

THE PARISH CHURCH OF
SAINT PAUL
GRANGE-OVER-SANDS



Lent

March 2021

£1



Normal services at The Parish Church of Saint Paul

Sundays - 11.00 am - Parish Service

Wednesday - 10.00 am - First of month H/C

and at The Fell Church, Grange-over-Sands

9.30 am Second Sunday - Matins (BCP)

9.30 am - Fourth Sunday - Holy Communion (BCP)

Fifth Sunday of the Month

Joint Service with St Paul's at 11.00 am in the Parish Church



Once again we very much regret that the doors of St Paul's Church and the Fell Church will be closed for worship following the latest lockdown by the Government. The PCC has decided by a vote of 9-6 to take this decision in view of the government's lockdown regulations and the worsening coronavirus situation, and considering the age profile of our congregations.

**** We hope to restart our services on Easter Day ****

The weekly pewsheets and readings will continue to be sent to all those who have access to the internet, and we have reinstated the weekly phone calls.

Team Rector

Rev'd Dr Jim Bruce (rector.cartmel@gmail.com)

Tel No

07776 821 736

Team Vicars

Rev'd Nick Devenish - The Vicarage, Priest Lane, Cartmel, LA11 6PU

36261

Rev'd Rachel Stavert - The Vicarage, Allithwaite, LA11 7QR

83187

The Revd Rachel Stavert is currently on an extended leave of absence.

Licensed Lay Readers in the Cartmel Peninsula Team Ministry

Steve Bell, Beckside Barn, Beckside, Cartmel, LA11 7SW

36789

Joyce Leach, Stoneleigh, 11 Highfield Road, GOS, LA11 7JA

35297

Jenny Leahy, Studio, Mill House, Lindale, LA11 6LF

35979

Elisabeth Arthurs, 14 Meadowbank Lane, GOS, LA11 6AT

35406

Diane McGuire, Cardrona Road, GOS

07951423789

Chris Mason, 5 Maychells Orchard, Allithwaite, LA11 7PY

32159

Visit our website www.grangepcc.co.uk

www.facebook.com/StPaulsGoS

Dear Friends,

If we weren't in lockdown and money were no object, where would you go? Would you escape from the late winter or early spring blues and fly to some exotic retreat? Would you visit the family you haven't seen for such a long time either in this country, or across the world?

What if someone told you they had found a way to travel back in time? Who would you visit or where would you go? Would you want to set off with Columbus, or join Neil Armstrong to take that momentous first step on to the moon's surface? Would you be the one who held the scaffolding as Michelangelo painted the ceiling of the Sistine Chapel?

Would you rather go back to the days when the flares were first lit across Hadrian's Wall or when trees covered the earth and creatures we no longer see, walked the planet?

What about travelling back to Biblical times? If you could choose events to see, what would they be? Creation – watching it all come into being....Joining the Israelites as the Red Sea parted....standing in Solomon's temple?

What about being there as Jesus fed the 5000? Sleeping in the boat as Jesus stilled the storm? Watching with wonder as Lazarus walked out of the tomb – alive!

Wouldn't you want to join Peter, John and Mary as they saw the empty tomb and the resurrected Jesus the first time, or join Thomas as he fell at Jesus' feet and declared 'My Lord and my God!' To be there for those 40 days and learn from the resurrected Lord Jesus!

But I wonder if any of us would travel back to the cross to witness the birth of full and complete forgiveness. What would it mean to you to look into Jesus' eyes, see his face and hear those words, 'Father forgive them!' I find this so hard to imagine. To see such love in action. Words meant for you and me. Imagine standing there and seeing Jesus, the Son of God, declaring, exhausted but triumphant, 'It is finished!'

Whenever I sin, whenever I fail, the cross reminds me of forgiveness – past, present and future. Whenever I doubt His love, I look at the cross and see His perfect love already given.

As I journey day by day through Lent and try and take time to stop for a while and reflect, perhaps these are places I need to visit each day. This week Lent has begun and some gathered for the Ash Wednesday service at St. Paul's. In every other year at this service, the sign of the cross was put on each of our foreheads with ash. Perhaps this year more than ever, as we mark almost a year since our lives changed dramatically as Covid 19 swept across the world, I need to recognise and give thanks for the power of the cross.

But I need to visit the empty tomb each day too. Why? To remind me that the very same power that raised Jesus from the dead is at work in every Christian. WOW !

Not only that, but it reminds me that life for each follower of Jesus is full and eternal. Not a dream, but an amazing reality – there for all who believe. As Christians, especially now, we thank God for the wonders of science, but ultimately our deep hope lies in the death and resurrection of Christ– something that gives us more than enough hope for each day!

With love, prayers and every blessing,

Rev. Sue



PRAYER FOR THE NATION

The Archbishops invited everyone to set aside time each day to pray, **particularly at 6pm.**

Prayer for the week beginning 22nd February

Lord Jesus Christ,

in these dark and difficult days, we turn our hearts to you. In ages past, you have delivered our nation from disaster. Do it again, we pray. Give wisdom beyond human wisdom to our leaders. Give strength beyond human strength to the NHS and all our frontline workers. Give comfort beyond human comfort to the elderly and all who grieve. Lord Jesus Christ, in these dark and difficult days, turn your face towards us, have mercy upon us, and heal our land, we pray. Amen.

The seven-day themes for prayers:

Sunday - Family, friends and loved ones

Monday - Schools and colleges, children and young people

Tuesday - Elderly, isolated and vulnerable

Wednesday - Businesses, the workplace and economic wellbeing

Thursday - The NHS and other key workers

Friday - National and local governments

Saturday - All who are grieving and all suffering with physical and mental ill-health.

Originally intended for the month of February, perhaps it may become a daily habit.

WHAT'S ON

WORLD DAY OF PRAYER—5th MARCH 2021

‘BUILD A STRONG FOUNDATION’ prepared by the people of VANUATU, an island in the South Pacific

St John The Baptist Flookburgh is scheduled to host this year's service but, of course, due to Covid-19 we are unable to hold an actual open service.

At St John's we have been opening our Church for private prayer twice a week, all socially distanced with hand sanitiser and masks to be worn.

Anyone who would like to come along to Flookburgh Church on Friday 5th March any time between 2 and 3.30pm will be most welcome. We will have a table at the front of Church set out as the World Day of Prayer guidelines, and the official service booklet will be available to be taken away along with its donation envelope. We shall endeavour to play the WDP hymns as background music.

I am slightly concerned that as there will be no actual service there will be no collection, but anyone who comes to Flookburgh can leave a donation. Perhaps individual Churches would like to donate direct to WDP; this can be done via the website (www.wwdp.org.uk) —our Branch Code is GRAN 1001. Online donations are a minimum of £10; other methods are by cheque or phone.

On the website there is a nice video of a welcome service from the people of Vanuatu.

If anyone would like me to send a booklet to them, then please don't hesitate to contact me—Janet Mardon, Fieldhead Farmhouse, Flookburgh LA117LN

Tel: 01539558651 email: fieldheadcrafts@live.co.uk.

Janet

MAUNDY THURSDAY—1ST APRIL

Bishop James has written to all clergy explaining that, due to Covid restrictions, this year's Maundy Thursday service at Carlisle Cathedral will be livestreamed via the Cathedral's Facebook page from 11 am and will also be available to watch later.

NB anyone can watch the livestream, even if you are not a Facebook user.

ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ**
in the **heart of the community** through **prayer,**
worship and learning, in joy and practical service
to the wider world.

THE BISHOP'S PASTORAL ORDER OF 20TH JANUARY 2021

The above Order, which came into effect on 1st February, amends the areas of the parish of St Paul Grange-over-Sands with Lindale and the parish of St Peter Field Broughton; it also changes their titles.

Effectively, the area of the former parish of St Paul Lindale is transferred from St Paul Grange-over-Sands to Field Broughton. This latter parish assumes pastoral care of Lindale and the maintenance and upkeep of the grounds surrounding the closed church of St Paul, and St Paul's Grange-over-Sands stands relieved of these tasks.

The name of the parish of Field Broughton is altered to "The Parish of Field Broughton with Lindale" and that of the parish of Saint Paul Grange-over-Sands with Lindale reverts to "The Parish of Saint Paul Grange-over-Sands."

These changes come at the request of the PCC of Field Broughton who were dismayed when, on the closure of the church at Lindale, responsibility for the maintenance and upkeep of the churchyard and graveyard, as well as pastoral care of Lindale, were transferred to Grange. Grange PCC was similarly dismayed as we did not possess the financial or human resources to take on such tasks in an adequate manner. So it appears that a "win-win" situation has now arisen.

Field Broughton and Lindale have had a close historical relationship over the last 150 years or more. The Hibbert family – a member of which was the local MP for many years – has an area reserved for its use in the main graveyard in Lindale. The charitable trust which supports many local causes has the Hibbert name in its title, while the school has served the juveniles of both parishes for many years, so there is a feeling of "coming home" for many families.

We in Grange have done our best to improve the condition of the Lindale grounds as we found them in early-2019. A Risk Assessment carried out by Colin Milner at that time listed many neglected, overgrown and infected trees in dire need of trimming and culling, as well as dangerous loose-fitting septic tank coverings. A survey by a firm of engineers appointed by SLDC numbered over 60 points of crumbling paths, dangerous and loose walls, decaying mortar in steps and walls, leaning gravestones and other problem areas, as well as neglect of the painted (now rusting) metal hand rails and other fittings. There was a suspicion (possibly well founded) that neighbouring properties were intent on taking over and developing church land for their own use and pleasure. On the financial front, the PCC was dangerously short of cash; Gift Aid reclaimable on many donations had not been claimed for some three years.

Two members of our PCC tackled the above issues with vigour. The cash situation was stabilized and improved. A tree surgeon was commissioned to take action. After a pause during the first coronavirus-dictated lockdown, a local contractor was engaged to address the civil engineering works needing attention.

Rent was collected from the Lindale Bowling Association and appeals made to the local trust to cover routine strimming and cutting.

We welcome the Bishop's Order. All cash standing to the credit of Lindale in our church accounts will be transferred to Field Broughton. The valuables and plate brought from the church on its closure, and subsequently kept in our Vestry safe, will also be transferred to Field Broughton. We wish every success to the new enlarged parish and its people.

Mike Hill

ST PAUL'S CHURCH DIARY - MARCH 2021

Sunday 14th March
Mothering Sunday

Sunday 28th March
Palm Sunday

Thursday 1st April
Maundy Thursday

Service - Livestreamed from Carlisle Cathedral, *see page 5*

Friday 2nd April

Good Friday - St Paul's Church open for private prayer between 10 am and 4 pm
(All Covid precautions to be observed)

Sunday 4th April

Easter Day - St Paul's Church, Grange 11.00 am Holy Communion Service
(Again all Covid precautions to be observed)



*He is not here;
he has
Risen!*

Luke 24:6

THE SALISBURY ALCHEMIST

Mollie's helpful and informative piece last month about the 17th century poet and priest, George Herbert, reminded me of the Salisbury alchemist who once lived at St Thomas's Church in the city.

Celia and I, with our children, moved to Salisbury in the late 1970s – on my appointment as Archdeacon of Sarum (the city's old name) and Rector of St Thomas's. A lovely mediaeval church, it began in 1220 as a simple chapel-of ease to enable the men building the new cathedral to worship. Later it grew in importance and gentle grandeur as the parish church of an expanding city. A visitor today may notice a little door inside behind which a few steps lead up towards what was once a room above the north porch (both long-demolished). It was there that the alchemist lived. What did he do and who was he?



Alchemy, an ancient quest, was quite common in mediaeval times. Alchemists were intrigued by mixing liquids and seeing what happened (perhaps like school pupils today experimenting in laboratories!). In a way they were forerunners of modern chemistry and pharmacy.

Ambitious alchemists combined their scientific exploring with philosophy and spirituality. Their talisman, the Philosopher's Stone, had for centuries led them to believe in a route for achieving perfect health and immortality – and also through which base materials could turn into gold.

As for the name of the Salisbury alchemist, some recent historians favour Dr Simon Forman, described as “*a chymist as far as chymistry went in those days*” (and said later to be an inspiration for Ben Jonson’s “The Alchemist”). His diary says he lived in St Thomas’s churchyard in the 1580s. (Above the church porch would have been described as living in the churchyard.)

So why did Mollie’s article on Herbert bring all this to my mind? Some forty years later, in 1630, Herbert was instituted to the living of Bemerton and Fugglestone. (It was my delight, as Archdeacon, to conduct services in those churches where he had ministered.)

George Herbert would almost certainly have known about the Salisbury alchemist. Salisbury is within walking distance from the villages. Stories spread; and at a time when most people could neither read nor write, good tales (often embellished!) were the lifeblood of communication and handed down through the generations.

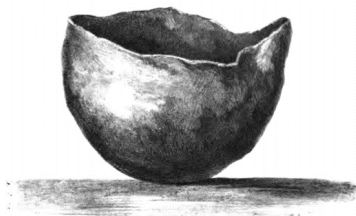
As a good pastor who knew his flock and was known by them, Herbert would have picked up these stories about Dr Forman who had practised alchemy in the north-porch room at St Thomas’s. Furthermore, buried in George Herbert’s churchyard at Fugglestone were the Salisbury alchemist’s family: his father, a grandmother and other Formans.

What would have been Herbert’s reaction to all this? We know that most, but not all, of his poetry was written before his three-year parish ministry near Salisbury. Mollie mentioned “Teach me my God and King”. It is in his collection “The Temple” (about the Crucifixion and Easter). In his verses Herbert explains that, instead of the alchemist’s failed tinctures and philosopher’s stone, what really does work, and transforms our lives, is simple and accessible to everyone. Mixing the ordinary things of life, the sheer drudgery of daily tasks (like sweeping up!) and dedicating them to God: that’s an elixir that truly transforms life.

In his gentle teaching and conversation that surely would have been the substance of Herbert’s response not only to the trending alchemy of his day – but also to the stories of Dr Forman.

So, when we can sing again and have that hymn, I’ll thank God for his transforming power – and also give a quick thought to the Salisbury alchemist!

Nigel McCulloch





CAPTAIN SIR TOM MOORE

We pay tribute to an extraordinary gentleman **Captain Sir Tom Moore**, whose funeral will take place on Saturday.

The 100-year-old Army veteran, who raised almost £33m for NHS charities by walking laps of his garden in Marston Moretaine, died on 2 February. Representatives of the Armed Forces will perform ceremonial duties at the funeral in recognition of

his Army service and close links to the military. Captain Sir Tom was originally from Keighley near Bradford, and his ashes will be interred in Yorkshire, in the Moore family plot.

In a statement, his daughters said Captain Sir Tom had spoken "openly about his death and his funeral" over the past year and had "wondered out loud if perhaps the interest in him over the last 12 months would mean we would need to have more Victoria sponge cakes available for the extra guests". They added that as so many people had asked what they could do to honour him, they had set up an online book of condolence and suggested people either plant a tree in his memory, or donate to the Captain Tom Foundation or a charity of their choice.

His family said the veteran had spent the last few months of his life writing a book which he planned to publish just before his 101st birthday. They have released a section of Captain Tom's Life Lessons. He revealed he would "like to watch my own funeral from a distance" and laugh at "everyone making a lot of fuss over me. Previously, my funeral would have made one little line in the local newspaper and been attended by only a handful of people, but I expect there'll be a few more now. I want the service to end with My Way by Frank Sinatra because I always did things my way and especially like the line about having too few regrets to mention." Capt Sir Tom also wrote that, as a fan of The Goon Show, he would like a version of the engraving on Spike Milligan's headstone which reads "I told you I was ill". "I think I'd ask for the simple inscription of my name, the dates of my earthly span, and the words, 'I told you I was old'".

FROM THE REGISTERS

BAPTISM ANNIVERSARYS MARCH

Frazer David Tyson 19th March 2017
Edward James Harding 25th March 2018

*“Born of Water
and the Spirit”*



FUNERALS - FEBRUARY 2021

Dorothy Royston 11th February 2021

YEARS MIND - MARCH

Harry Glyn Blundell 24th March 2016

Ethel (Effie) Saunders 12th March 2017

Marjorie Rockcliffe 12th March 2019 *“In sure and certain hope
of the resurrection to
eternal life through our
Lord Jesus Christ”*

Madge James 25th March 2019

Michael Charles McKeown 27th March 2019

Sylvia Entwistle 3rd March 2020

John Peat 22nd March 2020

CONGRATULATIONS

Welcome to Remi born on the 24th February, a daughter for Amey and Karl Davidson, and a sister for Tommy who was baptised at St Paul's on the 28th October 2018.



If you ever need support, Age UK is here for you.

Our free Advice Line is open 7 days a week, 8am-7pm on 0800 169 65 65. Or, if you're feeling lonely and want a friendly chat, day or night, you can call **The Silver Line** on **0800 4 70 80 90.**

You can also find out information about coronavirus, lockdown rules and vaccinations on our [website](#).

Age UK provides information and advice on every facet of later life, from helping people find out benefits they are entitled to claim, to discussing options to help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

Another number to ring—

HELPLINE 03030030003

Website: www.ageuk.org.uk/campaigns

Twitter: [@ageukcampaigns](https://twitter.com/ageukcampaigns)

No.11 St Cuthbert's Church (Beltingham)

For a change, a visit to a rural church outside the auspices of Carlisle! This time, a



journey, just across the "border" into the Newcastle Diocese, to the hamlet of Beltingham, near Haltwhistle, Northumberland. Here, on the opposite banks of the River Tyne, a small country lane meanders a few miles though wooded countryside to a spot where the locals claim St Cuthbert's body was rested on his final journey by Celtic Pilgrims to Chester Le Street and eventually, Durham Cathedral. If you

are ever going to visit this church, then look for the road sign on the main A69 which says "Ridley Hall" and the tiny collection of houses known as the hamlet of Beltingham is literally only about two miles away. The first sight of this place is the magnificent lych gate (sometimes spelt "Lych" or even "Lich" dependent upon which part of our country you may be visiting). This gate may be the very spot where St Cuthbert's coffin was rested, just as the same practice became fashionable in early Victorian times. It is a marvellous and inviting entry into a country churchyard.

St Cuthbert's Church at Beltingham is of mediaeval origins with a yew tree behind the building which dates back over a thousand years. Locals claim that wood was taken from here to construct long bows for the soldiers going into battle at Agincourt. Close by on one of the stone buttresses of the church there are clearly scratches in the limestone indicating that this was a place in bygone times for archers to sharpen their arrows. In the enclosed photograph, the vicar of the local group of churches is seen talking to Grange-over-Sands CofE Primary School pupils and telling them about the history of the place. This little church is, in fact, dear to me because a mile away is Ridley Hall where for about 15 years whilst working at the school in Grange I took pupils on their annual residential visit each year, and a study of Beltingham Church was an integral part of those trips. Ridley Hall, of course, was for many years home to a member of the Bowes Lyon family, who was an uncle of the late Queen Mother. In 1988, HM visited the Hall and then went on to Beltingham Church where she planted a tree in memory of her cousins who are buried there.



This particular tree is the white-barked tree seen in the photograph below (right) with some of the private Bowes Lyon graves in the foreground. They are the ones with carved ornamental head stones in a neatly walled off area of the church yard. After the death of the Hon Francis Bowes Lyon in 1948, Ridley Hall was sold and first used as a preparatory school and later as a teachers' training college annexe where, in 1970-71, I was fortunate just by chance to be a student teacher for a year! The little church is glorious inside. The Bowes Lyon family lavished great amounts of funding towards the place in Edwardian times, even though they were of the Catholic faith! They still saw the special spiritual atmosphere of this religious site and added to its beauty by having wood panelling installed, an octagonal pulpit, and new oak pews with an organ surround.

Today this country church is still greatly loved by those locals living in the West Tyne Valley, and services are held here on a regular basis. It was always lovely as I recall on my many visits to Ridley Hall with children over the years to end our residential visit with a quiet time of reflection, listening to the history of this beautiful place by the local incumbent. In all, it can accommodate about 100 souls. But only nowadays on rare occasions do children fill the place, as seen in the photograph below! What a great pity indeed!

So, when you are next travelling the A69 between Newcastle and Carlisle, do turn off for a short while to visit St Cuthbert's Church as I often do. It is a sanctuary of splendour with plenty of local history, but moreover a living place of Anglican worship, in a church that is deeply cherished and loved by locals who maintain the building and its churchyard so beautifully all year round.

I hope, once again, that the photographs depict so much more than words?.

Colin



GOD OF THE POOR – BEAUTY FOR BROKENNESS

*This song by Graham Kendrick was sung in a recent Songs of Praise from Ripon Cathedral,
and we thought the words so apt for today's world*

Beauty for brokenness
Hope for despair
Lord, in the suffering
This is our prayer
Bread for the children
Justice, joy, peace
Sunrise to sunset
Your kingdom increase!

Shelter for fragile lives
Cures for their ills
Work for the craftsman
Trade for their skills
Land for the dispossessed
Rights for the weak
Voices to plead the cause
Of those who can't speak

Refuge from cruel wars
Havens from fear
Cities for sanctuary
Freedoms to share
Peace to the killing-fields
Scorched earth to green
Christ for the bitterness
His cross for the pain

Rest for the ravaged earth
Oceans and streams
Plundered and poisoned
Our future, our dreams
Lord, end our madness
Carelessness, greed
Make us content with
The things that we need

Chorus

God of the poor
Friend of the weak
Give us compassion we pray
Melt our cold hearts
Let tears fall like rain
Come, change our love
From a spark to a flame

Lighten our darkness
Breathe on this flame
Until your justice
Burns brightly again
Until the nations
Learn of your ways
Seek your salvation
And bring you their praise



22-02-21 - PROPOSED ROADMAP OUT OF COVID19 LOCKDOWN

Step 1

8 March 2021 (confirmed)

- Pupils in all schools and further education (FE) settings to return to school full-time, with twice weekly testing of secondary school and FE students.
- Wraparound childcare allowed.
- Care Home residents allowed one named indoors visitor.
- Meeting a person outside of your household outside for recreation as well as exercise allowed.

29 March 2021 (confirmed)

- The Stay at Home regulations will end – but the advice to work from home and minimise travel will remain in place.
- The rule of 6 outside will apply outdoors, and outdoor sports will be allowed.

Step 2

No earlier than 12 April 2021

- Non-essential retail and personal close contact services (e.g. hairdressers) can reopen.
- Overnight stays in self-contained accommodation will be allowed.
- Outdoors hospitality venues will begin to reopen.
- Public libraries and community centres will be allowed to reopen.

Step 3

No earlier than 17 May 2021

- Limits on outdoor gatherings will be expanded to 30 people.
- The Rule of 6 will apply in relation to household visits.
- Indoor hospitality and tourism (hotels, B&B's) allowed to reopen.

Step 4

No earlier than 21 June 2021

- Aim to remove all legal limits on social contacts, weddings and events.
- Aim to enable the reopening of nightclubs and large events (above 30 people).

There are four reviews which will be undertaken

- The future advice in relation to face coverings and social distancing (note: working from home advice will remain in place until outcome of review known)
- Foreign travel
- Possible future vaccination / testing certification for access to venues
- The safe return of major events



(Cumbria County Council, issued 23rd February)

A FESTIVAL OF CLIMATE, FAIR TRADE & YOU

22 February to 7 March 2021

“Farmers behind our food are on the front line of the climate crisis. But there’s hope. Join our global community during Fairtrade Fortnight 2021 for a free festival of online events and activities to entertain, educate and inspire us all to choose the world we want to see...”

Visit <https://www.fairtrade.org.uk/choose-the-world-you-want/>

Fairtrade is about better prices, decent working conditions, local sustainability, and fair terms of trade for farmers and workers in the developing world. By requiring companies to pay sustainable prices (which must never fall lower than the market price), Fairtrade tackles the injustices of conventional trade, which traditionally discriminates against the most vulnerable. It enables them to improve their position and have more control over their lives. With simple shopping choices we can get farmers a better deal. And that means they can make their own decisions, control their future and lead the dignified life everyone deserves. Did you know that there are over 6000 Fairtrade items now available, including wines, chocolate, flowers, lipstick, clothing, and jewellery.

The **COVID-19** pandemic has shown us more than ever how interconnected we are globally. This interconnection is at the very heart of the Fairtrade message. We all have the power to drive long-term change, not only with our shopping choices but with our support in spreading the message. We just have to do this a little differently in 2021!



FACTS AND FIGURES ABOUT FAIRTRADE

- Fairtrade was started in response to the dire struggles of Mexican coffee farmers following the collapse of world coffee prices in the late 1980s
- Fairtrade Foundation – the UK arm of the Fairtrade movement – was established in 1992
- Products carrying the FAIRTRADE Mark must have adhered to rigorous rules aimed at protecting workers and the environment.
- The first Fairtrade-certified product was Green & Black's 'Maya Gold' chocolate bar
- Fairtrade works almost entirely with small-scale farmers
- There are over 1.7 million farmers and workers in Fairtrade-certified producer organisations, and 1,707 certified producer organisations in 73 countries.
- 19% of farmers and 40% of workers are women
- 50% of all Fairtrade farmers produce coffee, while 40% of Fairtrade workers produce tea
- Most Fairtrade products cannot be grown in the UK
- There are over 6,000 Fairtrade products available to buy in UK shops
- One in three bananas bought in the UK is Fairtrade
- There is Fairtrade gold in some smartphones
- Over the past 25 years, shoppers have generated 1 billion Euros in Fairtrade Premium for farmers and workers
- 82% of UK consumers care about Fairtrade, and 79% people choose Fairtrade over non-Fairtrade products
- There are over 10,000 grassroots campaigning groups promoting Fairtrade in their local communities
- Fairtrade is the first to require living wages be paid to garment workers
- Fairtrade farmers are already feeling the effects of climate change
- Choosing Fairtrade products helps to tackle the climate crisis
- The environmental footprint of Fairtrade cotton is 5 times lower than conventional cotton
- Over 50% of Fairtrade farmers choose to go organic

Fairtrade is about more than just fair pay

**Prayer by the Cumbria Ecumenical Spirituality Group.
We should use it and share it as widely as possible:**

“Loving God, as your Son healed the sick
And brought good news to the needy,
Be with us this day.

Loving Jesus, as you taught us to
'Do unto others as you would have them do to you'
Be with all the medical staff this day.

Loving spirit, your gift is healing,
Bring your healing fire to our homes, our hospitals and our county,
But most of all, be with us this day.

Amen”

Daily Hope, a free national telephone line, offers music, prayers and reflections as well as full worship services from the Church of England at the end of the phone —for those without



A free phone line of hymns,
reflections and prayers

A LITTLE PRAYER

Dear Lord,
so far today, I'm doing all right.
I haven't gossiped, lost my temper, been grumpy,
greedy, nasty, selfish or over-indulgent.
However, I am going to get out of bed in a few
minutes, and I will need a lot more help after that.

Amen

DON'T THROW AWAY!

The Soroptimists are collecting empty blister packs for Marie Curie. Evidently the aluminium can be extracted from them and reused to earn funds for this charity. So, please start collecting your pill 'strips' when they are empty rather than throwing them in the bin! Boxes are already available in Superdrug in Kendal and in small Boots outlets (eg Carnforth), and we are in the process of arranging a collecting box in the chemist's shop on Kents Bank Road. All those of us on medication will surely be delighted to think that something good can come from waste packaging.



LOVE

by George Herbert

(The last poem in his collection 'The Temple')

Love bade me welcome: yet my soul drew back,
Guilty of dust and sin.

But quick-eyed Love, observing me grow slack
From my first entrance in,
Drew nearer to me, sweetly questioning
If I lacked anything.

"A guest," I answered, "worthy to be here":
Love said, "You shall be he."

"I, the unkind, ungrateful? Ah, my dear,
I cannot look on thee."

Love took my hand, and smiling did reply,
"Who made the eyes but I?"

"Truth, Lord; but I have marred them; let my shame
Go where it doth deserve."

"And know you not," says Love, "who bore the blame?"

"My dear, then I will serve."

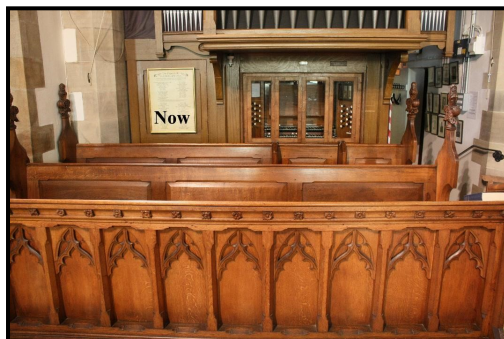
"You must sit down," says Love, "and taste my meat."
So I did sit and eat.

MAKING ACCESS TO THE ORGAN EASIER

It has long been a complaint from our organists over the years that actually getting in to play the organ is a dangerous feat of contortionism and gymnastics; and, once in, there is little space to keep and organize the various sheets of music needed for the hymns and responses during the service and the voluntaries before, during and after our worship. Those of us who have witnessed this performance have winced at the outstanding carvings, subtly placed under the pipes' casement, which threaten the skulls of our musicians, and then also observed the changing of shoes into "playing gear".

So we have reviewed the situation and are proposing to seek permission from the Diocesan Advisory Committee (the arbiter on faculties and requests for permanent change to the fabric of all churches) to remove five seats from the rear row of choir stalls that block access to the organ. Please see the relevant photographs with this article.

The first shows the position as it is now with a row of 6 seats for the choir closely behind the organist's bench, comprising a fixed 4-seater pew and a tilting seat and back arrangement adjoining a fixed single pew with a carved filial end close to the sanctuary. The tilting seat and back do not form a particularly harmonious or useful arrangement and are generally not used. We therefore propose to remove the single pew and the seat/back arrangement, plus two seats from the 4-seater pew, and also to move the carved filial to the 2-seater remaining so that some of the aesthetics of the stalls is preserved. See second picture for the result.



The third picture shows the space that will result for the organist, his/her shoes, the music and general ease of access and movement. Our choir is now reduced to some 7 individuals so there is still adequate space available in the remaining pews to accommodate them (20 seats in a non-covid seating arrangement), with spare space and in the chancel for additional numbers when we need all the seating for a large service, installation, etc. The organist will have space to move relatively freely on to the bench and dispose his/her belongings appropriately.



We regret having to make this proposal and it is still at an early stage. The two photographs on this page of the church interior in 1915 and shortly afterwards, both of which show the choir stalls as being in place at that time, although placed further inwards in the chancel giving a narrow passage up the sanctuary. These photographs will be available in church for closer inspection. The stalls were clearly moved backwards as the church was subsequently widened but the carved ends are clearly shown, and we are doing what we can to preserve our inheritance and the workmanship of earlier days.

Do please talk to the wardens if you have any views on what is proposed. Charles Edmondson (who has



promised to continue to play for us on a regular basis) is delighted at what we hope to do and comments "Should have been done years ago". What do you think? And will the DAC agree?

Mike

MARCH OBSERVANCES

March is the month when Spring officially begins and Daylight Savings takes root, typically the second Sunday in the month. It can be a dramatic month with sometimes wild and shifting weather as Mother Nature tries to shed her winter coat. But as the seasons change from Winter to Spring, it's the perfect time to review the special days, holidays, awareness weeks, and observances for March.

MARCH 10TH - MOTHERING SUNDAY

Mothering Sunday is the fourth Sunday of Lent. Although it's often called Mothers' Day. Traditionally, it was a day when children, mainly daughters, who had gone to work as domestic servants were given a day off to visit their mother and family.

Today it is a day when children give presents, flowers, and home-made cards to their mothers.

Most Sundays in the year churchgoers in England worship at their nearest parish or 'daughter' church. Centuries ago it was considered important for people to return to their home or 'mother' church once a year. So each year in the middle of Lent, everyone would visit their 'mother' church - the main church or cathedral of the area.

Inevitably the return to the 'mother' church became an occasion for family reunions when children who were working away returned home. (It was quite common in those days for children to leave home for work once they were ten years old.)

And most historians think that it was the return to the 'mother' church which led to the tradition of children, particularly those working as domestic servants, or as apprentices, being given the day off to visit their mother and family.

As they walked along the country lanes, children would pick wild flowers or violets to take to church or give to their mother as a small gift.

MARCH 20TH - SPRING EQUINOX

Spring Equinox celebrates the renewed life of the earth that comes with the Spring. It is a solar festival, celebrated when the length of the day and the night are equal (this happens twice a year, at Spring and Autumn Equinox). At the time of Spring Equinox the God and the Goddess are often portrayed as the Green Man and Mother Earth. The Green Man is said to be born of Mother Earth in the depths of winter and to live through the rest of the year until he dies at Samhain.

To celebrate Spring Equinox some Pagans carry out particular rituals. For instance, a woman and a man are chosen to act out the roles of Spring God and Goddess, playing out courtship and symbolically planting seeds. Egg races, egg hunts, egg eating and egg painting are also traditional activities at this time of year.

MARCH 24TH - DAYLIGHT SAVINGS (Clocks go forward 1 hour)

OUR YOUNG FOOTBALLERS

You may know that Gary Porter and his son Steve recently repainted the Fell Church. Did you also know that Steve manages and trains Grange United Football Club's under-7s squad – you may have seen the article in the December Grange Now. If like me you missed it, below is the photograph showing the squad in their new kit, which has been sponsored by the father and son painting and decorating firm. There are 16 youngsters in the squad – boys and girls – and they train each Saturday morning at Cartmel Priory Secondary School. The team plays every 3 or 4 weeks against teams from Kendal, Sedbergh, Swarthmoor and Windermere.

If you know of any child who is interested in joining the squad, they can contact Steve on 07964 300 982.



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	2014	2015	2016	2017	2018	2019	2020	2021
January	163	154	141	98	142	73	107	186
February	115	76	125	91	69	99	263	86*
March	61	110	107	162	60	182	75	
April	58	46	72	15	98	39	12	
May	62	165	32	75	37	52	26	
June	28	34	185	135	19	91	99	
July	70	69	113	126	33	134	169	
August	124	112	168	86	108	180	188	
September	6	29	118	177	133	177	66	
October	156	60	31	172	131	160	165	
November	97	246	118	189	62	85	114	
December	103	352	65	109	160	155	126	
Annual								
Totals	<u>1,043</u>	<u>1,453</u>	<u>1,275</u>	<u>1,435</u>	<u>1,052</u>	<u>1,433</u>	<u>1,408</u>	<u>272</u>

** means incomplete total till next month*

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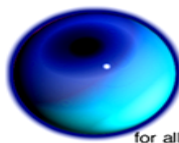


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