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Dear Friends,

One evening an old hunter told his grandson about what goes on inside of people. He described it this way.

'My son, the battle is between two wolves inside us all. One is evil. It is angry, proud, jealous, greedy and arrogant. The other is good. It is peaceful, humble, generous, truthful, merciful and compassionate.'

The grandson thought about it for a moment. 'Which wolf wins?'

The old hunter replied simply, 'Easy, the one you feed.'

Harvest programmes on TV, the Great British Bake Off, MasterChef, Saturday Kitchen, there are so many programmes on our TVs about food and what we do with the food we grow, gather and buy, especially during this harvest season. So much food - luscious, mouth-watering recipes, so much choice, that we tend to think it's all about our physical bodies and the choices we make about how we look after them and what we want them to look like.

We probably spend so much time thinking about what feeds our bodies, that maybe we forget that our minds and our spirits need feeding too.

What we watch on TV or read in magazines, papers and books feeds our minds and, as with the food we eat, how healthy is it? How does it affect the sort of person we are?

Maybe we have an image of how we'd like to look, or a vision of the sort of person we'd like to be.

If we want good, peaceful, humble, generous, truthful, merciful and compassionate to be words used to describe us, then just as we stop and look at the labels on food to see how good it is for us, we need to think about what feeds our minds and spirits. The 'food' we take in will, in every way, affect the words we speak, the actions we take and our attitudes, and it won't just affect us, it will affect our families and our communities too.

As the hunter's grandson said, 'Which wolf wins?' 'The one being fed' came the reply.

May it be the good wolf that wins!

With every blessing,

Revd Sue Wilson



## **ST PAUL'S MISSION STATEMENT**

Our mission is to **build confidence in Jesus Christ**  
in the **heart of the community** through **prayer,**  
**worship and learning, in joy and practical service**  
to the wider world.



If any local residents require advice or support Age UK are there to provide information and advice that covers every facet of later life, from helping people find out the benefits they are entitled to claim, to discussing options that help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

**HELPLINE 03030030003** for any advice and practical support.

If you are interested in being a volunteer - for info on volunteering 01539728118  
[www.agesouthlakeland.org.uk](http://www.agesouthlakeland.org.uk)

## **DIOCESAN WEB SITE**

A new Diocese of Carlisle website is set to launch in the coming days.

The site provides a new navigation portal and has been developed in conjunction with other partner dioceses who have created a new Digital Diocesan Association.

Feedback will be welcomed following the launch as we continue to look to hone the content and website navigation.

## **HAVE YOU GOT A SPARE BIBLE?**

It has recently come to light that there is no bible on our bookshelves, or indeed in church! Before we go ahead to buy copies, has anyone got a spare bible lying around that they would be happy to donate. We are talking about the New International Bible, the New Revised Standard Bible, or the Good News Translation – we do not need the King James version!

Thank you

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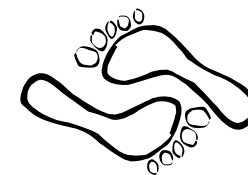
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The next **FOODBANK** collection is  
on Sunday, 13th October, 1-3 pm in  
the Father Wagner Room behind  
St Charles' Church.  
Items can be left in church at any time  
in the shopping trolley.

## **Denise Muir MAFHP MCFHP Tel: 0797 134 3395 Positive Steps**



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### GRANGE OVER SANDS MONTHLY RAINFALL (MM) - ANDREW LITTLE

	2012	2013	2014	2015	2016	2017	2018	2019
January	122	78	163	154	141	98	142	73
February	62	45	115	76	125	91	69	99
March	4	55	61	110	107	162	60	182
April	78	40	58	46	72	15	98	39
May	98	55	62	165	32	75	37	52
<b>June</b>	<b>208</b>	<b>68</b>	<b>28</b>	<b>34</b>	<b>185</b>	<b>135</b>	<b>19</b>	<b>91</b>
<b>July</b>	<b>142</b>	<b>164</b>	<b>70</b>	<b>69</b>	<b>113</b>	<b>126</b>	<b>33</b>	<b>134</b>
<b>August</b>	<b>125</b>	<b>152</b>	<b>124</b>	<b>112</b>	<b>168</b>	<b>86</b>	<b>108</b>	<b>170</b>
September	216	98	6	29	118	177	133	
October	136	173	156	60	31	172	131	
November	165	118	97	246	118	189	62	
December	194	131	103	352	65	109	160	
<b>Annual total</b>	<b>1,570</b>	<b>1,177</b>	<b>1,043</b>	<b>1,453</b>	<b>1,275</b>	<b>1,435</b>	<b>1,052</b>	<b>840</b>

### SINGING FOR MEMORY

Aims to strengthen memory and language through singing in a relaxed and friendly atmosphere.

Run by Grange Soroptimists.

Do you or someone you know have mild to moderate dementia, memory or speech problems? Come and join us at Allithwaite, Community Centre.

**Thursdays 10.30 am—12 noon** - including time for refreshments

Dates for the 2019 Autumn session are as follows:

**October 3rd, 10th, 17th & 31st**

**Ring Janice - 58001 or Isabel - 36378 to book or for further information**



### COFFEE CLUB

**3<sup>rd</sup> Tuesday** each month at **Abbot Hall.**  
**10 am for 10.20 am**, with a speaker and friendly chat.

Everybody welcome.

**Enquiries** to Keith Buckler:

**Tel:** 015395 30359

### EASYFUNDING

Don't forget when ordering goods or booking rail tickets or holidays on line to use **EASYFUNDRAISING.**

**Amazon, Marks and Spencer, Travelodge, Argos, Next**, there are so many High Street stores that will give us a donation. If you are interested in helping church in this way just click on **EASY-FUNDRAISING** and name St Paul's Grange as your chosen charity.

### CO-WORKERS FOR MOTHER TERESA

**4<sup>th</sup> Monday** each month in St Charles'  
Father Magner Room, Grange  
7.15 pm - 8.30 pm

### NOTICE

Please be aware that photographs may be taken at events and services, and a selection will be published on our web site. If you have any strong objections to being included, please have a word with the Churchwardens

### PAYMENT BY CHEQUE

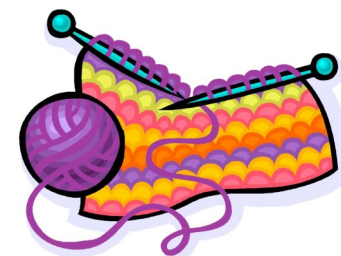
In the next few months the bank is adopting an electronic system for clearing cheques and the **ONLY** wording that will be accepted for payment will be "PCC of St Paul's Grange". If you want your cheque to go for a specific fund please attach a note to that effect but do not write it on the cheque.

### PEWS

If anyone finds our pews uncomfortable, there is now a basket of cushions in front of the pews opposite the lectern, either for sitting on or for using as a back support. Please help yourself if you have need of them - we would appreciate any feedback

### GRANGE PRIMARY SCHOOL

The Year 1 teacher is running a 'knit and natter' club on a Tuesday after school 3.15-4.15pm. We need helpers on a drop-in basis (you don't have to sign up) - just come along if you are free on the day, and help to teach our youngsters to knit.

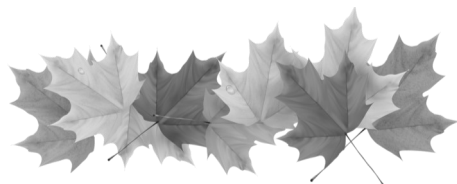


## CHURCH DIARY OCTOBER 2019

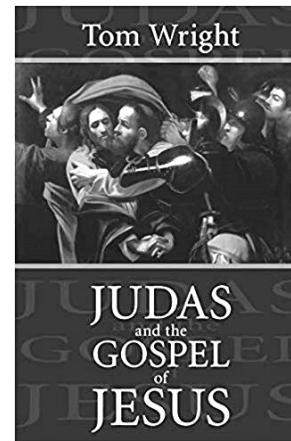
<b>Wednesday</b>	<b>2<sup>nd</sup></b>	<b>10.00 am</b>	<b>Holy Communion – St Paul's, Grange</b>
Thursday	3 <sup>rd</sup>	4.00 pm	Communications Meeting at The Boulders
<b>SIXTEENTH SUNDAY AFTER TRINITY</b>			
<b>HARVEST</b>			
<b>Sunday</b>	<b>6<sup>th</sup></b>	<b>8.00 am</b>	<b>Holy Communion (BCP) - St Mary's, Allithwaite</b>
		<b>9.30 am</b>	<b>Lay-led Matins (BCP) - Fell Church, Grange</b>
		<b>11.00 am</b>	<b>Harvest Festival - St Paul's, Grange with Jacob's Join Lunch afterwards</b>

Monday	7 <sup>th</sup>	12.15 pm	Lunchtime Club, Grange Primary School
		2.00 pm	Events Committee Meeting – St Paul's, Grange
Tuesday	8 <sup>th</sup>	7.00 pm	Worship Committee Meeting, St Paul's Grange
<b>Wednesday</b>	<b>9<sup>th</sup></b>	9.00 am	Quinquennial Inspection – Fell Church
		<b>10.00 am</b>	<b>Holy Communion – St Paul's, Grange</b>
		2.00 pm	Thanksgiving Service for the life of Nancey Atkinson
		7.30 pm	Standing Committee Meeting – St Paul's, Grange
Saturday	12 <sup>th</sup>	7.00 pm	String Ensemble Concert – St Paul's, Grange
<b>SEVENTEENTH SUNDAY AFTER TRINITY</b>			
<b>Sunday</b>	<b>13<sup>th</sup></b>	<b>8.00 am</b>	<b>Holy Communion (BCP) - St Mary's, Allithwaite</b>
		<b>9.30 am</b>	<b>Holy Communion (BCP) - Fell Church, Grange</b>
		<b>11.00 am</b>	<b>Parish Eucharist - St Paul's, Grange</b>
		<b>1.00 pm – 3.00 pm</b>	<b>FOODBANK Collection – St Charles RC Church, Kents Bank Road Grange</b>

Monday	14 <sup>th</sup>	10.00 am	Primary Schools Day at Cartmel Priory
		11.00 am	Retired Clergy Lunch & Eucharist—St Paul's, Grange
		12.15 pm	Lunchtime Club, Grange Primary School
Wednesday	16 <sup>th</sup>	10.00 am	Holy Communion – St Paul's, Grange
Thursday	17 <sup>th</sup>	7.30 pm	Team Council - Church Rooms, Field Broughton
<b>EIGHTEENTH SUNDAY AFTER TRINITY</b>			
<b>Sunday</b>	<b>20<sup>th</sup></b>	<b>8.00 am</b>	<b>Holy Communion (BCP) - St Mary's, Allithwaite</b>
		<b>9.30 am</b>	<b>Matins (BCP) - Fell Church, Grange</b>
		<b>11.00 am</b>	<b>Parish Eucharist - St Paul's, Grange</b>



## JUDAS AND THE GOSPEL OF JESUS - by Tom Wright



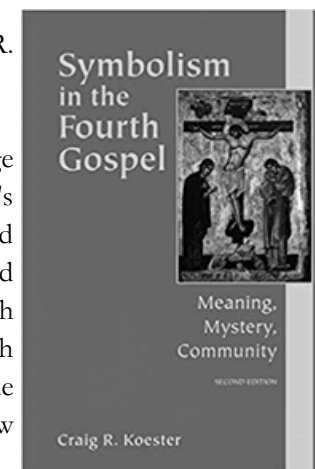
The 'Gospel of Judas' was discovered in the 1970s and took nearly 30 years to reach the public domain and critical analysis. Tom Wright, renowned biblical scholar and Bishop of Durham, turns his attention to this fascinating manuscript. He asks what it tells us about ancient Gnosticism and about the modern enthusiasm for reconnecting with it. Has this extraordinary new document revealed, in the starkest clarity yet, what the Gnostics believed? And why was it that some of the greatest early Christian writers passionately reject their alternative message?

In considering the 'Gospel of Judas' as a spectacularly interesting archaeological find, Tom Wright contends that it tells us nothing about the real Jesus or the real Judas. Rather, the enthusiasm with which some have received it speaks of a fruitless 'Quest for an Alternative Jesus' and for sensational material like that explored in Dan Brown's *The Da Vinci Code*.

Study of this ancient material has convinced Wright that it exposes, more strikingly than ever before, the bankruptcy of the world view it articulates. It also reveals, by contrast, the compelling and attractive nature of the genuine Christian faith of the New Testament: the faith for which those who opposed the second-century Gnostics suffered and died.

## SYMBOLISM IN THE FOURTH GOSPEL - by Craig R. Koester

Craig Koester's respected study uses the symbolic language of the Gospel of John as a focus to explore "the Gospel's literary dimensions, social and historical context, and theological import". This edition is fully revised and updated and includes a number of new sections on such topics as Judas and the knowledge of God. Fresh treatments are given on a number of issues, including the Gospel's Christology. This new edition offers both new insights and proven worth for students and scholars alike.





Dear friends,

18th September marks the start of **100 Days of Listening, which ends on Christmas Day**. Over the next 100 days individuals and groups across our ecumenical county will have an opportunity to review the current strategic plan, identifying and prioritising the revisions they feel are needed to continue to grow God's Kingdom from 2020 to 2025.



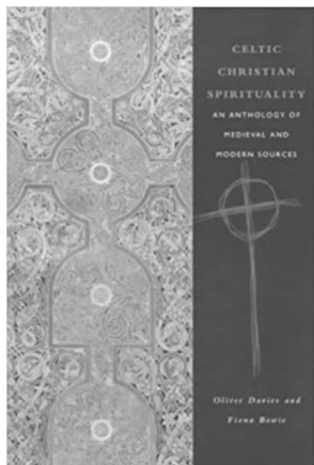
Everyone will have the opportunity to feed in their thoughts and answers to prayer via an online survey (electronic and paper versions will be available). Let's not forget how much God for All has brought to Cumbria over the last five years, not least in heralding a cultural shift towards mission. It provides a strong platform from which we can continue to build. My prayer is that God will lead and guide His people in Cumbria as we seek His vision focus for 2020 and beyond.

Please do look to get involved with this 100 Days of Listening. It's an important opportunity to feed in what God has spoken to you in your prayers.

Yours in Christ,  
**Bishop Emma**

### LIBRARY BOOKS FOR OCTOBER 2019

**CELTIC CHRISTIAN SPIRITUALITY** - An Anthology of Medieval & Modern Sources  
By Oliver Davies & Fiona Bowie



Celtic Christian Spirituality is a new, accessible and authoritative introduction to the great wealth of this ancient but still vibrant Christian tradition. As an anthology it is unique in gathering together many different kinds of material from various Celtic areas, with examples from the earliest times to the present day. Many pieces are presented in marvellous new translations and some appear in English for the first time. Each is set in its own time and context by the editors. This volume makes an ideal introduction to Celtic Christianity, drawing out its deeply creative and life-affirming qualities, while remaining true to the historical and social realities of which it has always been a part.

### HALF TERM WEEK

Tuesday 22<sup>nd</sup> 2.00 pm Christian Meditation, Boarbank Hall, Allithwaite  
Wednesday 23<sup>rd</sup> 10.00 am Holy Communion – St Paul's, Grange  
Saturday 26<sup>th</sup> **DON'T FORGET - CLOCKS GO BACK TONIGHT**

### NINETEENTH SUNDAY AFTER TRINITY

Sunday 27<sup>th</sup> 8.00 am Holy Communion (BCP) - St Mary's, Allithwaite  
9.30 am Holy Communion (BCP) - Fell Church, Grange  
11.00 am Parish Eucharist - St Paul's, Grange

Monday 28<sup>th</sup> 12.15 pm Lunchtime Club, Grange Primary School  
7.00 pm Co-Workers of Mother Teresa meeting in Father Magner Room, St Charles RC, Kents Bank Rd  
Wednesday 30<sup>th</sup> 10.00 am Holy Communion – St Paul's, Grange

### NOVEMBER 2019

### TWENTIETH SUNDAY AFTER TRINITY

#### ALL SOULS

Sunday 3<sup>rd</sup> 8.00 am Holy Communion (BCP) - St Mary's, Allithwaite  
9.30 am Lay-led Matins (BCP) - Fell Church, Grange  
11.00 am Parish Eucharist – St Paul's Grange  
3.00 pm All Souls' Service St Paul's, Grange

Monday 4<sup>th</sup> 12.15 pm Lunchtime Club, Grange Primary School  
Wednesday 6<sup>th</sup> 10.00 am Holy Communion – St Paul's, Grange

### TWENTY-FIRST SUNDAY AFTER TRINITY

#### REMEMBRANCE SUNDAY

Sunday 10<sup>th</sup> 8.00 am Holy Communion (BCP) - St Mary's, Allithwaite  
9.30 am Holy Communion (BCP) - Fell Church, Grange  
11.00 am Parish Eucharist - St Paul's, Grange

**2.00 pm Civic Remembrance Service—St Paul's, Grange**



## DATES FOR YOUR DIARY

**Our Harvest Thanksgiving Celebration** this year at St Paul's will be led by the Revd Sue Wilson. Donations of tinned and dried foods will be welcomed for the foodbank at Barrow, Ulverston and Millom, with cash donations for The Bishop's Harvest Appeal which this year continue to support people in rural Malawi and South Africa. Envelopes should be given to MIKE, Margaret or Maureen, with a Gift Aid form if applicable.

Afterwards we will continue to celebrate Harvest with a Jacob's Join lunch following the service. All are welcome. Lunch will be served in the Social Area with water on each table and glasses of wine available. A sheet of paper is at the back of Church so you can indicate your contribution. Suggestions for food to share include flans/quiches/meats/sausages/salads/tomatoes/bread rolls and so forth, followed by desserts/cheese and biscuits.

Tea and coffee will be served after lunch.



The Social Committee

## FROM THE REGISTERS

### BAPTISM ANNIVERSARIES

1st October 2017	Mr Callum Robert Ramsay
8th October 2017	Evalina Grace Melling
28th October 2018	Tommy Roger Davidson

*"Born of Water  
and the Spirit"*

### YEARS MIND - OCTOBER

2014	Ursula Ingeborg Bowe
	Jean Margaret Colyer
	Eric Arthur Edwards
	Marjorie Sixsmith
2015	Margaret Glenridding Keith
2016	Peter John Dyke
	Robert Foster

*"God is love and  
those who live in  
love, live in God"*

*"In sure and certain hope of  
the resurrection to  
eternal life through our Lord  
Jesus Christ"*

evacuated from there to places in the Lakes. We had happy times there too. We went to the cinema every Saturday evening after a hotpot supper, which was completely new to me. We went to church on Sunday evenings and played "Knock down Ginger" on the way back. Very naughty!

Just before Christmas we went home as the threat from the doodlebugs was over. So began the long journey south, picking my brother up on the way at Kents Bank. It was lovely to be home again and to see my family, but I never forgot the few months that I spent in this area.

Little did I know then that thirty years later, in 1974, I would return to live in Allithwaite, with my husband and three daughters, not forgetting the cat, rabbit and hamster. I taught at Allithwaite school for twelve years, and the girls attended local schools. Now I have been up here longer than I lived in the south.

Mollie Bell

## FELL CHURCH GARDEN BOON DAY

Thank you to the five people who helped smarten up the greenery and shrubs around the Fell Church earlier this month. Everything looks a lot tidier now and the steep path down to the allotments has been well cleaned of slippery moss and various algal growths. And thank you to Anne for the welcome coffee and biscuits which refreshed us in our labours.



## EVACUATION 1944

Seventy-five years ago in July 1944, V1s, or Doodlebugs as these pilotless planes were called, were being sent from Germany to reach London. We lived on the flight path in Surrey at the time, and it was decided to evacuate any children whose families wanted them to go to a safer place. Our school was organising this and my brother and I were going. I was eleven and my brother George was nine and I had to look after him. Our parents had no idea where we were going. My younger brothers, Tony and Clive, stayed at home. We went from school in Epsom to Waterloo in London and then in lorries to Euston station, no health and safety in those days! Then we joined a very long train going north. Some children had little brown paper parcels with very little in them. It was a long journey and we eventually arrived in Barrow.

After having something to eat, the boys bedded down in the Boys' Grammar School hall and we were taken to the Girls' school. I had to go and find my brother next day, but he was looking at birds' eggs in a classroom! We then went on coaches to our ultimate destinations. As we were brother and sister and we had two other brothers and sisters, we were last to arrive in Allithwaite. By then we were very tired. We came to the Institute where people were waiting for us. My brother was taken to the top end of Allithwaite and I was with Mr and Mrs Phillips in a bungalow in the woodyard. They already had an evacuee from Acton who had come the week before and we shared a bed for the next few months. They also had a six-month-old baby, Greta.

We had to send a postcard to our parents to tell them where we were and they had to pay something towards our keep. I was very happy there and we had a wonderful time in the summer playing in the woodyard, even in the sawmill when the men weren't working and riding on the trailer taking the wood shavings up to the quarry. Also our teachers took us on educational visits. I remember going to Humphrey Head for the first time and loving it. Mrs Phillips' mother, Mary Brockbank, wrote poems; one about the only bomb that fell in Holme Lane!

All too soon it was time to go back to school. My brother went to Allithwaite Primary School but I had been at the Grammar School and somehow I had slipped through the net. Eventually they came to fetch me and took me to stay on Walney Island where I could join others at Barrow Grammar School. I stayed with Mr and Mrs Austin and their eighteen-year-old son. We had no idea that Barrow had been bombed earlier in the war and children had

Dear Friends

I've been deeply struck this harvest time by two prophetic voices, one very ancient, one very contemporary, neither 'professionals.'

A year ago, Greta Thunberg was an unknown Swedish schoolgirl, who was inspired to do something in response to the growing scientific evidence for human-caused climate change in our world. She spoke at the United Nations recently. She's highlighted their findings: CO2 emissions from burning fossil fuels (petrol, diesel, gas, wood); deforestation (an area the size of the UK annually); global warming (causing serious ice-melting and sea-level rise.) The poorer, most needy people of the earth will suffer disproportionately from the negative effects of all of this.

Greta called on the adults of the world to do much more before it's too late for her generation which will inherit a broken world. The message is, in short, that we're living well outside the ability of the earth-as-we've-inherited-it to accommodate our insatiable desire for material and economic growth. She called this 'fairy tales of eternal economic growth.' We're well outside the flow of the earth's beautiful created order. What we do now will lead to what sort of harvest in the future?

2700 years ago, an unknown shepherd named Amos said he was given a message from God to Jeroboam II, King of Israel, and his government machine. He was shown a harvest basket of fruit...

They were accused of trampling on the needy and trying to destroy the poor of their country (Amos 8). They couldn't wait for church to end so they could get back to selling again, overcharging, using false measures, and fixing the scales to cheat their customers, buying those in debt into slavery. None of this was how God's people were supposed to live. Sadly, they didn't change, and Israel was lost.

The very first description of the purpose of humankind on earth was to be the earthly image of God: those who had responsibility to look after the earth, all its living creatures (Genesis 1.26). One translation of the Hebrew word '*veyirdu*' - usually translated 'rule over, or have dominion over' (meaning a care-full responsibility, like that of the Queen, not the destructive domination of a dictator) - is 'live in the flow' ...of God's beautiful created order. This is still supposed to be humanity's responsibility. Who else is going to do it?

This harvest, let's pray we can live more closely in the flow of God's beautiful created order.

God bless us as we trust Christ to transform us, our churches and our communities

Jim Bruce

Team Rector





## CONCERT IN ST PAUL'S SOUTHPORT STRING ENSEMBLE

We look forward to Saturday, 12<sup>th</sup> October, at 7.30 p.m. when St. Paul's hosts the above instrumental group to a concert of Classical and Folk Music – and maybe some works in between (full programme details are not yet available). This is a group of youthful musicians led by Sarah Marks and she describes the ensemble as her Senior Orchestra.

Sarah studied at the Guildhall School of Music and Drama and then joined the Iceland Symphony Orchestra. She subsequently played as a free-lance with the Bournemouth, Halle, BBC Philharmonic, Royal Ballet and Royal Philharmonic Orchestras before joining the Royal Liverpool Philharmonic Orchestra full-time. She has studied many aspects of music theory elsewhere and has subsequently specialized in bringing music to children and youth. She also specializes in ceilidhs!

The recent focus of Southport Strings has been on folk music from all over the world, especially Scandinavia and Finland, and the group has performed across Europe from Tuscany to Budapest.

She tags Southport Strings as “inspiring young people to make music together” and we are privileged to be included in their very busy programme in and around the North West.

Please come along to welcome Sarah and her protégés on the 12<sup>th</sup>. Admission is free, we shall be serving tea and biscuits and there will be a retiring collection. For more information on Sarah, please visit her website [www.southportstringensemble.co.uk](http://www.southportstringensemble.co.uk)

## ST PAUL'S FRONT PORCH

The PCC has approved work to be carried out during October on re-plastering the front porch at St. Paul's and the installation of a new notice board. Lime mortar will be used which should mean that future flaking and dampness will be avoided.

At the moment, the porch is in very poor condition and is really an embarrassment to all visitors to the church. Work on the roof and the re-arrangement of the drainage pipe earlier this year has eliminated (so far) the ingress of water which has blighted the porch for many years and caused a significant slip hazard. So now we need to complete the work inside.

There will be appropriate skimming and painting work to give an attractive finished aspect.

The hacking out of the current plaster plus the two coats of new render etc. will take a few days but we shall try to obviate inconvenience to our congregation as much as possible.

## Year 6 Transition and Prayer Space

We held two transition mornings: in St Mary's Church, Allithwaite, where young people danced round singing that Jesus was their 'LightHouse', and another event in St Mary's, Ambleside. Please pray for these young people as they begin their journey in Secondary School. The picture below shows an empty Church as it awaits the arrival of over 60 young people in Allithwaite. The picture on the right is a prayer wall, part of the prayer space at Cartmel Priory School. This year we looked at the issue of compassion.



## Moving Forward.

Please pray for the appointment of a part-time youth worker in the Grange-over-Sands area, we were unable to appoint the first time.

Please continue to pray for the regular groups that meet in term time, especially for Ignite in Grange Over Sands, Soul in Staveley (Near Kendal) and the Youth Café in Ambleside.

## & Finally!

We need volunteers—if you would like to get involved, please get in touch.

**To be added to our email news list.**

**Please email: [chris.mason@carlisle-diocese.org.uk](mailto:chris.mason@carlisle-diocese.org.uk)**





Chris Mason  
Windermere Deanery  
Network Youth Church Update  
Autumn 2019

We had a great summer term, with lots happening for young people across the area. A few highlights included Converge 24-hour Summer Camp near Penrith, Ablaze Sandcastles in Blackpool, and the yearly Soul Survivor trip.

### Summer Camps

30 young people from Penrith, Windermere Deanery and Barrow attended Converge Camp a 24-hour gathering. The highlight was an amazing Brazilian style BBQ and a campfire. In August, 60 people, including 9 from the Windermere Deanery, went to the last ever Soul Survivor in Stafford. It was great to see young people impacted by the Holy Spirit and lives changed. What is great about these camps is that young people can mix and make friends from other areas. Below is a picture from one of the meetings.



## SOUTHPORT STRING ENSEMBLE AUTUMN CONCERT



**SATURDAY**  
**12th October 2019**  
**7.30pm**

**ST PAUL'S PARISH CHURCH**  
Church Hill, Grange-over-Sands,  
LA11 7BD

**Admission Free – Retiring Coll**



## CHURCH WALK

We enjoyed a wonderful church walk in mid-September – or, rather, two as Judith and Doug had subtly organized two routes to suit varying levels of skill and stamina. The sun shone brightly, there was a gentle breeze to stimulate us, and pre-walk arrangements for parking had been sorted out with the help of Pip, now assisting at Rydal Hall.

The Hall provided an excellent starting point and we were soon (after an appropriate photograph for the website) amidst interesting countryside and a steepish climb to the huge caves overlooking Rydal Water. Onwards then to Grassmere and lovely views all round. Others were making a tour of the grounds of the Hall and admiring the updated gardens and other geographical changes which had taken place over the last few years.

The afternoon finished with tea, coffee and scrumptious confectionaries in the Cake Shop. Many thanks to Judith and Doug for their work and for shepherding everyone around. We look forward to next year.



## DIOCESE OF CARLISLE – RETIRED CLERGY ASSOCIATION

The Association has again asked if St. Paul's will host their next meeting on Monday, 14<sup>th</sup> October, at 11.00 a.m. and we shall be delighted to welcome so many friends who enjoyed their last visit to us.

The morning commences with coffee and tea to be served by our Catering Group and formal proceedings begin with a welcome and a Diocesan and National Church Update from the Ven. Penny Driver, our former Archdeacon, currently the Bishop's Clergy Retirement Officer and a good friend of, and welcome visitor to, St. Paul's. Eucharist will be celebrated at 12.00 noon by the Rt. Revd. Dr. Emma Ineson, Bishop of Penrith; this will be her first visit to St. Paul's. Lunch follows supplied by an external caterer and Dr. Ineson will deliver an address. The meeting closes at around 3.00 p.m.

We are pleased to be asked again to host this event. If you can help in any way, please contact Susan JD or Audrey on the catering front and we are asking for two additional stewards to help Mike with the car parking. There were some 80 visitors last time which meant over 50 cars all jockeying (if that is the correct word) for space in our church car park or in the Hampsfell public car park up the road. When this all fills up, we direct (I think) visitors to the car park behind the Commodore Public House. Registered visitors have been promised that their costs will be covered – I am seeking advice on the mechanics of this. I shall welcome help and a presence on the 14<sup>th</sup> from about 10.15 through to 11.15 a.m.

As we all recognize, we have been dependent on our retired clergy friends to officiate at our regular services and to assist with occasional offices since the retirement of our last formal incumbent three years ago. This is our chance to say a “thank you” to them all by arranging a successful day. And we wish to give a stress-free welcome to Bishop Emma.

One final plea: if you are not helping at the event, please do not use the church car park on that day. We shall be shoe-horning in as many cars as possible with no hope of an earlier departure than the time when all vehicles seek to leave.

Mike

## THE SEPTEMBER LUNCHTIME CONCERT

The fifth and last of this season's concerts was another great event for Charles and an accomplished performance by the 27-strong ladies' choir and the guest harpist, Gill Lowden. Once again, a sizeable audience enjoyed a tasty and satisfying sandwich-style lunch and cake, followed by a varied selection of songs and harp pieces from various ages and countries.

The programme featured sacred, secular and seasonal pieces, as well as carols and spirituals, and an "unknown" entitled *Funky Paws* which scarcely did justice to the delicate and sensitive fingering and instrument-caressing of Gill. We heard a Traditional Japanese song (arranged by Charles, sung in English), *Old Abram Brown* (words by Walter de la Mere, music by Benjamin Britten), the traditional *Holy Night* and a vigorous *Hungarian Butcher* (clearly the ladies' favourite). What else could one want? The audience's favourite was the sensitive rendering of *Were you there when they crucified my Lord?* ("Tremble... tremble") which was listened to in spell-bound silence as every syllable and note were given an intense and thoughtful emphasis by the collected ladies. Well done to everyone.

Our catering team excelled (as ever) and the door takings exceeded £400, bringing the funds raised by Charles and his concerts this year to over £2,000. Our thanks go to Charles and to everyone who has attended over the summer months and contributed to our collective musical experience and to the organ renovation which is proceeding well.

All seems in good order for the grand opening concert on the refurbished instrument on 14<sup>th</sup> December – a significant date for Charles and also for the church as we take this musical gem forward to further enhancements of our worship. Do please come along for 11.00 a.m. on that date – Christmas fare is promised as well as a musical collection based on *The Seven Ages of Man*. The Christmas Tree Festival will be in full swing too so an event not to be missed.



## PARISH WALK AT RYDAL HALL ON SATURDAY 15<sup>TH</sup> SEPTEMBER 2019

We awoke on September 15<sup>th</sup> to beautiful sunshine and looking forward to the stunning views of one of my favourite places - Rydal Water.

A group of 16 walkers gathered at Rydal Hall near Ambleside to walk to the caves above Rydal Water and Grasmere or a walk around the grounds of Rydal Hall led by Doug Ratcliffe. We had a nice surprise as Revd Andrew was leading a course at the hall and we were able to have a quick catch up before setting off on our walk.



The Rydal walkers set off passing Rydal Mount, home to Wordsworth, down the hill past Rydal church, then across the busy road to the River Brathay. We walked through the woods and up a stony path to the Rydal Caves overlooking Rydal Water - the views were beautiful of Nab Scar and Rydal Fell. We continued on a stony path and made our way over the hill to then drop down to Grasmere which was a real treat and very picturesque, the first time that some parishioners had done the walk. This was certainly not the case for Doris who has always been a keen walker and still is, even in her eighties, which is wonderful!

We carried on our walk past the River Rothay and back to Rydal Water following the shore walk and then through Dora's field by Rydal Church up to the Hall for a cup of tea and well-earned piece of cake after our 4 mile walk! We met for tea with Doug Ratcliffe and the other walkers who had had a lovely time exploring Rydal Hall and its grounds plus lots of chat, and all agreed we had had a good time of fellowship and friendship—such a great opportunity to make new friends and catch up with old ones.

In fact, it was such a lovely day of fun and fellowship that we have been asked to organise some more walks, so watch this space!

Judith Mitchell



## THE SOUND SYSTEM AT ST PAUL'S

The current sound system dates from the 1990s if not earlier. When we carried out our original Re-ordering project planning in 2015/16, we included an update to the system, along with the provision of audio-visual facilities and the replacement of the Hill organ by a modern equivalent. These not-well-thought-through ideas received very short shrift from the Diocesan Advisory Committee, the formal refusal of a faculty to carry out the work and a sharpish letter from the Diocesan Chancellor telling us to apply again when we knew what we were really proposing and had given proper consideration to the topic. Perhaps all this was just as well.

With the revised organ work approaching completion by the end of November (we hope), it is time to look again at where we are with the sound system and what, if anything, needs to be done and what changes we would like to carry out (again, if anything).

We know from grim experience that at times the sound fails, often for no immediately apparent reason. Is it battery weakening or failure? Has the speaker clipped the microphone too far away from his/her mouth? Is it lack of clarity of diction and projection of voice? Does a turning of the neck to add emphasis to a point (or quell a noisy baptismal candidate) "lose" contact? Should we upgrade the microphones to a type that fits closer to the speaker's mouth? Do we need more, or fewer, or more sensitive speakers? Can we ensure that our choir may actually be able to follow the sermon? What do we do with the Lady Chapel? Do we need a total upgrade or a modest tweak?

On the audio-visual front, we need to give very careful thought. Screens (where? how?), who to operate the system on a Sunday morning, do we really wish to dispense with hymn books? Who will prepare the visuals?

And playing CDs which currently involves one of the wardens virtually on knees in the dark, wrestling with the appropriate switches AND with a torch and hoping that the correct track will play at the right time and at the desired volume? Surely we can do better than this.

If you have a view or a suggestion, please talk to Colin, Margaret or Mike and we will consider every idea. The intention is that early next year we shall put all ideas together, report back to the congregation and then engage with specialist suppliers to listen to experts' suggestions on where we should be for maximum effectiveness. If the finances allow, we shall then move forward to improvements. But let's get our ideas in shape before we do anything. Please do let us have your views.

## ALTER FRONTALS

Members of the PCC are aware, and the more perspicacious of our congregation will have noticed, that the five colourful and magnificent altar frontals which were formerly used in the Lady Chapel, have now left our premises and have been donated to the church of St. Peter, Lindal-in-Furness.

The wooden chest in which the frontals were stored in the former Meeting room was a casualty of the Re-ordering work, we realized that the altar table in the Lady Chapel is beautifully carved and there was no immediately available alternative storage space, so in 2016 the PCC decided to dispose of the frontals, one of which had been a gift to St. Paul's by a current member of our congregation. A number of local churches expressed interest when we were finally able to advertise their availability in diocesan news channels, a faculty was eventually obtained after prolix explanations were supplied to Penrith and advice of our intentions had been displayed on two of our church notice boards for a full 28 days, and we eventually handed them over to representatives of St. Peter's last month.

Just as this Magazine was going to press, we received the following message from the sole churchwarden in Lindal-in-Furness:

*I just thought I would let you know that everyone at church is thrilled with the altar frontals! The general opinion is that we leave them on the frames and hang them in front of the altar as you did. They look wonderful compared to the rags we have been using!*

The message continued to say that their PCC wishes to make a donation to our Organ Fund if we would provide details.

St. Peter's is having a hard time at the moment. There has been no incumbent for a number of years, the Sunday congregation numbers are in the teens and Sunday Eucharist services can only be a monthly event if and when a priest can be found. Their finances are not of the strongest. Their altar table is designed for frontals to be hung inside the table and viewed only through the open front panel but clearly there is a re-think taking place.

We are pleased to be of help to our fellow Christians and to learn that something for which we have no current use is finding a good home.