What a surprise to see one of our Edward Bear children being interviewed on BBC Countryfile last Sunday!

Oscar and Hector Meanwell with their Mum Andrea were regulars at our Tuesday afternoon sessions, when we met in the former Meeting Room for play, simple prayers, and a cuppa and chat with Mums and/or Grannies. Eventually the family moved away with plans to breed alpacas, but here was Hector and Andrea being interviewed on Countryfile at their farm between Tebay and Sedbergh. I found her email to congratulate her, and here is the reply I received.



“How lovely to hear from you. We have now moved to between Tebay and Sedbergh. The alpacas didn't like the climate so we have sheep and cows now.

Oscar used to love the Edward Bear Club and all the ladies there. It was the highlight of his week. He has just finished his Masters degree at Edinburgh University and is working in Edinburgh as a software engineer. He has a van that he goes out into the Highlands in most weekends and runs and mountain bikes.

I often think of the Edward Bear prayer that they used to say 'for cosy beds and restful sleep'. I'm hoping that I will get some grandchildren one day.”

She tells me the BBC have been to the farm filming three times so far, and the initial plan was for four episodes so “we will wait and see. It's usually very last minute!”

Hector is now 21 and on the programme he and his Mum talked about farming life and of their efforts to make work on an upland farm both sustainable and profitable. Andrea is now a Farming Officer with the Lake District National Park Authority. She has also written five books, which are available from [www.hayloft.eu](http://www.hayloft.eu)? Every purchase supports the environmental work on the farm.

**A native breed** – starting a Lake District hill farm (2016)

**In my boots** – a year on a Lake District farm (2017)

**Lakelanders** – stories and poems about living in a Lake District valley (2018)

**Four seasons on a Westmorland farm** (2019)

**Hefted to the Howgills** (2020)

Through her books we read how Andrea and her family are learning about farming following in the footsteps of her shepherd ancestors to continue a traditional way of farming which respects animals and the environment. The goal she sets is to have a sustainable upland farm. In her ‘spare time’(!) she is also knitting hats in a variety of colours using 100% Swaledale wool from local Yorkshire Dales farms. **Some lady!**

By another strange coincidence, I found that Andrea's parents, Jane and David Binks, are friends of Margaret Caseley. They lived in Grange and then Flookburgh, and have now moved up near the farm.

P

## CONCERT IN ST PAUL'S CHURCH 11TH NOVEMBER - 11 AM

Following the success of this year's summer series of mid-week concerts at St Paul's Church, two further concerts have been planned for November and December.

The first of these is on Thursday 11th November, at 11am and will be given by the **Rosevaad Duo**, a husband and wife team from Shropshire.

This highly accomplished duo was formed in 1979 and presents very varied programmes of music ranging from Baroque to Contemporary.

David and Roselinde Glossop were students at the Royal Academy of Music and subsequently took up teaching posts in north Lincolnshire, Wigan, Cardiff and Shropshire, and have continued as performers throughout their careers.

They have two children who are both professional musicians.

For the first time this year, coffee and biscuits will be served from 10.30am onwards, and the concert will commence immediately after the observance of a two-minute silence at 11 am.

**Admission to the concert is free with a retiring collection.**

With such talented musicians in our midst, this is a concert not to be missed





Saturday 20th November  
at 7.30pm  
Kendal Parish Church



### *'Wordsworth 250'*

Cumbria Festival Chorus is marking this important date with a concert featuring two newly commissioned works by Cumbrian composers Roland Fudge and Jonathan Millican and with Gerald Finzi's great setting of Wordsworth's 'Intimations of Immortality'.

Jonathan Millican has taken an early poem of Wordsworth's, words he used again later when he put together his autobiographical 'Prelude'. The music is instantly appealing with majestic statements of the poet's deepest beliefs on the natural world and its profound effect on his life. In the central section Jonathan sets the famous skating episode and through the singing and the playing captures the swirl of the skaters on the ice.

Roland Fudge chose the challenge of setting words from the sequence of sonnets describing the River Duddon from its source to the sea and the poet's metaphor which links the progress of the river to the progress of human life and mankind's frequently overweening ambition. It's powerful stuff: lyrical, melodic and dramatic!

Finzi's 'Intimations' is his choral masterpiece: moving, profound, heartwarming and a joy to hear, play and sing. Performed here in Kendal in 2010 it is wonderful to have a second opportunity to experience this very English music in its full orchestral and choral glory.

## DO DOGS GO TO HEAVEN?



"A man and his dog were walking along a road. The man was enjoying the scenery, when it suddenly occurred to him that he was dead. He remembered dying, and that the dog walking beside him had been dead for years. He wondered where the road was leading them. After a while, they came to a high, white stone wall along one side of the road. It looked like fine marble. At the top of a long hill, it was broken by a tall arch that glowed in the sunlight.

When he was standing before it he saw a magnificent gate in the arch that looked like mother-of-pearl, and the street that led to the gate looked like pure gold.

He and the dog walked toward the gate, and as he got closer, he saw a man at a desk to one side. When he was close enough, he called out, 'Excuse me, where are we?' 'This is Heaven, sir,' the man answered. 'Would you happen to have some water?' the man asked. 'Of course, sir. Come right in, and I'll have some ice water brought right up'. The man gestured, and the gate began to open. 'Can my friend,' gesturing toward his dog, 'come in, too?' the traveller asked. 'I'm sorry, sir, but we don't accept pets.' The man thought a moment and then turned back toward the road and continued the way he had been going with his dog.

After another long walk, and at the top of another long hill, he came to a dirt road leading through a farm gate that looked as if it had never been closed. There was no fence. As he approached the gate, he saw a man inside, leaning against a tree and reading a book.

'Excuse me!' he called to the man. 'Do you have any water?' 'Yeah, sure, there's a pump over there, come on in.' 'How about my friend here?' the traveler gestured to the dog. 'There should be a bowl by the pump.' They went through the gate, and, sure enough, there was an old-fashioned hand pump with a bowl beside it. The traveller filled the water bowl and took a long drink himself, then he gave some to the dog.

When they were full, he and the dog walked back toward the man who was standing by the tree. 'What do you call this place?' the traveller asked. 'This is Heaven,' he replied. 'Well, that's confusing,' the traveller said. 'The man down the road said that was Heaven, too.' 'Oh, you mean the place with the gold street and pearly gates? Nope. That's hell.'

'Doesn't it make you mad for them to use your name like that?' 'No, we're just happy that they screen out the folks who would leave their best friends behind.' "

Dogs are family.



*Anonymous Author and Artwork*

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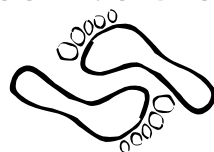
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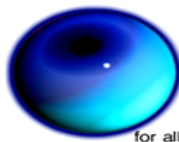
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