

**Thornleigh
Christian Hotel
Themed Breaks
Conference Centre**

**We look forward to
seeing you soon.**

**Welcoming, Refreshments,
Fellowship, Peaceful Spaces
Friendship, Christian books
& gifts, Spiritual,
Sunday lunch
Inspirational Views,
Accommodation**

Tel: 015395 32733



**Estate Planning
Probate
Lasting Powers of Attorney
Conveyancing**

Chancery House
Kents Bank Road
Grange-over-Sands
LA11 7HD

**T: 015395 32313
E: info@gedye.co.uk**



**HIGGINSONS
of GRANGE**

Supplying the finest fresh meats
& legendary, hand-made pies
to the people of Grange since 1983!

GIFT IDEAS

For the person with everything!
* A Higginsons Gift Voucher
* A box of Pies delivered by
mail order – simply order
through our website!

**BBQ PRODUCE
NOW IN**

* Award Winning Sausages
* Kebabs & Grill sticks
* Burgers & Grillettes
* Ribs & more

DID YOU KNOW?

**WE MAKE BESPOKE CELEBRATION &
TIERED WEDDING PIES!**



T: 015395 34367 W: higginsonsofgrange.co.uk

**GARY PORTER
& SON
PAINTERS &
DECORATORS**

Established 1997

Interior & Exterior work to a
high standard

FREE Estimates

Grange over Sands

Tel: 015395 32253

M: 07794167285



Dear Friends

How blessed we have been by the opportunity to observe Holy Week and Easter with all their riches. On Maundy Thursday we celebrated the Eucharist focussing on Jesus sharing the Passover Meal that we call The Last Supper when he washed the disciples' feet as an act of humility and a sign that the work of discipleship is a dedication to selfless service. On Good Friday, the three hours during which Jesus was on the cross, we spent reflecting upon the sacrifice Jesus made demonstrating the loving power of God. Even though we did this to him God used that as the ultimate demonstration of his relationship with us. On Easter Eve we gathered in the darkness of night to light the Easter Candle. The Light of Christ was carried into the church, a sign that God will always bring light out of darkness. Then Easter Day, the day of Resurrection, the ultimate sign that God's purposes cannot be thwarted.

At each of these services we were able to share in a liturgy that brought together the Biblical narrative, hymns that allowed us to sing from our hearts, and symbolical actions that bear witness to what the meaning of Jesus' ministry is all about. This doesn't just happen in any church. It takes great care in its preparation enabling those taking part to sense the love of God working through all of the service. The word liturgy is a combination of two words in New Testament Greek, laity and work. Any act of worship carefully prepared and lovingly presented is a work of the people that means we can all open our hearts to the presence of God and be warmed and enriched by that experience.

The Resurrection of Jesus in the New Testament is mind-blowing in itself but it is also the trigger for the ministry of the disciples to spread the good news of what has happened and share the truth of its meaning. In our Sunday readings for the Sundays after Easter we see this developing as we read passages from The Acts of the Apostles. The Resurrection was the culmination of Jesus' ministry but what followed was the fulfilment of his work which actually still is in process today. On Easter Day we heard how Peter began his ministry of teaching in the house of Cornelius in Jerusalem. Peter speaks of the universality of God's love breaking down barriers that had been blocks in the past. This is the same Peter about whom we read on Good Friday, who had denied that he knew Jesus such was his fear about what was happening. After his Resurrection Jesus appeared to Peter and asked the question, "Do you love me?" three times countering the times that Peter had denied knowing Jesus. So often the disciples had not got Jesus' meaning when he was with them. Now the work begins as they are open to the presence of Jesus in their ministry.

In our discipleship we allow the presence of God as we know him in Jesus Christ to permeate our lives. His sacrificial love demands from us a response to the challenge to work out how we make known who Jesus is today. In a discussion group I attended recently, we reflected on how we might begin to engage in mission today. We know only too well the confusion and conflict in our world.

Events in Sri Lanka on Easter Day and earlier in Northern Ireland are strong reminders that people will resort to the most terrible actions. But where would we start? It struck me that there is a fundamental question to ask, "What are you afraid of?" We do need to listen to the fears that people have with depth of attention and openness to understanding. However, when we know what we are afraid of God's love demonstrates time and time again we need not fear. Rather we need to accept our fears in the knowledge that we need not be afraid when we are open to receive the promises of God.

With every good wish and prayer for God's blessing.

Derek Jackson

ST PAUL'S MISSION STATEMENT

Our mission is to **build confidence in Jesus Christ** in the **heart of the community** through **prayer, worship and learning, in joy and practical service** to the wider world.

SOLO lunch will be on 12th May.

If you normally dine alone on a Sunday, why not join us.

Lifts can be arranged for those without transport.

A list will be in St Paul's from 28th April until 8th May.

This month we will be visiting Uplands Hotel.



If any local residents require advice or support Age UK are there to provide information and advice that covers every facet of later life, from helping people find out the benefits they are entitled to claim, to discussing options that help make later life at home more manageable. Our aim is to be the first port of call – the first place that people turn to when they have an age-related need.

HELPLINE 03030030003 for any advice and practical support.

If you are interested in being a volunteer - for info on volunteering 01539728118

www.agesouthlakeland.org.uk

Em J's Hair Studio

For all your Hair needs

Tel: 015395 34295

Kents Bank Road

Grange over Sands

Paul Brown Handyman

**Property Home &
Garden Service**

FREE ESTIMATES

Tel: 015395 36646

M: 07812367287

**Remember doing
reminders
remember
don't forget to do**

**The next
FOODBANK
collection**

is on

**Sunday, 2nd June,
1-3 pm**

**Father Magner Room
St Charles Church
Kents Bank Road
Grange**

Miniheat Ltd.
Est. 1968
5423

**PLUMBING AND HEATING
ENGINEERS - GAS SERVICE
AND REPAIR - NG/LPG**

2 DEVONSHIRE PLACE,
KENTS BANK ROAD,
GRANGE-OVER-SANDS
015395 32053
office@miniheat.co.uk

PEWS

If anyone finds our pews uncomfortable, there is now a basket of cushions in front of the pews opposite the lectern, either for sitting on or for using as a back support.

Please help yourself if you have need of them - we would appreciate any feedback.

**GRANGE OVER SANDS MONTHLY
RAINFALL (MM) - ANDREW LITTLE**

| | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 |
|---------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|------------|
| January | 122 | 78 | 163 | 154 | 141 | 98 | 142 | 73 |
| February | 62 | 45 | 115 | 76 | 125 | 91 | 69 | 99 |
| March | 4 | 55 | 61 | 140 | 107 | 162 | 60 | 182 |
| April | 78 | 40 | 58 | 46 | 72 | 15 | 98 | |
| May | 98 | 55 | 62 | 165 | 32 | 75 | 37 | |
| June | 208 | 68 | 28 | 34 | 185 | 135 | 19 | |
| July | 142 | 164 | 70 | 69 | 113 | 126 | 33 | |
| August | 125 | 152 | 124 | 112 | 168 | 86 | 108 | |
| September | 216 | 98 | 6 | 29 | 118 | 177 | 133 | |
| October | 136 | 173 | 156 | 60 | 31 | 172 | 131 | |
| November | 165 | 118 | 97 | 246 | 118 | 189 | 62 | |
| December | 194 | 131 | 103 | 352 | 65 | 109 | 160 | |
| Annual total | 1,570 | 1,177 | 1,043 | 1,453 | 1,275 | 1,435 | 1,052 | 354 |

SINGING FOR MEMORY

Aims to strengthen memory and language through singing in a relaxed and friendly atmosphere.

Run by Grange Soroptimists.

Do you or someone you know have mild to moderate dementia, memory or speech problems? Come and join us at Allithwaite, Community Centre.

Thursdays 10.30 am—12 noon - including time for refreshments

Dates for the 2019 summer session are as follows:

May 9th, 16th, 23rd

Half-term

June 6th, 13th, 20th, 27th

July 4th, 11th, 18th

Ring Janice - 58001 or Isabel - 36378 to book or for further information



COFFEE CLUB

3rd Tuesday each month at **Abbot Hall.**
10 am for 10.20 am, with a speaker and friendly chat.

Everybody welcome.

Enquiries to Keith Buckler:

Tel: 015395 30359

EASYFUNDING

Don't forget when ordering goods or booking rail tickets or holidays on line to use **EASYFUNDRAISING**.

Amazon, Marks and Spencer, Travelodge, Argos, Next, there are so many High Street stores that will give us a donation. If you are interested in helping church in this way just click on **EASY-FUNDRAISING** and name St Paul's Grange as your chosen charity.

**VOLUNTEERS NEEDED FOR
BOARBANK COFFEE ROTA**

Can you spare 2 or more mornings a month to go on the rota to serve coffee to Boarbank residents?

Contact Kath Jordan Tel: 35590

**VISIT TO ST BEES &
WHITEHAVEN**

See page 5

NOTICE

Please be aware that photographs may be taken at events and services, and a selection will be published on our web site. If you have any strong objections to being included, please have a word with the Churchwardens

PAYMENT BY CHEQUE

In the next few months the bank is adopting an electronic system for clearing cheques and the **ONLY** wording that will be accepted for payment will be "PCC of St Paul's Grange". If you want your cheque to go for a specific fund please attach a note to that effect but do not write it on the cheque.

**CO-WORKERS FOR
MOTHER TERESA**

4th Monday each month in St Charles' Father Magner Room, Grange
7.15 pm - 8.30 pm

ROXY CINEMA AT ULVERSTON

Will be showing the inspirational Christian Film "**LET THERE BE LIGHT**" on Thursday 2nd May. Performance times will be on the Cinema website.

PEWS

If anyone finds our pews uncomfortable, there is now a basket of cushions in front of the pews opposite the lectern, either for sitting on or for using as a back support.

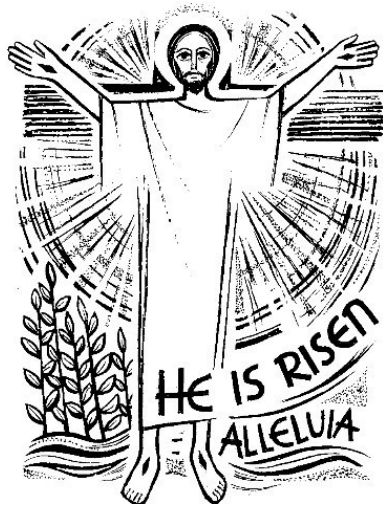
Please help yourself if you have need of them - we would appreciate any feedback.

THANK YOU AND HAPPY EASTER!

I want to take this opportunity to express my sincere thanks to all those who have helped in so many various and practical ways to our prayerful keeping of Holy Week and the beginning of Easter.

Holy Week from Palm Sunday to Easter Day is the most important week of the Christian year, so it has been wonderful to mark it properly through prayer, praise, word, sacrament and service. I hope and pray that in the liturgies you have been able to enter into afresh the great story of our salvation, tracing the great love of God in the death and resurrection of Jesus Christ from the desolation of the cross to the unalloyed joy of the empty tomb.

I wish you, and all those whom you love, a truly joyful Eastertide full of God's richest blessing, that you know will know in your life afresh the wonder and glory of the Easter faith.



Alleluia! Christ is risen! He is risen indeed. Alleluia!

As ever in our risen Lord, Andrew

“TEA SERVICES”

As part of CTiC's dementia-friendly churches project, there are now a number of “tea services” being held across the county. These are short services, followed by refreshments, which have beendesigned with the needs of people affected by dementia uppermost, but which are open to everybody. Come and see!

Kendal: Third Thursday in the month: Kendal Parish Church, Kirkland; 2.30pm

Without **GOD**
our week would be

Sin day
Moum day
Tears day
Waste day
Thirst day
Fight day
Shatter day

7 days without **GOD**
makes
One Weak

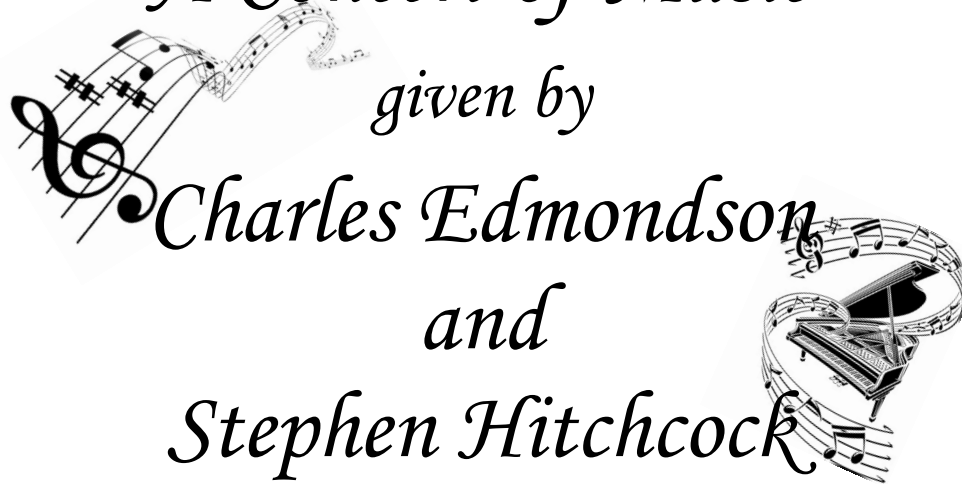


*St PAUL'S CHURCH
GRANGE over SANDS*

A Concert of Music

given by

*Charles Edmondson
and
Stephen Hitchcock*



*in a varied programme of
music for duets on the piano*

Wednesday, 1 May 2019 at 1 pm

A light lunch is served from noon onwards

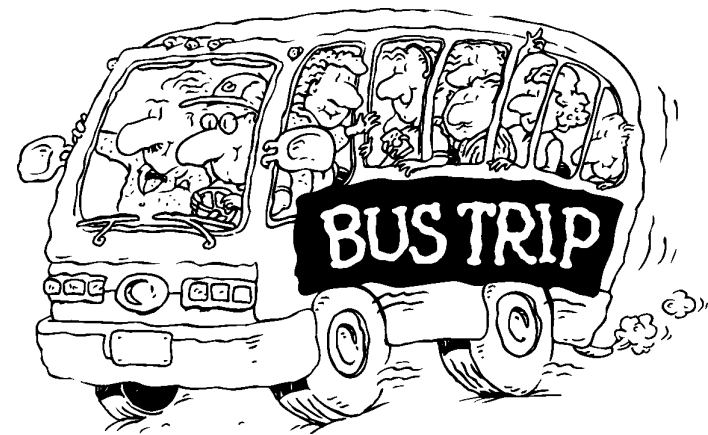
Admission £10 (lunch & concert)

COACH VISIT TO ST BEES & WHITHAVEN

This will take place on Tuesday, 21st May, leaving Berners Car Park at 8.30 a.m. and returning by approximately 5.30 p.m. The cost will be £15 per head which includes tea or coffee mid-morning in St. Bees Priory plus a donation to their funds, a 32-minute organ recital by Charles on their excellent organ, and a tip for the coach driver. This should be paid to Margaret or Mike on your signing up.

Sign-up sheets are available at the rear of both churches and we urge that those interested should sign up promptly as we are also advising other congregations in the Team of this trip.

Further information on our venues is available on
www.stbeespriory.org.uk and www.visit-whitehaven.co.uk



DATES FOR YOUR DIARIES

SUNDAY - 16TH JUNE - TRINITY SUNDAY

This will be Andrew's final Sunday Eucharist at St Paul's 11.00 am
(9.30 am Fell Church)

THURSDAY - 20TH JUNE - CORPUS CHRISTI

Final Team Eucharist for Andrew at St Paul's, 7.30 pm

**Please remember Andrew in your prayers as he prepares
for the next stage in his Christian journey.**

COMPLINE

On the five Tuesdays throughout Lent a group of between 7 and 10 people met at the Fell Church at 8.30 pm to say Compline together.

This is a quiet meditative service reflecting on the day ending, and asking for God's presence in the night to come. Each week was led by a different individual who brought to the service their own style.

The Fell Church provided an ideal venue, and all who attended appreciated the quiet atmosphere of this special little building.

Below is the homily that the Rev'd Carole Ford shared with us.

THE LORD'S PRAYER

At a recent Carlisle Diocesan Retired Clergy Association meeting our speaker was Bishop James Bell, formerly Bishop of Ripon and now retired to the Eden Valley.

His topic was "Just what do we mean when we say the Lord's Prayer?"

With his permission I share with you some points from the first part of his talk.

The Lord's Prayer, he said, says all that needs to be said. We often use too many words.

He suggested that we should try saying it in our personal prayers with a space between the petitions so that we can really let them sink into our minds and consider what we are saying.

Prayer is fundamental to our faith and is what distinguishes us from an often alien world.

True prayer comes from deep within us, it is more than just words. It moves into the prayer of Jesus and we know from his life that his prayer was not always easy. Yet we pray because we have to, it is the Spirit that is welling up within us.

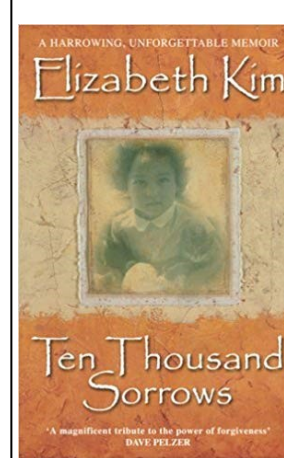
To this end Jesus teaches us how to pray and it is wonderful to think how the Lord's Prayer has endured down the centuries and has sustained and comforted so many.

Why pray? God knows what we need, but he wants our desire to be exercised in prayer. Jesus' pattern prayer begins "Our Father". It is a relationship; we are not praying to a distant, abstract deity. It is a reminder of whose we are, where we belong. We are the family of God, related together and called to show family likeness.

Sister Wendy Becket wrote, "Prayer is to stand unprotected before God". That might sound rather scary, exposed, but we so often put up barriers and enclose ourselves in masks or armour. We need to stand with our hearts and minds open to God.

"Hallowed be thy name". This is the first thing we pray for, that God's name, character and being should be held in reverence and awe, proclaimed Holy. Are we seen as a Holy people, is our behaviour and that of the Church causing God's name to be hallowed?

TEN THOUSAND SORROWS - Elizabeth Kim



I don't know how old I was when I watched my mother's murder, nor do I know how old I am today.'

The illegitimate daughter of a peasant and an American GI, Elizabeth Kim spent her early years as a social outcast in her village in the Korean countryside. Ostracized by their family and neighbours, she and her mother were regularly pelted with stones on their way home from the rice fields. Yet there was a tranquil happiness in the intense bond between mother and daughter. Until the day that Elizabeth's grandfather and uncle came to punish her mother from the dishonour she had brought on the family, and executed her in front of her daughter.

Elizabeth was dumped in an orphanage in Seoul. After some time, she was lucky enough to be adopted by an American couple. But when she arrived in America she found herself once again surrounded by fanaticism and prejudice.

Elizabeth's mother had always told her that life was made up of ten thousand joys as well as ten thousand sorrows, and, supported by her loving daughter, and by a return to her Buddhist faith, she finally found a way to savour those joys, as well as the courage to exorcise the demons of her past.

Don't wash your hair in the shower (It's good to finally get a health warning that is useful)

It involves the shampoo when it runs down your body when you shower with it. This is a warning to us all

I don't know why I didn't figure this out sooner! I use shampoo in the shower, and when I wash my hair, the shampoo runs down my whole body, and printed very clearly on the shampoo label is this warning:

'FOR EXTRA BODY AND VOLUME'

No wonder I have been gaining weight!

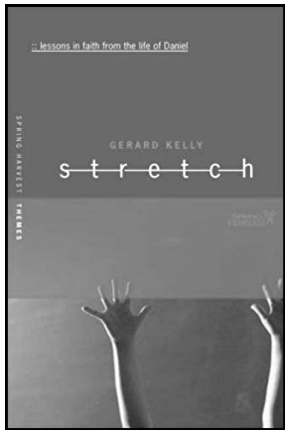
Well, I got rid of that shampoo and I am going to start showering with Dawn dishwashing soap instead. Its label reads:

'DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE'

Problem solved!

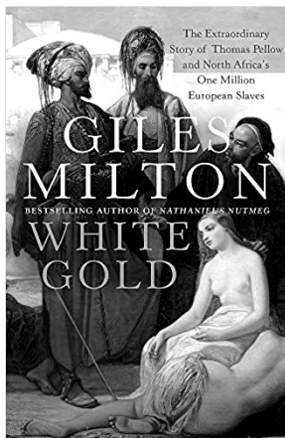
LIBRARY BOOKS FOR MAY 2019

STRETCH - Gerard Kelly



Lessons in faith from the life of Daniel. What is faith in a post-modern world? In a post 9/11, post-Tsunami world? In a post-Christian world? Surrounded by hostility to the idea of truth, can we keep our faith intact and still have a voice? The answer is yes. Just as Daniel resisted assimilation into the ways of Babylon, Gerard Kelly shows how we can survive and even prosper in an alien culture. He looks at the kind of faith we need to make a difference, not dependent on surroundings, but on a strong, vibrant relationship with God, that survives and thrives against opposition and persecution. 'Gerard writes with a wonderful mixture of imagination, grace and conviction. A very compelling read' - Tom Sine, author of Mustard Seed vs McWorld. **'Stretch** transports the book of Daniel right into the 21st century showing again just how spot on the Bible is for the challenges and pressures of our ever-changing society'!

WHITE GOLD - Giles Milton



This is the forgotten story of the million white Europeans, snatched from their homes and taken in chains to the great slave markets of North Africa to be sold to the highest bidder. Ignored by their own governments, and forced to endure the harshest of conditions, very few lived to tell the tale.

Using the first-hand testimony of a Cornish cabin boy named Thomas Pellow, Giles Milton vividly reconstructs a disturbing, little known chapter of history. Pellow was bought by the tyrannical sultan of Morocco who was constructing an imperial pleasure palace of enormous scale and grandeur, built entirely by Christian slave labour. As his personal slave, he would witness first-hand the barbaric splendour of the imperial court, as well as experience the daily terror of a cruel regime.

Gripping, immaculately researched, and brilliantly realised, **WHITE GOLD** reveals an explosive chapter of popular history, told with all the pace and verve of one of our finest historians.

How to speak of God to evoke reverence and wonder?

Rowan Williams wrote, "I long for the day when Christianity again captures the imagination of our culture". Henri Nouwen said, "It is not reason that is against us, it is the imagination".

"Thy Kingdom come". It is not we who will bring in the Kingdom, although we are called to help to prepare and be ready to help in the building. It is God's doing and we pray for a breakthrough of his activity.

"Thy will be done on earth as it is in Heaven". That is counter cultural. In today's world it is the self which is so often seen as important. What I choose goes, but to do God's will is a personal challenge.

"Give us this Day Our Daily Bread". We are asking for what we need to sustain us for our day and we know that God is our provider. It is also a corporate responsibility for the world. But we pray also to be fed by God's word and for the food of the Spirit.

Perhaps we might also pray, "give us this day the bread of tomorrow, sustain us with the hope of your coming kingdom", nourishment for the future. We need a forward focus for the world and for our own lives.

Rev'd Carole Ford

CHRISTIAN AID WEEK 2019

Christian Aid Week this year is 12th to 19th May. As in previous years, there will be no house-to-house collection in Grange but envelopes will be in our churches from Sunday 12th and we urge everyone to give generously. The envelopes have a Gift Aid section and we ask everyone who can to sign up so that C.A. may recover the tax already paid by the individual. Please remember that, as always, no tax can be reclaimed if we do not have a name and an address or post-code.

Also on the 12th, all contributions for coffee in St. Paul's after the service will be donated to C.A. but please note that these payments may not be Gift Aided.

On Wednesday, 15th May, there will be no coffee served after our 10.00 a.m. Communion service but we invite all those attending to go along to the Coffee Morning in the Methodist Church Hall after our service and aid the cause there.

There will be a Youth Concert at the Methodist church at 7.00 p.m. on **Friday 17th,** and a Coffee Morning at St. Mary's, Allithwaite, at 10.00 a.m. the same day.

Do please give generously to assist the invaluable work carried out by Christian Aid throughout the world in these increasingly troubled times.

'ALL MUMS SHOULD LIVE'

Sierra Leone is the world's most dangerous place to become a mum. Every day 10 women die from giving birth. In Savula district, the community struggle with a clinic which has no electricity and only two delivery beds.

Jebbeh is heavily pregnant but as her baby grows, it's not joy that fills her heart, but fear. When Jebbeh's sister Fatmata went in to labour, there were so few ambulances that Fatmata had no choice but to walk for three hours under the baking sun, to the nearest hospital. The journey was long and with every step Fatmata struggled to keep walking. Jebbeh told us: 'My sister was crying out with hunger. She died on the side of the road. She never gave birth.'

This Christian Aid Week, together, we can make childbirth safe for mums and babies. Through our gifts and prayers, we can help give the world's poorest mums a chance to live.

For every church that raises £300, it could help provide a new delivery bed so more mums like Jebbeh can deliver their babies safely.



Our Easter garden was beautifully arranged this year by Helen Hill, Chris and Pat Brown.

A display of work by the pupils of our Primary School, produced during the Easter event at school when the young people experienced different aspects of prayer. Andrew took the morning assembly, and members from Church helped with each of the prayer stations.

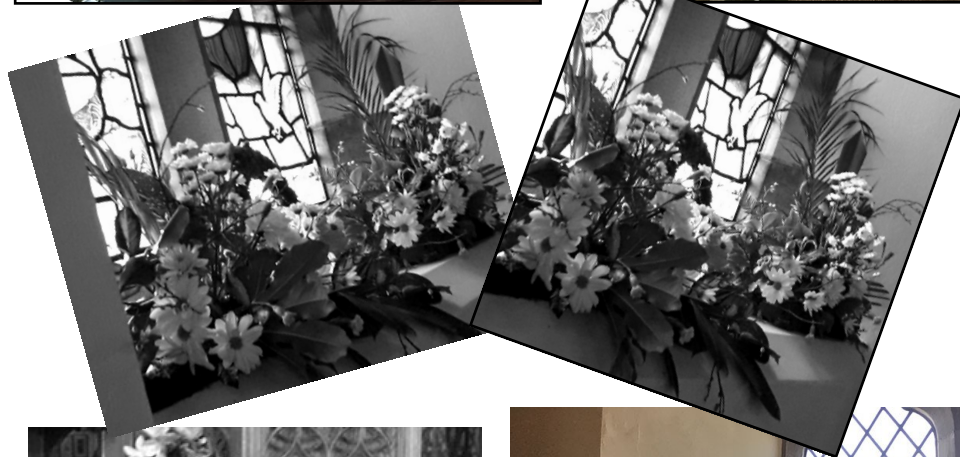


Did you know that Grange has its own apple tree?



There is a plaque in the Community Orchard in the grounds of Yewbarrow Lodge about the Grange Apple Tree. "Of special interest is the John Huggett apple tree raised in 1940 by a John Huggett who lived in Grange and worked at the Fuel Office on Yewbarrow Terrace, now the Hazelmere Café. The apple is a sweet and rich early cooker that can also be used later as a dessert apple."

PHOTOGRAPHS OF OUR EASTER DISPLAYS



Once again the Flower Team decorated the Church with their imaginative skills and talents, and we are grateful to them all.

HOLY WEEK AT ST PAUL'S

The week started with Eucharist services at the Fell Church on Monday, Tuesday and Wednesday evenings and, of course, the usual Wednesday morning service at St Paul's. In these services we were reminded, day by day, of the last week of Jesus' life on Earth. It was very moving to think of the events daily, in real time, that led to Jesus' crucifixion.

On Maundy Thursday our Eucharist mirrored the Last Supper and included the washing of the feet of several members of the congregation by our curate, Andrew. This was done for the disciples by Jesus to illustrate his commandment that they should "Love one another as I have loved you". At the end of this service the Sanctuary and Chancel were stripped of all artefacts as we awaited the crucifixion. Some left in silence, while others continued their vigil in the Lady Chapel, where they listened to Bible readings from St John for some time after the main service.

At our Eucharist on Good Friday we remembered how Jesus was entombed and how the next morning the tomb was found empty. During our service Andrew carried a large wooden cross from the back of Church to stand it at the chancel steps. The congregation were then invited to come to the cross one at a time, to be with Jesus in prayer.

On Easter Sunday the mood changed dramatically as we celebrated Jesus' resurrection. After the service as we had coffee in the social area, we continued our celebrations with mini Easter eggs.

Our thanks go out to all who helped to organise these services, but especially to our curate Andrew whose dedication and sheer hard work brought the Easter story into sharp focus for us all.

Doug Ratcliffe



CHURCH DIARY MAY 2019

| | | |
|---------------------------------|-----------------|--|
| Wednesday 1st | 10.00 am | Holy Communion – St Paul’s, Grange |
| | 12 noon | Lunch-time Concert with Charles Edmondson & Stephen Hitchcock, St Paul’s, Grange |
| | 7.30 pm | APCM in St Paul’s Church, Grange |
| Thursday 2nd | 11.30 am | Funeral of Jean Broadhead at Fell Church, Grange |
| THIRD SUNDAY OF EASTER | | |
| Sunday 5th | 8.00 am | Holy Communion (BCP) - St Mary’s, Allithwaite |
| | 9.30 am | Lay-led Matins (BCP) - Fell Church, Grange |

| | | |
|--|-----------------|---|
| Monday 6th | | May Bank Holiday |
| Wednesday 8th | 10.00 am | Holy Communion – St Paul’s, Grange |
| | 7.30 pm | PCC Meeting with short service of Holy Communion beforehand (7.00 pm) |
| Thursday 9th | 4.00 pm | Communications Meeting - The Boulders |
| FOURTH SUNDAY OF EASTER – START OF Christian Aid Week | | |
| (All coffee money today will be donated to Christian Aid) | | |
| Sunday 12th | 8.00 am | Holy Communion (BCP) - St Mary’s, Allithwaite |
| | 9.30 am | Holy Communion (BCP) - Fell Church, Grange |
| | 11.00 am | Parish Eucharist - St Paul’s, Grange |
| | 1.00 pm | Solo lunch, Uplands Hotel |

| | | |
|----------------------------------|-----------------|--|
| Wednesday 15th | 10.00 am | Holy Communion – St Paul’s, Grange |
| | | <i>(Coffee at Methodist church for Christian Aid week after the 10 am service)</i> |
| Friday 17th | 10.00 am | Coffee Morning at St Mary’s Allithwaite - Christian Aid |
| Aid | 7.00 pm | Youth Concert, Methodist Church, Grange - Christian Aid |
| FIFTH SUNDAY OF EASTER | | |
| Sunday 19th | 8.00 am | Holy Communion (BCP) - St Mary’s, Allithwaite |
| | 9.30 am | Matins (BCP) - Fell Church, Grange |
| | 11.00 am | Parish Eucharist - St Paul’s, Grange |

CARTMEL PENINSULA TEAM BOUNDARY WALK IN LENT

Over 6 walks covering 33 miles were planned as part of the Team Prayer Walk where our beautiful peninsula was encircled in prayer, as part of a Lent initiative by Dr Jim Bruce. It was organised brilliantly by John Arthurs from St Mary’s, Allithwaite, plus many others.



Most walks were held in beautiful sunshine in March and April except our first endeavour, Flookburgh to Haverthwaite, when a storm meant cancelling was a good idea! This stage was completed just before Easter.

The walks held were:-

- Haverthwaite to Finsthwaite – good stop in the pub at High Newton
- Gummers How to Meathop
- Meathop to Kents Bank
- Kents Bank to Flookburgh

All ended with lovely tea and cake served by members of the local churches.

An extra special walk was held on Tuesday March 26th from Kents Bank Station to Meathop when about 20 walkers joined Bishop James as part of his Lenten walk around the Diocese.

Each walk was supported by 12-14 people from across the parishes and with a good contingent from St Paul, and started and ended with a prayer; psalms were read along the way by Colin and Chrissy Greaves.



St Paul’s walkers said ‘the walks were all interesting and new to many people, the weather was great, the scenery fantastic, we shared good fellowship, and there was prayer for all our churches on the peninsula along the way.’

Parishioners are looking forward to more walking next year in 2020 with the Team!

Many thanks for all your support.

Judith Mitchell



Some members of our congregation took part in this event to pack 60,000 nutritious meals in just four hours. The event was organised by the Grange Rotary Club, under the auspices of the 'Rise against Hunger' charity. Held in Cartmel Priory Secondary School, the day was split into two sessions, morning and afternoon, with 140 folk in the morning and 120 in the afternoon. They came from across the local community and included Rotarians from other clubs in their District.

The event was extremely well organised, and the atmosphere was electric. We were welcomed by Nigel McCulloch, the current President of Grange Rotary, and by a Director of the Charity who had travelled from Italy. He explained its history and stressed that its aim is to end hunger by 2030; it addresses the first five of the UN sustainable goals. We were shown an excellent youtube presentation (girleffect.org).



The room was laid out in a factory setting, and we all took our places, with our hands sanitised and wearing gloves and hairnets. The Mayor of Grange, Peter Endors, sounded the gong, and the work began to a background of loud pop music. The meals consisted of rice, soya and lentils, fortified with 23 vitamins and minerals. Each bag was labelled and filled, then weighed and sealed before being packed in boxes ready to be transported to the docks. Whenever the number packed reached a multiple of 2000 someone was chosen to sound the gong!

The 60,000 meals represented one meal per day for each student at Cartmel School, and were destined for some part of Africa, probably Malawi, where they will feed 230 children each day for one school year. The boxes were numbered so that we will be able to track their final destination.

A plea had also been given for contributions to the local foodbank in Barrow, and it was good to see that there was a substantial collection for those who are in need within our own community.



We all agreed that it had been a very worthwhile day, and we had been privileged to have been part of it. It was particularly good to see so many different sectors of our community joining together to help others, eg the Scouts, Grange Primary School, Cartmel Secondary School, the churches, different organisations in the town, and members of the general public.

| | | | |
|---|------------------|----------|--|
| Tuesday | 21 st | 8.30 am | Visit to St Bees & Whitehaven (8.30 am meeting Berners Car Park return for 5.30 pm) |
| | | 2.00 pm | Christian Meditation, Boarbank Hall, Allithwaite |
| Wednesday | 22 nd | 10.00 am | Holy Communion – St Paul’s, Grange |
| | | 2.30 pm | CTiG – AGM in St Charles RC, Grange |
| Saturday | 25 th | 1.00 pm | Wedding of Michele Musso & Kayleigh Bennett, St Paul’s, Grange |
| SIXTH SUNDAY OF EASTER – Rogation Sunday | | | |
| Sunday | 26 th | 8.00 am | Holy Communion (BCP) - St Mary’s, Allithwaite |
| | | 9.30 am | Holy Communion (BCP) - Fell Church, Grange |
| | | 11.00 am | Parish Eucharist - St Paul’s, Grange |

| | | | |
|---------------------------------|------------------|-------------------|---|
| Monday | 27 th | | Whitsunday Bank Holiday |
| Wednesday | 29 th | 10.00 am | Holy Communion – St Paul’s, Grange |
| ASCENSION DAY | | | |
| Thursday | 30 th | 7.30 am | Ascension Day Service – Hampsfell Hospice |
| | | 7.30 pm | Team Service for Ascension Day (Venue tbA) |
| JUNE 2019 | | | |
| SEVENTH SUNDAY OF EASTER | | | |
| Sunday | 2 nd | 8.00 am | Holy Communion (BCP) - St Mary’s, Allithwaite |
| | | 9.30 am | Lay-led Matins (BCP) - Fell Church, Grange |
| | | 11.00 am | Parish Eucharist - St Paul’s, Grange |
| | | 1.00 pm – 3.00 pm | FOOD BANK |
| | | | St Charles RC, Kents Bank Road, Grange |
| Wednesday | 5 th | 10.00 am | Holy Communion – St Paul’s, Grange |
| | | 12 noon | Lunch-time Concert, Charles Edmondson, St Paul’s, Grange |

FROM THE REGISTERS

BAPTISM ANNIVERSARIES

| | |
|---------------------------|---------------|
| Isaac Thomas Gardner | 10th May 2015 |
| Finn William Lord | 1st May 2016 |
| Sophia Grace Wilson | 22nd May 2016 |
| William Melbourne Webster | 7th May 2017 |
| Sky Phoenix Atkinson | 14th May 2017 |

*“Born of Water
and the Spirit”*

FUNERALS

| | |
|-------------------------|-----------------|
| Madge James | 12th April 2019 |
| Michael Charles McKeown | 12th April 2019 |

*“God is love and
those who live in
love, live in God”*

YEARS MIND

| | |
|-------------------------|------|
| Morris William Dodman | 2014 |
| Hilda Postlethwaite | 2014 |
| Gwendoline Ollerton | 2015 |
| Noreen Margaret Poole | 2015 |
| Joan Garnett | 2016 |
| Michael Senior | 2016 |
| Margaret Pamela Cook | 2017 |
| Martin Blamire-Stilling | 2018 |

*“In sure and certain hope of
the resurrection to
eternal life through our Lord
Jesus Christ”*

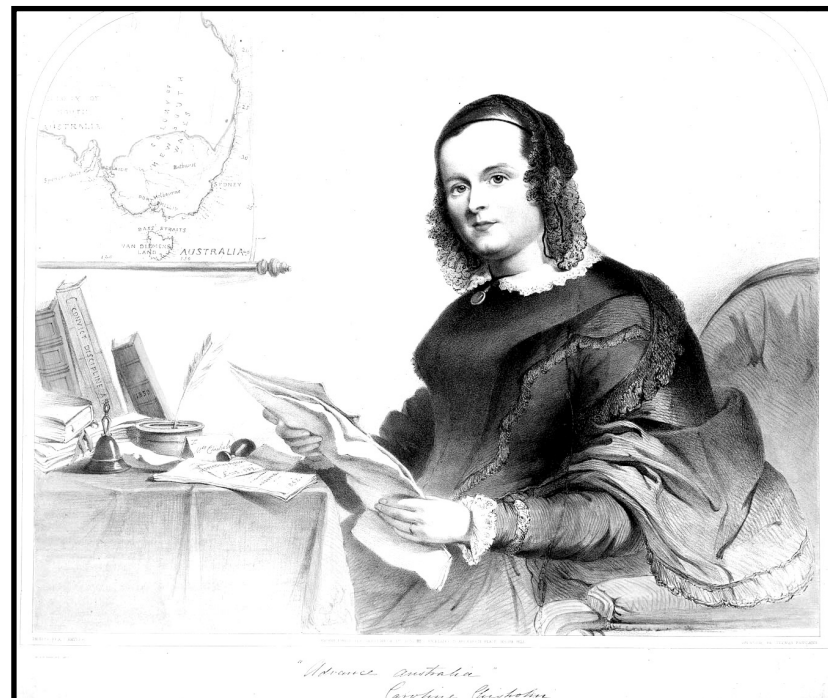
THE FRONT PORCH AT ST PAUL’S

Work has finished on the exterior of the front porch and we are hopeful that the revised drainage arrangements, the repointing of the coping stones and the in-filling of minor cracks in the pointing around the main West window will result in a major reduction of the water ingress which has plagued the porch for many years. We must recognise, however, that there is a great deal of work still to be done on the entire West front of the building to remedy the damp which has permeated most parts of the wall for many decades and affected the internal plastering to a marked degree.

It was hoped to carry out the replastering of the interior of the porch at the same time. However, our contractor has advised that, before starting on the interior, it would be preferable to repoint the exterior of the porch with lime mortar so we are now reviewing this increased work as a separate “job” which we hope to be able to carry out in the Autumn. At this time, a well recommended specialist in the use of lime mortar will be available and engaged to ensure that the work is carried out by the best possible team.

Lord Shaftesbury became the chairman, and Charles Dickens publicized the issues, publishing many letters and emigrants’ histories in *Household Words*. (In *David Copperfield*, the Peggotys and Mr Micawber finally emigrated to Australia, and Mr Micawber, rather improbably, becomes a magistrate.) She also wrote a number of pamphlets, including ‘*The ABC of Colonisation*’ and ‘*Emigration and Transportation Relatively Considered*’. Improvements came quickly. New ships were built, and the first was named the *Caroline Chisholm*. In her own day, Caroline was as famous as Florence Nightingale.

In Australia, the situation was changing. The transportation of convicts was being discontinued, and the Gold Rush of 1851 led to a demand for free emigrants to replace the men who had left their employment for the excitement of Ballarat. The Chisholm's returned to Australia—Archibald Chisholm to establish branches of the Loan Society, and Caroline to continue her work with the women. When they finally returned to England in 1866, Caroline was voted a civil list pension in recognition of her work.



SAINTS OF THE ANGLICAN CALANDER - MAY

CAROLINE CHISHOLM (1808-77)

At the age of twenty-two, Caroline Jones, from an Evangelical family in Northamptonshire, married Captain Archibald Chisholm, a Roman Catholic officer in the service of the East India Company. She accompanied him to Madras, where she was appalled at the Company's lack of care for the wives and children of the British troops. The girls in particular led a dismal life in bleak barracks, and she founded a school where they could acquire a basic education, and also learn useful skills like book-keeping, child care or simple nursing.

In 1838, the Chisholm's, with their two infant sons, went to spend a leave in Australia. They found that under the convict system there were ten times as many men in New South Wales as women. Women went out to join their husbands on release, and girls also emigrated in the hope of marriage. They undertook the long journey in dreadful conditions, and there was a high mortality rate from disease. Those who survived the journey arrived with no idea where to go for help, and many of the girls drifted into brothels. It was a problem which Elizabeth Fry had tried to tackle in the previous century, but her barracks stood empty and infested with rats. Caroline induced the Governor to open it again, slept there herself, and dealt with the rats. She managed it as a shelter, and escorted parties through the bush, sometimes riding at the head of the convoy with a child on each side of her saddle. Her husband returned to India to complete his tour, but retired on pension in 1840 to continue the work with her in New South Wales. The Anglican bishop was dubious at first because they were Roman Catholics, but he found Mrs Chisholm 'a ladylike person and very prepossessing and interesting', and authorized the clergy to cooperate with them. Contributions and offers of help began to flow in. In seven years, with no official authority, Caroline settled some 11,000 people, reunited 600 families, and brought about many marriages. In 1846, she and her husband went to London to establish a connecting link between emigration policy in England and immigration policy in Australia. He was always her loyal supporter, though she bore the brunt of the campaign. She besieged the Home Office, the Colonial Office and the emigration authorities, and gave evidence before Select Committees of the House of Lords, pleading for a system which would give colonists advice before they left England, decent ships to travel in, and jobs and shelter when they arrived. She raised public support for a family Colonisation Loan Society Committee to enable free colonists to pay the cost of their passage in retrospect by instalments.

ST PAUL'S ORGAN - WORK BEGINS

Further to our report last month, we can confirm that the diocesan Chancellor has formally approved the faculty for the proposed organ refurbishment. We have had our first confirmatory meeting with Malcolm and Anthony Spink of J.M Spink Ltd., our contractor, and work has begun with the removal of the first parts which will be taken away to their premises in Leeds for examination, cleaning and any restorative work which is found necessary. We have also made the first payment – a 10% deposit plus VAT – of the contract sum.

Donations from congregation and friends have started and we now request that all promises of donations be now turned into cash (or cheques), preferably Gift Aided. Donation leaflets, which include a donation form and Gift Aid declaration, are available at the rear of both our churches and, with the promise of support from the Pilling Trust (also reported last month), we can now count on over £13,740, including more than £480 of Gift Aid tax recoverable. There is a long, long way to go but the first of the lunch-time concerts (five in all, each on the first Wednesday of the month) will be held in May and the net proceeds from these will go to the Organ Fund. We also look forward to a contribution from the Spring Fair, held at the end of April. However, we trust that our congregation will provide the majority of the support and we ask that you look carefully at what you can give. Don't forget to sponsor a pipe (or two) and include one for a grandchild or relative and we shall include the names on the plaque of honour when the work is finished.

An improved Midi system has been introduced. This is the method of pre-recording music to play through the organ at a service or event if an organist is not available. Charles will be reviewing this with Malcolm Spink who has already installed the improved system at a church in Yorkshire. We wonder by how much the cost has increased?

A temporary electronic organ is being installed in St. Paul's – the location is still to be confirmed at the time of writing – and this will take us through the remainder of the year until the work is finished. We are assured that "the brides at the weddings will not be able to spot the difference". We'll see. And how about our congregations?

If you require further information, please do talk to Charles or Mike.



‘THY KINGDOM COME’

‘Thy Kingdom Come’ is a prayer initiative led by our two Archbishops between Ascension and Pentecost, **Thursday 30th May to Sunday 9th June 2019**. This is the 4th year in which it has been held and it continues to grow, especially in its ecumenical reach of different churches and denominations. It is a great opportunity to pray for our vision of God for All, that everyone may discover more of God for themselves.

Ascension is the day when we remember Jesus’ return to heaven after his resurrection, and Pentecost is when we celebrate the outpouring of the Holy Spirit on Jesus’ disciples - often known as the ‘birthday of the Church’. The nine days between these two key celebrations offer us an opportunity for prayer and reflection as we wait for the gift of the Holy Spirit for ourselves and our communities. In this in-between time, we invite you to pray with us, “Thy Kingdom Come” - that the Holy Spirit will come and bless and challenge us to witness to God’s life-changing work.

A little booklet of pocket prayers has been prepared by the Archbishops for each of the 9 days, based on Jesus’ Sermon on the Mount in Matthew’s Gospel. There are so many passages that speak of God’s love and care for even the smallest details of our lives - and of the ways in which Jesus challenges our attitudes, priorities and perceptions. A copy of the booklet will be handed out at St Paul’s on the Sunday before Ascension Day, with an invitation to use it each day. A group of volunteers have been kindly decorating small crosses designed to be held in the palm of your hand, and one of these will be given to you for use with the booklet.

Suggestions of how to use these Pocket Prayers each day

LOOK at the images. Let them reveal new angles of insight into the love and challenge of Jesus’ teaching.

WAIT prayerfully for the Holy Spirit. Pause and breathe, creating a space into which God can speak.

READ the Bible text, allow it to enliven your heart, stir your soul and spark your imagination.

LISTEN for insight through idea or image, through recollection or curiosity. Let that Word dwell within you, as you listen for yourself and your community.

RESPOND to the prompting of the Word, with an action that leads to life-giving change. Let the words of the collect gather up and bless these moments of prayerful waiting upon God, so that his kingdom might be seen more fully in you.

We have also received some ‘prayer maps’ produced by the Church of England for Key Stage 2 pupils, and these will be given to our primary schools so that they, too, may join in this initiative.

ST PAUL’S PASTORAL TEAM

It may be worth reminding our readers that there are currently 9 members of our church, both laity and ordained, who are committed to pastoral care within the parish. They meet about every two months to keep abreast of anyone in the parish who is sick or suffering or in need of help so that visits can be arranged and support given. They are in regular contact via email. The team serves basically in two ways.

1. Those who are ill at home or in hospital are visited and generally kept in touch so that they do not feel forgotten by the church community. They are asked if they would like to be named in the regular prayers and/or have their names on the prayer tree. Lay pastoral visiting is very rewarding. The people visited always seem appreciative, and friendships are formed. Occasionally someone falls through the net, and it would help to be informed of anyone who may have need of a visit.
2. Holy Communion is taken each month on the first and/or second Wednesday mornings to those who are unable to get to church for one reason or another. Three times a year – Easter, Christmas, and in August - transport is arranged to bring them to church for a short service, followed by tea and cakes, and a chance to socialise. Please contact any member of the team if you or anyone you know would like to receive Communion in their own home. This is a vital part of the mission of our church.

The current members of the team are Joyce Leach, Julia Gilchrist, the Revd Carole Ford, Mollie Bell, Margaret Caseley, Sue Fleetwood, Susan Jackson, Penny Ward and the Revd Terry Wilcock. Our curate Andrew has also been a most valuable part of this team, and we shall miss his advice and guidance when he leaves to take up his new position.

It is also worth remembering that Jesus asked us all to love our neighbours, and pastoral care is not restricted to these few people! It is the job of us all - we live in different areas of Grange and can easily keep an eye on those living near us and perhaps pop in occasionally for a chat.