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A LETTER FROM REV'D DR JAMES BRUCE

Dear Brothers and Sisters in Christ,

I have opted to continue preparing a service for you to use on Sundays rather than going for a talking-face video version as I feel we have the opportunity to do something different, break free of dependence on ministers leading up front, the 'spectator sport' version of worship we kind of practise normally, and to go for a less mediated, more personal encounter with God, 'participation sport' version of worship.

I am actually praying that God will give us grace to break out of our supermarket habit / model of church, where we focus on gathering to meet at some central temple, usually a car-drive away, to a much more local expression amongst our neighbours, on the street where we live. (Remember that song my mother used to sing: <https://www.youtube.com/watch?v=0udu4KYv1zI>)

The announcement on Wednesday from the government's Chief Medical Officer that we may be socially isolating for the rest of this year, or even twelve months in total is a significant game-changer in my mind. I'd rather know this, and be able to pray and think into it, though, of course, we won't know what this means until it is working out.

Lots of thoughts!

One is a prayer of Thanksgiving for the way social 'isolation' is actually producing social 'integration' as we get to know our physical neighbours, and our church family, in a new way. We have the opportunity of *being* the gospel for our neighbours like never before, and we can pray that, at some point, conversations will open up to share our faith in the one who brings freedom where there is lockdown, light into darkness, and even life where there was death.

A second is that, as I've observed before, we are being forced out of the habit of relying on our church buildings and gatherings, to find new ways of being His people in the world, and new ways of feeding on the Word of the Lord to empower this new life.

It always was a mistake to regard 'church' on Sunday as *the* nourishment for the rest of the week. Imagine eating one physical meal, enough for a whole week: it would lead to pretty impressive indigestion! What we need is good, regular, nutritious meals. What's true for the body is also true for the soul, and for our spiritual lives. Jesus said, "My nourishment is to do the will of Him who sent me." (John 4.34), and, "People do not live by bread alone, but by every word that comes from the mouth of God." (Matt 4.4)

We are forced by lockdown to find other, actually rather more balanced, ways of being spiritually nourished, in direct, un-mediated encounter with the risen Lord Jesus through His Word, the Bible. If you haven't already done so, do try to pick up the habit of daily, even twice or thrice daily dipping into the scriptures, using:

Bible in one Year: <https://www.bibleinoneyear.org>
 Lectio365: <https://www.24-7prayer.com/dailydevotional>
 CofE Daily Prayer: <http://daily.commonworship.com/daily.cgi>
 or just read Mark, then Luke, then Matthew, then John, then Acts, then Romans
s-l-o-w-l-y, praying for God to speak. You can even choose to hear David
 Suchet read the Bible to you:
[https://www.youtube.com/playlist?
 list=PLs0kYUO87ryQ58A2PZGnrHd4Ie1zFPzbn](https://www.youtube.com/playlist?list=PLs0kYUO87ryQ58A2PZGnrHd4Ie1zFPzbn)

I was introduced recently to a verse of scripture I must have read many times, but never noticed: The Apostle James quoted Amos 9.11 speaking God's word: "Afterwards, I will return. I will set up David's fallen tent again." (Acts 15:16). God never intended a temple of stone, that was David's misunderstanding: God always wanted a temple of living stones. "The Word of God came to the prophet Nathan... You shall not build a house for Me to dwell in..." (1 Chron 17.4). Stephen, the first martyr, said: "The Most High does not dwell in temples made with hands..." (Acts 7.44). The Apostle Peter writes: "Come as living stones, and let yourselves be used in building the spiritual temple, where you will serve as holy priests" (1 Peter 2.5). You can read a very interesting exposition of this idea: <https://geekychristian.com/evidence-the-temple-was-not-gods-will/>

Lockdown has forced the issue: we're locked out of our buildings of stones, and instead are having to live as Christians in the temporary 'tent' of the street where we live, the activities and work we're involved with, and of the internet and telecom world!! Perhaps when we come back, we'll find new ways to use our buildings to grow disciples and build the kingdom of God: maybe for making tents?

God bless us as we trust Christ to transform us, our churches and our communities.

Jim

ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ** in the **heart of the community** through **prayer, worship and learning, in joy and practical service** to the wider world.

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**GRANGE OVER SANDS MONTHLY
RAINFALL (MM) - ANDREW LITTLE**

	2012	2013	2014	2015	2016	2017	2018	2019	2020
January	122	78	163	154	141	98	142	73	107
February	62	45	115	76	125	91	69	99	263
March	4	55	61	110	107	162	60	182	75
April	78	40	58	46	72	15	98	39	
May	98	55	62	165	32	75	37	52	
June	208	68	28	34	185	135	19	91	
July	142	164	70	69	113	126	33	134	
August	125	152	124	112	168	86	108	180	
September	216	98	6	29	118	177	133	177	
October	136	173	156	60	31	172	131	160	
November	165	118	97	246	118	189	62	85	
December	194	131	103	352	65	109	160	155	
Annual									
Totals	1,570	1,177	1,043	1,453	1,275	1,435	1,052	1,433	*445

** means incomplete total till next month*

SINGING FOR MEMORY

Aims to strengthen memory and language through singing in a relaxed and friendly atmosphere.

Run by Grange Soroptimists.

Do you or someone you know have mild to moderate dementia, memory or speech

**CLOSED UNTIL FURTHER NOTICE
DUE TO THE PRESENT CIRCUMSTANCES**



FOR INFORMATION

Just to let you know what we have been doing to try and reach out to all members of St Paul's and the Fell Churches during the strange circumstances in which we find ourselves.

We compiled a list of members of congregation, those on the electoral roll and those who receive our parish magazine, and managed to find phone numbers for all 107 of them. We identified 10 members, mostly comprising the pastoral team and wardens, and gave each of them 10 names to contact at least once a week, giving them any news, ensuring that they were OK for shopping, giving the names of people who offered to shop, etc. In addition, Revd Sue has been working her way through the list, ringing different names each week.

Of the 107 names, we managed to get 67 email addresses, and they have received a weekly mailing, initially of the pewsheet, readings, a letter from Revd Sue, and sometimes an information sheet containing other news, local shops offering delivery services, ideas for keeping busy, quizzes, etc. We have recently also started mailing out a service sheet that Team Rector Jim has prepared for us to use at home. All these have been set up also on the web site.

We were advised by the Diocese that nothing should be delivered by hand. The parish magazine was made available on the web site for all those who have internet access, but for those without that facility we made an arrangement with Gill Benson at the Station Bookstall, and she very kindly agreed to hold some hard copies for folk to collect if they wished.

If you have a near neighbour who has no access to the web, you may perhaps offer to print out information for them.

We have tried to cover all eventualities, but if you think of anything else that we could usefully do to maintain contact, please let us know.

Mollie Bell, Joyce Leach, Margaret Ratcliffe, Penny Ward, Margaret Caseley, Sue Fleetwood and Susan Jackson

APRIL FOOL

Did any of our readers spot the deliberate mistake in the April magazine?

I am sorry if you were misled! Pages 14 and 15 reprinted – in good faith - advice purported to come from the Princess of Wales Hospital to NHS staff about Coronavirus. It has since come to light that this was a fake message, although some of the statements were in fact true. However, I apologise if you avoided having ice cubes in your Gin and Tonic – you can now enjoy them without risk!!

**LOCAL SUPPLIERS WHO WILL DELIVER OVER THIS PERIOD,
THERE MAY BE MANY MORE...**

Higginsons Butchers - 015395 34367
The Hazelmere Bakery - 015395 32972
Low Sizergh Barn - kitchen-made meals - 015395 60426
Fletchers - Greengroceries 015395 32518
Hargans - Groceries - Flookburgh 015395 59058
Cut the Wrap Zero waste, loose food and enviro-friendly - Ulverston 01229 581299
Thornfield Hotel - cooked meals 0153965 32733
Cockles - Cartmel, Flookburgh – convenience shop and more 015395 36268
Proctors Butchers - 015395 32062
Grange Bakery - 015395 36802
Woodhead Dairies - 015395 33646
Horsfall Dairies - 015395 33916
Cartmel drink shop - wines and spirits – 07966 681706
At Home Bistro - cooked meals 015395 34400
Hampsfell House Hotel - cooked meals -015395 32567
Thyme Out - frozen meals - 015395 34019
Little Beasties - all your pet needs - Ulverston - 0122958220
Spar Grange - 015395 36997
Grange Post Office open 12-4
Station Bookstall open mornings

Church bulletin board

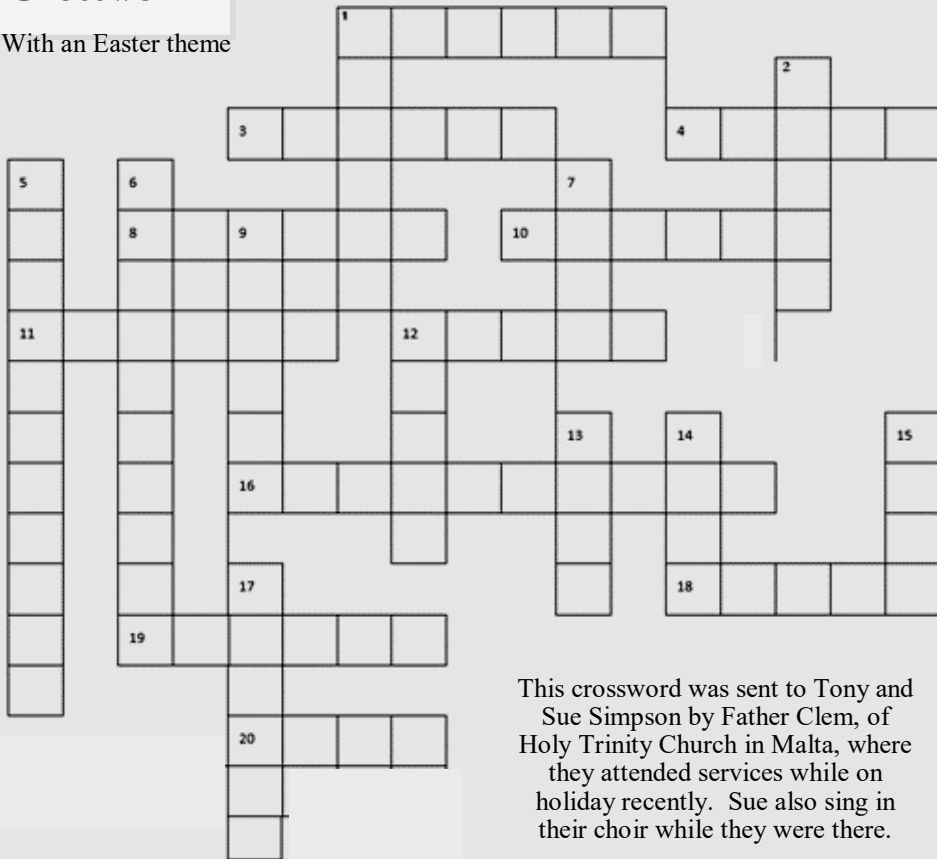
**The following appeared in church bulletins
or were announced at church services.**

<p>The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'</p> <p>Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.</p> <p>Don't let worry kill you off – let the Church help.</p> <p>Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.</p> <p>For those of you who have children and don't know it, we have a nursery downstairs.</p> <p>The Rector will preach his farewell message, after which the choir will sing 'Break Forth Into Joy'.</p> <p>Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.</p> <p>Potluck supper Sunday at 5pm – prayer and medication to follow.</p>	<p>The church will host an evening of fine dining, super entertainment and gracious hostility.</p> <p>At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.</p> <p>The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.</p> <p>This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.</p> <p>Low Self-Esteem Support Group will meet Thursday at 7pm. Please use the back door.</p> <p>The Associate Minister unveiled the church's new tithing campaign slogan last Sunday: 'I Upped My Pledge – Up Yours.'</p> <p>This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.</p>
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Compiled by Max Bowen
And sent to us by Charles Edmondson

CROSSWORD

With an Easter theme



This crossword was sent to Tony and Sue Simpson by Father Clem, of Holy Trinity Church in Malta, where they attended services while on holiday recently. Sue also sing in their choir while they were there.

ACROSS

- 1 – Carry to put things in
- 3 – Light one in church
- 4 – Peeping baby
- 8 – Jesus rose on this day
- 10 – March in one
- 11 – Use crayons to do this
- 12 – Symbol of the Crucifixion
- 16 – Day Christ was crucified
- 18 – Bring Easter goodies
- 19 - Day of the week Christ arose
- 20 – They get decorated

DOWN

- 1 – A hat
- 2 – An angel told them “He is”
- 5 – Nailed to the cross
- 6 – Small sugared goodies
- 7 – Religious ceremony
- 9 – Season in which Easter usually arrives
- 12 – Sweets
- 13 – Easter flower
- 14 – Symbol of innocence
- 15 – Blessed
- 17 – One was at the tomb

AN EASY SOURCE OF FUNDING

As most of us are shopping more on-line during Lockdown, remember that all our super stores will give a named charity a percentage of the order.

When ordering groceries, goods or booking rail tickets or holidays on-line use **EASYFUNDRAISING**, a clever website that turns everyday on-line shopping into free donations to a chosen cause. Many of our High Street stores will also give us a donation (**Marks and Spencer, Travelodge, Argos, Next**, etc) .

If you are interested in helping church in this way just click on **EASYFUNDRAISING** and name St Paul's Grange as your chosen charity

IF YOU HAVE TIME TO SPARE ...

... AND CAN CROCHET

Why not make a Frontline Hero Bear to remind you of our NH heroes. A free pattern is available on www.facebook.com/yanitdarnitph/



... OR if you PREFER TO KNIT

Why not knit a Get-Well-Soon nurse. A free pattern is available from www.jeangreenhowe.com, one of 18 delightful knitted characters in her knitting booklet 'Jean Greenhowe's little gift dolls'.



At some future date when Lockdown is over, we shall be arranging a Church Fair—why not start making something to sell on our Craft stall?

This is a little fun thing to do!

Quarantine Exercise: Can you find the names of sixteen (16) books of the Bible hidden in the paragraph below?

I once made a remark about the hidden books of the Bible (merely by a fluke). It kept people looking so hard for the facts and for others it was a revelation. Some were in a jam, especially since the name of the books were not capitalized, but the truth finally struck home to numbers of readers. To others it was a real job. We want it to be a most fascinating few moments for you. Yes, there will be some really easy ones to spot. Others may require judges to help them. I will quickly admit it usually takes a minister to find one of them, and there will be loud lamentations when it is found. A little lady says she brews a cup of tea so she can concentrate better. See how well you can compete. Relax now.

There really are sixteen names of books hidden in this story!

EASTER GREETINGS

We have received Easter greetings from Mary Dobson, the granddaughter of Nancey Atkinson, which came via the web site into the Parish Office.

We thought you would like to have the news from her.

Hello,

We would normally spend Easter in Grange-Over-Sands and be sure to come to St Paul's on Easter Sunday, to see many of Grandma's lovely friends. We of course couldn't come this year, and aren't in email contact with any of those who we know. I just wanted to send lots of love from me, and my mum Kate/Catharine, to all of you. And specially to Margaret Turner (having seen the news about Barry in the Pew sheet), to Penny Ward and Sue Fleetwood, to Joyce Leach, Helen & Mike Hill, Pat Rye, Colin Milner and all who knew and loved Grandma.

I was so sorry to read of the death of Sylvia Entwistle. I know the Grange community will be supporting each other and doing its best, as always.

It's a very special place.

Lots of love,
Mary (Dobson)

And then further news...

Penny,

How lovely to be in touch with you. I am sorry to hear about Barry - please do give both Margaret and Barry lots of love!

I can't imagine how strange it must be not to have the week punctuated by seeing everyone at St Paul's. We are all well! Mum had mild coronavirus symptoms and a cough she just couldn't shake for quite a while, so that was a big worry. She seems much better now. She has been isolating, and spending some time with her partner David who has been really supportive. Tom and I both had mild symptoms for a couple of weeks, but are now thoroughly better! We are working hard from our (rented) flat in Finchley Road. Tom is working for Shelter (the homelessness charity) and me for the House of St Barnabas (a homelessness charity based in Soho) and we are both very busy, which is keeping us occupied! Alice is well, working hard on her book boxes from Brighton (<https://www.reposed.co/>). Lisanne is great, she has a new boyfriend who has moved in for the lockdown and she is working hard for Zurich, from Stroud.

Grandma's house is not an airbnb. Mum wondered about doing that as it does cost to run, but having looked into it, it seems so much work would be needed to get it up to standards (complete rewiring etc) that she paused that thinking, and decided early this year that she must sell it. I am so sad about it, as it's such a special place, but it is her decision to make. Of course, lockdown has put all of that on hold. We were still hoping to all come up for Easter, although of course not possible either.



To Mrs Leach

Hope you are well I am missing you so much
Keep smiling.

Love Alice

x x x x x x x x x x x x x x x x

Dear god

Thank you for keeping us all safe and well
and for looking after us. Help the elderly & vulnerable
and protect them from the virus. I will help you no matter
what happens

AMEN

by Alice Rose Evans

x

This card was sent to Joyce Leach from Alice (aged 8).
Joyce is baptismal visitor to the Evans family, and Alice is a
member of our lunch-time club at Grange Primary School.

FROM THE REGISTERS

BAPTISM ANNIVERSARIES - APRIL

1st May 2016	Finn Lord	<i>“Born of Water and the Spirit”</i>
22nd May 2016	Sophia Grace Wilson	
7th May 2017	William Melbourne Webster	
26th May 2017	Sky Phoenix Atkinson	

YEARS MIND - MAY

Gwendoline Ollerton	2015	<i>“In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ”</i>
Noreen Pool e	2015	
Michael Senior	2016	
Heather Margaret Gill	2017	
Margaret Pamela Cook	2017	<i>“God is love and those who live in love, live in God”</i>
Martin Blamire-Stilling	2018	
Jean Margaret Broadhead	2019	
Dennis Arthur Marsden	2019	
Pauline Meriel Leigh	2019	

CARTMEL PENINSULA SENIOR FRIENDSHIP GROUP - has gone on the internet until normal service is resumed. Just Ctrl and click on <https://www.youtube.com/watch?v=KOpRZuUEHCY&feature=youtu.be> and be entertained with poems, songs and stories by familiar faces and friends. Even Pip, the ‘pat’ dog has a message!



If any local residents require advice or support Age UK are there to provide information and advice that cover every facet of later life, from helping people find out the benefits they are entitled to claim, to discussing options that help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

HELPLINE 03030030003 for any advice and practical support.

If you are interested in being a volunteer - for info on volunteering 01539728118
www.agesouthlakeland.org.uk

Wedding is still on course (ish). We were going to tie the knot in the church where Grandma got married (Haworth) just with near relatives in mid May, but that won't happen now. We have a big party planned with camping and lots of music in some fields outside Oxford, to take place in August, so fingers crossed that can go ahead!

I have just been going through lots of cards and mementos and have so many cards from the old gang: Hilda Postlethwaite, Ingha, Mrs Johnson and Sylvia E!

I can't believe you still have no vicar! How is everyone in Grange? Are there lots of delivery services etc? How are your family all getting on?

Lots of love from me, and from Mum and the rest of the family too.

SOME FACTS ABOUT THREE FAVOURITE HYMNS

Taken from the Edwardian Songs of Praise service, 16th July 2000

The Holy City, published in 1892, is still popular today. It has stood the test of time with its message of hope and deliverance. The music was composed by Stephen Adams but his real name was Michael Maybrick. Born in Liverpool, he died in Buxton. His niece, Mrs Amy Main, lived in Dearden Close and worshipped at St Paul's. She died in Bridge House in 1988 aged 94. In the early 1980s she helped to make a Radio4 programme about her uncle.

O God our help in ages past was written by Isaac Watts and published in 1719. Watts is sometimes called the Father of modern English hymnody. He was also, to quote from a biographer, “an eminent minister of independent persuasion, an excellent preacher of diminutive size”. We have to thank him for this hymn of thanksgiving to God for the past and our hope for the future.

What a friend we have in Jesus. James Scriven, the author, experienced much sadness in his life. In 1840 his intended bride was accidentally drowned the evening before their wedding. Some years later his second fiancée died following a brief illness. He devoted his life to helping the handicapped and the destitute. This hymn is his testimony that prayer does not necessarily eliminate trouble from our lives, but that Christ will be our ever-present friend.

Stinkyinks.com - supply toner and ink cartridges for every make and model of printer – that's over 4200 products! We've been doing this since 2002 so we know a thing or three about printers. They will also *Recycle Empty Ink and Toner Cartridges*. Every cartridge kept away from landfill is a step in the right direction. Stinkyink.com provide free recycling bags with all their orders and meet with recyclers around the country to discuss best practices. All this to ensure the greenest practices which are free to use and have a “zero-landfill” policy.

EARLY MORNING 'WONDERINGS' ON MORECAMBE BAY

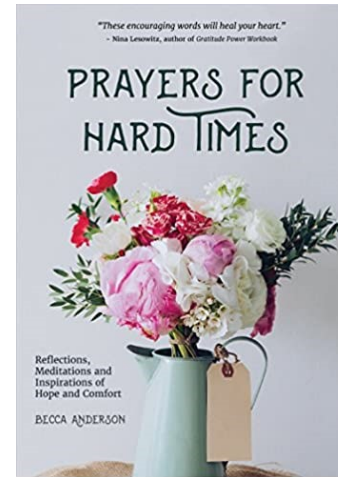
God is a feeling you get inside
When 'wondering' makes your mind grow wide
As you think of the wonderful world He has made,
The beautiful colours, their light and their shade,
The gentian blue as dawn is breaking,
The light round the Bay as the day is waking
To a crimson sunrise that shocks the sky,
As distant clouds slide slowly by
And the world smells fresh after the rain,
Bathed and beautiful once again.
Under the trees the air is green
With sprinkles of sunlight in between.
The sunshine starts to warm my skin
As I think and struggle to take it in
That He's everywhere and all around
In every colour, smell and sound.
A train comes clattering on its way.
It's time to start another day.
Faith is a puzzle there's no doubt about it
But could you imagine living without it?

Mary N Newman



Also from Amazon

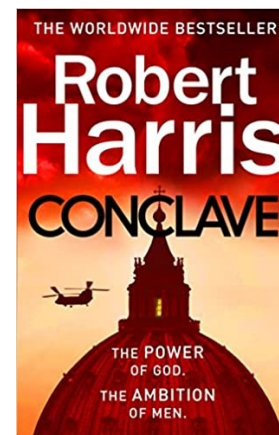
Prayers for Hard Times—Becca Anderson



Wisdom, inspiration and prayer: As recent scientific research shows, the simple act of praying can be emotionally, spiritually, and even physically healing. With *Prayers for Hard Times*, author Becca Anderson offers solace in bringing together the wisdom of great thinkers, spiritual leaders and writers who have faced difficulty and learned from it. **Sacred and inspirational sources:** Organized in daybook form, the book draws from sacred sources such as the Bible, the Torah, Buddhist and Native American texts, as well as inspirational writings of: Joan Didion, Elizabeth Gilbert, Maya Angelou, Rumi, Mark Nepo, Harriet Tubman, Dave Eggers, Abraham Lincoln, Anne Morrow Lindberg, Martin Luther King Jr. **Consolation and renewal:** Together, these wise words create a

tapestry of consolation and renewal for those times when it all seems “too much.” In a world that feels increasingly fragile and, at times, fractured, people need answers and prayers. Becca Anderson’s collection focuses on prayers for a wide range of life challenges, from the personal to the global. *Prayers for Hard Times* covers issues facing individuals such as loss of loved ones, illness, anxiety, divorce, depression and addiction, as well as those challenges communities face in natural disasters and violence. The writers in Anderson’s devotional address the world at large as well, with words of hope and help for global poverty, hunger, war and the environmental. *Prayers for Hard Times* offers readers solace, comfort, and support, drawing from the wisdom of every era, every major faith and tradition, and the important voices of those who have lived through such experiences themselves.

Conclave - Robert Harris



The Pope is dead. Behind the locked doors of the Sistine Chapel, one hundred and eighteen cardinals from all over the globe will cast their votes in the world’s most secretive election. They are holy men. But they have ambition. And they have rivals. Over the next seventy-two hours one of them will become the most powerful spiritual figure on earth.

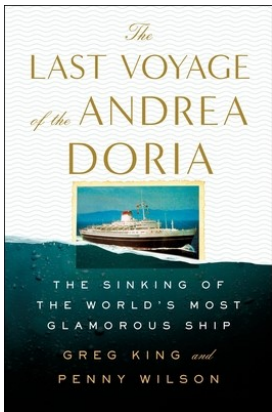
The 2019 film “*The two popes*” tells the story of the resignation of Pope Benedict and the election of Pope Francis.

Well worth watching. Available on DVD and Netflix.

BOOKS YOU MAY LIKE TO READ - NOT FROM OUR LIBRARY

I receive from a web site called "Good reads" information on new titles being released for a particular month. They include Fiction, Non-Fiction, History, Children's, and many more categories. Below are a few of April's "Good reads"

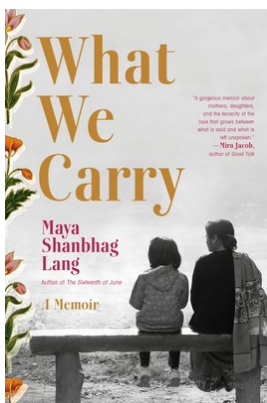
The Last Voyage of the Andrea Doria - Greg King & Penny Wilson



In 1956, a stunned world watched as the famous Italian ocean liner *Andrea Doria* sank after being struck by a Swedish vessel off the coast of Nantucket. Unlike the tragedy of the *Titanic*, this sinking played out in real time across radios and televisions, the first disaster of the modern age. Audiences witnessed everything that ensued after the unthinkable collision of two modern vessels equipped with radar: perilous hours of uncertainty; the heroic rescue of passengers; and the final gasp as the pride of the Italian fleet slipped beneath the Atlantic, taking some fifty lives with her. Her loss signalled the end of the golden age of ocean liner travel. Now, Greg King and Penny Wilson offer a fresh look at this legendary liner and her tragic fate. *Andrea*

Doria represented the romance of travel, the possibility of new lives in the new world, and the glamour of 1950s art, culture, and life. Set against a glorious backdrop of celebrity and La Dolce Vita, *Andrea Doria's* last voyage comes vividly to life in a narrative tightly focused on her passengers - Cary Grant's wife; Philadelphia's flamboyant mayor; the heiress to the Marshall Field fortune; and many brave Italian emigrants - who found themselves plunged into a desperate struggle to survive. *The Last Voyage of the Andrea Doria* follows the effect this trauma had on their lives, and brings the story up-to-date with the latest expeditions to the wreck. Drawing on in-depth research, interviews with survivors, and never-before-seen photos of the wreck as it is today, *The Last Voyage of the Andrea Doria* is a vibrant story of fatal errors, shattered lives, and the triumph of the human spirit.

What we Carry - Maya Shanhag Lang



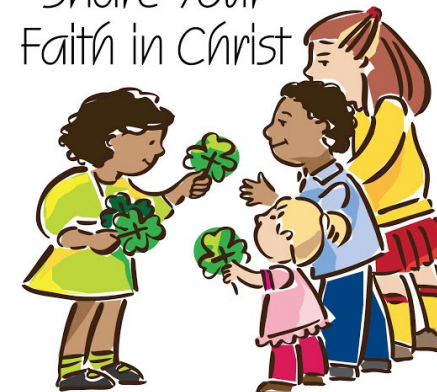
"A dazzling, courageous memoir about the weight we carry as women, daughters, and mothers--and what happens when we let go. Lang takes us deep into the heart of her relationship with her mother, a brilliant psychiatrist and Indian immigrant with long-buried secrets. After a health crisis brings mother and daughter under the same roof for the first time since childhood, Lang grapples with new information about the parent she'd idolized, and realizes it's time to tell the story of her own life. *What We Carry* is a love letter to everyone who has swum through turbulent water before reaching the shores of selfhood."



NEVER QUIT

When things go wrong as they sometimes will,
 When the road you are trudging seems all uphill,
 When funds are low and debts are high,
 And you want to smile but you have to sigh,
 When care is pressing down on a bit,
 Rest if you must, but don't you quit.
 Success is failure turned inside out -
 The silver tint of the clouds of doubt,
 And you never can tell how close you are,
 It may be near when it seems so far.
 So, stick to the fight when you're hardest hit -
 It's when things seem worst that
 You must not quit.

Share Your Faith in Christ



PRAYERS ABOUT THE OUTBREAK

Keep us, good Lord,
 under the shadow of your mercy
 in this time of uncertainty and distress.
 Sustain and support the anxious and fearful,
 and lift up all who are brought low;
 that we may rejoice in your comfort
 knowing that nothing can separate us from
 your love in Christ Jesus our Lord.

Amen.

Great things
 never come
 from
 comfort
 zones

STEWARDSHIP

In current circumstances when we cannot meet regularly together in worship and where Stewardship envelopes for the new financial year cannot be collected, we are urging all who have hitherto contributed by weekly envelope to consider switching to a monthly Standing Order directly from their bank to the church's own account at Lloyds. In this way, we shall have regular funds to meet the church's commitments to pay utility bills, salary transfers, and to the diocese to meet clergy stipends and housing costs.

Looking further ahead to when the current lockdown starts to ease – and we still have no idea when this will be nor how it will take place – it may be that social distancing will continue to be the norm and we shall not be able to open and count envelopes in the usual manner.

All in our congregation who are able are therefore asked to consider regular Stewardship contributions by Standing Order from their banks, as soon as they are able. We bank with Lloyds Bank, Blackheath London branch, our account is no. 48579968 and our sort code 30 90 89. The reference PCC of St. Paul's Grange will find us and the word Stewardship would be helpful with your instructions. We ask that you pay monthly – you should specify the date to your bank – and the sum payable should be your chosen weekly amount multiplied by 52 and divided by 12 – and hopefully rounded up to the next pound! This will compensate for the extra days each month when compared with four weekly contributions.

Chris Brown has agreed to take over as our Stewardship Secretary following the sad death of John Peat so please talk to him (phone 36920) or our Treasurer, Maureen (on 32343), if you have any queries. We can provide a specimen letter to your bank if you need this, or you may arrange the order on line.

If anyone wishes to contribute in cash, cheques may be sent to the Parish Office (Church Hill, Grange-over-Sands LA11 6BD), for the attention of Chris.



CHRISTIAN AID WEEK – 10TH TO 16TH MAY

Because of coronavirus, Christian Aid Week will be an "all on-line" event this year, thus limiting the opportunities to raise funds for its vital work with the poor and needy around the world. However, we are all invited to join in:

- * a live-streamed Christian Aid service on Sunday, 10th May, with Dr. Rowan Williams,
- * daily prayers and reflections throughout the following week.

If you are able, gifts may be made on-line and there is a facility to Gift Aid your donation. This year C.A. is concentrating on the coronavirus pandemic, working on informing people about the dangers, providing hygiene and hand-washing training, and ensuring that health facilities in camps have spaces for people who have contracted the virus. **Please visit the Christian Aid Week website and help this important work.**

SAINTS OF THE ANGLICAN CALENDAR MAY

Apolo Kivebulaya (1864 - 30 May 1933) was a Ugandan Anglican priest and evangelist. He is sometimes referred to as the "apostle to the pygmies" for his work among the Bambuti people of the Ituri forest in eastern Congo. Apolo is considered the principal pioneer of the Anglican church in the Belgian Congo. He was commemorated in the Anglican Calendar of Saints on May 30.

He was born, along with a twin brother, in 1864 in Kiwanda, Uganda. His parents originally named him Waswa Munubi. Waswa grew up the son of peasants who apprenticed him to a witch doctor, but when he discovered the man tricking people out of their possessions, he left him to learn about Islam, which had been recently brought to the chief Kabaka Mutesa's court by Arab traders.

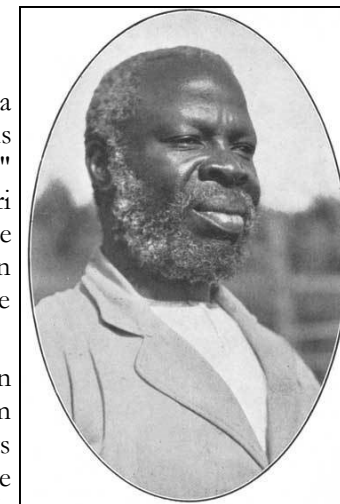
When Waswa turned 13, H. M. Stanley, who had discovered David Livingstone in 1872, visited Mutesa's court and persuaded the chief to begin "reading" in the Christian religion. The chief was probably more impressed with Stanley's guns than with his Bible, for Mutesa had already parted ways with the Arabs and now needed protection. But the chief's welcome opened the door for his people to embrace Christianity.

Stanley's expedition opened the way for other missionaries too, notably Alexander MacKay, who arrived in 1878. Waswa credits MacKay with planting seeds of belief in his life. "When I looked at the European," he wrote, "his eyes sparkled with kindness." Mackay organized a church, and members of the chief's court began attending his classes.

He took the name Apolo at his baptism in 1895 after the Apollos of the Bible. He was given the name "Kivebulaya", meaning "from Europe", because he always wore a suit under his cassock.



In all, Apolo worked in Bogo and the surrounding area for thirty years. When he died, his work was taken over by the Church Missionary Society, which sent out missionaries to build on his achievements. Boga became a powerful Anglican centre, part of the diocese of Uganda, Burundi and Boga-Zaire



LOCKDOWN:

Yes there is fear.
Yes there is isolation.
Yes there is panic.
Yes there is sickness.
Yes there is even death.

But,

They say in Wuhan, after so many years of noise
You can hear the birds again.

They say that after just a few weeks of quiet
The sky is no longer thick with fumes,
But blue and grey and clear.

They say that in the streets of Assisi
People are singing to each other
across the empty squares,
Keeping their windows open, so that those who are alone may hear the sound of
family around them.

They say that many are offering free food and meals for those that are housebound.
Today churches, synagogues, mosques and temples are preparing to welcome and
shelter the homeless, the sick, the weary.

All over the world people are slowing down and reflecting.
All over the world people are looking at their neighbours in a new way.
All over the world people are waking up to a new reality.
To how big we really are
To how little control we really have
To what really matters
To love.

So we pray and remember that
Yes there is fear. - But there does not have to be hate.
Yes there is isolation. - But there does not have to be loneliness.
Yes there is panic buying. - But there does not have to be meanness.
Yes there is sickness. - But there does not have to be disease of the soul.
Yes there is even death. - But there can always be a rebirth of the soul.

Today, breathe.
Listen, beyond the noise of panic and fear.
The birds are singing, The sky is clearing, Spring is coming,
And we are always encompassed by love.
Open to the windows of your soul,
And though you may not be able to touch across the empty square,

Sing.



CARTMEL PENINSULA TEAM MINISTRY
The Church of St Paul Grange-over-Sands with Lindale

To: **BANK**

ADDRESS:
.....

**Please pay until further notice to Lloyds/TSB Bank plc, Blackheath, London
Branch, for the account of PCC of St Paul's Grange**

Sort Code: 30 90 89 Account no. 48579968

£..... (in words)

- Tick **Monthly, on the day of each month**
- one **Quarterly**
- Half-yearly**
- Yearly**

NAME:

Signature:

An Exciting Development

ARCHBISHOP LAUNCHES FREE DIAL-IN WORSHIP PHONE LINE DURING CORONAVIRUS LOCKDOWN

Free dial-in worship phone line during coronavirus lockdown

The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to bring worship and prayer into people's homes while church buildings are closed because of the coronavirus.

Daily Hope, which is now available, offers music, prayers and reflections, as well as full worship services from the Church of England at the end of a telephone line. The line – available 24 hours a day on **0800 804 8044** – has been set up particularly for those unable to join online church services during the lockdown. The service is supported by the CofE nationally as well as through the **Connections** group based at Holy Trinity Claygate in Surrey and the Christian charity **Faith in Later Life**.

Although thousands of churches across the country are now running services and prayer groups online while public worship is suspended, many people – especially older people – have no access to the internet. The line also recognises the impact of social distancing restrictions and self-isolation measures on the lonely.

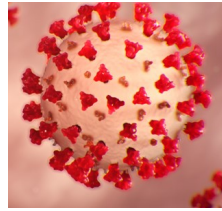
Statistics from Age UK suggest that 49% of older people believe the TV or a pet is their daily source of comfort and interaction. While many organisations are encouraging people to use better use of technology, ONS figures also state that 2.5 million people aged 75 and above have never used the internet.

Callers hear a special greeting from the Archbishop, and are able to choose from a range of options, including hymns, prayers, reflections and advice on COVID-19.

Options available include materials also available digitally by the Church of England's Communications team such as Prayer During the Day and Night Prayer, updated daily, from Common Worship, and a recording of the Church of England weekly national online service. A section called Hymn Line offers callers a small selection of hymns, updated daily. An option entitled 'Hymns We Love', provides a hymn and reflection and is based on an initiative by the Connections group.

Archbishop Justin said: "With many in our country on lockdown, it's important that we support those who are feeling lonely and isolated, whatever age they are. The Daily Hope service will allow people to hear hymns, prayers and words that offer comfort and hope, especially in this Easter season. I want to urge people to spread the news about this service. If there is someone you know who is particularly struggling, give them a call and let them know about the Daily Hope. I'm going to phone a friend; will you join me?"

Carl Knightly, chief executive of Faith in Later Life, added: "The Church must offer hope to our nation at this time, and I am delighted that Faith in Later Life is able to



be part of this project. As an organisation we know of the challenges older people face in our society in normal times and these are not those, so I want to add our voice to that of the Archbishop and get people sharing this number with whoever they know who would most benefit."

Pippa Cramer, founder of Connections, said: "At Connections we have found that well-loved hymns are a source of comfort and hope to our seniors. Hymns we Love has proved to be an accessible and popular way to explore the story and meaning behind some of our favourite hymns."

Connections, one of the largest weekly gatherings for seniors in the UK, welcomes over 150 guests to Holy Trinity Church in Claygate, Surrey. Started 10 years ago by Pippa Cramer, its vision is "to create a safe and welcoming community for seniors where they can connect with each other and the church, and to provide the opportunity to demonstrate and share the love of Jesus". It reaches elderly church and non-church members, many of whom are lonely and isolated, building a community of support and friendship that has served as a bridge into church.

Faith in Later Life seeks to inspire and equip Christians to reach, serve and empower older people through the local Church and to encourage older Christians in their faith. A key part of the Faith in Later Life mission is encouraging churches to reach older people of any faith or none in the wider community who may be isolated or lonely, and sharing the hope, love and good news of Jesus Christ.

Prayer During the Day and **Night Prayer** audio are available on [Soundcloud](#) and via the Church's free [Time To Pray app](#).

The weekly online service is available from 9 am each Sunday and this, as well as the full range of national resources, can be accessed on our [CofE online page](#). This is all provided by the Church of England Communications team.

RESPONSES

The preacher ascended the pulpit,
The microphone looked rather small;
He gave it a couple of taps with his knuckle
But got no reaction at all.

"There's something the matter with this thing,"
Said he, with an audible sigh;
Though whatever he said, the mike being dead,
He didn't expect a reply.

But the people, well trained by the vicar,
Instinctively knew what to do:
As a well-rehearsed party, in unison hearty
They answered, "And also with you."

From Slight Verse
by
Canon Richard Tydeman
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