



Actively Promoting God's Love for everyone

Churches  
Together in  
Cumbria  
Dec / Jan  
2021

**BUT THE ANGEL SAID  
TO THEM 'DO NOT  
BE AFRAID. I BRING  
YOU GOOD NEWS  
OF GREAT JOY'**

LUKE 2 : 10

This past year has certainly been a year like no other, but the good news is that Christmas is happening! And like you, we will be especially enthusiastic about reaching out to friends and family, particularly where we haven't been able to see them for much of the year.

And we thank God that Covid rules have been relaxed enough to enable us to celebrate the birth of Christ again. God presents us with Himself, in the guise of a baby boy. The God of all creation displays His power in the weakness and helplessness of a babe. The Christmas story continues to present us with an alternative to the fear, uncertainty and frustration of these current times.

Churches Together in Cumbria prays that we all may enjoy a blessed and peaceful Christmas and that 2021 will encourage us to start afresh, renew our lives and His world.

## God for All Vision Refresh Prayer

Living Lord,  
as we offer to you our common life,  
refresh our vision  
that we may know your will  
and seek to follow in all your ways.  
May we **follow daily** as your disciples,  
**care deeply** for one another in  
community,  
**speak boldly** your gospel words of love,  
and **tread gently** as faithful stewards of  
your goodness.  
We ask this in the power of your holy  
name,  
as Creator, Redeemer and Sustainer  
of our lives,  
today and for ever.  
Amen

Please do continue to share this God for All Vision Refresh prayer as widely as possible. Thanks go to the Cumbria Ecumenical Spirituality Group for writing the prayer.

### A Song Was Heard at Christmas

*By Timothy Dudley-Smith*

A song was heard at Christmas  
To wake the midnight sky,

A Saviour's birth, and peace on earth,  
And praise to God on high.

The angels sing at Christmas  
With all the hosts above,  
And still we sing the newborn King,  
His glory and His love.



# Anna Chaplaincy Cumbria



This month we would like to introduce you to two Anna Chaplains who have begun their ministry to older people in Cumbria, in Kendal and Barrow

## **Beverley Moore - Kendal**

Beverley is working as an Anna Chaplain in Kendal.

My name is Beverley Moore, I am a 57-year-old mum and grandma of 3 boys and happily married to Graeme who is my constant support and who helps me in all things technical! I am a retired anaesthetic nurse. I also have experience of being nurse in charge of a care home for 2 years. I was born and raised in Kendal and whilst enjoying many holidays including my passion for cruises, I have never felt the need to move and work anywhere else.

I was able to begin worship in church again following a change in domestic circumstances and I was drawn to Holy Trinity Kendal Parish Church back in 2013. Whenever I step inside, I have a sense of being "home" I feel that I belong there, and that God had his plan in place for me long before I knew about it.

I was approached by Rev Rob Saner-Haigh and Mr David Richardson to ask if, having knowledge of my nursing background, I would consider becoming the Dementia Enabler for Kendal Parish Church. I must admit I was a bit daunted as this was something new to us all. However, I attended a training weekend and felt that support was available, and I began, with David's help and support to put together a service which was dementia friendly. The Kendal Tea Service was born. We meet (well, prior to Covid), on the 3<sup>rd</sup> Thursday of each month and the service consists of 3 familiar hymns, bible reading, poem and prayers. Refreshments are served following the service. We have 3 care homes who join us and the congregation averages 35 people. I am in the process of recording the services we would have had with our congregation in church and have put the Remembrance service on You Tube.



I also realised that people have a tendency to leave church if they speak, or shout out loudly for fear of causing upset or disturbance so I was given permission to create an area in church into a home from home, complete with sofas, table lamp, coffee table and a wealth of dementia literature and memory folders. We also began Messy Vintage bringing children from two of our local schools into care homes to enjoy sharing time together, playing games and enjoying craft work.

Following the success of CTiC Dementia Project and hearing about its new project of Anna Chaplaincy I felt very strongly that God was leading me down this next part of his plan for me.

I believe that everyone's voice should be heard whether young or old and, in fact if we just look beyond the older person we see and hear their stories we have an awful lot to learn. I am looking forward on doing just that, listening, learning and praying in my new role as an Anna Chaplain.

**Beverley Moore, Anna Chaplain**  
**Holy Trinity, Kendal Parish Church, Kendal**



## Anna Chaplaincy Cumbria Cont....

### **Babs Lowe - Barrow**

Babs Lowe is working as an Anna Chaplain in Barrow working cross the town with a number of different churches. She introduces herself and her journey to this ministry here:

Babs is an active member of Spring Mount Church in Barrow-in-Furness, and is really looking forward to her new role of Anna Chaplain across the churches of Barrow.

"Barrow is a great town, with a big heart! I was born and bred here and extremely proud of that. I love my town and believe in and am part of the thriving community spirit here"

Babs' journey to becoming an Anna Chaplain was shaped by her experience of caring for her mother who lived with dementia; subsequently taking on a role as a Dementia Enabler, alongside working pastorally with the Rev Lucie Lunn and her team from Low Furness. What followed was a meaningful and focused ministering in care homes, in different ways, to all who lived and worked there.

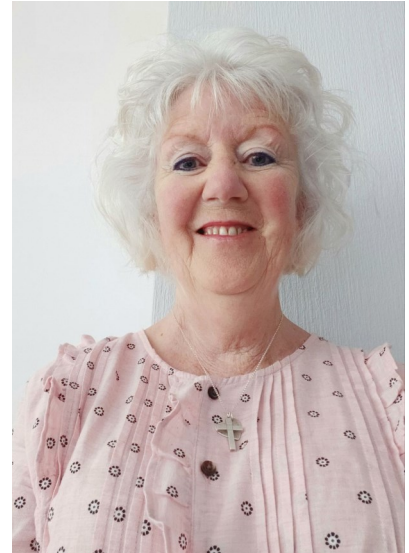
"I found this so joyful and knew this was God at work in me! I was subsequently commissioned as a Lay Minister, with a specific calling to dementia. Alongside this, I facilitated with the help of a small and gifted ecumenical team, the monthly dementia friendly Tea Service in Barrow."

Anna Chaplaincy was laid on Bab's heart at the Cumbrian Annual Dementia conference in 2019 and she attended an Information Day just prior to lockdown. She has seen God move and strengthen His call in all respects.

Babs and members of her Barrow Anna Chaplaincy Steering Group, between them, have given the opportunity to all churches in Barrow to attend a zoom 'information' presentation and are beginning to network with partner agencies, care homes and schools, across Barrow.

"This is so exciting as it brings into play my life experience, God's call and my passion for older people. All glory to God!"

### **Babs Lowe, Anna Chaplain, Barrow**



## The Bereavement Journey, Cumbria.



The first Bereavement Journey Cumbria course started in September, delivered via Zoom. 17 guests are attending this first course, and it is being well received.

The Bereavement Journey was written and developed by Holy Trinity Brompton 25 years ago, and is now available as online course: [www.thebereavementjourney.org](http://www.thebereavementjourney.org)

The course comprises of five two hour sessions with discussion around two talks. There is an optional sixth session which deals with questions on faith.

If you would like to book a place on our next course then please get in touch.

Shelagh Goldie

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[www.churchestogethercumbria.co.uk](http://www.churchestogethercumbria.co.uk)



## National Grief Awareness Week 2nd—8th December 2020

National Grief Awareness Week aims to try and normalise grief and get people talking about this typically uncomfortable subject on a national platform.

Their vision is to offer a toolkit of support from DAY ONE for anyone suffering a bereavement, anywhere in the country.

This latest annual national event is driven by The Good Grief Trust, the UK's leading umbrella charity, bringing all UK bereavement services, support organisations and helplines together under one central database. Offering early signposting to a choice of support for both the bereaved and those working with them.

Julia Samuel; "it isn't the circumstances of the death that will predict a positive or negative outcome, it is the support they get at the time and after the death This is the key component to anybody finding a way to rebuild their life."

Please watch the CTiC Facebook page during National Grief Awareness Week for daily posts.

More information can be found at <http://nationalgriefawarenessweek.org/>



**The Cumbria Methodist District is looking for a  
DISTRICT YOUNG PEOPLE'S WORK  
COORDINATOR**

**12 Hours per week**

**Are you passionate about young people's ministry?  
Do you have a heart for developing leaders of young people?**

This role is to support and resource both paid and voluntary leaders across the District who work with young people.

The Cumbria Methodist District is part of an ecumenical county, so alongside working with Methodist Churches across the County, relating with people across denominations will be a vital part of this role,

**Salary:** £12.50 per hour (subject to skills and experience)

**Start date:** As soon as possible.

**Work base:** Home-based, with some travel required

**Duration of contract:** Funding is secured for 4 years.

An occupational requirement exists for the post holder to be a practising Christian in accordance with the Equality Act 2010.

Closing date for applications: - 8th January 2021

Interviews (probably via Zoom) : - 22nd January 2021

The successful applicant will require a successful Enhanced DBS disclosure

**For further details and application form:** Mrs Carolyn Dickinson,  
Cumbria Methodist District Administrator – 07727 415400 or  
**[cumbriamethodistdistrict@outlook.com](mailto:cumbriamethodistdistrict@outlook.com)**



# NORTHERN MISSION CENTRE

## Certificate in Pioneer Mission Free Taster Events

**26th January 2021**

evening online event

[www.trybooking.co.uk/VXB](http://www.trybooking.co.uk/VXB)

**24th April 2021**

10am - 3pm - event in Penrith

[www.trybooking.co.uk/VXC](http://www.trybooking.co.uk/VXC)

**3rd July 2021**

10am - 3pm - event in Penrith

[www.trybooking.co.uk/VXD](http://www.trybooking.co.uk/VXD)



## Certificate in Pioneer Mission Taster Events 2021

Open to anyone across the North looking to train in pioneer ministry. Come along to one of these free taster events to find out more about the certificate in Pioneer Mission course facilitated by Church Mission Society & Carlisle Diocese.

26th January 2021 evening online event.

Book here: [www.trybooking.co.uk/VXB](http://www.trybooking.co.uk/VXB)

24th April 2021 10am - 3pm in Penrith.

Book here: [www.trybooking.co.uk/VXC](http://www.trybooking.co.uk/VXC)

3rd July 2021 10am - 3pm in Penrith.

Book here: [www.trybooking.co.uk/VXD](http://www.trybooking.co.uk/VXD)

For more information about the course please see [here](#).





‘I will show you the path of life,  
I will fill you with joy in My presence  
And with eternal pleasures at My right hand.’

*Psalm 16:11*



# For Arts Sake

Tuesday 24th March

Church House

Penrith

CA11 7XR

## The Healing of all things: Arts Mission & Theology

Join us for a whole day exploring art, the creative process, pioneering mission and theology through presentations, workshops and discussions around the following themes.

**To affirm art:** exploring the intrinsic value of art in keeping with God's creative nature and expression in creation.

**Art and Mission:** an exploration of the role of art in mission; art's unique ability to communicate the Gospel; and how it is and could be used to build community and provide healing.

**Prophecy and art:** an opportunity explore how the apocalyptic, unpopular popular can be used as dialogue partners or as the building blocks of liturgy and spirituality in mission communities.

**Full Day's Programme including lunch: 10 am— 4 pm £8 per person**

**Evening Gallery including drinks, 5.30—7.30 pm: Free Entry.**

**For more information, please contact:**

**[godforallevents@carlisle-diocese.org.uk](mailto:godforallevents@carlisle-diocese.org.uk)**





May you be filled with the wonder of Mary,  
the obedience of Joseph,  
the joy of the angels,  
the eagerness of the shepherds,  
the determination of the magi,  
and the peace of the Christ child.

Almighty God, Father, Son and Holy Spirit bless you now and forever.  
Amen

**Reminder**

Please remember to keep looking at the CTiC events page which is regularly updated with all the events October we are notified about. Please send information before 15th January for our February newsletter: [ebctic@outlook.com](mailto:ebctic@outlook.com)

Find out more about the work of CTiC in our overview paper, available on the website:  
[https://www.churchestogethercumbria.co.uk/Groups/318434/About\\_Us.aspx](https://www.churchestogethercumbria.co.uk/Groups/318434/About_Us.aspx)

All the information in this newsletter is published in good faith and for general information purpose only. Churches Together in Cumbria does not make any guarantee about the completeness, reliability and accuracy of this information. Nor does inclusion herein imply our endorsement of events or organisations.

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[www.churchestogethercumbria.org.uk](http://www.churchestogethercumbria.org.uk)



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